



# St. Julie's Catholic High School

## Weekly Newsletter

Week Beginning 1<sup>st</sup> July 2024

### Forthcoming Dates for your Diary

3<sup>rd</sup> July  
Year 6 Induction Day

4<sup>th</sup> July  
PSHE Drop Down Day



### Access All Areas On Open Night!

We had a wonderful evening on Thursday of this week as we invited visitors in to school for the first of this Year's Open Evenings. Our guests had the chance to explore our building, meet our staff and get inside information from our Year 7 tour guides who worked hard all evening escorting and directing visitors. We hope that our guests got a great feel for what it means to be part of the St Julie's community, and we thank them all for visiting. You can [see photos here!](#)



### Year 11 Celebrate Together

After the stress of the exam season our Year 11 students took a moment to celebrate and relax as the class of 2024 reunited for one final time as a complete Year Group. The celebration event in the Chapel saw students sharing memories and hopes for the future before enjoying tea and cakes with guests. [You can read more here.](#)



### Year 12 Drama Students Take to the Stage

Following some wonderful performances from Year 10 students, this week our A Level students from Year 12 performed to audiences in their devised pieces. The performances showcased the full breadth of our students' dramatic talents and earned great applause from the invited audience.

**ST. JULIE'S  
STUDENTS  
WHO ARRIVE  
ON TIME  
HAVE  
HIGHER  
READING  
ABILITY**



## Champions of Merseyside!



Congratulations to our Year 7/8 Football Team who have emerged from a tournament this week as champions of Merseyside! The team faced sides from schools across Merseyside, with all matches being contested in blazing heat. Nevertheless, the side progressed from the group stage unbeaten against Gateacre, Wirral Grammar, West Kirby and Litherland. The semi-final brought victory against a strong side from St Cuthbert's that saw a tense final against a team from De La Salle. The opposition took an early goal in the final and defended their lead robustly, only to fall to an equaliser in the dying seconds of the game. It was then all about temperament as the players lined up to take penalties. Nerves held for our gallant players and they emerged as tournament champions! They are pictured here with the UEFA 2022 Euros trophy, as lifted by the Lionesses at Wembley! Congratulations to Faith, Imogen, Grace, Ella, Libby, Jessie, Luella, Maisey, Annabelle, Scarlett and Freya on a magnificent tournament.



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## Dancers Compete at World Cup Competition!

It's a hugely exciting time for dancers Lois, Harriet and Emmie who are flying to Prague next week to represent Team England in the Dance World Cup. They will be performing on Wednesday evening at the Prague Congress Centre. The competition is the largest dance contest in the world and sees thousands of performers dancing across three stages. We wish our dancers the very best of luck!



## Going Live to Primary Schools!

Well done to our team of Year 7 students who, after a couple of rounds of preparation, delivered wonderfully in the Transition Livestream event broadcast to primary schools around the City. The team of Abigail, Janet, Hannah, Olivia, Stevie, Matilda, Lilly Jai and Scout shared their experiences of transition to inform and reassure students in Year 6 who are about to make the same journey. Well done to all of them!

## Exam Results Day Information

Mrs McCourt has this week circulated letters to parents of students in Year 11 and 13 with important information about results day and the appeals process and post results service from the JCQ.

## Live simply, sustainably and in solidarity

### Focus: Live in solidarity

We seem to live in a very 'me' society. People are so interested in getting their view across that the views of others are ignored.

### Tip: Live in solidarity

How well do you actually listen to what people say? Let others finish speaking before jumping in or interrupting. Don't plan what you are going to say next but just listen. That way, you are more likely to understand what they are trying to express rather than imposing your view.

**Lord, grant me the ability to really hear what others are saying. Help me learn how to be a good listener, so that I can truly understand and help my neighbour. Amen.**

You can find a copy of the letter to [Year 11 parents here](#) and to [Year 13 parents here](#). The document is lengthy and includes several other documents within it.



## A Taylor-Made Performance from Christ the King!

Last week we turned our theatre over to the talented students of Christ the King Primary School who performed their take on Taylor Swift's 'Eras' tour! The students from Year 3, 4, 5 and 6 have been preparing for the show under the careful instruction of their choir

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teacher, Miss Douglas. They demonstrated tremendous skills in both singing and choreographed dancing as they showcased their stagecraft with great joy and enthusiasm. The students proudly performed before an audience of parents, family and Mr Delaney, Headteacher at Christ the King. Congratulations to all of the young performers on a wonderful performance - we look forward to seeing more great work in the future.



## First Rate Reviews From Year 7!

Year 7 are currently working towards completing their Arts Award Bronze Certificate, part of which involves reviewing other work. Whilst all students have been working exceptionally hard, 7R have gone the extra mile with their creative theatre reviews of the Broadway show, 'Legally Blonde'. A special mention must be given to Olivia who's theatre review was outstanding! Well done to all of the students for their hard work towards this nationally recognised award.



## Queues Across the Yard for Cake Sale!

Last week we brought you photos from a Charity cake sale in

preparation, but here's how it looked in action! There was so much stock that, due to the favourable weather, we were able to set up the stall outside and this is the queue, snaking all the way across the Peace Garden! Thanks to everyone who supported the sale by buying something.



## Book Sale Returns to St Julie's

We'd like to thank our team of volunteer students who have been staffing our latest Scholastic book sale. Students from across all year groups got the chance to browse and shop for some of the latest and greatest titles.



## Register As An Alumnae

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).

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## Year 10 Chemistry Revision Sessions

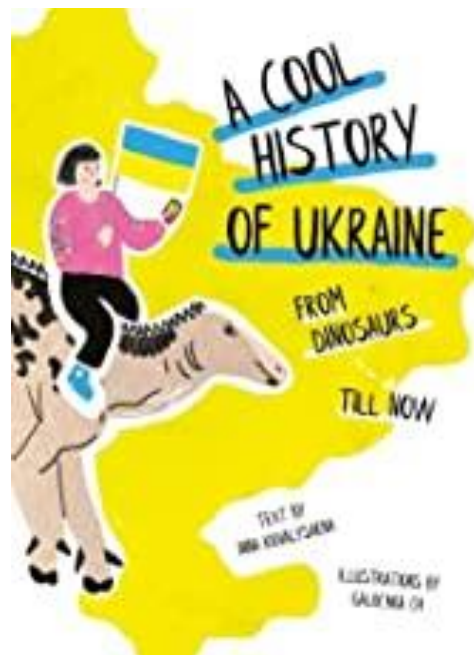
The planned day for Year 10 Chemistry revision sessions with Mrs Jones has moved from Tuesday to Wednesday. Revised dates and topics are below:

Date	Topic
3/7/2024	Limiting Reactants-Higher
10/7/2024	Concentration of solutions



### SEND Local Offer Live

The SEND Local Offer Live event for 2024 will be taking place at the Liverpool Guild of Students Building at the heart of the University Campus at 106 Mount Pleasant on 3rd July from 12-6pm. The event is a great opportunity to meet with services from health, local authorities, support groups, activity groups and third sector organisations all in one place. For further information please visit the [Liverpool Family Information](#) and [SEND Directory website](#)



## Recommended Read for July

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'A Cool History of Ukraine: From Dinosaurs Till Now' by Inna Kovalyshena..

*What kind of dinosaurs lived in Ukraine? Who fought for Ukraine's independence? Why were the Cossacks so glorious? These are just some of the questions they explore.*

- Includes a chapter covering Ukraine's current situation
- Stunning, vibrant art throughout the book
- An accessible guide to Ukraine's history

*A unique approach to non fiction, this is an important read for all children who want to understand more about what life was like in Ukraine before the war with Russia, and how things have changed.*



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## Applications for Sixth Form Now Open!

The application window for students wishing to enrol at St. Julie's Sixth Form in September 2024 is now open. Students currently attending St Julie's can [apply here](#), and external candidates can [apply here](#).

## Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



## Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays.

You can contact the service on **0151 233 3916**.

**SENISS Helpline: 07591837693**

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm  
Alternatively, you can email your concern to [seniss@liverpool.gov.uk](mailto:seniss@liverpool.gov.uk)  
**Educational Psychology Service Helpline: 0151 233 5978**

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.  
Monday to Friday: 9am – 4.30pm  
Alternatively, you can email your concern to [epsadmin@liverpool.gov.uk](mailto:epsadmin@liverpool.gov.uk)

## ASD Training Team:

07522800193/07515501854  
Advice and strategies for families of children and young people with autism or social communication needs.  
Monday to Friday: 9am – 12pm  
Alternatively, you can email your concern to

[ASDtrainingteam@liverpool.gov.uk](mailto:ASDtrainingteam@liverpool.gov.uk)  
**Children's Occupational Therapy Service**

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email [chot@liverpool.gov.uk](mailto:chot@liverpool.gov.uk)

## Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email [sensoryservice@liverpool.gov.uk](mailto:sensoryservice@liverpool.gov.uk)

## Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

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## Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

## Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

## Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults ['#It's abuse'](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the [safeguarding@stjulies.org.uk](mailto:safeguarding@stjulies.org.uk) email address being the best way to make contact out of hours.

## Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550 They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

**Anxiety UK** – Charity providing support if you have been diagnosed with anxiety  
**Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)**

**CALM** – Campaign against living Miserably, for Men ages 15-35  
**Phone: 0800 58 58 58 (daily 5pm-midnight)**

**Mental Health Foundation** – support for mental health concerns  
<https://www.mentalhealth.org.uk>

**MIND** – Meeting mental health needs  
**Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)**

**No Panic** – support line for panic attacks and OCD  
**Phone: 0844967 4848 (daily 10.00am-10.00pm)**

**Give Us A Shout**  
Immediate support by text for people of all ages.  
<https://giveusashout.org/>  
**Text 'SHOUT' to 85258**

**PAPYRUS** – Suicide prevention team  
**Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)**  
**Rethink Mental Illness** – supporting mental health all ages.

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**Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)**

**Samaritans** – supporting those experiencing feelings of despair

**Phone: 116 123 (free 24 hour helpline)**

## Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

## Microsoft Office 365

### Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers at home at no cost. You can find out more about how to complete the installation in this [remote learning guide](#).