

Thursday 4th December: 4-6pm



Week Beginning 1st December

Forthcoming Dates for your Diary

4th December Sixth Form Open Evening 4-6pm

8th December Christmas Production of Annie Begins

18th December Christmas Accessory Day

19th **December** Advent Christmas Services









Spanish Students Taste a Disastrous Rehearsal!

On Tuesday we were delighted to welcome Laura and Mariano from the Onatti production company who performed 'Un Ensayo Desastroso' in Spanish to all of Year 8. The fast paced and hilarious play follows auditions for Romeo y Julieta in a small town theatre in Spain. The unfolding chaos sees meltdowns and tantrums, forgotten props, and students drafted in to replace missing cast members! Thank you to the performers for a wonderfully engaging show that the audience thoroughly enjoyed!



U15s Progress in English Schools' Cup!

On Monday night our Y9/10 travelled to Cheshire to face Hartford High School in the third round of the U15s English school's cup. With things all square at the final whistle the teams faced off for a tense penalty shootout. A brilliant save from Peggy saw St Julie's progress to the next round.



St Julie's Hosts DJ Workshop

On Wednesday this week we welcomed in Steve from Creative Score and DJ, Producer and Songwriter A ME B to lead DJing workshops for staff and students from schools across the city. At the workshops the guests were

You can click any of the hyperlinked names below to send an email.

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Bell

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SENDCo: Miss S Jackson
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stjuliesl25
Wellbeing Website
Careers Website

introduced to the Pioneer FLX4 digital turntables and walked



Whitewash Wins for Netballers!

Congratulations to our Year 7 and 8 netballers who have both celebrated big wins in this week's netball league game! Our teams faced opposition from Holly Lodge Girls' College, and with great team work and spirit our Year 7 team, pictured in green, recorded an 8-0 win and our Year 8 team, in pink, triumphed with a 5-0 win! A special well done goes to Annabelle in Year 7 and Orlaith in Year 8, our respective players of the match.



League Win for 7 and 8 Footballers!

Congratulations to our Year 7 and 8 footballers who celebrated an away win on Tuesday against Archbishop Blanch in the Liverpool League. The match was a nail-biter, with our team falling behind twice before goals from Charlotte redressed the balance. With the score 2-2 at the final whistle, a cool penalty shoot out saw our team progress to the next round!

Meet the Junior 1804 Society!

We are delighted to introduce our Junior 1804 Society student leaders to you and will do so over the coming weeks. The 1804 Society plays a vital role in the life of St Julie's, giving students the opportunity to shape the future of the school and leave a lasting legacy.

Named after the year the Sisters of Notre Dame were founded, the Society connects today's students with those who have gone before, encouraging them to embody the school motto: "Serve the good God well with much liberty of spirit." Members take on leadership roles that strengthen our community and ensure student voice is at the heart of school improvement.

This week's Junior 1804 Pen Paragraphs are brought to you by our Vice Presidents Lexi (Year 9) and Ava (Year 11): My name is Ava , I'm in year 11 and some of my interests are Physics, listening to music and spending quality time with my friends and family. I wanted to join the Junior 1804 Society because I think I am a good representative as I'm confident, independent and kind . If necessary, my form room is A101 and students can find me there if they need any help. quidance or have any questions. Through this role I hope to achieve skills that can help me in my future career, whilst making positive changes.

Hi, my name is Lexi and I'm in 9 Nugent. I wanted to join the 1804 Society as I want to be a positive role model to everyone. I also want to become more confident and communicate with people around me more.



Sixth Form spotlight!

In this week's edition, we showcase three subjects that inspire critical thinking, communication, and cultural awareness.

In English Combined Language and Literature and English Literature, students explore a rich variety of texts, develop analytical and creative writing skills, and learn how language shapes the world — preparing them for careers in journalism, law, publishing, teaching, and beyond. Texts studied range from The Kite Runner to The Great Gatsby; Othello to Browning and A Streetcar Named Desire to Tess of the D'urbervilles. If you want to know more about the benefits of studying English, click here.

A level Spanish offers students the chance to master a global language, understand Hispanic cultures, and enhance communication skills, leading to opportunities in translation, international business, travel, and diplomacy. Fluency in a foreign language will open doors to top universities in the UK and will increase your employment opportunities in Britain, as well as in the Spanish-speaking world.

Philosophy and Ethics challenges students to question ideas, evaluate moral issues, and build reasoned arguments, supporting careers in law, politics, education, and social work. To learn more about what you can do with an A level in Philosophy and Ethics, click here.

Across each of these subjects, students gain valuable transferrable skills such as analysis, communication, cultural literacy, empathy, and critical problem-solving — skills that will serve them in any future path.

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Year 7 Parents Evening

Thank you to all of the parents and carers who joined us for our parents evening on Thursday this week. The evening gave staff a great chance to discuss progress with parents and we hope you found the event helpful and informative.



NHS Careers Programme

The NHS Careers Untapped programme is a free initiative created by a group of London NHS organisations and NHS England to inspire young people aged 13-19 to explore the wide range of careers available in healthcare. Hosted on the Healthcare Horizons website, it offers podcasts, videos, webinars, and interactive activities that highlight lesser-known NHS roles. This free platform consists of resources which have been designed for young people aged 13 and over who want to learn more about their chosen profession, get university application tips or simply find out more about all the rewarding careers on offer in the health sector. Students can work at their own pace, explore their dream career or access multiple resources to get a greater insight into the health sector. The interactive courses give learners access to helpful resources and the reflective journal allows them to record all key learning points for future reference. Find out more here!



Toy Appeal for Advent Service

On 10th December, student representatives from St Julie's will attend the Schools' Advent Service at the Cathedral. During the service, they ask for donations of toys for Nugent Care (not wrapped!) If you have any suitable new or unused toys that you wish to donate, please bring them into school and pass to the form charity reps or the chaplain before 10th December.



Year 11 Mock Examinations

Our mock exam season got off to a flying start on Monday with students settling quickly into the examination routine with maturity. At the end of the first week our candidates have been fantastic and we'd like to thank all of the family members who have been providing tremendous support to our candidates at this stressful time.



University offers for Year 13 students

We like to congratulate our Year 13 university applicants this week as

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their offers and interview dates come in thick and fast! From Oxbridge admissions tests and American Scholarships; to interviews at Queens University Belfast and conservatoire auditions, we'd like to wish them all the very best of luck over the coming weeks.



Cleaning Vacancy at St Julie's

We're currently advertising a vacancy for a cleaning assistant. If you, or someone you know, might be interested you can <u>find out more information here</u>.



SONY MUSIC

Online Careers Insight with Sony Music

From 6pm – 7pm on Wednesday 3rd December you can access an exclusive online insight event where you'll discover what it really takes to make the music industry move. You'll hear from Sony Music executives about their roles, their journeys, and the projects they bring to life every day. This is your chance to demystify the music business, uncover the wide range of career paths available, and learn how you could start your own journey. Learn more here.



Amazing Apprenticeships Webinars

During the month of December Amazing Apprenticeships are running two webinars advertising apprenticeship vacancies with retailers Dunelm and Tesco. You can find out more here.



Logging into GCSEPod

Click here for the quick guide to helping your child log into to GCSEPod, a fast paced, easily accessible and carefully curated set of revision guides, available right on their phones.



Responsible Parking

Please click here to read a copy of a letter circulated by Mrs McCourt last week referring to parking and stopping whilst picking up and dropping off students.

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Healthy Schools and Controlling Infection

As we enter the period of seasonal illnesses we're working hard as a school to manage infectious diseases within the school community and following relevant guidelines. You can help to keep your child healthy by considering this government advice. Most mild illnesses - such as a runny nose, sore throat, or slight cough - do not require time off school, unless your child has a temperature. There's more guidance on that here. It's always helpful to book medical appointments outside of school hours where possible. Where this isn't possible, they should bring their child to school before, and return after, if they are well enough. Pupils can attend appointments in their school uniform

Vaccinations are a key line of defence against flu and other preventable illnesses. When children and young people receive all the recommended vaccines in the national immunisation programme, it helps protect their health and support the wellbeing of the whole school community. School Age Immunisation Services (SAIS), commissioned by NHS England, deliver these free vaccinations in schools. This autumn, all school children in England (from reception to year 11) will be offered a flu vaccination at school. There's more information about vaccination programmes in secondary schools here.



Punctuality Procedures at St Julie's

At St Julie's, we believe punctuality is crucial for a successful and positive school day. Arriving on time ensures every pupil is ready to learn and minimises disruption for all.

Why Is Punctuality So Important?

- Sets good routines for life
- Ensures no learning is missed
- Minimises disruption for others You can read our <u>punctuality</u> <u>procedures in detail here.</u>

| 100% | 0 days | 0 lessons missed |
|------|-----------|--------------------|
| 99% | 1 day | 6 lessons missed |
| 98% | 3 days | 18 lessons missed |
| 97% | 1 week | 30 lessons missed |
| 96% | 1.5 weeks | 45 lessons missed |
| 94% | 2 weeks | 60 lessons missed |
| 93% | 2.5 weeks | 75 lessons missed |
| 92% | 3 weeks | 90 lessons missed |
| 90% | 3.5 weeks | 105 lessons missed |

The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.

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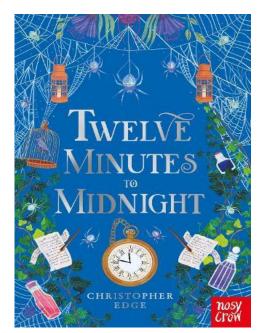
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Recommended Read for

December

If you're stuck for reading inspiration why not take a look at our recommended read? This year's recommended reads are all coming from our students, and Amy's recommendation for December is 'Twelve Minutes to Midnight' by Christopher Edge.

Twelve Minutes Till Midnight

Twelve Minutes to Midnight is a historical adventure novel by Christopher Edge, the first in the Penelope Tredwell Mysteries series. The story follows 13-year-old orphan heiress Penelope Tredwell, who writes under the pseudonym Montgomery Flinch for her popular magazine. The Penny Dreadful. When she receives a letter from the governor of the Bedlam madhouse, she's drawn into a real-life mystery where patients write strange visions of the future at twelve minutes to midnight each night.



Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can fill in the registration form here.

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693If your child has special educational needs and you are wanting to know

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more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies. Monday to Friday: 9am – 4.30pm Alternatively, you can email your concern to

epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854 Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm Alternatively, you can email your concern to

ASDtrainingteam@liverpool.gov.uk Children's Occupational Therapy Service

Please contact the Children's https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk

Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

sensoryservice@liverpool.gov.uk

Hub Of Hope

The Hub of Hope is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

Action for Children Parent Chat is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are more details available here.

Neglect

Everyone deserves to feel safe, cared for, and to have their basic needs met. Being taken care of means that someone is giving us what we need physically and emotionally, as well as making sure individuals are getting an education and access to things like the doctor when needed. If you are struggling; or you think someone you know is being neglected, then it's important to get support. Click here Neglect | Childline to learn more about accessing support; the types of support you could access. This page contains a contact number: 0800 1111: a contact form and offers different ways of obtaining help including a 1-2-1 chat with a counsellor Get Support | Childline

Young Carers Support

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Barnardo's Action with Young Carers offers assessments and support for young carers. You can find out more from their information leaflet or at the website.

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of local and national helplines, including a vital resource for adults '#lt's abuse'.
- The Bright Sky app is an excellent resource for victims of domestic abuse.
- The Hideout resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

RASA (Rape and Sexual Abuse) Merseyside is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email

referrals@rasamerseyside.org or visit our website

www.rasamerseyside.org

Mental Well-being Support

Children and young people, parents and carers in crisis can call the Alder Hey CAMHS crisis care line 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550 They should only present to Accident Emergency Department if they need medical treatment or are

struggling to keep themselves safe in the immediate moment.

Anxiety UK - Charity providing support if you have been diagnosed with anxiety

Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35 Phone: 0800 58 58 58 (daily 5pmmidnight)

Mental Health Foundation support for mental health concerns https://www.mentalhealth.org.uk/

MIND – Meeting mental health needs Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD Phone: 0844967 4848 (daily

10.00am-10.00pm)

Give Us A Shout

Immediate support by text for people of all ages.

https://giveusashout.org/

Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team Phone:0800 068 4141 (Mon - Fri, 10.00am - 5.00pm, 7.00pm -10.00pm, weekends, 2.00pm-(ma00.5 Rethink Mental Illness – supporting mental health all ages. Phone:0300 5000 927 (Mon -Fri, 9.30am-4.00pm) Samaritans – supporting those

experiencing feelings of despair Phone: 116 123 (free 24 hour

helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, available here, gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365 Licencing

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All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit https://www.office.com and sign in using their school email address and password and then look for the 'Install and more' option.

Resources for Parents in Knowsley

Addvanced Solutions: 0151 486

1788

Listening Ear: St Nicholas Centre, 70 Church Road, Halewood, L26

OLB

0151 488 6648

Children in care (under 18?) Polaris Knowsley.EHWB@coreassets.com 07967 381 035

Knowsley CAMHS 0151 351 8610

Kooth

Mental Health Support Teams

Zuntold

Domestic Abuse

Merseyside Domestic Violence
Service 0780 272 2703 mdvs.org

Ruby Project ruby@pss.org.uk

Family support Family First

Knowsley Family Info

PSS Prisoner Family Service

Lee Cooper Foundation

Healthy Knowsley