



# St. Julie's Catholic High School

## Weekly Newsletter

Week Beginning 2<sup>nd</sup> September 2024

### Forthcoming Dates for your Diary

**15<sup>th</sup> August**  
A Level Results Day

**22<sup>nd</sup> August**  
GCSE Results Day

**2<sup>nd</sup> September**  
INSET Day

**3<sup>rd</sup> September**  
Students return to school  
Details on page 3



### Performers Dazzle at Key Stage 3 Showcase

After lots of wonderful exam performances it was time for our younger performers to take the spotlight as they shared their talents in the Performing Arts Showcase. The evening saw students drawing on the skills that they have developed across the full Performing Arts curriculum and extra-curricular classes to deliver an extravaganza of dance, song and drama. You can see pictures from the show in the [full story on our website](#).

### A Letter from the Headteacher



### A Letter from the Headteacher

Please [click here](#) for a letter from Mrs McCourt containing information about the end of term and the start of the new academic year.



### Battle of the Bands!

Musicians from St. Julie's faced off against talented students from Ormiston Bolingbroke Academy in a good natured battle of the bands. Bands from across the age ranges showed off their skills in a diverse set list that kicked off with 'Revolution' and 'Take Me Out' from the St. Julie's Staff Band, before the students gave their interpretations of songs like 'No Surprises', Killing

**ST. JULIE'S  
STUDENTS  
WHO ARRIVE  
ON TIME  
HAVE  
HIGHER  
READING  
ABILITY**

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in the Name', 'Zombie' and many more. Well done to everybody who performed – in this 'battle' everyone was a winner! You can see some [photos from the performance here!](#)



## Footballers Celebrate at LSFA Awards

Our footballers have finished an incredible season with recognition at the Liverpool Schools' Football Association awards at St. George's Hall. The bus back from the national finals was weighed heavy with trophies and this was recognised at the presentation which saw players from St. Julie's in Years 7, 8 and 9 represented in three different national title winning sides. We're very proud of all of the players for their astonishing achievements throughout the city and congratulate them all for their representation of our school and our city.

## Changes to PE

Please [click here to access a copy of a letter](#) circulated by Miss Knisz relating to arrangements around PE kit and participation in lessons for next year.



## Students RISE UP

On Tuesday a group of students from Years 7 to 9 attended an event to celebrate the launch of the RISE UP programme. They took part in a range of activities including yoga,

team building, kinball and also a colour run. They learnt about the importance of sport and exercise and how this can improve mental wellbeing.



## Circle Club Success for Year 10!

Well done to our Mathematicians in Year 10 who have completed another year of Circle Club in which the students were selected to 'front run' all material and provide feedback to Axion Maths. Axion "believe in the power of maths to transform lives and nations. Access to that power should not depend on a child's background". Their mission aligns directly with St. Julie's values, and we are keen to continue our work with Axion supporting the Circle Club project.



## Merit Cup Celebrations

Throughout this week we have been celebrating student achievement in the summer term with our Merit Cup assemblies. The assemblies are a chance to reflect on all of the great work that students are doing, and to hand out lots of chocolately prizes! Well done to all of our winners this term, who went on to enjoy a tasty breakfast in the winner's breakfast banquet on Thursday morning!

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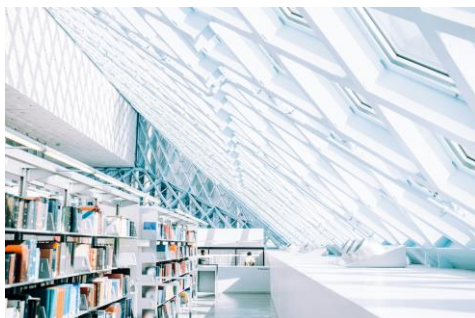
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## Changes to Penalty Notices

Please [click here](#) for a copy of a letter from Liverpool City Council outlining changes to the National Framework for Penalty Notices related to unauthorised absence.



## Reading Plus Stars!

Congratulations to Emily in Year 8 and Florence in Year 9 who both received a 'Read for Good' National Book Token for achieving the highest ReadingPlus scores in the entire school. Well done to them both!



## Returning to School

Monday 2<sup>nd</sup> September is an INSET Day for staff. Students will return on Tuesday 3<sup>rd</sup> September at the following times:

Year Group	Time to report to school	Venue
7	8:30am	Dining Room
8	9:30am	Chapel

9	10:30am	Chapel
10	10:30am	Theatre
11	9:30am	Theatre
Sixth Form	9:30am	Dining Room



## Year 9 Linguists Share Their Talents

A group of Spanish students in Year 9 flexed their teaching muscles when they visited Much Woolton Primary School to assist with their Spanish week! The students visited on Thursday 11th July where they delivered a lesson and worksheet that they had helped to design to pupils in years 3, 4 and 5. Well done to all of the students for their great leadership and enthusiasm in sharing their love of the Spanish language and culture.



## Congratulations to Merit Cup Winners!

Congratulations to our Merit Cup winners who celebrated at the end of term breakfast banquet on Thursday. Our four winning forms spent period one in the Dining Room enjoying a wonderful breakfast with sweet and savoury treats to suit all tastes. Thank you to the catering team for their hard work preparing the feast!

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## Wellbeing Drop Ins

Dr. Adams White is hosting wellbeing drop in sessions over the summer holiday, on 15<sup>th</sup> August and 22<sup>nd</sup> August from 11am to 2pm. No appointment is necessary.



Calling all young people and parents or carers!



## Summer Immunisations Campaign

Over the Summer holidays, Mersey Care's School Immunisation Team will be offering 'catch up clinics' for children and young people across Liverpool, St Helens, Sefton and Knowsley for any routine pre-school or school immunisations they may have missed.

The summer holidays are an ideal time for parents or carers to catch up any missed immunisations and ensure your child is fully protected before they return to school in September.

If you are unsure whether your child is up to date with all their childhood vaccinations, you can check this by contacting your GP or your local School Aged Immunisation Team on:

**Liverpool Schools: 0151 295 3833**

**Knowsley Schools: 0151 351 8805**

**Sefton Schools: 0151 247 6130**

**St Helens Schools: 01744 415 645**

Matt Ashton, Director of Public Health for Liverpool City Council, has stressed the importance of childhood immunisation.

"Thanks to the NHS Childhood Immunisation Programme, many dangerous and life-threatening diseases, such as polio, tetanus, diphtheria, measles and mumps, have virtually disappeared in the UK.

"But they are still around in many other countries throughout the world – and in the UK, they are only kept

at bay by our high immunisation rates. That's why it's so important that we all keep protecting our children with life-saving vaccines.

"If your child is not fully up to date on all of their immunisations and boosters, I would strongly urge you to take full advantage of these catch up clinics and get them fully protected."

Drop-in immunisation clinics will be held at:

Clinic address	Date	Time
Ashtons Green Childrens Centre, WA9 2AP	<b>22 July 2024</b>	9.30am to 4.30pm
Halewood Primary Care Resource Centre, Roseheath Drive, L26 9UH	<b>23 July 2024</b>	9.30am to 4.30pm
St Chads Primary Care Resource Centre, St Chads Drive, L32 8RE	<b>24 July 2024</b>	9.30am to 4.30pm
Manor Farm Primary Care Resource Centre, Manor Farm Road, L36 0UB	<b>25 July 2024</b>	9.30am to 4.30pm
Ashtons Green Childrens Centre, WA9 2AP	<b>30 July 2024</b>	9.30am to 4.30pm
Childwall Fiveways Health Centre, 215 Childwall Road, L15 6UT	<b>1 August 2024</b>	9.30am to 4.30pm
Southport Health and Wellbeing Centre, Houghton Street, PR9 0PQ	<b>1 August 2024</b>	9.30am to 3.30pm
Mere Lane Clinic, 49-51 Mere Lane, L5 0QW	<b>6 August 2024</b>	9.30am to 4.00pm
Ashtons Green Childrens Centre, WA9 2AP	<b>6 August 2024</b>	9.30am to 4.30pm
Litherland Town Hall Health Centre, Hatton Hill, L21 9JN	<b>6 August 2024</b>	9.30am to 3.30pm
Childwall Fiveways Health Centre, 215	<b>8 August 2024</b>	9.30am to 4.00pm

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Childwall Road, L15 6UT		
Princes Park Health Centre, 9 Bentley Road, L8 0SY	<b>10 August 2024</b>	9.30am to 4pm
Townsend Lane Neighbourhood Health Centre, 98 Townsend Lane, L6 0AY	<b>13 August 2024</b>	9.30am to 4pm
St Chads Primary Care Resource Centre, St Chads Drive, L32 8RE	<b>14 August 2024</b>	9.30am to 4.30pm
Townsend Lane Neighbourhood Health Centre, 98 Townsend Lane, L6 0AY	<b>15 August 2024</b>	9.30am to 4pm
Ashtons Green Childrens Centre, WA9 2AP	<b>15 August 2024</b>	9.30am to 4.30pm
Manor Farm Primary Care Resource Centre, Manor Farm Road, L36 0UB	<b>15 August 2024</b>	9.30am to 4.30pm
Mere Lane Clinic, 49-51 Mere Lane, L5 0QW	<b>20 August 2024</b>	9.30am to 4pm
Millennium Centre (St Helens Walk-in Centre) WA10 1HJ	<b>20 August 2024</b>	9.30am to 4pm
Childwall Fiveways Health Centre, 215 Childwall Road, L15 6UT	<b>22 August 2024</b>	9.30am to 4pm
Southport Health and Wellbeing Centre, Houghton Street, PR9 0PQ	<b>22 August 2024</b>	9.30am to 3.30pm
South Liverpool Treatment Centre Garston, 32 Church Road, L19 2LW	<b>24 August 2024</b>	9.30am to 4pm
Townsend Lane Neighbourhood Health Centre, 98 Townsend Lane, L6 0AY	<b>27 August 2024</b>	9.30am to 4pm



## Liverpool Parenting Newsletter

The Liverpool Parenting team have published their latest parenting newsletter. You can [find a copy here](#).

## Summer Mental Health Support

You can [click here](#) for a copy of a bulletin listing mental health support services that can be accessed throughout the summer, as well as some training opportunities for parents and carers.



## Summer Self-Care Toolkits

The Anna Freud Centre have launched some self-care toolkits with links to resources that children and young people may find helpful over the summer. Please see the link below for more information: <https://www.mentallyhealthyschools.org.uk/resources/self-care-summer-toolkit/>



## St. Julie's Alumnus

### Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).



## LIVERPOOL HAF

### Summer HAF Programme

The Summer HAF programme starts on the 22nd July and there are lots of great activities happening over the school holidays. Children and young people, from reception to age 16, **who are eligible for benefits related free school meals**, will be able to access hundreds of activities throughout the Summer holidays including specific provision available for children with SEND or additional needs, at no cost. There's a great range of activities across the city including zorbing, garden fun, bubble football, nerf wars, mindfulness, swimming, football, music, dance, cycling, gymnastics, theatre tech, cooking, discos, podcasting, arts and crafts, drama, basketball, trips out and nature walks! A meal will be provided for every child attending. You can find

out more at the [centralised place booking system](#).



## Young Blue Room at the Bluecoat

### Young Blue Room Summer Programme

Blue Room is Bluecoat's inclusive arts project for learning disabled and neurodivergent adults. During the summer there is a programme of activities aimed specifically at younger people. You can find out more details in [this information booklet](#).



### Recommended Read for July

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'A Cool History of Ukraine: From Dinosaurs Till Now' by Inna Kovalyshena..

*What kind of dinosaurs lived in Ukraine? Who fought for Ukraine's*

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*independence? Why were the Cossacks so glorious? These are just some of the questions they explore.*

- *Includes a chapter covering Ukraine's current situation*
- *Stunning, vibrant art throughout the book*
- *An accessible guide to Ukraine's history*

*A unique approach to non fiction, this is an important read for all children who want to understand more about what life was like in Ukraine before the war with Russia, and how things have changed.*

### Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



### Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays.

You can contact the service on **0151 233 3916**.

### SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm  
Alternatively, you can email your concern to [seniss@liverpool.gov.uk](mailto:seniss@liverpool.gov.uk)  
**Educational Psychology Service Helpline: 0151 233 5978**

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.  
Monday to Friday: 9am – 4.30pm  
Alternatively, you can email your concern to [epsadmin@liverpool.gov.uk](mailto:epsadmin@liverpool.gov.uk)

### ASD Training Team:

07522800193/07515501854  
Advice and strategies for families of children and young people with autism or social communication needs.  
Monday to Friday: 9am – 12pm  
Alternatively, you can email your concern to [ASDtrainingteam@liverpool.gov.uk](mailto:ASDtrainingteam@liverpool.gov.uk)  
**Children's Occupational Therapy Service**

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email [chot@liverpool.gov.uk](mailto:chot@liverpool.gov.uk)  
**Liverpool Sensory Service**  
Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email [sensoryservice@liverpool.gov.uk](mailto:sensoryservice@liverpool.gov.uk)

### Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national,

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# ALWAYS FOLLOW THE WATER SAFETY CODE



Whenever you are around water:

### STOP AND THINK



Take time to assess your surroundings.  
Look for the dangers and always research local signs and advice.

### STAY TOGETHER

When around water always go with friends or family.  
Swim at a lifeguarded venue.



In an emergency:

### CALL 999



Ask for the Fire and Rescue Service when inland and the Coastguard if at the coast.  
Don't enter the water to rescue.

### FLOAT



Fall in or become tired - stay calm, float on your back and call for help.  
Throw something that floats to somebody that has fallen in.

Enjoy Water **Safely**

Learn basic lifesaving and CPR skills.  
Visit [www.rls.org.uk](http://www.rls.org.uk)

peer, community, charity, private and NHS mental health support and services together in one place for the first time.

### Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen,

take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

### Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and



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furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

### Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults '[#It's abuse](#)'.
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the [safeguarding@stjulies.org.uk](mailto:safeguarding@stjulies.org.uk) email address being the best way to make contact out of hours.

### Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

**Anxiety UK** – Charity providing support if you have been diagnosed with anxiety

**Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)**

**CALM** – Campaign against living Miserably, for Men ages 15-35  
**Phone: 0800 58 58 58 (daily 5pm-midnight)**

**Mental Health Foundation** – support for mental health concerns  
<https://www.mentalhealth.org.uk>

**MIND** – Meeting mental health needs  
**Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)**

**No Panic** – support line for panic attacks and OCD  
**Phone: 0844967 4848 (daily 10.00am-10.00pm)**

**Give Us A Shout**  
Immediate support by text for people of all ages.  
<https://giveusashout.org/>  
**Text 'SHOUT' to 85258**

**PAPYRUS** – Suicide prevention team  
**Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)**

**Rethink Mental Illness** – supporting mental health all ages.  
**Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)**

**Samaritans** – supporting those experiencing feelings of despair  
**Phone: 116 123 (free 24 hour helpline)**

### Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

### Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers at home at no cost. You can find out more about how to

complete the installation in this [remote learning guide](#).

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