



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 2nd December 2024

Forthcoming Dates for your Diary

5th December
Sixth Form Open Evening 4-6pm

5th December
Year 7 Cathedral Service



'Flowers' On The Road

Drama students received a very positive response this week when they visited St. Anselm's College in Birkenhead to give a hard hitting performance of 'Flowers'. The piece was performed to an audience of Year 9 and 10 boys who respectfully took on the messages of this powerful performance. The cast received outstanding feedback for their performance, and we'd like to thank the staff and students at St. Anselm's for a warm welcome.



Young Poets Published!

Congratulations to all 28 of our poets selected for publication in the Young Writers' poetry competition: 'The Beautiful Truth'. The competition had a fairly fluid brief, encouraging young writers to pen poetry articulating their personal beautiful truth, and write about things important to them. The poets chose themes are diverse as friendship, nature, dancing and netball.



Footballer On Pathway For England!

Congratulations to ace goalkeeper Amelia in Year 9 who is now on the Lionesses Pathway for England! Amelia started playing football seriously about three years ago, and the lifelong Liverpool fan currently plays for the Academy at Blackburn Rovers. Her schedule takes her across the North West, with training three times a week in Preston and Manchester, and then

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STUDENTS
WHO ARRIVE
ON TIME
HAVE
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| W/C 2/12/24 | AM | | PM | |
|------------------|---------------|------|---------------|-------|
| Monday | Maths | 90 | RE | 105 |
| Tuesday | Sci Phys | 105* | Business | 90 |
| | | | Geography | 90 |
| Wednesday | History | 120 | Sociology | 60 |
| Thursday | Business | 90 | Spanish (R&L) | 60+45 |
| | Geography | 90 | | |
| Friday | PE | 150 | History | 105 |
| | Drama | 105 | | |
| | Art Practical | | | 300 |

*Science exams are 75 minutes for Trilogy Combined science and 105 minutes for Triple Science

Year 11 Mock Examinations

Mock examinations for Year 11 students commenced on 25th November and run for two weeks. The exam timetable for week two is shown above, but students will receive individual timetables on paper and available through the MCAS student app which is available to students now. Students should check their school email accounts for further information.

playing two matches a week all over the North West region. Amelia has worked incredibly hard to secure her place on the England Lioness Pathway. In the long term Amelia is keen to seek a soccer scholarship in the USA to develop her skills and train further, though her ultimate dream is to play for Liverpool FC Women and to keep the England jersey as keeper for the Lionesses! We are really proud of Amelia's achievements, and we'll keep you posted on her progress!



Captains Of Their Ships

This week saw the premiere of the short film from the Girls' Schools Association, "Captains of Their Ships", a celebratory realisation of what education in an all-girls' school can offer. St. Julie's is an associate member of the Girls' Day School Trust and we've taken part in of the extra-curricular activities offered by

the organisation, including the national football tournament featured in the video! (No spoilers, but we won!) You can [watch the video in full here](#).



White Ribbon Marketplace

Students started their week with the opportunity to visit a bustling 'white ribbon' marketplace that brought together several of our external partners showcasing the support they offer school and our students. The organisations present offer support for violence against women and girls, female empowerment and body confidence. We were delighted to be joined by representatives from:

- Merseyside Youth Association
- YPAS - Young Person Advisory Service
- SLDAS - South Liverpool Domestic Abuse Service

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- Knowsley First Steps
- Waishee Coaching
- LFC Foundation

Thank you to all of our partners for making time to meet with our students.



Parent Webinar: County Lines in Merseyside

The Ivison Trust are hosting an online webinar for parents on 5th December from 6-8pm exploring County Lines in Merseyside, aiming to give parents the knowledge that they need to be able to talk confidently to their children about this subject, and to recognise warning signs on involvement.

Topics include:

- Learn what county lines is
- Understand what is happening in your local area
- Learn how exploiters groom children
- Understand the signs that your child might be at risk
- Know where to access support and advice if you have concerns

You can get more information and [register here](#).



Year 7 Parents' Evening

Thank you to all of the parents and carers who joined us on Thursday this week for a very busy Year 7 Parents' evening event. We hope you found the well attended event to

be helpful, informative and reassuring.



Liverpool Hope University Presentation

On Thursday this week Sixth Form students enjoyed a presentation about Liverpool Hope University. Lauren spoke to students about facilities, courses, state of the art learning resources such as the Health Science building and sports facilities; in addition to the recently renovated Cornerstone Building which houses contemporary art exhibitions in addition to the Great Hall, where students can attend Guest Lectures or exhibitions. Founded in 1844, stemming from 3 colleges, Hope officially became a university in 2005. They have 4 campuses: 2 teaching, 1 accommodation & 1 outdoor education and offer around 500+ courses / combinations at undergraduate level. Currently, there are approximately 5,000-6,000 undergraduate students. There has also been over £6m in new buildings and facilities in the last two years, confirming why Hope is a popular Post 18 destination. Hope University's next Open Day is Wednesday 4th December - [click here](#) for more information. We'd like to thank Lauren for her time this morning, and for delivering another informative and interesting presentation to support our Sixth Form students with their next steps.

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Winter HAF Programme

The Winter HAF programme starts on the 23rd December and there are lots of great activities happening over the school holidays. Children and young people, from reception to age 16, who are eligible for benefits related free school meals, will be able to access hundreds of activities throughout the Christmas holidays including specific provision available for children with SEND or additional needs, at no cost. There's a great range of activities across the city including breakfast with Father Christmas, Christmas crafts, Christmas parties, ultraviolet dodgeball, cooking, mindfulness, yoga, football, drumming, creative writing, cycling, gymnastics, theatre tech, podcasting, drama, trips out and ice skating! A meal is included for every child attending.

Liverpool City Council have introduced a central booking system to make it easier for you to find and book the activities. You can find out where your nearest scheme is by clicking on this link <https://eequ.org/liverpoolhaf> which will take you to the Liverpool HAF page and the easy to fill in booking system. You can search by age, provider or date. There is a handy booking help video here - [How to make a booking](#).

- If you are struggling with the cost of living then please click: <https://www.liverpool.gov.uk/cost-of-living/>
- If you're more than 10 weeks pregnant or have a child under 4, you may be entitled to get help to buy healthy food and milk. Click on the link to find out how to register <https://www.healthystart.nhs.uk>

Liverpool City Council is working with Mersey Play Action Council,

the local schools, voluntary and community organisations, and childcare providers to deliver the Winter HAF programme. This programme is funded by the Department for Education.

The Family Information and SEND Directory also provides a wealth of useful information and support for families - [FISD](#).



Liverpool ASD Training Team

Liverpool City Council ASD Training Opportunities

The ASD training team from Liverpool City Council are hosting a number of training events in the coming weeks.

December 2nd, 4th, 5th, 10th, 11th, 12th, 13th, 16th, 17th, 18th with sessions at 1-1:45 and 2-2:45pm.

The Liverpool ASD Training Team are providing a series of virtual drop in advisory sessions via zoom. They are for parent/carers wishing to talk in a private one to one setting about any questions or concerns they may have about their child. You do not require a diagnosis of ASD to book your place. To book your place please email asdtrainingteam@liverpool.gov.uk With a choice of your date and time and you will be emailed a zoom link.

Virtual group drop-in advisory sessions

The Liverpool ASD Training Team are providing a series of virtual drop-in advisory sessions via zoom. They are for parent/carers wishing to talk in a group setting and who have questions or concerns about their child. You do not require a diagnosis of ASD to book your place.

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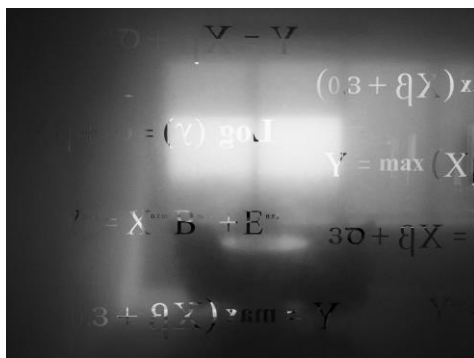
Dates and Times 1pm – 2.30pm

3rd December 2024
6th December 2024

To book your place please email asdtrainingteam@liverpool.gov.uk

With a choice of your date and you will be emailed a zoom link.

For more information about our service please view the Liverpool Local offer Page / Liverpool ASD training team for future training and Workshops.



Congratulations Mathematicians!

Well done to the following students who achieved the highest XP (Sparx experience) points in their Maths homework for the week 08/10-015/10. All students will be given a certificate from their maths teacher.

Year 7:

1. Lyra B
2. Francesca P
3. Darcy L

Year 8:

1. Lola-Rose H
2. Olivia W
3. Maya B

Year 9:

1. Ava C
2. Heidi J
3. Ava R

Year 10:

1. Daniella A
2. Ellie M
3. Mary M

Year 11:

1. Lavina L
2. Isabelle T
3. Ava R

| | | |
|------|-----------|--------------------|
| 100% | 0 days | 0 lessons missed |
| 99% | 1 day | 6 lessons missed |
| 98% | 3 days | 18 lessons missed |
| 97% | 1 week | 30 lessons missed |
| 96% | 1.5 weeks | 45 lessons missed |
| 94% | 2 weeks | 60 lessons missed |
| 93% | 2.5 weeks | 75 lessons missed |
| 92% | 3 weeks | 90 lessons missed |
| 90% | 3.5 weeks | 105 lessons missed |

The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.



SEND Homework Club

We've introduced a homework club specifically for our students with SEND needs. Students in KS3 are welcome on Mondays from 3:15-4:00pm and students in KS4 are welcome on Wednesdays at the same time. The club is based in the Stars room and students are welcome to just turn up on the appropriate day!

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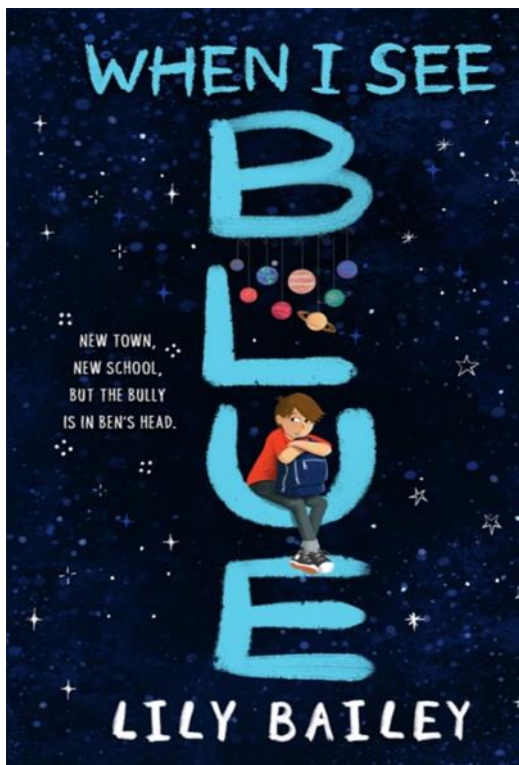
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Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).



Recommended Read for December

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'When I See Blue' by Lily Bailey.

There are 4 things you should know about Ben:

1. He's 12 years old
2. He's the new kid at school
3. His special number is 4

4. He has a bully in his brain

Sometimes Ben's brain makes him count to 4 to prevent bad things happening. Sometimes it makes him tap or blink in 4s. Mostly it makes the smallest things feel impossible. And with a new school, a moody big brother, an absent dad and a mum battling her own demons, Ben feels more out of control than ever. But then he meets April, and with his new friend, Ben might finally figure out how to stand up to the bully in his brain, once and for all.

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays.

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You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm
Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm
Alternatively, you can email your concern to epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854
Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm
Alternatively, you can email your concern to ASDtrainingteam@liverpool.gov.uk
Children's Occupational Therapy Service

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk

Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

sensoryservice@liverpool.gov.uk

Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national,

peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults '[#It's abuse](#)'.
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.

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- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

RASA (Rape and Sexual Abuse) Merseyside is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email referrals@rasamerseyside.org or visit our website www.rasamerseyside.org

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety
Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk/>

MIND – Meeting mental health needs
Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD

Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout

Immediate support by text for people of all ages.

<https://giveusashout.org/>

Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team
Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)

Rethink Mental Illness – supporting mental health all ages.

Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)

Samaritans – supporting those experiencing feelings of despair
Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <https://www.office.com> and sign in using their school email address and password and then look for the 'Install and more' option.