



# St. Julie's Catholic High School

## Weekly Newsletter

Week Beginning 3<sup>rd</sup> February 2025

### Forthcoming Dates for your Diary

**12<sup>th</sup> February**  
20<sup>th</sup> Anniversary of  
Martyrdom of Sr.  
Dorothy Stang

**14<sup>th</sup> February**  
Students finish for  
February Half Term



### Year 11 Visit Poetry Live!

On Wednesday this week our entire Year 11 joined students from across the North West at the Bridgewater Hall in Manchester for the 2025 GCSE Poetry Live event. The event offered students an incredible opportunity to engage with contemporary poets whose work forms part of the curriculum, including such eminent poets as Simon Armitage, John Agard, Carol Ann Duffy, Imtiaz Dharker, Dalit Nagra and Owen Sheers. The day also saw sessions with experienced Chief Examiners who led the students through the skills vital for success in the study and examination of poetry. Well done to all of the students who engaged so well with the day.



### Year 8 Ask 'Who Am I?'

On Thursday this week all students in Year 8 took a day off timetable to engage with leaders from Humanutopia, delivering their 'Who Am I?' mindfulness programme, that invites students to reflect on who they are, what they want, and how their interactions with others can shape their future. Thank you to session leaders Steve and Graham for another great workshop.



### MVP Filming Day!

Students in the MVP programme completed their filming last Friday with the visiting crew to raise awareness about different forms of sexual harassment. They decided to create a 'podcast' style video to inform the audience about different types of harassment. The students involved, both in front of and behind camera, were commended for their professional conduct and

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STUDENTS  
WHO ARRIVE  
ON TIME  
HAVE  
HIGHER  
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ABILITY**

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enthusiasm throughout the day. The video will be released soon in the next fortnight. Well done MVP mentors!



## Domestic Abuse Awareness Workshop

This week a team of Sixth Form volunteers met with Malka Livingstone from ML Domestic Abuse to take part in a domestic abuse awareness workshop. The workshop aimed to highlight recognisable indications and signs of domestic abuse, equipping the students with the knowledge and skills to recognise when someone around them may be in a problematic relationship and signpost them to available support. The programme, which consists of three workshops, will be a valuable asset to the students in supporting their peers both now and in future life.



## Scholars' Programme Takes Shape

Students enrolled in the Scholars' Programme enjoyed visits from their PhD tutors this week, including sessions with historian Dr. Heather Hatton, who led the Scholars through some introductory exercises to introduce them to the ways of thinking and working that they will need to use during the programme. We wish them all great success!



## The Business Of Play!

On Thursday this week Creative iMedia students in Year 11 enjoyed a visit from Steven and Ian from PlayStation, who gave an informative and engaging presentation about the many roles and careers involved in the creation of a modern game, including the all important 'games testing' that ensures that games are engaging, playable, winnable and reliable. The students gained a lot from the insights that they were able to share and we're very grateful to our visitors for making the time to come and see us.



## Swimmer Wins Gold at Cheshire Gala!

Congratulations to Emmie in Year 7 who has had another fantastic competition in her swimming career. Emmie has been swimming in the 3 week long Cheshire County Gala at Macclesfield Leisure Centre. Over the two competition weekends that she has swum in so far Emmy has medalled in 50m butterfly, earning gold, then she took gold again in the 100m butterfly and then finished with a bronze in the 200m butterfly. Each of the wins saw a two second winning margin which is hugely impressive. We wish Emmie further success in the final weekend of the competition where she shows her teamwork skills competing in relay



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racers with team mates from Warriors of Warrington!



## Aspiration Training Meet Year 10

A group of Year 10 students enjoyed a presentation delivered by Sarah and Stacy from Aspiration Training this week. Our presenters outlined the various apprenticeship opportunities available to students, explained what an apprenticeship is and potential progression routes within their pathways. To learn more about apprenticeships and what Aspiration Training have to offer, [click here](#). We'd like to thank Stacy and Sarah for coming in to speak to us!

100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

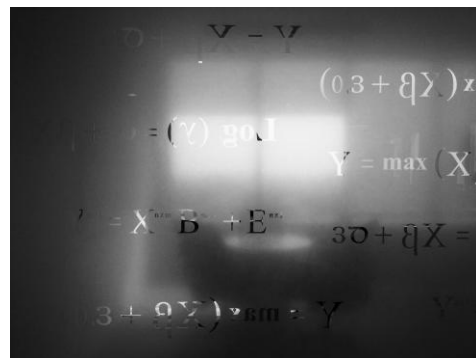
## The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.



## SEND Homework Club

We've introduced a homework club specifically for our students with SEND needs. Students in KS3 are welcome on Mondays from 3:15-4:00pm and students in KS4 are welcome on Wednesdays at the same time. The club is based in the Stars room and students are welcome to just turn up on the appropriate day!



## Congratulations Mathematicians!

Well done to the following students who achieved the highest XP (Sparx experience) points in their Maths homework for the week 21/01-28/01. All students will be given a certificate from their maths teacher.

### Year 7:

1. Nina A
2. Carys P
3. Michele D

### Year 8:

1. Ruby L
2. Lola-Rose H
3. Ellen R

### Year 9:

1. Precious F
2. Amelia H
3. Zunairah A

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### Year 10:

1. Macie M
2. Anna L
3. Libby W

### Year 11:

1. Tabitha M
2. Charlotte L-T
3. Scarlett B



## Recommended Read for February

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'Thirteen' by Tom Hoyle.

*Thirteen boys. Twelve dead. One survives. For now...*

*Adam was born at the stroke of midnight at the start of a new millennium. He is the target of a cult who believe boys born at that time must die before the end of their thirteenth year. Twelve boys have been killed so far.*

*Coron, the crazed cult leader, will stop at nothing to bring in his new kingdom. And now he is planning a bombing spectacular across London to celebrate the sacrifice of his final victim...*



## Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).

## Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



## Education Welfare Helpline

New for September 2023 is an Education Welfare

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Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

### SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm  
Alternatively, you can email your concern to [seniss@liverpool.gov.uk](mailto:seniss@liverpool.gov.uk)

### Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm  
Alternatively, you can email your concern to [epsadmin@liverpool.gov.uk](mailto:epsadmin@liverpool.gov.uk)

### ASD Training Team:

07522800193/07515501854  
Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm  
Alternatively, you can email your concern to

[ASDtrainingteam@liverpool.gov.uk](mailto:ASDtrainingteam@liverpool.gov.uk)

### Children's Occupational Therapy Service

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email [chot@liverpool.gov.uk](mailto:chot@liverpool.gov.uk)

### Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

[sensoryservice@liverpool.gov.uk](mailto:sensoryservice@liverpool.gov.uk)

## Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

## Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

## Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

## Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital



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resource for adults [‘#It’s abuse’](#).

- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the [safeguarding@stjulies.org.uk](mailto:safeguarding@stjulies.org.uk) email address being the best way to make contact out of hours.

### RASA (Rape and Sexual Abuse)

**Merseyside** is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email [referrals@rasamerseyside.org](mailto:referrals@rasamerseyside.org) or visit our website [www.rasamerseyside.org](http://www.rasamerseyside.org)

### Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

**Anxiety UK** – Charity providing support if you have been diagnosed with anxiety  
**Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)**

**CALM** – Campaign against living Miserably, for Men ages 15-35  
**Phone: 0800 58 58 58 (daily 5pm-midnight)**

**Mental Health Foundation** – support for mental health concerns  
<https://www.mentalhealth.org.uk/>

**MIND** – Meeting mental health needs

**Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)**

**No Panic** – support line for panic attacks and OCD  
**Phone: 0844967 4848 (daily 10.00am-10.00pm)**

### Give Us A Shout

Immediate support by text for people of all ages.  
<https://giveusashout.org/>  
**Text ‘SHOUT’ to 85258**

**PAPYRUS** – Suicide prevention team  
**Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)**

**Rethink Mental Illness** – supporting mental health all ages.

**Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)**

**Samaritans** – supporting those experiencing feelings of despair  
**Phone: 116 123 (free 24 hour helpline)**

### Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

### Microsoft Office 365

#### Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <https://www.office.com> and sign in using their school email address and password and then look for the 'Install and more' option.

### Resources for Parents in Knowsley

[Advanced Solutions](#): 0151 486 1788

Listening Ear: St Nicholas Centre, 70 Church Road, Halewood, L26 6LB  
0151 488 6648

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Children in care (under 18?) Polaris  
Knowsley.EHWP@coreassets.com  
07967 381 035

[Knowsley CAMHS](#) 0151 351 8610

[Kooth](#)

[Mental Health Support Teams](#)

[Zuntold](#)

Domestic Abuse  
[Merseyside Domestic Violence Service](#) 0780 272 2703 mdvs.org

[Ruby Project](#) ruby@pss.org.uk

Family support [Family First](#)

[Knowsley Family Info](#)

[PSS Prisoner Family Service](#)

[Lee Cooper Foundation](#)

[Healthy Knowsley](#)