St. Julie's Catholic High School Weekly Veusletter

Week Beginning 3rd March 2025

Forthcoming Dates for your Diary

3rd – 8th March National Careers Week

5th March Ash Wednesday

6th March Sixth Form Parents' Evening

12th March New Year 7 Welcome Event

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New Corridor Art Inspires Students!

During the half term break our school was a busy place, with the installation of new carpet, some painting and decorating and some magnificent wall art! Our corridor art runs across several departments and offer a vibrant visual stimulus with content that relates to our programmes of study. We're also thrilled to have installed galleries of artwork from our own students that has been printed and framed and offers a tremendous showcase of the talents of our students. We very much hope that our students are enjoying the new additions to our walls!



Young Writers Published!

We're delighted to report that five of our young writers have been recognised for publication in the latest adrenaline fuelled Young Writer's competition! The stimulus for the writers to respond to in this competition was 'fight or flight', and we're very pleased to congratulate Amelia, Hannah, Naila, Ellie-Mae and Sasha. Very well done!



St Julie's Students Secure Prestigious Oxford Residential Placements

We are delighted to share the fantastic news that three of our Year 12 students - Holly, Hannah, and Ruby - have successfully secured places on an exclusive Oxford University residential, arranged through the Liverpool Aspire programme. This remarkable

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The Liverpool Aspire programme is a prestigious initiative designed to support high-achieving students from the Liverpool City Region in accessing opportunities at top universities. Established to promote social mobility and raise aspirations, the programme works closely with Oxford University to offer students first-hand experiences of higher education at one of the world's leading institutions. Through mentorship, academic enrichment, and immersive residential experiences, Liverpool Aspire empowers students to pursue their academic dreams and break down barriers to elite university education.

Holly will be taking part in the Language and Literature residential, where she will explore linguistic analysis, literary theory, and creative writing workshops. Meanwhile, Hannah and Ruby will attend the Chemistry and Biochemistry residential, engaging in hands-on laboratory research, lectures from leading scientists, and discussions on cutting-edge advancements in their fields. This opportunity will allow all three students to gain invaluable insight into university-level study, experience life on campus, and develop the skills and confidence needed for future academic success.

At St Julie's, we are immensely proud of our commitment to encouraging young women to pursue STEM (Science, Technology, Engineering, and Mathematics) careers. We continue to challenge stereotypes and champion the achievements of our students in these fields. Each year, STEM-related subjects remain the most popular university destinations for our Year 13 students, demonstrating our dedication to fostering a passion for science and innovation among our young women.

We are incredibly proud of Holly, Hannah, and Ruby for securing these prestigious places and representing St Julie's at Oxford University. Their success serves as an inspiration to all our students, proving that with determination and ambition, anything is possible. We wish them the very best for their time at Oxford and look forward to hearing about their experiences!



Voice Acting for Year 8! Over the last 10 weeks, Ariel Trust have been working with Year 8 drama students on a project for developing skills for a healthy relationship. The script, that students have helped produce, has now been turned into an animation that will be released as a learning resource to Merseyside schools. Molly and Daisy were lucky enough to be asked to be the voices of two of the characters in the animation. Today they attended a recording session where they got to work with the team and other recording artists to bring their characters to life. We're looking forward to hearing Molly and Daisy in action soon!



PM Registration Consultation Outcome

Please <u>click here to read a letter</u> <u>from the Headteacher</u> outlining the outcome of the recent consultation to proposed changes in PM registration.

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STEM Experiences At Liverpool Hope

Shortly before half term, a group of our Maths, Science and Creative Imedia students attended Hope University for intensive STEM sessions and lectures. The students enjoyed lectures and workshops before turning their hands to some practical work that included programming and algebra. Whilst on campus the students also had a great chance to experience a taste of university life!



National Careers Week

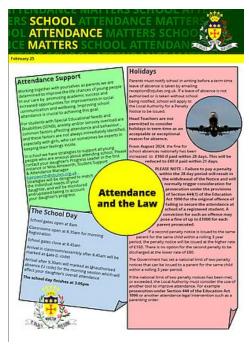
National Careers Week is 3rd – 8th March 2025. During this week a range of activities will take place and a variety of guest speakers and St Julie's alumni will share their career experiences with students. Lesson activities throughout the week will also have a careers focus in order that students are signposted to possible career pathways can link classroom learning to the world of work. A BBC Bitesize guide on supporting your teen with their career <u>can be</u> found here.

An article from the National Careers Service about helping young people make career decisions <u>can be</u> found here.



Take Off At STEM Club!

It was 'go for launch' at STEM club on Thursday as students explored the wonderful world of aerodynamics! Under starters orders from Mrs McCourt, students launched paper rockets of their own design by both air thrust through a straw and hand launching. The variation in performance was remarkable, and we'd like offer congratulations to our prize winners!



School Attendance Newsletter: Attendance

and the Law

The latest copy of our attendance focussed newsletter was circulated to parents this week by email. You can <u>find a copy right here</u>!

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Welcome To Wrexham

This week we welcomed Ben Kibble from Wrexham University in to talk to students about a regional institution that they may not be familiar with. Ben spoke to Year 12 students in assembly this morning about what Wrexham University can offer to students across a breadth of courses. He then spoke to Biology students about STEM courses, giving general advice and insights and then some specific details about opportunities at Wrexham. Thanks to Ben for making the time to come in and speak to us.



A Well Drilled Evacuation!

On Thursday this week we ran one of our regular planned fire evacuation drills, and the students rose to the occasion impressively, with a very calm and well ordered evacuation. Well done to all of our students and fire marshals for an excellent drill.



Netballers Perform Well At Archbishop Blanch

Congratulations to the Year 7, Year 8 and Year 9 Netball Teams who played great matches at Archbishop Blanch in the last week of half term. The players had successful games all round with some amazing sportsmanship, respect, skills and talent showcased.

100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.

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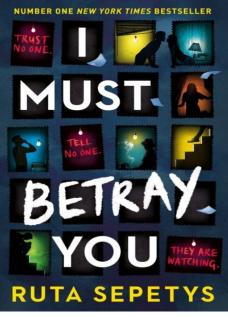
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SEND Homework Club

We've introduced a homework club specifically for our students with SEND needs. Students in KS3 are welcome on Mondays from 3:15-4:00pm and students in KS4 are welcome on Wednesdays at the same time. The club is based in the Stars room and students are welcome to just turn up on the appropriate day!



Recommended Read for

March

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'I Must Betray You' by Ruta Sepetys.

Cristian has lived his entire life in the grip of a repressive dictatorship. The country is governed by fear. When the secret police blackmail him, Cristian has an impossible choice. Save the life of his sick grandfather by informing on his family, or risk his life - and all of theirs - by resisting? At 17, Cristian dreams of being free but doesn't know where to turn. In this climate of constant suspicion, can he trust his best friend, his girlfriend or even his family?

Closely based on the real events of the Romanian Revolution of 1989, this is a powerful, heart-breaking thriller from the author of Salt to the Sea, winner of the Carnegie Medal.



Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can <u>fill in the</u> registration form here.

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.

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Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm Alternatively, you can email your concern to seniss@liverpool.gov.uk Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies. Monday to Friday: 9am – 4.30pm Alternatively, you can email your concern to

epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854 Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm Alternatively, you can email your concern to

ASDtrainingteam@liverpool.gov.uk Children's Occupational Therapy Service

Please contact the Children's https://learnliveuk.com/network-railsecondary-school-safetytalk/Occupational Therapist who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk **Liverpool Sensory Service** Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

sensoryservice@liverpool.gov.uk

Hub Of Hope

The Hub of Hope is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

Action for Children Parent Chat is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are <u>more</u> details available here.

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Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of <u>local and national</u> <u>helplines</u>, including a vital resource for adults <u>'#lt's</u> <u>abuse'</u>.
- The <u>Bright Sky app</u> is an excellent resource for victims of domestic abuse.
- The <u>Hideout</u> resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the <u>safeguarding@stjulies.org.uk</u> email address being the best way to make contact out of hours. **RASA (Rape and Sexual Abuse)**

Merseyside is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email

referrals@rasamerseyside.org or visit our website www.rasamerseyside.org

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550 They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety

Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35 Phone: 0800 58 58 58 (daily 5pmmidnight)

Mental Health Foundation – support for mental health concerns https://www.mentalhealth.org.uk/

MIND – Meeting mental health needs Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout Immediate support by text for people of all ages. https://giveusashout.org/ Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team Phone:0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm -10.00pm, weekends, 2.00pm-5.00pm) Rethink Mental Illness – supporting mental health all ages. Phone:0300 5000 927 (Mon -Fri, 9.30am-4.00pm) Samaritans – supporting those experiencing feelings of despair Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, <u>available here</u>, gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit

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Resources for Parents in Knowsley

Addvanced Solutions: 0151 486 1788 Listening Ear: St Nicholas Centre, 70 Church Road, Halewood, L26 6LB 0151 488 6648

Children in care (under 18?) Polaris Knowsley.EHWB@coreassets.com 07967 381 035

Knowsley CAMHS 0151 351 8610

<u>Kooth</u>

Mental Health Support Teams

Zuntold

Domestic Abuse <u>Merseyside Domestic Violence</u> <u>Service</u>0780 272 2703 mdvs.org

Ruby Project ruby@pss.org.uk

Family support Family First

Knowsley Family Info

PSS Prisoner Family Service

Lee Cooper Foundation

Healthy Knowsley