# St. Julie's Catholic High School Weekly Newsletter

Week Beginning 3rd June 2024

### Forthcoming Dates for your Diary

3<sup>rd</sup> June

Year 7 to 12 students return to school

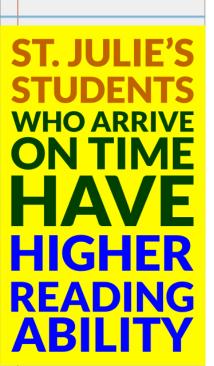
6th June

Year 8 Options Information Evening

13<sup>th</sup> June

Year 8 Parents

Evening











#### **Farewell Year 13!**

There were tears all round this afternoon as our most senior students reflected on their time at St. Julie's at the Leavers' Mass, celebrated this year by Fr. Ed and led by guest Chaplain Mr. Anderson. Following tradition, the service incorporated the ceremonial exchange of robes as we usher in our new 1804 Society. Whilst all of our students must inevitably leave St Julie's, we hope that St. Julie's never leaves them! Read more and see photos here.



# Experiencing Village Life at the Bronte Museum

On Friday 10th and 17th May, our entire Year 7 group participated in the English Department's annual expedition to The Bronte Parsonage Museum in Haworth, Yorkshire. On the trip, the students immersed themselves in fascinating world of Charlotte Bronte - the author of Jane Eyre - and her famous sisters. Read more here!



#### Girls On The Go!

The Business Studies department welcomed local entrepreneurs Steph and Caitlin from 'Girls on the Go' this week. Originally a running club, GOTG has evolved into an events organiser and wellness club, focusing on fostering friendships among women in the UK. The girls came in to deliver a presentation to our students about the logistics and challenges faced when starting a

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Social Sciences and
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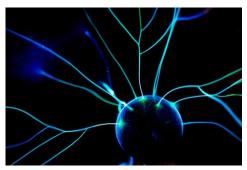
Art and Technology: Mrs A

SENDCo: Miss S Jackson

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business. Year 10 students were able to get advice, ask insightful questions and apply the knowledge they have learnt in the classroom to real life situations. It was an enjoyable experience for all involved and Girls on the Go would like to help our students get some valuable work experience in the future.



#### **Year 11 Masterclasses**

One of several initiatives for student support during the exam season is a series of masterclasses that run throughout the entire season for students in Year 11. A copy of the entire schedule is <u>available for parents here</u>, and we return after Half Term into week 4 on the schedule.



### Years 8 and 9 Contest Interform Rounders

Congratulations to all of players chosen to represent their forms in the Interform Rounders Contests played this week. The games were good natured and competitively played, representing the best values of sportsmanship.

### Half Term Drop In Sessions with Mental Health Practitioner

Dr Adams-White, mental health practitioner, will be onsite on Thursday 30<sup>th</sup> May during half term

for student wellbeing drop ins. Drop ins will be available from 9am - 1pm.



### St Julie's Student Cast in CBBC Drama

Congratulations to Yasmin in Year 9 who has been cast in a CBBC drama 'Jamie Johnson'. Yasmin in due to start filming in Leeds at the end of June. This is a fantastic achievement and we can't wait to tune in to watch!



### **1804 Society Inaugurated**

As part of our Year 13 Leavers' Ceremony we complete the exchange of robes – the moment when our incumbent 1804 Society members transfer their responsibilities to the new society members. We wish our new members the very best of luck a they go forward in their new roles.

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### Basketballer Makes Sweep At Club Awards Night

Congratulations to Emily in Year 8 who, whilst previously celebrated in these pages for her football goalkeeping heroics, is enjoying an incredible season as a basketball player. She played in the Aspire Programme's Inter Regional tournament representing the North West, which is a development pathway by Basketball England that can pave the way to international competition. At her team presentation night Emily collected five awards: U16 most improved, U16 Team Mate of the Year, U14 Players' Player, U14 Defensive player of the year and the flagship award – all star team player of the year! We are looking forward to watching her progress next season!



### League and Cup Double for Whiston JFC Under 13s!

Congratulations to our four players from Whiston JFC U13s who have finished the season with a league and cup double! The team finished the season by winning the league with an invincible unbeaten run that saw a staggering +121 season goal difference and have followed up that success by clinching the WGFL Alf Holt Cup this weekend.

Congratulations to Grace, Alice, Rowan and Millie as well as all of their team mates from other schools on their phenomenal season.



# Year 13 Enjoy Leavers' Lunch Buffet

Some unfortunate examination timetabling meant that our traditional Leavers' breakfast banquet couldn't take place, and instead students in Year 13 celebrated their last day together as a Year Group with a marvellous lunch buffet, with Miss Jones and the Catering Team pulling out all the stops to prepare a feast for all to enjoy.



#### **Register As An Alumnus**

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can fill in the registration form here.

### Updated Antibullying Policy

Governors have recently approved a revised Antibullying Policy available in both <u>detailed</u> and '<u>student friendly</u>' version. Both versions are also available on our website.

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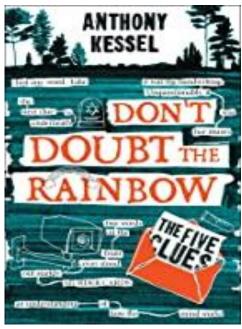
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#### **Year 8 Options Evening**

On Thursday 06 June 2024 from 5pm to 7pm there will be a presentation in the Dorothy Stang Theatre at 5.45pm and again at 6.15pm for pupils in Year 8 and their parent/carers. During the presentation we will explain the Key Stage 4 curriculum, the options process and the subjects on offer. The rest of the evening will consist of a subject marketplace in the sports hall, where pupils and parents will have the opportunity to hear more about the courses on offer at Kev Stage 4 from specialist subject staff. Parents of students in Year 8 should have received a copy of this letter, which includes a reply slip.



### Recommended Read for June

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'The Five Clues' by Anthony Kessel.

Walking back from her mother's grave, 13-year-old schoolgirl Edie Marble finds a note in a pocket of the sheepskin coat that she hasn't worn since the day, a year earlier. when she received the awful news of her mother's death. The note is from her mother, who had been looking into a corporate human rights violation and had become fearful for her life after receiving death threats. She trusts only Edie because of their special bond and Edie's intelligence – and has laid a trail of clues for Edie to find that will help her to shed light on the violation and uncover the mystery around her death.

Through her wit and determination, Edie steadily gathers evidence and negotiates the dramatic twists and turns of the story by collaborating with her friends and family to gradually unearth a sinister attempt by a pharmaceutical company to conceal their illegal development of a lethal virus.

### Year 10 Chemistry Revision Sessions

The planned day for Year 10 Chemistry revision sessions with Mrs Jones has moved from Tuesday to Wednesday. Revised dates and topics are below:

Date	Topic
5/6/2024	Metallic Bonding
12/6/2024	Balancing equations
19/6/2024	Relative formula mass
26/6/2024	Moles- Higher
3/7/2024	Limiting Reactants- Higher
10/7/2024	Concentration of solutions

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# Applications for Sixth Form Now Open!

The application window for students wishing to enrol at St. Julie's Sixth Form in September 2024 is now open. Students currently attending St Julie's can apply here, and external candidates can apply here.

#### **Dangerous parking**

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



# Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries

and is available 9am - 5pm weekdays.

You can contact the service on **0151 233 3916**.

#### **SENISS Helpline: 07591837693**

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm Alternatively, you can email your concern to seniss@liverpool.gov.uk

### Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm Alternatively, you can email your concern to

epsadmin@liverpool.gov.uk

#### **ASD Training Team:**

07522800193/07515501854 Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm Alternatively, you can email your concern to

# ASDtrainingteam@liverpool.gov.uk Children's Occupational Therapy Service

Please contact the Children's https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

sensoryservice@liverpool.gov.uk

### **Hub Of Hope**

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The Hub of Hope is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

#### **Parent Chat Live**

Action for Children Parent Chat is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

### **Liverpool Citizens Support Scheme**

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are more details available here.

#### **Domestic Abuse:**

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

 Merseyside Police provide a range of <u>local and national</u> <u>helplines</u>, including a vital

- resource for adults <u>'#lt's</u> abuse'.
- The <u>Bright Sky app</u> is an excellent resource for victims of domestic abuse.
- The <u>Hideout</u> resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the <a href="mailto:safeguarding@stjulies.org.uk">safeguarding@stjulies.org.uk</a> email address being the best way to make contact out of hours.

#### **Mental Well-being Support**

Children and young people, parents and carers in crisis can call the Alder Hey CAMHS crisis care line 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550 They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

**Anxiety UK –** Charity providing support if you have been diagnosed with anxiety

Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35 Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns <a href="https://www.mentalhealth.org.uk/">https://www.mentalhealth.org.uk/</a>

MIND – Meeting mental health needs Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD Phone: 0844967 4848 (daily 10.00am-10.00pm)

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Give Us A Shout Immediate support by text for people of all ages. https://giveusashout.org/

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#### Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team
Phone:0800 068 4141 (Mon – Fri,
10.00am – 5.00pm, 7.00pm 10.00pm, weekends, 2.00pm5.00pm)
Rethink Mental Illness – supporting
mental health all ages.
Phone:0300 5000 927 (Mon -Fri,
9.30am-4.00pm)
Samaritans – supporting those
experiencing feelings of despair
Phone: 116 123 (free 24 hour
helpline)

#### **Kooth Guidance for Adults**

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, available here, gives more information about the kinds of services that young people can access and explains about how the system works.

### Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers at home at no cost. You can find out more about how to complete the installation in this remote learning guide.