St. Julie's Catholic High School Weekly Newsletter

Week Beginning 3rd November 2025

Forthcoming Dates for your Diary

3rd November Students return to school after half term break

6th November Year 8 Residential retreat to Savio House

27th November Year 7 Parents' Evening 3:45-6:00pm







Singers Shine at Open Mic Night!

Saint Julie's Open Mic Night never fails to delight! The event on Tuesday evening was a mammoth one with 36 performances from bands and vocalists across the age range. The performers were all amazing and were greeted with great applause and whoops by a packed house who really appreciated the range of musical talent and effort which went into the event. The performers clearly enjoyed the experience. Read more and check out the photos here!



Operation Banger Winners

Congratulations to the three winners of our 'Operation Banger' safety poster design competition!
Operation Banger is a multiagency operation of education and advice appropriate to Halloween and Bonfire Night. Our competition was to design a poster promoting key messages from the campaign in an appealing way. Congratulations to Aurelia, Katy and Scarlett!



Mathematicians Earn UKMT Bronze Awards

Our talented A-Level Mathematics students recently took part in the UKMT Senior Maths Challenge, a prestigious national competition designed to test problem-solving and logical reasoning skills. We are delighted to announce that five of our students achieved Bronze Awards, an impressive accomplishment in such a

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SENDCo: Miss S Jackson
Safeguarding: Safeguarding
Team

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challenging competition. Their success reflects not only their mathematical ability but also their commitment, perseverance, and enthusiasm for the subject. The Senior Maths Challenge encourages students to think creatively and apply mathematical concepts in unfamiliar contexts - skills that are essential for success in further study and future careers. Congratulations to all participants, and to our Bronze Award winners: Wenxi (best in school), Lottie, Amy, Patsy and Orla!



Year 8 Swimmer Smashes

Fundraising Target!

Congratulations to Grace in Year 8 who is currently at nearly 300% of her distance target on a sponsored swim for Great Ormond Street Hospital, race is a keen swimmer, competing regularly for Garston and representing Liverpool in national competitions. When she heard about the sponsored swim for the internationally acclaimed children's hospital she thought it was a great way to use her talents in a positive and charitable way. Her target was to swim 8km during October, and she's already over a massive 22km and still going! She's not only smashed her distance target, but reached and exceeded her very ambitious £500 funding target Well done to Grace on a fantastic fundraising effort and we wish her every success as she continues with her swim!



Maths Circles

This year we are successfully running two Maths Circles which follow the Axiom Maths Programme. Axiom Maths circles is an enrichment programme which challenges pupils to grapple with Maths problems beyond the school curriculum. The programme is designed to encourage pupils to become adventurous, articulate and accepting Mathematicians. We currently run a Year 10 group on a Wednesday and a new Year 7 group on a Monday. This year, we have also been lucky enough to sign up to the Junior Ambassador Programme through Axiom which has allowed us to train some of our Sixth form students to be mentors within our Year 7 cohort circle. All of our Junior Ambassadors are Maths A Level students and 5 out of the 6 ambassadors all completed the full Maths Circles programme themselves in Years 7-11. The circles are designed to allow the pupils to excel in new areas of Mathematics in a nurturing environment, that also creates a sense of community. The idea is to do challenging, but satisfying Maths and enjoy the buzz of solving problems with friends! This half term the Year 10 group have been looking at problems around Directed Networks and Geometry Transformations. The Year 7 group (who have only recently started) are focusing on how to become Adventurous, Articulate and Accepting through some Number based problems. Each week we see the pupils progressing and becoming more

confident in their own abilities!













Battle of the Bands was the second of our two musical events this week and it saw musicians from schools across the city showcasing their talents while united in music!



















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Extra Curricular Timetable

The schedule of extra curricular activities for half term two is now published and available on our website. You can <u>find a copy here</u>.



Green Library Week

From Monday 27 October until Sunday 2 November it's Green Libraries Week, and to celebrate, our Reading Ambassadors have been busy creating this beautiful display. On offer are a selection of fiction and non-fiction titles from our library, linked to topics such as sustainability, the environment and climate change. The Ambassadors spent time curating books that had recycled pages, and borrowing and recycling materials for display. "Going green isn't about the size of the action you take, but that any action can make a difference for the environment". (Libraries week, CILIP)



Congratulations to Attendance Winners

Well done to our winners in Year 8 during our attendance focus week.

Our winning form was 8 Therese and their prize was collected by their Form Captain. Further winners were drawn by lottery from among our huge pool of students with 100% attendance. Well done to all of our winners.



Year 9 Parents' Evening

Thank you to all of the parents and carers who joined us on Thursday evening for our Year 9 Parents' Evening. The event was a great chance for parents to meet staff and discuss student progress, whilst our Year 9 learners found out about their all important option allocations. We hope our visitors found the evening helpful and informative.



Textiles Students

Showcase Design Skills

Students in Year 9 Textiles recently took part in an house competition to create a 3D dress, with fabulous results! The students did a fantastic job combining the many design skills they have developed over the half term into wonderfully formed pieces. Well done to all of the contestants for some remarkable work.

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Cup Exit for U13s

Our U13 football team has bowed out of the English Schools' Cup in the second round following a hard fought loss to Wirral Grammar. A brutal first half saw our players 4-0 down at the interval, but they rallied tremendously and fought hard to spearhead a comeback. Goals from Charlotte and Anya sadly didn't prove enough, and Wirral Grammar progressed with a convincing 5-2 score. Despite exiting the cup competitions the team are looking forward to contesting more competitions after half term.



Battle of the Bands!

Wednesday evening saw the second of the back to back musical extravaganzas in our theatre as it turned into a competitive arena for battle of the bands!

The atmosphere was electric as the crowds roared, cheered, clapped and sang along with every single one of the amazing bands as they strutted their stuff to a packed house. What was extra special was the fact that their supporters cheered every other band – not just their own. The bands came from our own school together with bands from Calderstones, Cardinal Heenan, Childwall, King David, Saint Margaret's and West Derby. It was a fabulous night and the wealth of talent was truly amazing. A special bonus was the presence of

three professional musicians who are all ex-students at Saint Julie's -Evie, Anna and Tilly. It was so lovely to see them all again – truly inspirational young women who are perfect role-models for the musicians who took part - and those who supported them. Nobody envied them their task of judging the bands on the night. They said themselves that all the musicians were so talented and gave some really professional performances. At the end of the day, of course, there could only be one winner. The winners of Battle of The Bands, 2025 were the students from Cardinal Heenan and the runners-up were from Saint Margaret's. A huge congratulations go to the winning bands and to everyone who performed on the night. The future of live music on Mersevside is looking bright!



Army Experience Day – October 30th

Are you interested in a career in the Army's Royal Logistics Core? If you wonder what this branch of the army is and are interested, check out this free event at Altcar Training Camp next Thursday, 30th October. The event is free and comes with lunch. Please note that if you are under 18, a parent, carer or guardian must go with you. If you are interested, please click here to register.

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Archdiocesan Prize Christmas Card Competition

This year the Archdiocese of Liverpool are running a Christmas Card competition with a £50 Amazon voucher up for grabs! The design needs to have a religious element and have some reference to the Jubilee Year of Hope. It's a tight deadline though – entries need to be submitted by Thursday 6th November. Students can ask Mrs Bell for more details.



Responsible Parking

Please click here to read a copy of a letter circulated by Mrs McCourt last week referring to parking and stopping whilst picking up and dropping off students.



Amazing Apprenticeship Webinars Throughout the year Amazing Apprenticeships runs a series of webinars for different audiences looking at different industry sectors. In November there's a few webinars about apprenticeship opportunities and another on understand T-Levels. You can find out more here.



Much Woolton Catholic Primary Open Evening

Our colleagues at Much Woolton Catholic Primary school are hosting some open evening events on Tuesday 4th and Thursday 6th November. Prebooking with the school is required and can be completed by phoning 0151 428 6114. If you have friends or family who may be interested do please let them know.

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Healthy Schools and Controlling Infection

As we enter the period of seasonal illnesses we're working hard as a school to manage infectious diseases within the school community and following relevant guidelines. You can help to keep your child healthy by considering this government advice. Most mild illnesses - such as a runny nose, sore throat, or slight cough - do not require time off school, unless your child has a temperature. There's more guidance on that here. It's always helpful to book medical appointments outside of school hours where possible. Where this isn't possible, they should bring their child to school before, and return after, if they are well enough. Pupils can attend appointments in their school uniform.

Vaccinations are a key line of defence against flu and other preventable illnesses. When children and young people receive all the recommended vaccines in the national immunisation programme, it helps protect their health and support the wellbeing of the whole school community. School Age Immunisation Services (SAIS), commissioned by NHS England, deliver these free vaccinations in schools. This autumn, all school children in England (from reception to year 11) will be offered a flu vaccination at school. There's more information about vaccination programmes in secondary schools here.



Punctuality Procedures at St Julie's

At St Julie's, we believe punctuality is crucial for a successful and positive school day. Arriving on time ensures every pupil is ready to learn and minimises disruption for all.

Why Is Punctuality So Important?

- Sets good routines for life
- Ensures no learning is missed
- Minimises disruption for others You can read our <u>punctuality</u> <u>procedures in detail here</u>.

100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.

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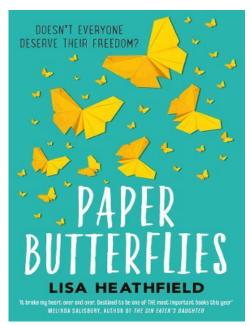
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Recommended Read for October

If you're stuck for reading inspiration why not take a look at our recommended read? This year's recommended reads are all coming from our students, and Lucy's recommendation for October is 'Paper Butterflies' by Lisa Heathfield.

Paper Butterflies

June's life at home with her stepmother and stepsister is a dark one—and a secret one. She is trapped like a butterfly in a net.

But then June meets Blister, a boy in the woods. In him she recognises the tiniest glimmer of hope that perhaps she can find a way to fly far, far away from her home and be free. Because every creature in this world deserves their freedom... But at what price?



Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can fill in the registration form here.

Dangerous parking

Please can all parents be reminded not to park on double vellow lines. zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693 If your child has special educational needs and you are wanting to know more on how to support their

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learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm Alternatively, you can email your concern to

epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854 Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm Alternatively, you can email your

ASDtrainingteam@liverpool.gov.uk Children's Occupational Therapy Service

Please contact the Children's https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk

Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

sensoryservice@liverpool.gov.uk

Hub Of Hope

The Hub of Hope is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

Action for Children Parent Chat is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are more details available here.

Neglect

Everyone deserves to feel safe, cared for, and to have their basic needs met. Being taken care of means that someone is giving us what we need physically and emotionally, as well as making sure individuals are getting an education and access to things like the doctor when needed. If you are struggling; or you think someone you know is being neglected, then it's important to get support. Click here Neglect Childline to learn more about accessing support; the types of support you could access. This page contains a contact number: 0800 1111; a contact form and offers different ways of obtaining help including a 1-2-1 chat with a counsellor Get Support | Childline

Young Carers Support

Barnardo's Action with Young Carers offers assessments and

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support for young carers. You can find out more from their information leaflet or at the website.

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of local and national helplines, including a vital resource for adults '#lt's abuse'.
- The Bright Sky app is an excellent resource for victims of domestic abuse.
- The Hideout resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

RASA (Rape and Sexual Abuse) Merseyside is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email

referrals@rasamerseyside.org or visit our website www.rasamerseyside.org

Mental Well-being Support

Children and young people, parents and carers in crisis can call the Alder Hey CAMHS crisis care line 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550 They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety

Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35 Phone: 0800 58 58 58 (daily 5pmmidnight)

Mental Health Foundation – support for mental health concerns https://www.mentalhealth.org.uk/

MIND – Meeting mental health needs Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout Immediate support by text for people of all ages. https://giveusashout.org/

Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team Phone:0800 068 4141 (Mon - Fri, 10.00am - 5.00pm, 7.00pm -10.00pm, weekends, 2.00pm-5.00pm) Rethink Mental Illness – supporting mental health all ages. Phone:0300 5000 927 (Mon -Fri,

9.30am-4.00pm) Samaritans – supporting those experiencing feelings of despair Phone: 116 123 (free 24 hour

helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, available here, gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five

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computers or mobile devices at home at no cost. Students can visit https://www.office.com and sign in using their school email address and password and then look for the 'Install and more' option.

Resources for Parents in Knowsley

Addvanced Solutions: 0151 486 1788 Listening Ear: St Nicholas Centre, 70 Church Road, Halewood, L26 6LB 0151 488 6648

Children in care (under 18?) Polaris Knowsley.EHWB@coreassets.com 07967 381 035

Knowsley CAMHS 0151 351 8610

Kooth

Mental Health Support Teams

Zuntold

Domestic Abuse Merseyside Domestic Violence Service 0780 272 2703 mdvs.org

Ruby Project ruby@pss.org.uk

Family support Family First

Knowsley Family Info

PSS Prisoner Family Service

Lee Cooper Foundation

Healthy Knowsley