



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 4th March 2024

Forthcoming Dates for your Diary

4th March
National Careers Week

7th March
World Book Day



St Julie's Welcomes Team from Catholic Schools Inspectorate

This week we have welcomed in a team of inspectors from the Catholic Schools Inspectorate, led by Alison Rigby, who are conducting an inspection which is both a diocesan and a statutory responsibility. The purpose of inspection is to report to and advise the bishop on the quality of the Catholic life and mission of the school, of religious education and of collective worship. Inspectors observed lessons, visited acts of collective worship and spoke to staff and students. We look forward to bringing you their findings in due course.



Cross Country at Sefton Park

Well done to all of the Year 7 and 9 runners who participated in the cross-country race at Sefton Park on Wednesday! The commitment, resilience and dedication shown was a credit to the school and every individual involved.



Students Sharpen Skills at 'Edward Scissorhands'

Last week St Julie's Dance students were wowed by Matthew Bourne's ballet, 'Edward Scissorhands', performed at the Liverpool Empire. Based on the classic Tim Burton movie, the students were impressed with the intricate choreography and outstanding storytelling as they

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STUDENTS
WHO ARRIVE
ON TIME
HAVE
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Why not visit our Websites?

[St. Julie's Main Website](#)

[Chaplaincy Website](#)

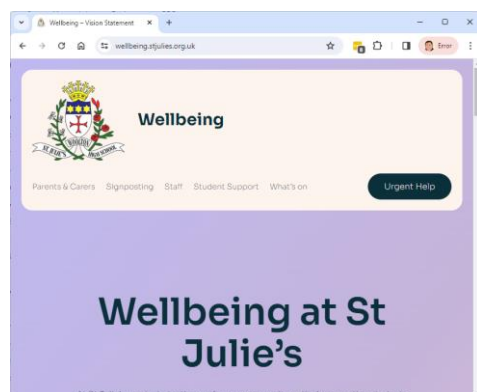
Chaplaincy Instagram:

stjulies125

[Wellbeing Website](#)

[Careers Website](#)

watched the bittersweet story of an incomplete boy left alone in a strange new world. Students are looking forward to exploring Bourne's work further in lessons this half term.



Wellbeing Website Launches!

We would like to introduce our [new website dedicated to wellbeing](#) at St Julies. This page will be regularly updated with information, resources and signposting. If you have any ideas of what you would like to see on the website please contact Dr Adams-White.

<https://wellbeing.stjulies.org.uk/>



Parent Governor Elections

Earlier this week you will have received an email about Parent Governor elections and the restarting of the election process. Please register your vote by 9am on Tuesday 12th March.



Live simply, sustainably and in solidarity

One of our Live Simply pledges is to support CAFOD's BIG LENT WALK.

St Julie's are aiming to walk 200km to raise money to help the environment. This Lent, CAFOD is supporting families with the skills and tools they've asked for to fight the climate crisis.

You can sign up yourself or support us by donating on our school's [Just Giving Page](#).



Notice from Merseyside Police

According to local news reports the 'Woolton Convenience Store' next to Woolton Post Office was instructed to close on Tuesday of this week due to the distribution of vapes to children and young people under the age of 18. We will continue to monitor the situation.

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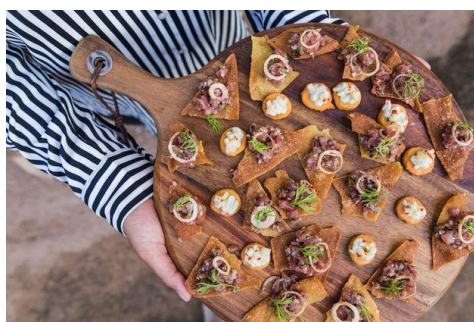
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Measles Information

We've been asked to circulate some important information about measles and available vaccines to our parents. We've collected the leaflets into a single file that [you can download here](#).



A Level Taster Sessions

Our A Level taster session programme has begun, allowing students to get a flavour of what an A level lesson feels like. The schedule is below, and all sessions take place in the associated department area.

Thursday 7th March 2024	History and Politics
Thursday 15th March 2024	Geography and Tourism



AQA GCSE Citizenship

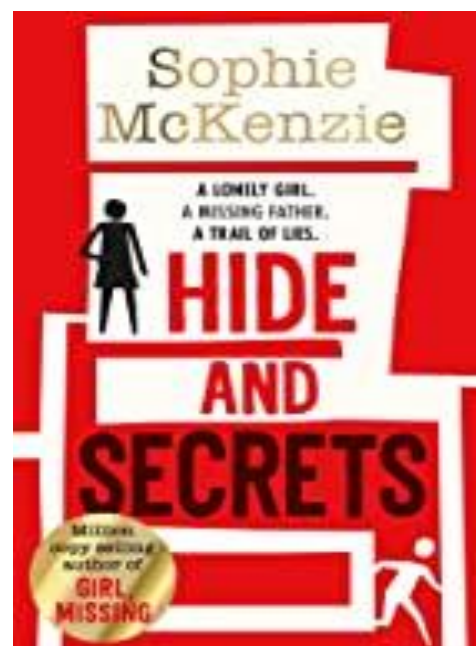
Over the last few months, we have reviewed the KS4 curriculum offer to ensure that students can continue to develop their cross-curricular knowledge and critical thinking skills. As a result, we would like to introduce a new GCSE

qualification for current Year 8 and 9 students. You can find out more about this new qualification in [this letter](#), circulated by Mrs McCourt this week.



Applications for Sixth Form Now Open!

The application window for students wishing to enrol at St. Julie's Sixth Form in September 2024 is now open. Students currently attending St Julie's can [apply here](#), and external candidates can [apply here](#).



Recommended Read for March

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'Hide and Secrets' by Sophie McKenzie.

A lonely girl, a missing father and a trail of lies . . . From the million-copy bestselling author of Girl, Missing, comes a blockbuster teen thriller that will have you looking for answers round every

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corner.

Fourteen-year-old Cat is lonely - reeling from the loss of her father, she's disconnected from friends and fighting with her mum. But when a new boy, Tyler, arrives for the summer, Cat finds herself opening up to the handsome stranger. A shocking revelation about her dad turns Cat's world on its head. She and Tyler uncover a series of secrets that take them on a perilous journey. With fresh lies exposed and threats from a dangerous gang revealed, will Cat risk everything to keep herself and her family safe?

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays.

You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday:

9am – 4pm, Friday: 9am – 12pm

Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm

Alternatively, you can email your concern to

epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854

Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm

Alternatively, you can email your concern to

ASDtrainingteam@liverpool.gov.uk

Children's Occupational Therapy Service

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk

Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

sensoryservice@liverpool.gov.uk

Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national,

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peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults ['#It's abuse'](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.

- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety
Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk>

MIND – Meeting mental health needs
Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD
Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout
Immediate support by text for people of all ages.
<https://giveusashout.org/>
Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team
Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm -

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10.00pm, weekends, 2.00pm-5.00pm)

Rethink Mental Illness – supporting mental health all ages.

Phone:0300 5000 927 (Mon -Fri, 9.30am-4.00pm)

Samaritans – supporting those experiencing feelings of despair

Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365

Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers at home at no cost. You can find out more about how to complete the installation in this [remote learning guide](#).