



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 4th October 2021

Forthcoming Dates for your Diary

5th October
World Teacher Day

15th October
UCAS early application date

Throughout October
Black History Month

ADHD Awareness Month



Curtain Up for Year 13 Drama

It was marvellous to hear the laughter of a live audience for the exam performance of Year 13's devised drama piece "The Six Stevies". The riotous comedy saw some hilarious twists on the gangster genre as a motley crew come together to execute a high profile heist following an instructional guide to being a criminal left by the late Fernando! Congratulations to the students for developing and performing such an entertaining piece. [See the pics here!](#)



Revision Support Guide

Parents and Carers of students in Years 9, 10 and 11 will soon receive in the post a pack that will support you in supporting your child through Key Stage 4 and eventually GCSE examinations. We've also prepared a presentation to help guide you through this time with your child. You can [see that right here](#).



Meet the 1804 Society!

Why not take a moment to get acquainted with the members of this Year's 1804 Society? We've collected some pen portraits of our society members to help you get to know them better. You can find them all in [the story on our website](#).

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[Barwise](#)

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Girls' Network Launches to Year 10

The prestigious Girls' Network Mentoring programme has launched this week with students in Year 10. It was a pleasure to welcome Amy Metcalfe from Girls' Network in to speak to our group of students in person, explaining the rationale and benefits of the programme, as well as giving students a taste of what to expect in the months ahead. We wish all of our mentees every success with the programme.



Parents Guides to Post 18

Currently, our Year 13 students are busy preparing their university and conservatoire applications. Each year we guide our students to securing places on a diverse range of courses at a number of exciting destinations, including Russell Group universities. Last year our students went on to study a whole host of courses from Medicine to Law; Literature to International Politics and Psychology to Software Engineering. [Click here](#) to access our Parents' Guide to applying to university and for a Guide to Post 18 pathways, [click here](#).

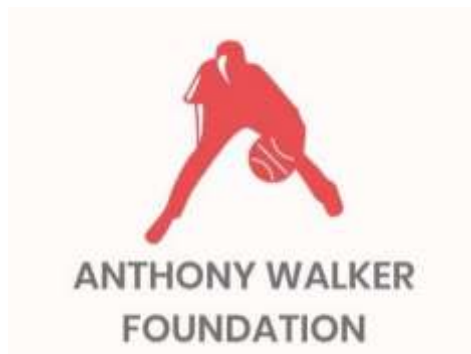
DfE and Ofqual Consultation

Ofqual and the Department for Education released guidance on the proposed changes to the assessment of GCSE, AS and A Levels in 2022. [Please click this link to access the report](#). Further communication will be sent home to parents over the next few weeks. We will continue to support your daughter and ensure that she can progress successfully to her next stage of education or employment.



Are You Set for an Optimistic October?

Why not use [this handy planner](#) to take some action for your wellbeing and have an optimistic October! Follow as many steps as you can and see if you feel happier.



Anthony Walker Foundation

See Me, Be Me is a campaign run by the **Anthony Walker Foundation** in partnership with **M&S Bank** which aims to profile leaders from Black and diverse communities. The idea came following the 2020 BLM movement sparking action around tackling racism and injustice. This project recognises the importance and value of young people from diverse

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communities and platforming individuals who look like them achieving their goals and leading positive lives. Dedicated masterclasses will be delivered in schools across the Liverpool City Region. These sessions will provide a comprehensive context to the **See Me Be Me** concept and a presentation by an industry leader and role model from the campaign - guiding students through their personal and professional journeys and offering advice on how to overcome obstacle. The presentation will be accompanied by a printed and digital PDF booklet filled with information on how young people can lead positive, successful lives.



National Tutoring Programme - Brilliant Tutoring Programme 2021-22

The Brilliant Tutoring Programme, run by The Brilliant Club, has been set up to support the national catch-up effort caused by school closures. The Brilliant Club is an approved National Tutoring partner through the National Tutoring Programme. The programme matches subject experts (PhD Tutors) to schools, to deliver 15 hours of tuition over 15 weeks. Tutors will liaise with your child's teachers to select the modules your daughter will cover in their 15-hour teaching block to ensure the course meets their individual needs. Students will be invited to attend this national programme throughout the academic year.



The Springboard Programme

The Springboard Programme is a scheme that involves free out of school workshops for young people aged 11-16, studying Black British history through the lens of music. Liverpool is a city known for its rich maritime history, culture and arts heritage. During the 18th century, Liverpool made about £300,000 a year from the slave trade. The slave trade was the backbone of the city's prosperity and the reinvestment of proceeds gave stimulus to trading and industrial development throughout the north-west of England and the Midlands. The Springboard Programme kicks off in Liverpool on Saturday 2nd October, and if you would like to attend you can find [more details here](#).



Introducing the newly formed 'Blossoms' Group!

'Blossoms' are a group of students who can help maintain the peaceful and prayerful environment of our school chapel by arranging and maintaining flower arrangements, changing banners and displays with the seasons and ensuring the chapel is a place of warmth and welcome for all. Seventeen students have volunteered so far and together with the chaplain, they will meet monthly to plan ahead and source the necessary materials and

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resources. They've already got some fantastic ideas!



Confirmation Candidates Continue Their Journey

Last weekend, Confirmation candidates from St. Julie's joined other young people from our pastoral area at SFX High School for their final Confirmation preparation session. Supported by clergy and parish volunteers, they attended a workshop with Angela from CAFOD about the Climate Change conference (COP26) due to take place in Glasgow in November and a workshop about the signs and symbols of the Sacrament of Confirmation with our school chaplain, Jo Wallace. The Confirmation services take place at St. Ambrose Church on 5th and 6th October, so please keep our young people in your prayers as they look forward to this milestone in their faith journey.

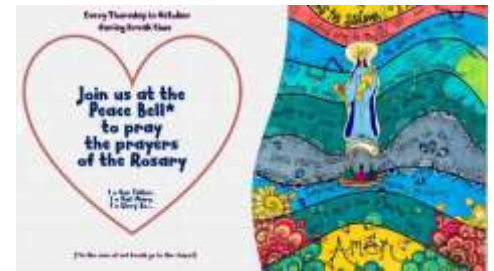


October Recommended Read

Our recommended read for October is 'Pig Heart Boy' by our author of the month, Malorie Blackman.

"You're thirteen. All you want is a normal life. But most normal kids don't need heart transplants. So there's this doctor. He says there's a chance for you. But he also says it's experimental, controversial and risky. And it's never been done before. Shortlisted for the Carnegie Medal, this is a powerful, thought-

provoking story from the award-winning Malorie Blackman."



October: Month of the Rosary

Traditionally, October is the month of the Rosary for the Catholic Church. Each Thursday break time during October, our Chaplain will ring the peace bell and gather students who wish to join her to say the Our Father, Hail Mary, Glory Be and Hail Holy Queen prayers to mark this month of the Rosary. In case of bad weather, we will gather in the chapel. Prayer sheets will be available or students are welcome to come and stand silently if they wish.

If you've never prayed the Rosary or have forgotten how to do it, this month is the perfect time to dig out those Rosary beads! An easy guide to praying one decade of the rosary is available from the Upholland pastoral area Youtube at <https://tinyurl.com/nthj3rmb>



Careers Updates

There's plenty of information for animal lovers in our updates this week, including details of an open event at Myerscough College, and some great resources about careers in horseracing! We've also got updated local labour information. You can find all the information, and more, on our [Careers Website](#).

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Free Webinar for Aspiring Medics

Aspiring medics might want to take advantage of a free online seminar from A* Tutoring taking place on Thursday 14th October from 7-8pm. Participants can expect:

- Tips on how to excel in a medical school interview
- Techniques for creating an outstanding personal statement
- Strategies to achieve top exam grades
- Professional knowledge on hot topics in medicine
- Reading recommendations to deepen medical knowledge

Places are limited and pre-registration is required. You can do that, and find out more, at <https://astartutoring.com/medical/>

Academic Calendar for 2021-22

A print friendly version of the Academic Calendar for 2021-22 has been published for parents and a copy is [available here](#). As you will be aware, events are sometimes subject to change and the most up to date version can always be found in the calendar on our website.

Curriculum 2021-22

Please [click here](#) for an overview of the whole-school curriculum.

KS3 Assessment 2021-22

Please [click here](#) for an overview of the KS3 Assessment Framework.

Remote Education

From September 2021 schools must continue to provide remote education for students who must self-isolate due to Covid-19. A copy

of the school policy on Remote Education can be [found here](#).



SEND Support Helplines

Helplines for Settings and Families In response to the current coronavirus pandemic, Liverpool Local Authority's SEND Support Services would like to offer advice and support to our settings and families during this difficult time.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday:

9am – 4pm, Friday: 9am – 12pm

Alternatively, you can email your

concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm

Alternatively, you can email your

concern to

epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854

Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm

Alternatively, you can email your

concern to

ASDtrainingteam@liverpool.gov.uk

Children's Occupational Therapy Service

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Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk

Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email sensoryservice@liverpool.gov.uk

Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse have increased during periods of lockdown. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults '[#It's abuse](#)'.
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety
Phone: 03444 775 774 (mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk>

MIND – Meeting mental health needs
Phone: 0300 123 3393 (mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD
Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout

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Immediate support by text for people of all ages.

<https://giveusashout.org/>

Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team
Phone:0800 068 4141 (mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm- 5.00pm)

Rethink Mental Illness – supporting mental health all ages.
Phone:0300 5000 927 (Mon -Fri, 9.30am-4.00pm)

Samaritans – supporting those experiencing feelings of despair
Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

Covid Reporting

Please continue to review the [information sent out each week in the bulletin](#) with regard to the importance of notifying school immediately if your child tests positive for COVID-19. Please continue to contact school in any of the normal ways - the main switchboard (0151 428 6421) during working hours; or reception@stjulies.org.uk or safeguarding@stjulies.org.uk for out of hours notifications. School have taken all reasonable steps to raise awareness of this. Thank you.

Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers at home at no cost. You can find out more about how to complete the installation in this [remote learning guide](#).



Covid-19 Information and Risk Assessment

All parent/carers can access the school's Covid-19 risk assessment [here](#).