



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 4th November 2024

Forthcoming Dates for your Diary

4th November
Students Return to School

25th November
Year 11 Mock Examinations Begin



Stars Shine At Open Mic Night!

The Performing Arts Department took a night off from rehearsals for the Christmas Production to showcase talent in a wonderful 'Open Mic' night! These concerts give a great opportunity for any student who wants to perform musically to do so in front of an audience, and this week's show saw fantastic performances delivering songs that the audience loved! We're delighted to say that the performers included some students making their debut on the St Julie's stage. Thank you to all of the performers and our enthusiastic audience!



Year 9 Parents' Evening

Thank you to all of the parents and carers who joined us on Thursday evening for our Year 9 Parents' Evening. The event was very well attended and we hope that everyone who came found value in being able to have a face to face conversation with teaching staff. Thank you for your continuing support.



Wear It Pink Day Raises Hundreds!

Thank you to the whole school community who raised £369.96 for Breast Cancer Now with donations on our 'Wear it Pink' day. [Breast Cancer Now](#) is Britain's largest breast cancer charity, aiming for a 100% survival rate by 2050. On Friday last week we invited staff and students to wear a pink accessory

**ST. JULIE'S
STUDENTS
WHO ARRIVE
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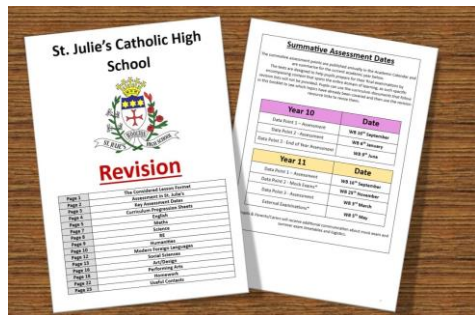
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and make a donation in support of the charity. Thank you to everybody who took part and helped raise the fantastic figure!



Key Stage 4 Revision Guide Launches

This week we launched a new revision guide aimed at students working across Key Stage 4. Evidence from pupil voice surveys has told us that learners have a willingness to revise but not all know what to revise or how to find suitable materials. To help address this we worked with a focus group of learners to design, test and refine a set of guidance materials that we have launched with Year 10 and 11 students in assemblies this week. You can [see a digital copy here](#).



Reading Session for Parents

This week we welcomed parents in to school for an information evening about the importance of reading, our strategies in school for encouraging, supporting and improving reading and identifying how support can be given at home. Mrs Gee led the session that explored:

- Rationale on why it is important to improve reading ability

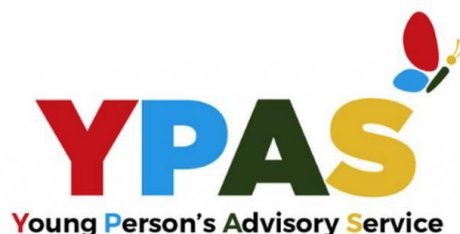
- Overview of whole school reading strategy
- Use of reading plus as homework
- Books read during AM reading in form classes
- Structure of Amber Reading Programme
- How support can be given at home

A copy of the presentation given on the night [is available here](#). Thank you to all of the parents who joined us for the evening.



Cake Sale for Zoe's Place

St. Julie's has been happy to play our part in supporting the well publicised challenges faced by Zoe's Place Hospice, and this week we had a cake sale! The sale was led by 11 Rigby who worked enthusiastically and efficiently to serve a long queue of customers, generating £176.48 for this important charity. Thanks to everyone, buying or selling, or who helped to support the sale!



Forthcoming YPAS Events: YPAS Parents & Carers Chat n' Chill Drop-in

Join YPAS on the last Wednesday of the month to connect with other parents and carers, ask questions, share experiences, and get advice.

YPAS Parenting Coffee Events

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W/C 25/11/24	AM		PM	
Monday	RE	105	Spanish (W)	75
Tuesday	English Lit	135	Sci Bio	105*
Wednesday	Maths	90	Dance	90
			Food	80
			Music	90
Thursday	English Lang	105	Sociology	100
Friday	Sci Chem	105*	Maths	90
Monday	Maths	90	RE	105
Tuesday	Sci Phys	105*	Business	90
			Geography	90
Wednesday	History	120	Sociology	60
Thursday	Business	90	Spanish (R&L)	60+45
	Geography	90		
Friday	PE	150	History	105
	Drama	105		
	Art Practical			

*Science exams are 75 minutes for Trilogy Combined science and 105 minutes for Triple Science

Year 11 Mock Examinations

Mock examinations for Year 11 students will commence on 25th November and run for two weeks. The overall exam timetable is shown above, but students will receive individual timetables on paper and available through the MCAS student app shortly after half term.

Join the parenting team for a hot drink and a chat about YPAS services and get information and guidance. This is a face-to-face coffee morning hosted in the South Liverpool hub, 35 Lyndene Road Liverpool L25 1NG.

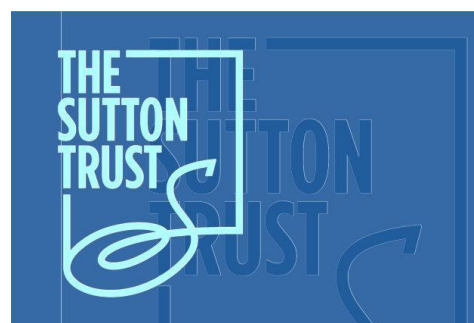
Find out more <https://www.ypas.org.uk/whats-on/>



Tie A Yellow Ribbon

The third and final day of our 'accessory' days for October saw students wearing yellow ribbons and accessories as a fundraiser for

Zoe's Place. Participation was, as we've come to see regularly, widespread and enthusiastic. We'll bring you an update on funds raised from the day when we get it!



Sutton Trust Pathways Programme

Designed to help students explore careers in Banking and Finance, Consulting, Engineering, Law, Medicine or Veterinary Medicine, the Sutton Trust pathways programme allows Year 12 students to attend a variety of Q&A and

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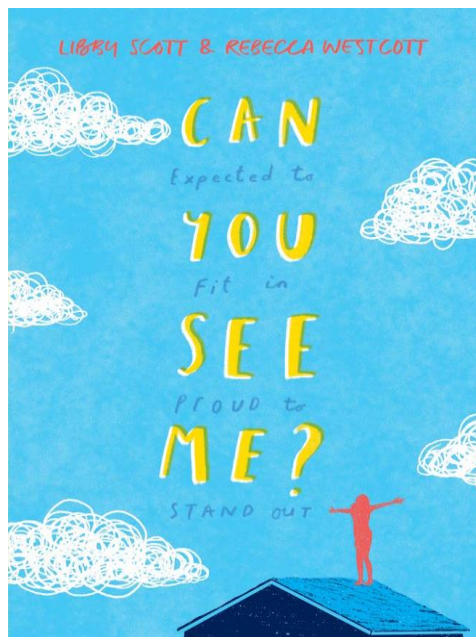
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Recommended Read for November

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'Can You See Me?' By Libby Scott and Rebecca Westcott.

*Tally is **eleven years old** and she's **just** like her friends. Well, **sometimes** she is. If she tries **really hard** to be. Because there's something that makes Tally **not** the same as her friends. Something she can't cover up, no matter **how** hard she tries: Tally is **autistic**. Tally's autism means there are things that **bother** her even though she **wishes** they didn't. It means that some people **misunderstand**, her and feel **frustrated** by her. People think that because **Tally's autistic**, she doesn't realise what they're thinking, but Tally sees and hears - and notices - **all of it**. And, honestly? That's not the easiest thing to live with.*

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in

partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays.

You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm
Alternatively, you can email your concern to seniss@liverpool.gov.uk
Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.
Monday to Friday: 9am – 4.30pm
Alternatively, you can email your concern to epsadmin@liverpool.gov.uk

ASD Training Team:
07522800193/07515501854

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Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm
Alternatively, you can email your concern to
ASDtrainingteam@liverpool.gov.uk
Children's Occupational Therapy Service

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk
Liverpool Sensory Service
Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email sensoryservice@liverpool.gov.uk

Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and

basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults ['#It's abuse'](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

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Anxiety UK – Charity providing support if you have been diagnosed with anxiety
Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk/>

MIND – Meeting mental health needs
Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD
Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout
Immediate support by text for people of all ages.
<https://giveusashout.org/>
Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team
Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)

Rethink Mental Illness – supporting mental health all ages.
Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)

Samaritans – supporting those experiencing feelings of despair
Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft

Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <https://www.office.com> and sign in using their school email address and password and then look for the 'Install and more' option.