



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 6th October 2024

Forthcoming Dates for your Diary

17th October
Year 7 Welcome
Mass at 6pm

24th October
Year 9 Parents' Evening
3:45pm – 6:45pm



New Sixth Form Centre Receives Blessing!

After an extensive remodelling programme our new Sixth Form centre has formally opened this week with a blessing from Fr Tim Buckley attended by an audience of special guests including two former Headteachers of St Julie's! The centre has been transformed with the installation of interactive screens, study pods and a smart new bistro among the facilities that students are benefitting from, and it was a real pleasure to be able to invite Sr Mary O'Brien and Mr Alderman to join us for our ceremony. You can [read more here!](#)



Year 10 Netball Victory

On Wednesday netballers from Year 10 scored a great victory in fast paced game against a team from St. Edward's. The team worked hard to show teamwork, commitment and dedication to take a 2-0 win in an energetic game. We'd like to give a special shout out to Olivia and Grace for getting players of the match.



Congratulations to our New Prefects!

Congratulations to our Year 11 Prefects who celebrated their inauguration at a ceremony this evening in the school Chapel. The students undertook a rigorous process of application forms, interviews and staff endorsements to be successfully appointed to the role. Orla was elected by staff and

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STUDENTS
WHO ARRIVE
ON TIME
HAVE
HIGHER
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peers as our Senior Prefect this year and we offer our sincere congratulations to her, and to all of our Prefects. The role presents a fantastic opportunity for the students to demonstrate their student leadership and bring the charisma of St. Julie to our student community through their deeds. We look forward to working with them throughout the year.



Lourdes Pilgrimages

Sixth formers Lucy, Cara and Julia spoke in KS4 assemblies this week about their experiences on the Archdiocesan Youth Pilgrimage to Lourdes in the Summer. The assembly theme was 'Putting faith into action', so was a perfect opportunity for the girls to explain how they had been able to do this by supporting those pilgrims who were sick or immobile throughout their week in Lourdes. Lucy spoke about how as a non-Catholic she had found the services moving and uplifting and Cara commented how she had been able to reconnect with her faith and it had been a great way to make new friends and develop bonds with the pilgrims. All three are planning on going again next year through extensive fundraising to cover costs. The applications for Lourdes 2025 open on 7th October. The pilgrimage will be 23 July - 1 August 2025 and it is open to anyone Y10 and above. Apply at liverpool Lourdes youth.co.uk A promotional video is [available here](#).



Take A Look At Our Sixth Form Centre!

We'll bring you more in coming weeks about how our students feel about the new Sixth Form centre, but if you would like to see a little more you can [watch a video here](#), produced by our design partners Cunliffes and construction partners EFT.



Year 9 Parents' Evening

Year 9 Parents' Evening will take place on 24th October from 3:45 to 6:45pm, and will be face to face meetings taking place at school. Students from all year groups will finish at 3pm on this day. Appointment times will be booked online with booking going live on 9th October. Further details about booking will follow.



Year 7 Welcome Mass

On **Thursday 17th October** at 6pm, we will celebrate our Year 7 Welcome Mass in school. The Mass is a formal welcome to all our new students and their families into the St. Julie's community and has been

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- Post an ASD assessment training/workshop

The training and workshops are age appropriate where possible.

Please email the team for dates and times:
asdtrainingteam@liverpool.gov.uk



SPEKE VENNY

ADVENTURE PLAYGROUND

About Speke Venny

Speke Venny is an open access play and youth service, who provide varied activities, sports, games, arts and crafts and projects. They are open Monday-Friday 3-6pm for all ages and have recently launched a Year 8+ Youth club which runs Monday, Wednesday and Friday 6:15pm-9:15pm and Alternate Saturdays 7:15-9:15pm (The accessible weeks will be confirmed in advance). They provide a free healthy meal daily for each Young Person and operate during all half terms and school holidays. For more information search for Speke Adventure Playground.



WRITE A BOOK REVIEW BASED FOR A BOOK THAT HAS A FEMALE MAIN CHARACTER

- Things to include:
 - Author
 - What the book is about
 - Details about the main character(s)
 - What you liked / disliked about the book
- Give your entry to Miss Flood - can be a paper or electronic copy
- Deadline: 18th October
- Best reviews will receive a prize

Year 7 Book Review Competition

Calling all year 7 readers:

Write a book review based on a book with a female main character. Your review needs to include:

- The author
- What the book is about
- Details about the main character(s)
- What you liked / disliked about the book

Please give your entries to Miss Flood by 18th October. Entries can be submitted on paper or electronically. The best entries will receive a prize.

$$\begin{cases} 2x_1 + x_2 = 7 \\ x_1 + x_2 - 3x_3 = -10 \\ 6x_2 - 2x_3 + x_4 = 7 \\ 2x_3 - 3x_4 = 13 \end{cases}$$

Congratulations to Our Mathematicians!

Well done to the following students who achieved the highest XP (Sparx experience) points in their Maths homework for the week 24/09-01/10. All students will be given a certificate from their maths teacher.

Year 7:

1. Carys P
2. Connie J
3. Lilly B

Year 8:

1. Janet G M
2. Emily R
3. Emilie W

Year 9:

1. Heidi J
2. Precious F
3. Abbie C

Year 10:

1. Lexie C
2. Poppy L
3. Ellie M

Year 11:

1. Alisha W
2. Princess F
3. Patsy D

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100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

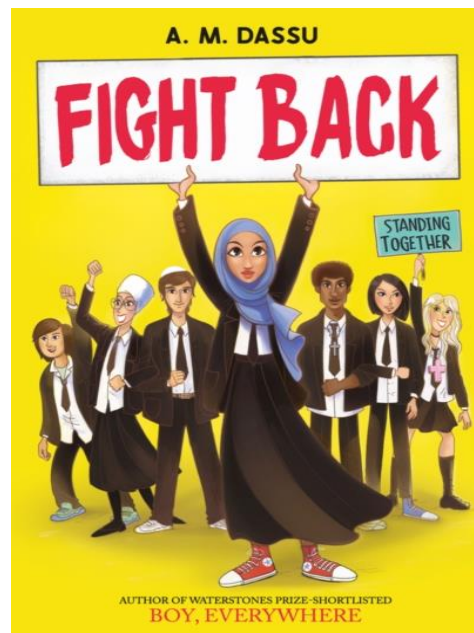
The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.



Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).



Recommended Read for October

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'Fight Back' By A M Dassu.

Aaliyah is an ordinary thirteen-year-old living in the Midlands - she's into her books, shoes, K-pop and she is a Muslim. She has always felt at home where she lives ... until a terrorist attack in her area changes everything.

As racial tensions increase and she starts getting bullied, Aaliyah decides to begin wearing a hijab - to challenge how people in her community see her.

But when her school bans the hijab and she is intimidated and attacked for her choices, she feels isolated.

Soon Aaliyah realises that other young people from different backgrounds also struggle with their identity and feel alone, scared and judged. Should she try to blend in - or can she find allies to help her fight back? Channelling all of her bravery, Aaliyah decides to speak out.

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned

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about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays.

You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm
Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.
Monday to Friday: 9am – 4.30pm

Alternatively, you can email your concern to epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854

Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm
Alternatively, you can email your concern to

ASDtrainingteam@liverpool.gov.uk
Children's Occupational Therapy Service

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk

Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email sensoryservice@liverpool.gov.uk

Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

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Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults [‘#It’s abuse’](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550

They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety
Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
[https://www.mentalhealth.org.uk/](https://www.mentalhealth.org.uk)

MIND – Meeting mental health needs
Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD
Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout
Immediate support by text for people of all ages.
<https://giveusashout.org/>
Text ‘SHOUT’ to 85258

PAPYRUS – Suicide prevention team
Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)

Rethink Mental Illness – supporting mental health all ages.
Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)

Samaritans – supporting those experiencing feelings of despair
Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

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Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <https://www.office.com> and sign in using their school email address and password and then look for the 'Install and more' option.