



# St. Julie's Catholic High School

## Weekly Newsletter

Week Beginning 6<sup>th</sup> November 2023

### Forthcoming Dates for your Diary

**6<sup>th</sup> November**

Students return to school

**10<sup>th</sup> November**

Armistice Day Commemoration



### A Grand Unveiling

This week students and guests witnessed the unveiling of the restored statue of Our Lady which once stood in the grounds of the Sisters of Notre Dame Convent in Parbold. When the convent closed, the statue was brought to St Julie's but was rather weather beaten with peeling paintwork. It is now restored to her former glory and is at the centre of our Peace and Remembrance Garden. Several sisters of Notre Dame were in attendance, alongside our former Headteacher, Mr Tim Alderman and Fr Stephen Pritchard. Members of the 1804 Society, Year 11 prefects, Chaplaincy Prefects and the Gardening club represented the St Julie's student community. You can [read more here](#).



### Halloween Glow!

We signed off on our Cash for Kids fundraising campaign in style with a Fancy Dress Halloween glow party! The Sports Hall thumped to some monster themed 'Just Dance' while our Sixth Form team worked hard on applying scary make up and the glow sticks shone their eerie lights! We sent a reporter to look into rumours of inflatable T-Rexs roaming the Sports Hall but they haven't been heard from since...



### Footballers Reach Tournament Final!

On Thursday 19<sup>th</sup> October we took 22 students to represent St Julie's as two teams at the Year 7/8 Girls' Football 'World Cup'. This was one of the largest standalone girl's football competitions in the country! 37 teams attended and competed in a fantastic day of sport that followed the same format at a world cup would. That's 370 girls competing in a football tournament! It was a

**ST. JULIE'S  
STUDENTS  
WHO ARRIVE  
ON TIME  
HAVE  
HIGHER  
READING  
ABILITY**

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brilliant day from start to finish and each and every student gave it their all making both themselves proud and also their teacher! You can read more about the route to the final and what happened next in the [full story on our website](#).

## An Update Letter from The Headteacher

Acting Headteacher Mrs McCourt has circulated a letter to all parents this week with some updates as we enter Half Term 2. Please [click here for an online copy](#).



## Cross Country Runners Take On Camp Hill!

Well done to all Year 7, 8 and 9 students who competed in the cross country race on Wednesday at Camp Hill. Their commitment, resilience and dedication throughout the hardest route of the year are a shining example for other students to follow!



## A Stitch In Time for Half Term!

Over the last few weeks, Year 7 textiles students have augmented all their hard work in written tasks with some beautiful hand stitched practical work. These bookmarks showcase their newly acquired embroidery skills and some students had never sewn before. Well done on some great work!



## Live simply, sustainably and in solidarity

**Focus:** Live Simply

**Tip:** turn off your phone; spend time with friends; get some fresh air and remember what is truly important to you!

### Prayer:

Dear God,

This half term, help me to relax and slow down my days. Refresh my mind and help me to stop and marvel at the small but precious things in this world.

**Amen**

## Term Dates for Future Academic Years

We have recently updated the list of term dates and school holidays on our website. Dates for the next five academic years are available, up to Summer 2029.



## 'Stop Hate' Mural

As part of our work for Hate Crime Awareness week students pledged their support for the message by transferring the 'stop' gesture of a raised hand onto the printed page



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with a palm print. The resulting mural is now on display in the school Chapel.



### Stay Safe at Halloween!

Year 11 Police Associates organised a competition for our younger students in Years 7 and 8 on the theme of Bonfire and Halloween safety. pictured are the winners in Year 7 - Sienna, Stevie and Sophia. The students were presented with their certificates and prizes by PC Patterson after his assembly to the year groups on keeping safe during the Halloween and Bonfire festivities. Some key messages from Merseyside Police, as well as a list of organised events, can be [found here](#).



### Be Bright Be Seen

British Summertime ends this weekend – the clocks go back by an hour with most of us travelling in the dark. As a road user there are things you can do to help yourself making sure that other road users can see you.

#### Pedestrians

- Wear something brightly coloured in the day & reflective at night such as fluorescent & reflective arm bands or bag or rucksack with high vis strips etc.
- Keep to the footpath and well-lit areas, if possible, be aware of your surroundings, take out earphones and put phones in your pockets so

you are not distracted and be aware of other road users who may not be as visible especially when crossing the roads.

#### Cyclists

- At night your bike must have white front and red rear light lit & fitted with a red rear reflector,
- Front and spoke reflectors are useful to help other road users see you.
- Wear bright and if possible reflective clothing to be more visible to other road users and have no distractions.

#### Car Drivers

- Regularly check that all your lights are in working order.
- Try to keep the car clean so that it reflects light and makes it easier to see, paying particular attention to lights, windows, and mirrors.
- Carry a high visibility vest or jacket or torch if you need to get out in the dark due to a breakdown so you are visible to other drivers.
- Remember to be aware of the more vulnerable road user who may be hard to see and drive at the appropriate speed for the environment
- No distractions whilst driving.

Have an enjoyable half term break but please remember no distractions near the roadside, remembering not to take risks no matter if a pedestrian or using any form of transport.

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### Year 9 Parents Evening

Thank you to all of the parents and carers who joined us for our Year 9 Parents' Evening this week. We hope that you found the event helpful and informative.



### Prayer Breakfast Explores Artefacts

This week in Prayer Breakfast students got an opportunity to get up close and personal with some of the important artefacts used in worship that are normally held on the altar.

In addition to the recognisable chalice, hosts, bell and crucifix, the students who gathered learned about some less familiar items such as a Monstrance (used to display the Blessed Sacrament during Adoration) and a Pyx (used to carry the Blessed Sacrament to the sick). Our Chaplain was on hand to answer any questions about what the items are and what they are used for.

Prayer Breakfast is every Wednesday in the Dining Room from 8am, with a different faith 'thinking point' each week.



### Thank You For Your Donations

Thank you to everybody who has made a contribution to our collection for local refuges in Domestic Violence Awareness Month. Your donations were received with tremendous gratitude and needed two cars to take them away. A team member from the Knowsley refuge shared that they have some babies staying with them at the moment and that their mothers would be thrilled. The staff asked for their thanks to be passed on and that our kindness and generosity has helped make a terrible situation that little bit better for these women, children and babies.



### Year 8 Student Enters Basketball England Programme

Emily in Year 8 has spent some time this week participating in Basketball England's Aspire Programme. The scheme is a regional skill development programme that is the first tier of Basketball England's Talent Pathway. Emily is a valued member of the school's football and netball teams and we wish her every success with this latest extension of her athletic talents.



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## Faith In Action Award

Our Chaplain is launching the Faith In Action Award after half term. FAITH IN ACTION is a nationally recognised award that encourages young people to take their service of others into their wider community and accept greater responsibility for their faith in action. Participants collect credits of service in their parish and / or school and the wider community ('home' and 'away'). There are four levels of award: Pin - Discovery, Bronze - Service, Silver - Leadership and Gold - Innovation, but as some primaries work towards Pin, our students will begin with bronze. Each year, participants can build on their previous level achievements to help them become confident young leaders. More information about each award level can be [found here](#) or [email our chaplain](#).



## GCSE Pod – Perfect for Dark Evenings!

GCSE Pod is a service available to all students and well suited to Year 11 students and those throughout Key Stage 4. The service offers easily accessible podcasts across a broad range of subjects. Dipping in for just 15 minutes in between other things can be enough to lead to improved results. Students just need to visit [www.gcsepod.com](#) and click on 'Sign in with Office 365'.



## Admissions Consultation

Every seven years a foundation school must undertake a consultation process for their Admissions Policy. At this point, St Julie's Catholic High School do not want to make any changes to their Admission policy. The Planned Admission Number (PAN) will remain as 180. The consultation process will last for 6 weeks between 1 October 2023 and 12 November 2023. Any comments on the Admissions Policy should be addressed in writing to the Clerk to Governors: [hchapman@stjulies.org.uk](mailto:hchapman@stjulies.org.uk)

### DESIGN A CHRISTMAS CARD COMPETITION!

**Live in Solidarity**

- In November we will be sending Christmas cards to Christians in the Holy Land.
- Many Christians are persecuted because of their faith.

• We want **YOU** to design a Christmas card that can our school can send to parishes and schools in the Holy Land!

- Designs can be hand drawn or designed with digital artwork
- Cards must have a FAITH message (eg. Nativity/peace/hope etc)
- Submit your design to our Chaplain by Friday 21st October

## Design a Christmas Card Competition

One of our Live in Solidarity actions is to send Christmas Cards to Christians in the Holy Land who are being persecuted for their faith. So we have launched 'Design a Christmas Card' competition for all years! The best entries will be made into school Christmas cards that will be signed by form groups and posted off to schools and parishes in Jerusalem.

- Designs can be hand drawn or designed with digital artwork - no bigger than A4 please
- Cards must have a FAITH message (e.g. Nativity/peace/hope etc)

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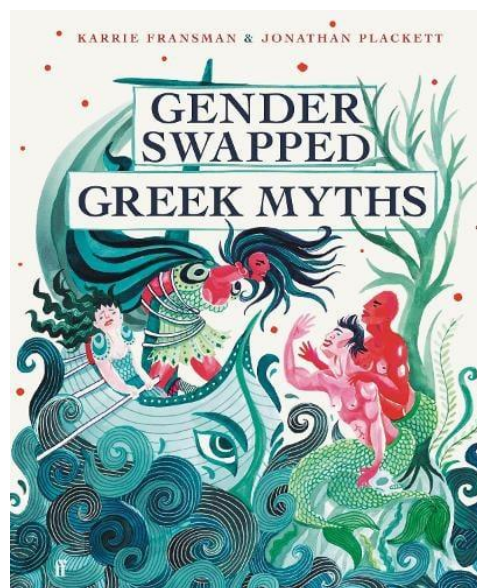
[Chaplaincy Website](#)

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- Submit your design to our Chaplain by Friday 21st October

Please write your name and form in pencil on the back of your entry. All entries will receive a small prize and winners will receive a prize and have their design turned in to our official Christmas Card!



### Recommended Read for November

If you're stuck for inspiration for a read why not dip into our recommended read for the month? For November we're recommending 'Gender Swapped Greek Myths' by Karrie Fransman and Jonathan Plackett.

***Imagine a world where seductive male sirens lure brave heroines to their death, where Icarus and her mother fly too close to the sun, and where beautiful men are forced to wed underworld queens...***

*For thousands of years, Greek myths have been told and retold. In these stories, brutality and bravery are reserved for men, while women are wicked witches or helpless maidens. Today, these myths continue to shape our ideas about justice, tragedy and what makes a hero's journey. Karrie and Jonathan love these stories, and have found a*

*way to breathe new life into them by making one crucial change...*



### November Vaccination Programme: Winter Flu Vaccine

Please [click here for a copy of a letter](#) that we have been asked by Mersey Care to circulate to parents of students in Years 7 to 11 relating to the winter flu vaccine programme.

### Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



### Education Welfare Helpline

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New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays.

You can contact the service on **0151 233 3916**.

### SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm  
Alternatively, you can email your concern to [seniss@liverpool.gov.uk](mailto:seniss@liverpool.gov.uk)

### Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.  
Monday to Friday: 9am – 4.30pm  
Alternatively, you can email your concern to [epsadmin@liverpool.gov.uk](mailto:epsadmin@liverpool.gov.uk)

### ASD Training Team:

07522800193/07515501854  
Advice and strategies for families of children and young people with autism or social communication needs.  
Monday to Friday: 9am – 12pm  
Alternatively, you can email your concern to

[ASDtrainingteam@liverpool.gov.uk](mailto:ASDtrainingteam@liverpool.gov.uk)  
**Children's Occupational Therapy Service**

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email [chot@liverpool.gov.uk](mailto:chot@liverpool.gov.uk)

### Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries

please email [sensoryservice@liverpool.gov.uk](mailto:sensoryservice@liverpool.gov.uk)

## Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

## Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

## Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

## Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic



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abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults '[#It's abuse](#)'.
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the [safeguarding@stjulies.org.uk](mailto:safeguarding@stjulies.org.uk) email address being the best way to make contact out of hours.

### Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

**Anxiety UK** – Charity providing support if you have been diagnosed with anxiety  
**Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)**

**CALM** – Campaign against living Miserably, for Men ages 15-35  
**Phone: 0800 58 58 58 (daily 5pm-midnight)**

**Mental Health Foundation** – support for mental health concerns  
<https://www.mentalhealth.org.uk/>

**MIND** – Meeting mental health needs  
**Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)**

**No Panic** – support line for panic attacks and OCD

**Phone: 0844967 4848 (daily 10.00am-10.00pm)**

### Give Us A Shout

Immediate support by text for people of all ages.

<https://giveusashout.org/>

**Text 'SHOUT' to 85258**

**PAPYRUS** – Suicide prevention team  
**Phone: 0800 068 4141 (mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)**

**Rethink Mental Illness** – supporting mental health all ages.

**Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)**

**Samaritans** – supporting those experiencing feelings of despair

**Phone: 116 123 (free 24 hour helpline)**

### Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

### Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers at home at no cost. You can find out more about how to complete the installation in this [remote learning guide](#).