



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 7th June 2021

Forthcoming Dates for your Diary

7th June

Year 7 to 10 and Year 12 Students return to school

10th June

LFC Foundation 'On Target' Assembly for Years 8, 9 and 10.

24th June

Year 11 Celebration Event

25th June

INSET Day



Good Luck Year 13!

Today our whole staff joined together with our Year 13 students to celebrate our time together at St. Julie's. The Leavers' celebration is always an emotional occasion, and this year the pandemic did not stand in the way of a beautiful ceremony in a widely spaced Sports Hall. The ceremonial exchange of the baton from our outgoing Head Girl to our incoming Student President is an important transition in our school year and speaks of the continuity of the spirit of St. Julie across the decades. We wish all of our Year 13 students the very best of luck for their futures, and hope that as they leave St. Julie's, St. Julie's will never leave them! Read the full story and [see some photos here!](#)



Spirit of Françoise Awards

In last week's Live @ 8:55 broadcast Mr Alderman presented the Spirit of Françoise awards, named after the co-foundress of the Sisters of Notre Dame. Find out who the winners are, including one of our presenters, [right here](#). We'll bring you more exciting award announcements next time!



Face to Face Teaching Ends for Year 11

Year 11 have had an exciting and emotional day in school for their final day of face to face teaching as a whole year group. The day began in high spirits as we helped the traditional shirt signing along by providing a shirt to each student that they could keep as a souvenir

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of this special day. After half term Year 11 will be involved in a programme of remote study, and we will be inviting them back into school for a ceremony to mark the end of this stage of their education at St. Julie's. You can see the picture gallery in the [full story on our website](#).



Letter from LCC Directors

Please read [this letter to all parents](#) from Directors of Health and Children's Services at Liverpool City Council, Matt Ashton and Steve Reddy.



Community Team Finds Home At St. Julie's

We're proud to welcome community football team 'Down Syndrome Liverpool' to St. Julie's as they base their training on our multi-use games area. The pandemic has caused huge problems at all levels of football from grassroots to the Premier League, and Downs Syndrome Liverpool were no exception, having some difficulties accessing their training facilities. The team have now been training from St. Julie's since Easter and are delighted with the facilities. One grateful parent told us: "It's just great to be back! We'd like to say a big thank you to Mr Alderman, Mrs Woof and all the premises team at St. Julie's for helping get us back on the pitches."

Exams 2021

Summer 2021 GCSE and A Level Exams Centre Policy

An updated version of the ratified exams policy for the Summer 2021 season can be [found here](#).

Well Done Year 10

We would like to congratulate our Year 10 students who have now completed their season of mock examinations. They can be proud of their achievements in the examination rooms.



Breakfast Banquet!

The last day in school for our Year 13 students began with the annual Leavers' Breakfast Banquet. Mr Walsh and our catering team worked hard to produce a magnificent breakfast with something for everyone to set the celebratory tone for all that was to come! You can [see some photos here](#).



The UK University & Apprenticeship Search Virtual Fair

The UK University & Apprenticeship Search Virtual Fair is taking place on Wednesday 16th June from 12 - 6pm. Students, teachers and

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parents can [register for their free place here](#).



Merseyside Youth Association Training for Parents/Carers

Merseyside Youth Association's mental health promotion team (RAISE Team) continue to deliver their range of bite-size courses, adapted from courses they have previously delivered. These sessions cover a range of mental health issues which impact on children, young people and their families.

Bite-size sessions coming up in June, delivered via Zoom

Attachment bite-size -
03/06/2021 9:30 am - 10:15 am [Book here](#)

Self-harm- Bite-size -
03/06/2021 4:00 pm - 4:45 pm [Book here](#)

Eating Disorders – Bite-size
04/06/2021 9:30 am - 10:15 am [Book here](#)

ACEs and Trauma-Informed Practice – 07/06/2021 10:00 am - 10:30 am [Book here](#)

Suicide Awareness – Bite-size
10/06/2021 10:00 am - 10:45 am [Book here](#)

Post-traumatic growth (PTG) Bite-size
10/06/2021 4:00 pm - 4:45 pm [Book here](#)

NEW COURSE An Introduction to Grooming and Exploitation – Bite-size
16/06/2021 - 23/06/2021 4:00 pm - 5:00 pm [Book here](#)

Understanding my stress response -
16/06/2021 4:00 pm - 4:45 pm [Book here](#)

Adolescent Brain Development – Bite-size
17/06/2021 4:00 pm - 5:00 pm [Book here](#)

NEW COURSE Post-traumatic

growth (PTG) Bite-size via ZOOM
21/06/2021 10:00 am - 10:45

am [Book here](#)

Embracing uncertainty bite-size via zoom
23/06/2021 9:30 am - 10:15 am [Book here](#)

Suicide Awareness – Bite-size
23/06/2021 10:00 am - 10:45 am [Book here](#)

An Introduction to Psychosis – Bite-size
23/06/2021 4:00 pm - 5:00 pm [Book here](#)

Eating Disorders – Bite-size via
24/06/2021 4:00 pm - 4:45 pm [Book here](#)

Post-traumatic growth (PTG) Bite-size
28/06/2021 10:00 am - 10:45 am [Book here](#)

ACEs and Trauma-Informed Practice – Bite-size -
28/06/2021 4:00 pm - 4:30 pm [Book here](#)

Managing teen worry bite-size
29/06/2021 4:00 pm - 4:45 pm [Book here](#)

Careers Updates

Are you to speed on the latest Cadet recruitment scheme operated by Merseyside Police? All the details are available at [our careers site](#).

Trouser Option Added to School Uniform

From Half Term 6, commencing on 7th June, the Governing Body have approved an amendment to the school uniform to include an option for students who prefer to wear trousers. The specific approved product is the Trutex graphite grey senior girls' contemporary trousers, available from [Kitted Out Schoolwear](#). **Please be aware that any other type of trousers will not be acceptable as correct school uniform.**

End of Year Reports

All year groups will receive their statutory end of year written report in July. This will include information relating to achievement, behaviour, attendance, end of year assessment information and progress. Parents can also access the Xpressions app which provides

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daily updates on achievement, merits and commendations.

Covid Home Testing

Home testing kits were issued last week in sufficient quantity to cover half term. Students participating in home testing should **continue to test twice weekly**. The next set of testing kits will be issued to students on Monday 7th June.



SEND Support Helplines

Helplines for Settings and Families In response to the current coronavirus pandemic, Liverpool Local Authority's SEND Support Services would like to offer advice and support to our settings and families during this difficult time.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm
Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm
Alternatively, you can email your concern to epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854
Advice and strategies for families of children and young people with

autism or social communication needs.

Monday to Friday: 9am – 12pm
Alternatively, you can email your concern to ASDtrainingteam@liverpool.gov.uk

Children's Occupational Therapy Service

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk

Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email sensoryservice@liverpool.gov.uk

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse have increased during periods of lockdown. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults ['#It's abuse'](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.

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- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety
Phone: 03444 775 774 (mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk/>

MIND – Meeting mental health needs
Phone: 0300 123 3393 (mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD
Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout
Immediate support by text for people of all ages.
<https://giveusashout.org/>
Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team
Phone: 0800 068 4141 (mon – Fri, 10.00am – 5.00pm, 7.00pm -

10.00pm, weekends, 2.00pm-5.00pm)

Rethink Mental Illness – supporting mental health all ages.
Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)

Samaritans – supporting those experiencing feelings of despair
Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

Covid Reporting

Please continue to review the [information sent out each week in the bulletin](#) with regard to the importance of notifying school immediately if your child tests positive for COVID-19. Please continue to contact school in any of the normal ways - the main switchboard (0151 428 6421) during working hours; or reception@stjulies.org.uk or safeguarding@stjulies.org.uk for out of hours notifications. School have taken all reasonable steps to raise awareness of this. Thank you.

Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers at home at no cost. You can find out more about how to complete the installation in this [remote learning guide](#).

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The image shows a screenshot of a COVID-19 risk assessment document. The document is titled 'COVID-19 (Coronavirus) Assessment' and is intended for parents/carers. It is organized into a table with four columns: 'Risk to staff', 'Risk to pupils', 'Risk to visitors', and 'Risk to the community'. Each column contains a list of potential risks and corresponding control measures. The document is written in a clear, professional font and includes a header with the school's name and logo.

Covid-19 Information and Risk Assessment

All parent/carers can access the school's Covid-19 risk assessment [here](#).