



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 7th July 2025

Forthcoming Dates for your Diary

8th and 9th July
Global Citizenship trips to Cumbria

12th July
St. Julie's Birthday!

16th July
School Sports Day



Great Big Dance Off Final!

On Tuesday 19 of our talented dancers competed in the national final of the 'Great Big Dance Off', and what a day it was! Following their success in the regional heats, placing first out of 15 performances, our troupe went through to the final against the best of the best across the country. In the final they competed and performed incredibly well, placing 6th in the whole country for KS3 Dance from over 150 entries. You can read more about and watch a video of the performance in the [full story on our website](#).



Students Project Their Voices!

Congratulations to two Year 9 students who rose to the challenge of competing at the prestigious West Cluster Student Public Speaking Competition. Whilst they were pipped at the post for the top spots, they impressed the judges, and both were rewarded with a certificate and book token.



St Julie's Celebrates Transition Day!

Our newest students joined us on Wednesday for a taste of life at St. Julie's as welcomed them in for transition day! The transition day is an annual event that allows students across the city to spend a day in their new school meeting their new teachers. We were delighted to welcome 181 students

**ST. JULIE'S
STUDENTS
WHO ARRIVE
ON TIME
HAVE
HIGHER
READING
ABILITY**

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Progress Leaders

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into school who congregated in the Dining Room with a mixture of enthusiasm and apprehension. Nerves quickly disappeared as students got straight into a busy day, starting with a whole school assembly to meet some of the key staff who will be an important part of life from September. After our assembly we were straight into lessons with new form tutors and some icebreaking exercises before breaktime on the yard. After break it was time to get a taste of some subject lessons with our subject specialist teachers. Then it was the all important lunch time! Students were able to get a feel of how our Dining Room works, as well as enjoy the tasty food on offer. The day's menu was very well received, even if the noodles were a little spicy for some! The afternoon session brought a chance to work in the Chapel with our school Chaplain, and discover more about our Notre Dame values. We had a wonderful day and we hope that our students really enjoyed themselves too. We're looking forward very much to setting extremely quickly in September and getting to work! You can see the photo gallery in the [full story on our website](#), or have a look at the collage in this newsletter.



Annie Auditions

On Monday we began auditions for our annual Christmas production, with a record 178 students turning out to try and secure a place in this year's musical, Annie. Students from Year 7 to Year 12 were put through their paces with challenging choreography and musical numbers. All students worked exceptionally hard, demonstrating passion, energy and enthusiasm.

We already know this is going to a fantastic show and are looking forward to seeing students progression throughout the next round of auditions. Well done to all students who took part and auditioned!



Year 12 Light Up The Stage

On Wednesday evening, Year 12 A Level Drama students performed their devised exam pieces to an audience of friends and family. Over the past 3 months, students have been studying theatre practitioners and working to create performance inspired by their style. The first performance of the evening was a hard hitting drama, inspired by feminist theatre practitioner, Katie Mitchell. The performance, which tackled the issue of domestic violence, cleverly combined naturalistic acting with multimedia and had a shocking twist which had audience members on the edge of their seats. In contrast, the second performance was inspired by observation comedy practitioner, John Godber and saw Susan, Bev, Kelly and Joanne band together to try and save the beloved airline, Wizz Wings. With multi-role, stylised movement and direct address of the audience, the fast-paced comedy was a roaring success. Well done to all students who performed.



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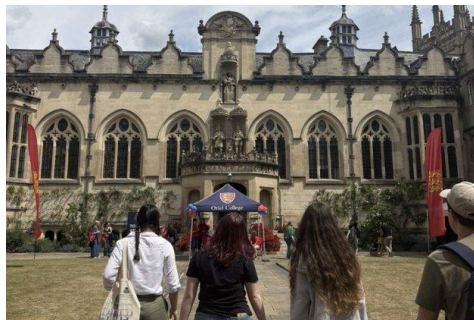
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Year 12 Future Leaders

We are proud to announce that three of our Year 12 students have been selected to attend a prestigious residential at the University of Oxford, as part of the **Future Leaders**

Programme. This highly competitive initiative supports high-achieving students from across the UK, offering academic enrichment, university preparation, and personal development opportunities.

During the residential, Mae, Holly and Aislinn will take part in subject masterclasses, university-style seminars, and gain valuable insight into life at a world-class institution.

It's a fantastic opportunity to develop their academic confidence, explore future pathways, and build connections with like-minded peers from around the country.

Experiences like this also support our wider careers programme, helping us meet national standards to ensure students receive high-quality guidance and exposure to higher education options.

To learn more about the Future Leaders programme, click here: [Future Leaders UK](#)



Year 8 Explore The World Of Podcasting

During PSHE day a group of Year 8 students worked with Collaborate Digital in an interactive media workshop exploring the world of podcasting.

During the session the students explored the risks of their social media use, and learned some of important basic principles of podcasting including structuring, scripting, recording and understanding licencing. Thanks to the team from Collaborate Digital for a great workshop!



Valencia Travellers Touch Down!

We're delighted to report that students on our school trip to Valencia have safely landed and are already enjoying their trip! We'll bring you more about what they got up to on their return next week!



Success at LSSP Athletics!

On Tuesday we had several athletes competing at the LSSP athletics event at the Wavertree Centre, with some medals secured! Our medallists included:

In Year 8 - Stevie, long jump gold and 800m bronze; Heidi, 100m bronze; Heidi, Hammin, Heidi and Olivia, 4 x 100m relay gold.

In Year 9 - Eva, 100m gold.

In Year 10 - Faye, high jump gold; Georgina, triple jump gold and 300m gold, Millie, 200m silver; Isabella, Georgina, Millie and Isabella, 4 x 100m relay gold.

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Well done to all of our students for their great sportsmanship and resilience throughout the day.



Year 7 Charity Bingo

On Monday it was eyes down for Year 7 as they chased a full house in the charity bingo games! The fun filled afternoon was a fundraiser for the Teenage Cancer Trust and the funds generated will be added to our running yearly total for this fantastic charity. Thanks to our wonderful team of Sixth Form volunteers who helped facilitate, and of course to everyone who chipped in to take part!



PSHE: Year 10 Careers

On our PSHE drop down day a key focus for Year 10 students was employer engagement, and we were pleased to welcome representatives from many sectors. Working with Careers Connect, a partner agency, students heard from speakers from the construction sector, uniformed services, shipping and logistics and many more. The engagement from the students was fantastic and they finished the day with a lot of new knowledge about different careers. Thank you to all of our guest speakers.



PSHE: CELLS Project

Promote Positive Choices

During our PSHE day students in Year 9 spent the day in a series of powerful workshops with the team from the CELLS project, discussing the consequences of crime. The team brought insights from their own life journeys about the reality of a life that can sometimes be represented as seductive, and helped the students reflect on how they can make positive choices about their actions, their friends and their relationships. One of the sessions includes a replica of a prison cell, where students can experience some of the realities of imprisonment. The day ended with a collective reflective session where students got the chance to discuss and reflect on all that they had seen and heard through the day. Thank you to the CELLS team for an insightful day.



PSHE: Year 8 Stay Safe

During PSHE drop down day students in Year 8 combined mindfulness and safety as their areas of focus. The mixed programme for the day saw art therapy and cake decorating to explore creativity. For careers awareness we welcomed back our school construction partner, Keir, to tell us more about their operations in the north west and the staggering diversity of roles within the company. The students heard a

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very informative talk about digital communications and the consequences of a careless social media post and also heard some advice on the risk of drugs. Thanks to all of our guest speakers!



PSHE: Year 7 Get Defensive!

Amongst the activities for Year 7 students on our PSHE drop down day was a self defence workshop with MMA Defence! The day also offered less strenuous activities, with some relaxing art therapy and a thought provoking drama workshop. We were pleased to welcome Kirsty Doyle back into school who led a workshop. Learning activities included guidance sessions on drug risk awareness and a valuable session on the consequences of malicious communications online. Well done to all of the students for engaging so well in the day's programme.



Visit to Hope University

As part of our wider personal development curriculum and careers programme, Year 12 students visited Liverpool Hope University on Thursday. The visit included a guided campus tour and informative sessions on key topics such as student finance, personal statements, and university life. It was a valuable opportunity for students to experience a campus

university environment first-hand and gain practical advice to help them plan their next steps. Opportunities like this play an important role in preparing our students for life beyond school, supporting their aspirations and helps them to make informed choices about their next steps. To learn more about the courses offered at Hope University, [please click here](#).



PSHE: Woodland Walks

During our activities day students in both Year 8 and Year 10 got out into the fresh air for a walk through Woolton Woods. The walled garden was looking particularly colourful and gave students a chance to experience the beautiful nature right on their doorstep together.



UCAS information event

On Thursday evening we welcomed Louise Carr from the University of Liverpool to deliver a UCAS Information Evening for parents and carers to support them in guiding their young people through the

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university application process. The session covered everything from the different types of higher education providers to recent changes in this year’s application cycle, along with a clear overview of the UCAS process itself. It was an informative and engaging evening, with Louise sharing her expert knowledge to help both students and families feel more confident about the next steps in their higher education journey. We would like to highlight the success and reputation of some of the universities our students look to, such as the University of Liverpool, which has recently broken into the top 150 in the QS World University Rankings for 2026, rising 18 places to 147th globally. This reflects its strength in areas such as research, teaching, employability, and sustainability, and demonstrates the high standard of education that today’s students can aspire to. For more information about the University of Liverpool and [courses offered](#), [click here](#).



Amey Engineering Challenge Cup Day 2025

In what has become an annual event, a group of Year 10 students who are interested in engineering as a possible career took part in an engineering project to celebrate Women in Engineering Day, hosted by Amey Engineering in Speke. Their brief was to work in groups with an Amey engineer to design, cost and present ways of easing traffic congestion on a section of The Strand while making the area safe and accessible to pedestrians and cyclists, aesthetically pleasing and environmentally friendly. Competition was strong and the team from Co-op Academy, Bebington won the challenge this

year. However, every one of our team was a winner with their string engagement and sense of fun. Well done to Lilly, Ava, Bansari, Mylee, Ava, Daisy-Mai, Ella, Lucie, Freya, Libby, Bobbie-J and Anna. You were great ambassadors for Saint Julie’s.



Summer HAF Programme

Please [click here for a copy of a letter from Liverpool City Council](#) with details of the Summer holiday activities and food programme for **students in receipt of benefits related free school meals**. Bookings for activities are now open.



Careers: Apprenticeship Opportunities

Details of apprenticeship courses, guidance and vacancies have been published this week on our Careers website. You can [find more information here](#).

100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

The Importance of Attendance

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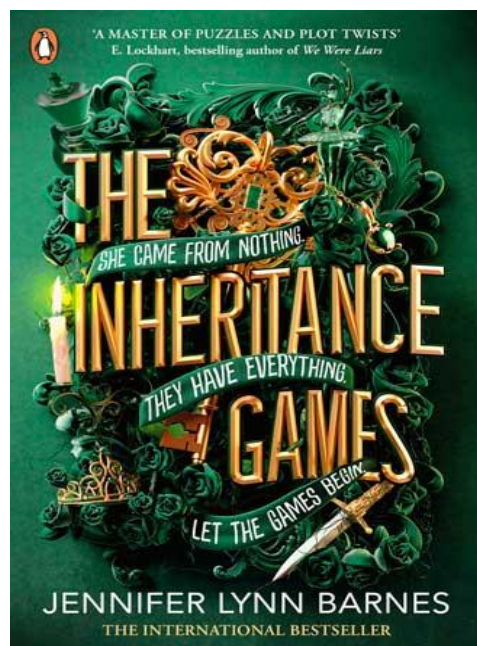
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In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.



Recommended Read for July

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'The Inheritance Games' by Jennifer Lynn Barnes.

A BILLION-DOLLAR FORTUNE TO DIE FOR.

Avery has a plan: keep her head down, work hard for a better future. Then an eccentric billionaire dies, leaving her almost his entire fortune. And no one, least of all Avery, knows why.

A DEADLY GAME.

Now she must move into the mansion she's inherited. It's filled with secrets and codes, and the old man's surviving relatives - a family hell-bent on discovering why Avery got 'their' money.

WINNER TAKES ALL.

Soon she is caught in a deadly game that everyone in this strange family is playing. But just how far will they go to keep their fortune?



Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.

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Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm
Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm
Alternatively, you can email your concern to epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854

Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm
Alternatively, you can email your concern to

ASDtrainingteam@liverpool.gov.uk

Children's Occupational Therapy Service

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is

supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk

Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

sensoryservice@liverpool.gov.uk

Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

Young Carers Support

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Barnardo's Action with Young Carers offers assessments and support for young carers. You can find out more from their [information leaflet](#) or [at the website](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults [‘#It’s abuse’](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

RASA (Rape and Sexual Abuse)

Merseyside is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email referrals@rasamerseyside.org or visit our website www.rasamerseyside.org

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are

struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety

Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk/>

MIND – Meeting mental health needs
Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD
Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout
Immediate support by text for people of all ages.
<https://giveusashout.org/>
Text ‘SHOUT’ to 85258

PAPYRUS – Suicide prevention team
Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)

Rethink Mental Illness – supporting mental health all ages.
Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)

Samaritans – supporting those experiencing feelings of despair
Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

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Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <https://www.office.com> and sign in using their school email address and password and then look for the 'Install and more' option.

Resources for Parents in Knowsley

[Advanced Solutions](#): 0151 486 1788

Listening Ear: St Nicholas Centre,
70 Church Road, Halewood, L26 6LB
0151 488 6648

Children in care (under 18?) Polaris
Knowsley.EHWB@coreassets.com
07967 381 035

[Knowsley CAMHS](#) 0151 351 8610

[Kooth](#)

[Mental Health Support Teams](#)

[Zuntold](#)

Domestic Abuse
[Merseyside Domestic Violence Service](#) 0780 272 2703 mdvs.org

[Ruby Project](#) ruby@pss.org.uk

Family support [Family First](#)

[Knowsley Family Info](#)

[PSS Prisoner Family Service](#)

[Lee Cooper Foundation](#)

[Healthy Knowsley](#)