



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 8th June 2020

Forthcoming Dates for your Diary

We are currently working towards a plan to bring students in Years 10 and 12 into school for face to face contact with teachers.

This is being devised in accordance with guidance from the Government which is being regularly updated, and part of which is included in the story on page 2 of this newsletter.

Please continue to follow the Government's daily briefings for the latest guidance.



Preparing For Distancing

We wanted to take a moment to update you on changes that we have made to adapt our building for safe distancing. Staff have been working tirelessly in removing and rearranging furniture, planning and marking demarcation zones and devising schedules to make our school a safe-distanced place to learn. You can read about the changes in detail in the [full story on our website](#).



Third BAFTA Nomination for Jodie!

We're thrilled to see that BAFTA have honoured St. Julie's alumnus Jodie Comer with a third nomination for 'Best Actress'! BAFTA recognises the height of British talent within the filmed industry, and Jodie's nomination this year is for her return to the role of Villanelle for a second series of the smash hit Sid Gentle production of 'Killing Eve'.



Students Return to St Julie's

Following the closure of the Education Hubs throughout Liverpool before the half term break, we have been delighted to welcome small numbers of students back to St. Julie's. The maturity with which they have adapted to distancing requirements is of great credit to them and has given us valuable information in preparing for the return in greater numbers.

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Year 10 and 12 students

Based on the guidance released by the DfE on Thursday 4 June, regarding the phased return of Year 10 and 12 students from the week beginning 15 June, we will be writing to parents to outline how we will be providing some face-to-face support and taught lessons for a period of time.

The DfE guidance states that:

- Schools are able to have a quarter of the Year 10 and 12 cohort in school at any one time;
- Any face-to-face support provided to Year 10 and 12 students will be to supplement the remote education that will continue to be the predominant form of education delivery for these year groups
- Schools should continue providing full-time provision for the identified students in all year groups who have been attending since 1st June

Year 10 and 12 students will be invited to attend school for one day per week from the week beginning 15 June to Wednesday 15 July. An individual timetable will be posted home for each student and will also include an overview of the educational provision to be provided during their time in school. All educational resources and online platforms will continue during this time to support remote learning at home. Arrangements may be subject to change for Year 12 as we receive further clarification on guidance.



Stars of Lockdown – Week 5!

Congratulations to all our 'Stars of Lockdown' and this week we thank Emilia, Ellie Mae, Mollie and Millie for sending in some pics for us!



In Years To Come

Year 8 drama club members have produced an insightful video piece as part of their extra curricular work. The students were given the challenge of writing about life before, during and after lockdown and were encouraged to think about what they took for granted and are now grateful for. The club members got to work straight away, meeting on zoom to discuss ideas, drafting a script and taking inspiration from the many positive messages that have been shared over the past few weeks. With their final script written, the girls rehearsed and recorded their lines and took pictures and videos to accompany their powerful message. Collaborations like this are proving challenging for professional television production companies, and require rigorous organisation alongside all the creative and technical elements. As well as providing a revealing insight into what it feels like to be a young person in the time of Covid-19, the work stands as a production achievement that the students can be justly proud of. Well done to all the girls involved for their hard work, creativity and collaboration. 'In

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years to come' we will look back on your video as a reminder of our time in 2020. Please [take the time to view the video](#) which runs for around four minutes.

Letter to Sixth Form Applicants

There's a new letter this week to all of the applicants that have applied for a place at our Sixth Form. You can [read a copy here](#).

Parenting Through Covid-19

We continue to recommend that [Culture Liverpool blog for parenting during Covid-19](#) which is written by local people and for local people, and has parenting ideas to help inform, reassure and keep and young people safe.



ImagINation Short Film Opportunity

19 of the UK's most exciting writers have written a collection of stories for the nation, exploring humanity and the unprecedented circumstances we are currently living in. Now it's over to you to perform and record them. Read all about it in the [main story on our website!](#)



Helping Halewood

Alicia in Year 9 has been fitting her home study around helping in her local food bank in Halewood.

Working alongside Halewood Voice, a group of community volunteers, she has been part of the team delivering over 100 food parcels with fresh fruit and veg to vulnerable families and pensioners in Halewood each week. Halewood Voice and the Town Council operate Halewood Hub which is based in the Arncliffe Centre. Thanks to Alicia for her hard work supporting her community in the finest tradition of St. Julie.



More Online Lessons from Pearson

Following excellent feedback from Pearson's online Maths lessons, this week sees the launch of lessons in Science and English. All lessons are broadcast on the [Pearson YouTube channel](#) and are available for viewing on demand. You can find a [schedule of Science lesson timetables and topics here](#), and [the same information for English lessons here](#). If you find the lessons useful then be sure to tell your friends!



Managing Anxiety

Between now and summer we will be updating our website with a different Mental Health resource each week which could be beneficial to our students' and their families. This week we will focus on anxiety. Anxiety is a serious problem for teenagers. Common features of anxiety include tension, worry, frustration, irritability, sadness and withdrawal. Young people do not often express their anxiety in a straightforward way and

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can show they are affected through passive or negative behaviours.

[Tips for teens on managing anxiety.](#)

Useful websites for self-help resources:

[www.anxietyuk.org.uk](#)
[www.nopanic.org.uk](#)
[www.mind.org.uk](#)
[www.getselfhelp.co.uk](#)
[www.youngminds.org.uk](#)

Careers Updates

This week you'll find a really useful addition to the VLE course on CIAG, which contains a new page with a consolidated table of about eighty online events and resources related to Higher Education.

Financial Advice and Support

The global pandemic has hit many people very hard financially, and there is some help and support that you can reach out to.

Liverpool Citizens' support Scheme – 0151 233 3053 – this is special fund specifically for those struggling with food, gas and electricity which applicants can access twice in any one year.

<https://liverpool.gov.uk/benefits/help-in-a-crisis/liverpool-citizens-support-scheme/>

United Utilities Trust Fund is a charity run by the Energy Suppliers which also helps customers in Energy Poverty.

<https://www.uutf.org.uk/getting-help/application-form/>

Saint Andrew's, Clubmoor helps anyone who is in debt or who is struggling with money worries. They do not give money. They are independent and free. They are superb, non-judgemental, affirming and incredibly helpful. "No debt is insurmountable. There is a way out of this situation for everyone."

<http://www.standrewslive.org.uk/debt-advice>

<http://www.standrewslive.org.uk/money-management>

<https://www.thelivewelldirectory.com/Services/1232>

My Local Pantry – this is an organisation for Liverpool residents where people can apply for help. They have a combination of delivery and collection arrangements. The only criteria is where you live and that you are struggling.

<https://www.yourlocalpantry.co.uk/find-a-pantry/?LocationsList=Liverpool>

Food Unions – like credit unions, but for food – people pay £3.50 a week and can have up to £20 worth of food which typically consists of canned goods and often fresh fruit and veg. Contact St Andrew's Clubmoor for more info.

An example is <https://www.theflorrie.org/our-projects/foodunion/>

Safeguarding: Sweet Snap App

Please be aware of an app of which we have been aware this week. The app is called Sweet Snap and there is an upgrade called Sweet snap lite.

This is a dangerous app to download. If downloaded it has been reported to also download additional software to your phone silently. There have been instances of student's photos being uploaded from the phone silently too. There are multiple adults accessing the chat and trying to talk to the children in a sexual manner.

The relevant authorities are aware of this App but we are advising that all parents/carers check their child's phone and remove this app if they have it. Please can you speak to your child about online safety.

If you would like additional resources to support this, then click the link below.

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<https://www.thinkuknow.co.uk/parents/Support-tools/home-activity-worksheets/>

If you have any concerns regarding any apps or online safety, then please inform the Police and school.

Safeguarding: Keeping Safe Online

Even prior to Covid-19 the [NSPCC](#) had stated that online sexual grooming has risen by a third, with 1 in 5 victims aged just 11 or younger. Sadly since lockdown the [BBC](#) report that there has been an significant increase in online child abuse. Positively, the Government provided summarising guidance for parents and carers to help them [keep children safe online](#). This signposts to a number of key websites including:

- [Thinkuknow](#)
- [Childnet](#) which has developed [guidance for parents and carers](#) to begin a conversation about online safety, as well as [guidance on keeping under-fives safe online](#)
- [Parent Info](#)
- NSPCC has produced [guidance for parents and carers](#) to help keep children safe online
- [UK Safer Internet Centre](#) provides tips and advice for parents and carers to keep children safe online - you can also [report any harmful content found online through the UK Safer Internet Centre](#)

The NSPCC has since created an [online news page](#) and an [online safety in lockdown hub](#) to support parents, carers and young people. This includes a range of advice including [8 online tips for lockdown](#). Additional NSPCC guidance about online safety during the coronavirus pandemic can be found [here](#). The BBC [Own IT](#) website is a brilliant website for children and young people which has a range of content to support young people online including how to [seek support](#) and [report online sexual abuse or concerns](#), [dealing with 'mean' online comments](#) and the new [Own IT App](#).

The government has also provided broader guidance for everyone about [staying safe online](#)