



# St. Julie's Catholic High School

## Weekly Newsletter

Week Beginning 8<sup>th</sup> December

### Forthcoming Dates for your Diary

**8<sup>th</sup> December**  
Christmas Production of Annie Begins

**10<sup>th</sup> December**  
Liverpool Schools' Advent Service at the Cathedral

**18<sup>th</sup> December**  
Christmas Accessory Day

**19<sup>th</sup> December**  
Advent Christmas Services



### Celebrating Excellence: Empowering Girls and Young Women in 2025

We are thrilled to share the outstanding achievements of our all-girls' Catholic secondary school this year. A true testament to the power of education rooted in faith, values, and empowerment.

### A Year of Remarkable Success

According to the latest DfE performance data 2025, our school has proudly secured its place among the top 3 highest performing Catholic schools in Liverpool and top 10 across the North-West (including Liverpool, Lancashire, Halton, Sefton and Knowsley) based on Attainment 8 scores for 2025. This incredible accomplishment reflects the dedication of our students, staff, governors, trustees and community in striving for academic excellence.

### Championing Equity and Inclusion

Our commitment to supporting every student shines through in our performance for disadvantaged learners. We are honoured to rank as the highest performing Catholic school in Liverpool and 3<sup>rd</sup> across

the North-West for students in receipt of Free School Meals (FSM). This achievement underscores our unwavering belief in the Notre Dame core values, educating hearts and minds, fostering dignity, and ensuring that every young woman has the opportunity to thrive.

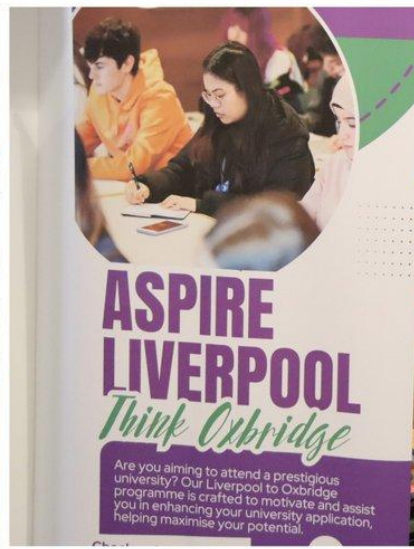
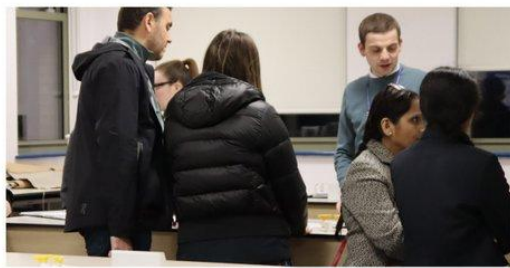
### Supporting All Learners

Inclusivity remains at the heart of our mission. We are proud to be the highest performing Catholic school in Liverpool and 2<sup>nd</sup> in the Northwest for students with Special Educational Needs and Disabilities (SEND). This recognition reflects our tailored support systems and commitment to ensuring that every girl feels valued, empowered, and capable of success.

### Empowering the Next Generation

These milestones are more than numbers they represent lives transformed, futures brightened, and a community united in faith and excellence. Together, we continue to empower girls and young women to lead with confidence, compassion, and courage.





## Sixth Form Open Evening

On Thursday evening we opened our doors to students from Years 10 and 11 to find out all about our Sixth Form courses and what life as a Sixth Former at St. Julie's is really like. Visitors were able to tour our remodelled Sixth Form facilities and talk to staff and invited partner agencies about how to make great choices at Sixth Form to plan their future pathways. Thank you to everybody who came along to see us. Applications are now open!



## Your list of contacts at St. Julie's

You can click any of the hyperlinked names below to send an email.

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### Year 7 Advent Mass

We are now in the season of Advent, so on Monday, all Year 7 students gathered in the Chapel for a celebration of Mass. The Mass was an opportunity to begin this season of preparation well; by reflecting and giving thanks for all the good things in our lives, to remember those who find this time of year difficult and think about how we can open our hearts to Jesus and others this Christmas. A huge thank you to Year 7 for their participation and to all the students involved in reading and music ministry. Thank you, Father Ed for leading us in a wonderful celebration that has started Advent in the best way possible!



### Winter HAF Programme

The Winter HAF programme starts on the 22<sup>nd</sup> December with plenty of exciting activities happening over the school holidays. Children and young people, from reception to age 16, **who are eligible for benefits related free school meals**, will be able to access hundreds of activities throughout the Winter holidays including specific provision available for children with SEND or additional needs, all at **no cost**. There's a great range of festive and non-festive activities across the city including trips to pantomimes, festive arts, crafts, cards and decoration making, Santa's Grotto, winter wonderland disco, roller skating disco, rave dance, cheerleading, tumbling, zorbing, nerf battles, circus skills, Lego activities, film and jewellery making,

## Meet the Junior 1804 Society!

We are delighted to introduce our Junior 1804 Society student leaders to you and will do so over the coming weeks. The 1804 Society plays a vital role in the life of St Julie's, giving students the opportunity to shape the future of the school and leave a lasting legacy.

Named after the year the Sisters of Notre Dame were founded, the Society connects today's students with those who have gone before, encouraging them to embody the school motto: *"Serve the good God well with much liberty of spirit."* Members take on leadership roles that strengthen our community and ensure student voice is at the heart of school improvement.

This week's Junior 1804 Pen Paragraph is brought to you by our Diversity Coordinator, Riley, in Year 10 and our Service Co-ordinator, Bahiyyih in Year 8: *I wanted to join the council because I wanted to help students to be seen and shine. My interests are drawing, writing, singing, and reading. The main reason why I wanted to join the 1804 Society is that I am here to listen and represent my peers. I'll be bringing ideas and concerns to our council meetings. I will offer help to students who are struggling, listen to their ideas and discuss with the council how we can help them.*

*Hi everyone, I'm Bahiyyih from Year 8. I wanted to be a part of Junior 1804 so I could help others and make a difference. I will bring any ideas or concerns students may have to our meetings and listen to my peers to I can pass on their ideas as well.*

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basketball, trampolining and ice skating to name but a few! A meal is included for every child attending. You can find out more information and [book places here](#).



### Cup Progress for 7 & 8 Footballers!

Our Year 7/8 Footballers have cleared the first hurdle of their Merseyside Cup campaign with a win! Our players faced a team from Ridgeway High School in the first round and took a win securing a place in the next round of the competition. Well done to all of the players!



### NHS Workshop

This week, our students took part in an exciting workshop designed to open their eyes to the incredible variety of careers within the NHS. Many discovered roles they had never heard of before—from cutting-edge technology positions to vital behind-the-scenes jobs that keep our healthcare system running. Each student will now produce a creative advertisement for their chosen NHS career. The format is completely up to them—whether it's a catchy song, an engaging game, or even a dramatic movie trailer, imagination is the only limit! Once completed, these projects will be entered into a national competition, giving our students the

chance to showcase their creativity and win fantastic prizes.



### Liverpool John Moores Visit Year 12

On Thursday students from Year 12 were introduced to LJMU Outreach team member, Mariama. Mariama spoke to students about the benefits of higher education, different types of courses to look out for and gave an oversight of life as a student at LJMU. Students were able to learn more about both the City and Mount Pleasant Campus and the different courses offered at each. In addition, they were provided with an overview of student finance, accommodation and scholarship opportunities. We'd like to thank Mariama for her time and insight; and look forward to welcoming her back into school in the new year.



### Myerscough College Open Day

Myerscough College are holding an open day for Year 10 and 11 students on **Saturday 6th December** giving visitors a chance to find out about the 30 different subjects covering a wide range of land-based and sporting courses. You can find out more about what's happening in the event [right here](#).



## Sixth Form spotlight!

This week's subject spotlights celebrates four subjects at the very heart of scientific discovery and problem-solving.

In A level Biology, students explore living systems, genetics, and ecosystems, preparing for careers in medicine, veterinary science, research, and environmental conservation.

Chemistry focuses on the composition of matter and chemical reactions, leading to opportunities in pharmaceuticals, forensic science, engineering, and healthcare.

Physics unravels the laws of the universe, from forces to quantum theory, opening doors to careers in engineering, technology, data science, and space exploration. To learn more about why you should think about studying Science at St Julie's Catholic Sixth Form, [click here](#).

In Maths, students develop advanced problem-solving, logical reasoning, and data analysis skills — highly valued in finance, computing, engineering, and actuarial work. [Click here](#) to read an article about the benefits of studying Maths at A level.

If students want to study an additional qualification alongside their chosen A levels, Core Maths could be a challenging and interesting choice. Studying AS Level Core Maths in Year 12 helps students strengthen their practical maths skills, supporting subjects like Science, Geography, Psychology and Business. It develops confidence with real-world applications such as data analysis, financial calculations, and logical reasoning — all highly valued by universities and employers alike.



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## Women In Timber

Women in Timber is a new and inspiring network dedicated to celebrating, connecting, and empowering women across the timber industry. WIT has created a platform and a space where women in timber can meet, network, share experiences, challenges and offer support to one another. You can follow their activities at the [Women in Timber website](#).



## Toy Appeal for Advent Service

On 10<sup>th</sup> December, student representatives from St Julie's will attend the Schools' Advent Service at the Cathedral. During the service, they ask for donations of toys for Nugent Care (not wrapped!) If you have any suitable new or unused toys that you wish to donate, please bring them into school and pass to the form charity reps or the chaplain before 10<sup>th</sup> December.



## Logging into GCSEPod

[Click here for the quick guide](#) to helping your child log into to GCSEPod, a fast paced, easily accessible and carefully curated set of revision guides, available right on their phones.



## Responsible Parking

Please [click here to read a copy of a letter](#) circulated by Mrs McCourt last week referring to parking and stopping whilst picking up and dropping off students.



## Healthy Schools and Controlling Infection

As we enter the period of seasonal illnesses we're working hard as a school to manage infectious diseases within the school community and following relevant guidelines. You can help to keep your child healthy by [considering this government advice](#). Most mild illnesses - such as a runny nose, sore throat, or slight cough - do **not** require time off school, unless your child has a temperature. There's [more guidance on that here](#). It's always helpful to book

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medical appointments outside of school hours where possible. Where this isn't possible, they should bring their child to school before, and return after, if they are well enough. Pupils can attend appointments in their school uniform.

Vaccinations are a key line of defence against flu and other preventable illnesses. When children and young people receive all the recommended vaccines in the national immunisation programme, it helps protect their health and support the wellbeing of the whole school community. School Age Immunisation Services (SAIS), commissioned by NHS England, deliver these free vaccinations in schools. This autumn, all school children in England (from reception to year 11) will be offered a [flu vaccination](#) at school. There's more information about vaccination programmes in secondary schools [here](#).



## Punctuality Procedures at St Julie's

At St Julie's, we believe punctuality is crucial for a successful and positive school day. Arriving on time ensures every pupil is ready to learn and minimises disruption for all.

### Why Is Punctuality So Important?

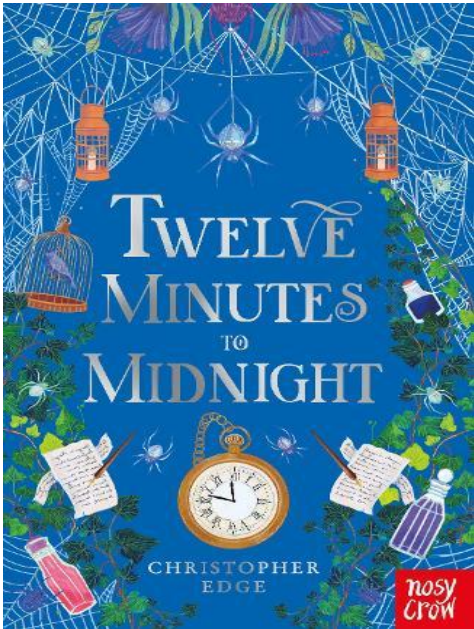
- Sets good routines for life
- Ensures no learning is missed
- Minimises disruption for others

You can read our [punctuality procedures in detail here](#).

100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

## The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.



## Recommended Read for December

If you're stuck for reading inspiration why not take a look at our recommended read? This year's recommended reads are all coming from our students, and Amy's recommendation for December is 'Twelve Minutes to Midnight' by Christopher Edge.



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### Twelve Minutes Till Midnight

*Twelve Minutes to Midnight is a historical adventure novel by Christopher Edge, the first in the Penelope Tredwell Mysteries series. The story follows 13-year-old orphan heiress Penelope Tredwell, who writes under the pseudonym Montgomery Flinch for her popular magazine, The Penny Dreadful. When she receives a letter from the governor of the Bedlam madhouse, she's drawn into a real-life mystery where patients write strange visions of the future at twelve minutes to midnight each night.*



### Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).

### Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also

communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



### Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

### SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm

Alternatively, you can email your concern to [seniss@liverpool.gov.uk](mailto:seniss@liverpool.gov.uk)

### Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm

Alternatively, you can email your concern to

[epsadmin@liverpool.gov.uk](mailto:epsadmin@liverpool.gov.uk)

### ASD Training Team:

07522800193/07515501854

Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm

Alternatively, you can email your concern to

[ASDtrainingteam@liverpool.gov.uk](mailto:ASDtrainingteam@liverpool.gov.uk)



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### Children's Occupational Therapy Service

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email [chot@liverpool.gov.uk](mailto:chot@liverpool.gov.uk)  
**Liverpool Sensory Service**  
Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email [sensoryservice@liverpool.gov.uk](mailto:sensoryservice@liverpool.gov.uk)

### Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

### Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

### Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or

prison and need support to stay in the community. There are [more details available here](#).

### Neglect

Everyone deserves to feel safe, cared for, and to have their basic needs met. Being taken care of means that someone is giving us what we need physically and emotionally, as well as making sure individuals are getting an education and access to things like the doctor when needed. If you are struggling; or you think someone you know is being neglected, then it's important to get support. Click here [Neglect | Childline](#) to learn more about accessing support; the types of support you could access. This page contains a contact number: 0800 1111; a contact form and offers different ways of obtaining help including a 1-2-1 chat with a counsellor [Get Support | Childline](#)

### Young Carers Support

Barnardo's Action with Young Carers offers assessments and support for young carers. You can find out more from their [information leaflet](#) or [at the website](#).

### Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults '[#It's abuse](#)'.
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

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Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the [safeguarding@stjulies.org.uk](mailto:safeguarding@stjulies.org.uk) email address being the best way to make contact out of hours.

### RASA (Rape and Sexual Abuse)

**Merseyside** is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email

[referrals@rasamerseyside.org](mailto:referrals@rasamerseyside.org) or visit our website [www.rasamerseyside.org](http://www.rasamerseyside.org)

### Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550

They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

**Anxiety UK** – Charity providing support if you have been diagnosed with anxiety

**Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)**

**CALM** – Campaign against living Miserably, for Men ages 15-35  
**Phone: 0800 58 58 58 (daily 5pm-midnight)**

**Mental Health Foundation** – support for mental health concerns  
<https://www.mentalhealth.org.uk/>

**MIND** – Meeting mental health needs  
**Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)**

**No Panic** – support line for panic attacks and OCD  
**Phone: 0844967 4848 (daily 10.00am-10.00pm)**

### Give Us A Shout

Immediate support by text for people of all ages.

<https://giveusashout.org/>  
**Text 'SHOUT' to 85258**

**PAPYRUS** – Suicide prevention team  
**Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)**

**Rethink Mental Illness** – supporting mental health all ages.

**Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)**

**Samaritans** – supporting those experiencing feelings of despair  
**Phone: 116 123 (free 24 hour helpline)**

### Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

### Microsoft Office 365

#### Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <https://www.office.com> and sign in using their school email address and password and then look for the 'Install and more' option.

### Resources for Parents in Knowsley

[Advanced Solutions](#): 0151 486 1788

Listening Ear: St Nicholas Centre, 70 Church Road, Halewood, L26 6LB  
0151 488 6648

Children in care (under 18?) Polaris  
[Knowsley.EHWP@coreassets.com](mailto:Knowsley.EHWP@coreassets.com)  
07967 381 035

[Knowsley CAMHS](#) 0151 351 8610

[Kooth](#)

[Mental Health Support Teams](#)

[Zuntold](#)



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Safeguarding: [Safeguarding Team](#)

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[St. Julie's Main Website](#)  
[Chaplaincy Website](#)  
Chaplaincy Instagram: stjuliesl25  
[Wellbeing Website](#)  
[Careers Website](#)

Domestic Abuse  
[Merseyside Domestic Violence Service](#) 0780 272 2703 mdvs.org

[Ruby Project](#) ruby@pss.org.uk

Family support [Family First](#)

[Knowsley Family Info](#)

[PSS Prisoner Family Service](#)

[Lee Cooper Foundation](#)

[Healthy Knowsley](#)