



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 9th June 2025

Forthcoming Dates for your Diary

12th June
Year 8 Parents' Evening

16th June
Year 10 Mock Examinations begin

19th June
Year 8 Options Evening



Triumph At Dot Art Competition!

Congratulations to Anna in Year 9 whose fantastic artwork has brought a first time win for St Julie's in the Dot Art gallery's competition for schools! The prestigious contest, judged by an expert panel, sees winning entrants have their work exhibited in the Walker Art Gallery. Anna's work, "Mirror to the Soul" is on display along with entries from Charlotte and Isabelle who received certificates for being shortlisted. Well done to our talented artists!



Young Writers Pen Grim Tales!

Congratulations to our 29 young writers who have been selected for publication in the recent 'Grim Tales' writing competition. Our students were challenged to write a creepy tale using either an original concept or a twist on a well known story in just one hundred words! Our successful writers will see their work published in the final competition volume later this year.



Football City Champions!

This week has been a busy one for all the football teams at St Julie's. We had 4 teams from years 7-10 competing in the City Championships competing against teams from 14 other Liverpool schools. We are delighted to say that both our Year 7/8 and our Year 9/10 team have been crowned City Champions! Well done to all of our talented players!

**ST. JULIE'S
STUDENTS
WHO ARRIVE
ON TIME
HAVE
HIGHER
READING
ABILITY**

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[Careers Website](#)



Celebrating Carers Week 2025 9th–15th June 2025

Carers Week is a UK-wide awareness campaign that recognises and celebrates the millions of unpaid carers who support family members, friends, or neighbours who are older, disabled, living with illness, or need extra help due to addiction or age-related challenges. This year's theme is 'Caring about Equality', which aims to highlight the importance of ensuring all carers are recognised, valued, and properly supported, regardless of who they care for or their personal circumstances.

A carer is someone who provides unpaid care and support to a family member or friend who has a disability, illness, mental health condition, addiction, or who needs extra help as they grow older. This does not include people who volunteer or are employed to provide care—it refers to everyday individuals who step in to help someone close to them manage day-to-day life.

While many carers say it's one of the most important and rewarding roles they take on, caring can have a big impact on every aspect of life, from relationships and health; to finances and work. Without the right information and support, it can be incredibly tough. That's why it's vital to recognise carers and ensure they receive the understanding and help they need. In support of Carers Week, we want to raise awareness of these challenges and celebrate the enormous contribution carers make to families, communities, workplaces, and society.

How You Can Help:

- **Learn more** about who carers are and the wide range of support they provide.
- **Talk to your child** about the importance of caring and recognising carers around them.
- **Reach out to us** if you or someone in your household is in a caring role—we're here to help.

Useful Links for Parents & Carers:

- [Carers Week Official Site](#) – Learn more about the 2025 theme and how to get involved.
- [Carers UK](#) – Comprehensive advice, advocacy, and resources for carers.
- Young Carers Support – The Children's Society – Tools and guidance tailored to young carers and their families.
- [NHS – Support for Carers](#) – Explore the health and social care support available to carers.

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Scholastic Book Fair

Returns

Next week the Scholastic pop-up book fair returns to St. Julie's! Why not take the chance to get your shelves stocked and ready for summer? You can [pre-buy credit here](#) and get exclusive pre-sale access.



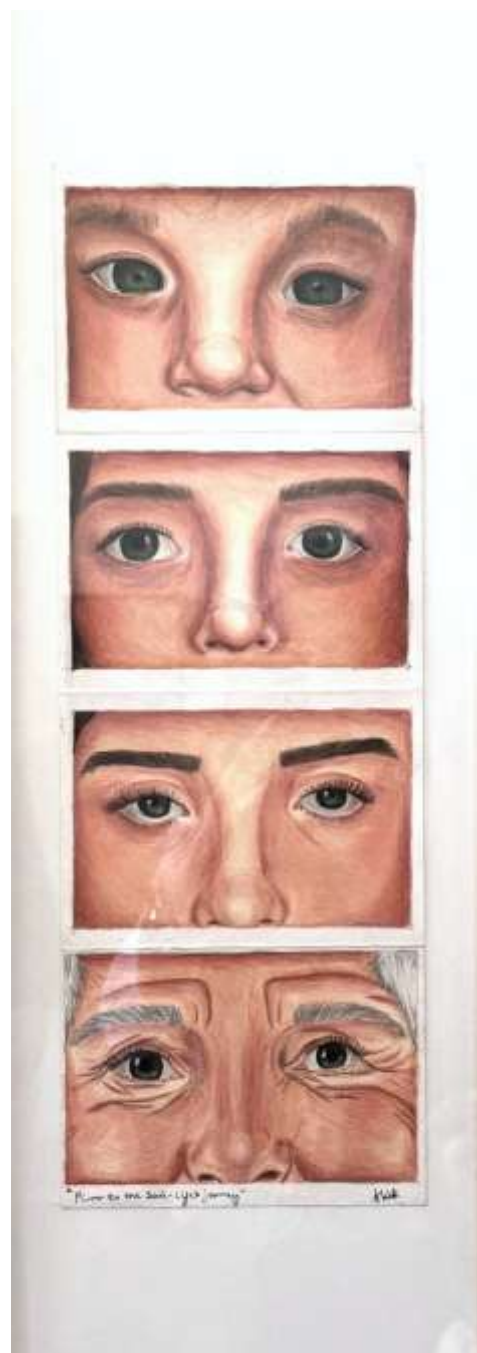
2025 UniTasterDays Guide Published

The team at UniTasterDays.com have just published their 2025 University Guide for parents and carers. The guide features representative contributions from over 75 institutions. You can [access the guide here](#).



Year 10 Mock Examinations

Please [click here for a copy of a letter](#) circulated recently to parents of students in Year 10 with information about the forthcoming mock examinations beginning on 16th June.



"Mirror to the Soul: Life's Journey" – the winning Dot Art competition entry by Anna in Year 9.



Year 7 Students Build Resilience

On Monday this week we were pleased to welcome Mia Magee

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from Merseyside Youth Association who led a workshop assembly with students in Year 7. The focus of the workshop was supporting friendships and resilience, and offered room for both room for reflection and good practical advice. Thank you to Mia for making the time to visit us.



Are You Supporting A Child Moving Up To Secondary School?

If you are supporting a child with transition into secondary school, or know somebody who is, then you might be interested in a forthcoming 30 minute webinar from Kooth about this subject. You can [find more details here](#).

Important Events for Year 8 Students

On Thursday 12th June we will be hosting our Year 8 Parents' Evening. Appointments will follow, but they need to be made using the My Child At School app, or My Child At School web portal. The following week, on Thursday 19th June, we will be hosting our Year 8 Options Evening, and look forward to seeing you there!



Year 7 Charity Bingo

On Monday 30th June, students in Year 7 are going to be participating in Bingo to raise funds for Teenage

Cancer Trust. This will be at the cost of £2.50 where they will receive bingo tickets and a raffle ticket, where they can win some prizes! You can pay for this on Parent Pay and the cut off date is the 23rd June.



Towers of Straw in STEM Club

Scientists in Years 7 and 8 have been testing their construction methodologies using paper straws in STEM Club this week! Towers were judged on height and aesthetic qualities and our winner topped out at 66cm on height, and our aesthetic champion produced an intricate trellis to a tapering point. Well done to all of our scientists!



GCSE Revision Materials

Please [click here for a copy of a letter circulated by Miss Gawley](#) recently with details of revision materials aimed at students taking GCSE exams this summer.

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My Past Papers App

We've been made aware of a free to use app offering past papers for all UK exam boards. This is available for iOS and Android devices and allows users to customise their subjects to see only relevant papers. You can [find the download links here](#). Please be aware that this is a third party service that the school isn't contracted to and users use the app at their own risk.



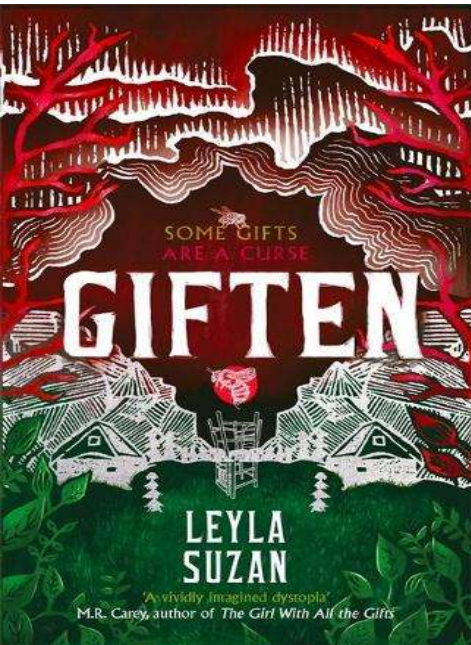
Sutton Trust Online - opportunity for Year 12 students

Sutton Trust Online (STO) is an award-winning digital programme designed to help students shape their future. STO is packed with interactive activities, expert advice and key resources to support them every step of the way, from exploring their options to preparing strong applications and thriving in Higher Education. Thousands of students across the country use STO each year to build their skills, boost their confidence and take control of their next steps. STO prioritise students based on a range of social mobility criteria, including eligibility for free school meals and the context of their neighbourhood. Applications close on 26th August 2025 at midday. To apply, click here: [Welcome to the Sutton Trust Applications website](#)

100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.



Recommended Read for June

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'Giften' by Leyla Suzan.

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A BLIGHTED LAND

Ever since The Darkening, survival has been a struggle. The people of the Field toil on parched earth, trying to forge a life amid dwindling resources.

A GIFT

As one of the Giften, Ruthie is a saviour to her isolated community: her hands hold the rare ability to raise food from dead soil. But she is also its greatest danger.

A SINISTER REGIME

In the City lurks a dark army, intent on hunting Giften to harness their power, destroying all who stand in their way. With the threat growing ever stronger, Ruthie and her friends must leave behind all they have ever known and embark on a quest that will pitch them towards the City, and unknowable danger. One way or another, a battle is coming.



Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it

is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm

Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm

Alternatively, you can email your concern to

epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854

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Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm
Alternatively, you can email your concern to ASDtrainingteam@liverpool.gov.uk
Children's Occupational Therapy Service

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk
Liverpool Sensory Service
Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email sensoryservice@liverpool.gov.uk

Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric

vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

Young Carers Support

Barnardo's Action with Young Carers offers assessments and support for young carers. You can find out more from their [information leaflet](#) or [at the website](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults ['#It's abuse'](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

RASA (Rape and Sexual Abuse)

Merseyside is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email referrals@rasamerseyside.org or

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www.rasamerseyside.org

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety
Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk/>

MIND – Meeting mental health needs
Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD
Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout
Immediate support by text for people of all ages.
<https://giveusashout.org/>
Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team
Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm – 10.00pm, weekends, 2.00pm-5.00pm)
Rethink Mental Illness – supporting mental health all ages.
Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)
Samaritans – supporting those experiencing feelings of despair
Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <https://www.office.com> and sign in using their school email address and password and then look for the 'Install and more' option.

Resources for Parents in Knowsley

[Advanced Solutions](#): 0151 486 1788

Listening Ear: St Nicholas Centre, 70 Church Road, Halewood, L26 6LB
0151 488 6648

Children in care (under 18?) Polaris
Knowsley.EHWP@coreassets.com
07967 381 035

[Knowsley CAMHS](#) 0151 351 8610

[Kooth](#)

[Mental Health Support Teams](#)

[Zuntold](#)

Domestic Abuse
[Merseyside Domestic Violence Service](#) 0780 272 2703 mdvs.org

[Ruby Project](#) ruby@pss.org.uk

Family support [Family First](#)

[Knowsley Family Info](#)

[PSS Prisoner Family Service](#)

[Lee Cooper Foundation](#)

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