



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 9th September 2024

Forthcoming Dates for your Diary

9th September
School photograph day

19th September
Year 4, 5 and 6 Open Evening



A Warm Welcome Back!

On Tuesday we celebrated a very welcome return to school for all of our students as we smoothly entered our new academic year! Our first students to arrive were our new Year 7 who looked magnificent in their new uniforms. Throughout the next two hours we saw all students arrive in a phased start with a welcome assembly for each year group. After morning break all students were settled into lessons with effective learning already taking place. Well done to all of our students, and their teachers, for a great start to the year!



St Julie's Students Continue to Excel

There were squeals of delight and sighs of relief as we ushered in another fantastic year of results for the students at St. Julie's Catholic High School during our results days in August. We enjoyed a morning of celebrations as students collected GCSE results and signed up for St. Julie's Sixth Form. Following

months of hard work, dedication and commitment to their studies students could breathe a sigh of relief as all their good work had come to fruition today after a long wait. Hard work really does pay off and we are very proud of all students who excelled in their GCSEs. On A Level results day Our Year 13 students collected their long-awaited results and we are delighted to share their success with you. The perseverance and resilience despite the additional anxiety caused by the disruption to their studies due to the pandemic years was recognised and we are incredibly proud of each and every one of them for their excellent achievements. Our students have achieved incredibly well across the

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full range of A-Level and Level 3 qualifications we offer, and we have no doubt that they will go on to achieve even bigger and better things as they embark on this next exciting chapter of their life.



As always, our students move on to study an exciting and diverse range of subjects across the United Kingdom. A number are headed to universities in the North West to study a variety of fields from Journalism, Law and Fine Art to Paramedic Science, Physics with Nuclear Science, Archaeology, Biomedical Science and Sport to name but a few. Looking further afield, we bid Bon Voyage to those heading off to Glasgow, York, Worcester and London and hope they keep in touch!

Journalism, Law, Marketing and Business Studies remain popular degree choices, and we have seen an increased number of students securing Degree Apprenticeships in Construction and CAD. St Julie's Sixth Form is always proud to continue supporting students to challenge stereotypes and raise the profile of Women in STEM so that they can become our future scientists and engineers – several of this year's STEM cohort will shortly be embarking on degrees in, Maths, Physics, Nutrition and Health, Paramedic Practice and Biomedical Science.

The grades students have received today are the result of their hard work, dedication, and perseverance. They will be leaving St Julie's to take up places at many of the top universities in the country and we hope they keep us informed of their future success. They should be

proud of what they have achieved, and we wish them the very best of luck in their future endeavours.



Letter from the Headteacher

Please [click here](#) to read a letter from the Headteacher that was circulated immediately prior to the start of term.



Lourdes Pilgrimage Complete!

At the end of July, four St Julie's students began their Summer break serving others, assisting pilgrims on the annual Liverpool Archdiocese pilgrimage to Lourdes, France. Every year, young people from across the Archdiocese volunteer to travel to Lourdes by coach and spend the week assisting those pilgrims who are infirm or have physical challenges by taking them to Masses, services and of course, the grotto where Our Lady appeared to St Bernadette. Lourdes is a place of physical, spiritual and emotional healing and many of the young people experience the power of Lourdes as well as the pilgrims. For Lucy and Julia it was their second year in Lourdes and they're already making plans to return next year! For Cara and Daisy, it was their first experience and as you'll see by the pictures, it looks like they had an amazing time!

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Keep a look out for details of Lourdes 2025 in the next few months or come and have a chat with our Chaplain.



Attendance and Attainment

One of the most important things your daughter can do to achieve academic success is also one of the most basic: going to school every day. In fact, research has shown that your daughter's attendance record is the biggest factor influencing her academic success.

Benefits of daily attendance

Attainment - Regular attendance allows students to keep up with the curriculum and better understand the material being taught. Each lesson is designed to build on previous knowledge. Absences disrupt this continuity, making it hard for your daughter to keep up with the class. Missing even a single lesson can have significant effects on her learning.

and support staff ensures that any learning difficulties can be identified and addressed promptly, providing your daughter with the support she needs to excel.

Pastoral Support - Students who attend school regularly have access to a team of skilled support staff to promote good mental health and wellbeing.

Community and Broader Opportunities - here at St Julie's we are a faith community and our school is a place of belonging. We encourage growth of the whole person, and our unique gifts and talents are celebrated and used in service to others. As well as various activities through our Scripture and

Attendance Newsletter

At the start of the week we circulated our 'School Attendance Matters' newsletter to all parents.

You can [find a copy here](#). The newsletter includes a summary of our attendance team roles and responsibilities, and includes the introduction of



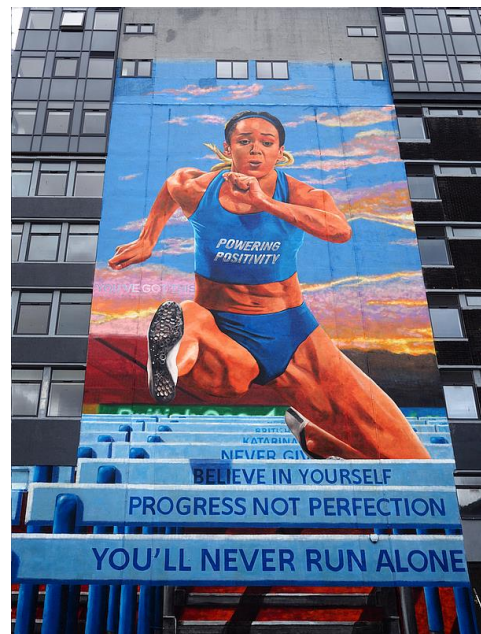
Ms Ainsworth in her new role of Student Support and Attendance Manager.



A Busy Summer Across Our Building

As with every year, when the students leave for the summer break a whole new bustle of activity begins, with maintenance, updates and upgrades that can only take place when normal lessons aren't taking place. This summer has seen grounds maintenance, every

window in the building being cleaned, painting and decorating, carpet cleaning and replacement, some new furniture being installed and the installation of beautiful wall art running for the full length of three of corridors. Equally important are the many tasks undertaken that aren't quite so obviously visible, including servicing and cleaning of lighting and security systems, checks of electrical equipment, a complete renewal of the network switching infrastructure, a full fire inspection and software updates across the whole school computer network. We're very pleased with progress on some important building works including the addition of some extra office space and the ongoing redevelopment of our Sixth Form area into a fresh and exciting learning environment. Work on the Sixth Form development is going very well and is scheduled for completion in the second half of September.



Olympic Medal for KJT!

Along with much of the rest of the country we held our breath during the thrilling 800m climax of the Heptathlon at the Paris Olympics that saw St Julie's Alumna Katarina Johnson-Thompson take her first Olympic medal! Katarina's resilience and perseverance in battling back from several serious injuries has only elevated her stature as an outstanding role

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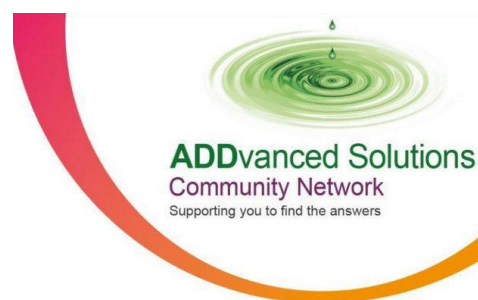
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model to our students. As well as her record-breaking achievements on the track and in the field, we know that Katarina still has time for kind words of inspiration to young athletes that she meets at the Liverpool Harriers. Congratulations Kat!



School Photograph Day

On Monday 9th September a team of photographers from our photographic partner, John Hunt Photography, will be in school to take an individual portrait photograph of each student. Prints of these photographs can be purchased by parents through the photographer's secure portal and there is **no obligation to buy**.



ADDvanced Solutions Events

ADDvanced Solutions Community Network is an open access offer that supports the emotional health and wellbeing of neurodivergent children and young people, their families and the professionals that work with them. Below you will find the learning programmes and workshops for Knowsley and Liverpool families. No diagnosis or referral is needed to access ADDvanced Solutions Community Network.

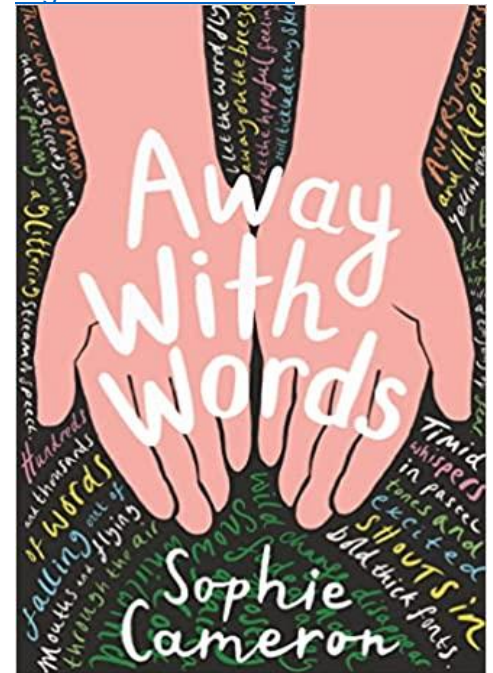
[Autum events for LIVERPOOL](#)

[Autumn events for KNOWSLEY](#)



Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).



Recommended Read for September

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'Away With Words' By Sophie Cameron.

Gala and her dad, Jordi, have just moved from home in Cataluña to a town in Scotland, to live with Jordi's boyfriend Ryan. Gala doesn't speak much English, and feels lost, lonely

Performing Arts Extra Curricular Timetable 2024-25

	Monday	Tuesday	Wednesday	Thursday	Friday
Before School – 8am-8.30am	Drama – Year 7	Drama – Year 8 Dance – Year 7	Dance – Year 9/10/11	Dance – Year 8	
KS3 Lunch Time – Lesson 4	Music Club - Year 7/8/9	Choir	Music Club – Year 7/8/9		Music Club – Year 7/8/9
KS4 Lunch Time – Lesson 5				GCSE Music Club	
After School	Production – Grease - 5pm GCSE Music – 5pm GCSE Drama -5pm GCSE Dance -5pm GCSE PE -4.30pm PE – Cross Country + Fitness – All Years – 4.30pm PE Year 10/11/12 and 13 GCSE/BTEC Intervention	Drama – Year 9/10/11	Production – Grease – 5pm GCSE Drama -5pm GCSE Dance – 5pm PE – Badminton – All Years – 4.30pm	Production - Grease – 5pm GCSE Music – 5pm GCSE Drama – 5pm GCSE Dance – 5pm PE – Football – All Years – 4.30pm	Production – Grease – 5pm GCSE Drama – 5pm GCSE Dance -5pm PE – Netball – All Years – 4.30pm

KEY	Production	Dance	Drama	Music	PE
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The schedule of extra curricular events from the Performing Arts department has now been published, as above, for the 2024/25 Academic Year.

and unable to be her usual funny self. Until she befriends Natalie, a girl with selective mutism. The two girls find their own ways to communicate, which includes collecting other people's discarded words. They use the words to write anonymous supportive poems for their classmates, but then someone begins leaving nasty messages using the same method – and the girls are blamed. Gala has finally started adapting to her new life in Scotland and is determined to find the culprit. Can she and Natalie show the school who they really are?

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community

Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays.

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You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm
Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm
Alternatively, you can email your concern to epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854
Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm
Alternatively, you can email your concern to ASDtrainingteam@liverpool.gov.uk
Children's Occupational Therapy Service

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk

Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

sensoryservice@liverpool.gov.uk

Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national,

peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults '[#It's abuse](#)'.
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.

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- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety
Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk/>

MIND – Meeting mental health needs
Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD
Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout
Immediate support by text for people of all ages.
<https://giveusashout.org/>
Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team
Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm -

10.00pm, weekends, 2.00pm-5.00pm)

Rethink Mental Illness – supporting mental health all ages.

Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)

Samaritans – supporting those experiencing feelings of despair

Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365

Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers at home at no cost. You can find out more about how to complete the installation in this [remote learning guide](#).