# St. Julie's Catholic High School Weekly Newsletter

Week Beginning 9th December 2024

## Forthcoming Dates for your Diary

9<sup>th</sup>, 10<sup>th</sup> & 11<sup>th</sup>
December
Christmas Production
Performances

**20**<sup>th</sup> **December** Advent Services

**20<sup>th</sup> December** Students finish at 1:15pm







### **Year 7 Attend City Advent Carol Service**

On Thursday this week, every student in Year 7 joined with other students from across the City at the Advent Carol Service at Liverpool Metropolitan Cathedral of Christ the King. The service, celebrated by the Cathedral Dean, Mgr Anthony O'Brien, followed a theme of 'Let Your Light Shine'. Well done to all of our students for their exemplary conduct during both the service and the travelling!





### SEND and Inclusion

### **Advocates**

Congratulations to Mrs Chisam and Miss Knisz who have successfully completed a development programme to become SEND and Inclusion advocates.

This course, running over several months, was led by School Improvement Liverpool to support improved attendance and engagement in school. Well done to our new advocates!



### Musicians Perform in Resonate Orchestra!

14 students from our school community took part in the very first Resonate Youth Collective Symphony Orchestra 100 on Wednesday 27th November. They had a variety of workshops throughout the day teaching them how to work in small sections as well as working as part of the larger ensemble. They also had the opportunity to improvise as part of



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their own large composition piece based on a few notes.

Students enjoyed every minute and were joined by pupils from Notre Dame, St Hilda's, St John Bosco, St Margaret's, Dixons Broadgreen and North Liverpool Academy. Pupils were exemplary and loved hearing the sounds come together. Seven students received awards at the end of the day at the concert which parents attended. Abigail in Year 9 received the award for the lower strings section! Congratulations to all of the students involved!



### **Students Peer Into The House of Lords**

On Friday, 29th November, Sixth Form Politics students had the privilege of meeting Baroness Lister of Burtersett, a member of the House of Lords. During the session, Baroness Lister provided an insightful introduction to Parliament and detailed her role as a peer. Students then engaged in an interactive Q&A session, posing 20 thoughtful and challenging questions that impressed the Baroness. This experience enriched the students' understanding of the House of Lords and offered a fascinating glimpse into Baroness Lister's perspectives on various issues, enhancing their knowledge of British politics.



### Generous Donations for Women's Refuge

Our school community has once again dug deep and shown great generosity supporting women's refuges in South Liverpool and Knowsley. The refuges support women and children escaping domestic violence, and awareness of their work is a part of our white ribbon campaign. The centres are constantly in need of toiletries and supplies, as well as toys and entertainment for women and their children, from babies to teenagers, who often arrive at the refuges with nothing. Thank you for your generous donations, which will help support centres in our communities, and to Sixth Form students Phoebe. Freva. Libby and Grace for their help in supporting and promoting the collection.



Golds Again for Emmie!

Congratulations to Emmie in Year 7 who has recently had a fantastic swim at the Percey Mason Memorial Meet! Emmie swam in 14 races and achieved a staggering 5 golds, 3 silvers and 3 bronzes! She is training hard for the forthcoming Regional Northwest Meet in April 2025. Well done Emmie for fantastic dedication to her swimming!

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### Footballers Reach Liverpool Schools' Final

Congratulations to our Year 7 and 8 footballers who reached the final of the Liverpool Schools' tournament last week! The team had a fantastic tournament and blew their opponents away in every match ultimately reaching the final. St Julie's played and beat teams from Calderstones, Blue Coat and Archbishop Blanch on their journey to the final. The team dominated possession against Calderstones in the final, with the ball hardly entering our half of the pitch, but we were not able to put the ball in the back of the net. The final went to penalties with Calderstones just edging the win. It was a fantastic performance from all of our students from start to finish with an unfortunate result. Well done to: Scarlett, Jessie, Freya, Peggy, Annabelle, Sharnie, Heidi, Ava,



### **Liverpool University Scholars success!**

Luella and Maisie.

We'd like to congratulate four of our Year 12 students this week: Hannah, Pembah, Keira and Lily have been accepted onto this prestigious programme offered by the University of Liverpool. On successful completion of the programme, students will receive additional consideration when

applying to study at the University of Liverpool.

This is dependent on the student meeting all other admissions criteria (for example, interview performance, subject specific requirements and GCSE grades) however, the additional consideration will include:

- A guaranteed conditional offer of a place at the University of Liverpool\*
- An offer reduced by up to 2
   A Level grades or
   equivalent.

This is an excellent opportunity for our four successful applicants and we look forward to hearing about the launch event on January 25th!



### Business Students Pop Up In Met Quarter

Year 12 Business Students have been part of a project hosted by Kirsty Doyle from The KD Club. helping to launch a Christmas popup shop in the Met Quarter. The project was split into two halves, the first half required students to think of ideas for the shop and discuss appropriate branding techniques and create a professional press release. Kirsty then invited students to help with the launch of the shop. The students got to work as part of a team and apply the theory they have learnt in the classroom to a real-life event. We are really grateful to Kirsty for this opportunity and the students now have first-hand business and networking experience. The shop will be open on Saturday 7th December, please feel free to pop down and see the work the students have put in to helping with the launch of it.'

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### **Winter HAF Programme**

The Winter HAF programme starts on the 23rd December and there are lots of great activities happening over the school holidays. Children and young people, from reception to age 16, who are eligible for benefits related free school meals, will be able to access hundreds of activities throughout the Christmas holidays including specific provision available for children with SEND or additional needs, at no cost. There's a great range of activities across the city including breakfast with Father Christmas, Christmas crafts, Christmas parties, ultraviolet dodgeball, cooking, mindfulness, yoga, football, drumming, creative writing, cycling, gymnastics, theatre tech, podcasting, drama, trips out and ice skating! A meal is included for every child attending. Liverpool City Council have introduced a central booking system to make it easier for you to find and book the activities. You can find out where your nearest scheme is by clicking on this link https://eequ.org/liverpoolhaf which will take you to the Liverpool HAF page and the easy to fill in booking system. You can search by age,

> If you are struggling with the cost of living then please

provider or date. There is a handy

booking help video here - How to

make a booking.

uk

- https://www.liverpool.gov.uk/ cost-of-living/
- If you're more than 10 weeks pregnant or have a child under 4, you may be entitled to get help to buy healthy food and milk. Click on the link to find out how to register https://www.healthystart.nhs.

Liverpool City Council is working with Mersey Play Action Council, the local schools, voluntary and community organisations, and childcare providers to deliver the Winter HAF programme. This programme is funded by the Department for Education.

The Family Information and SEND Directory also provides a wealth of useful information and support for families - FISD.



### **Liverpool ASD Training Team**

### **Liverpool City Council ASD Training Opportunities**

The ASD training team from Liverpool City Council are hosting a number of training events in the coming weeks.

**December 10th, 11th, 12th, 13th** 16th, 17th, 18th with sessions at 1-1:45 and 2-2:45pm.

The Liverpool ASD Training Team are providing a series of virtual drop in advisory sessions via zoom. They are for parent/carers wishing to talk in a private one to one setting about any questions or concerns they may have about their child. You do not require a diagnosis of ASD to book your place. To book your place please email asdtrainingteam@liverpool.gov.uk With a choice of your date and time and you will be emailed a zoom link.

For more information about the service please view the Liverpool Local offer Page / Liverpool ASD training team for future training and Workshops.

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### Congratulations Mathematicians!

Well done to the following students who achieved the highest XP (Sparx experience) points in their Maths homework for the week 26/12-03/12. All students will be given a certificate from their maths teacher.

Year 7:

- 1. Ava M
- 2. Phoebe D
- 3. Michele D

Year 8:

- 1. Maisy R
- 2. Ellen R
- 3. Bonnie P

Year 9:

- 1. Olivia J
- 2. Zunairah A
- 3. Natania C

Year 10:

- 1. Savannah A
- 2. Ava M
- Charlotte M

Year 11:

- 1. Leila G
- 2. Orla P
- 3. Amelia L



The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.



#### **SEND Homework Club**

We've introduced a homework club specifically for our students with SEND needs. Students in KS3 are welcome on Mondays from 3:15-4:00pm and students in KS4 are welcome on Wednesdays at the same time. The club is based in the Stars room and students are welcome to just turn up on the appropriate day!



#### Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can fill in the registration form here.

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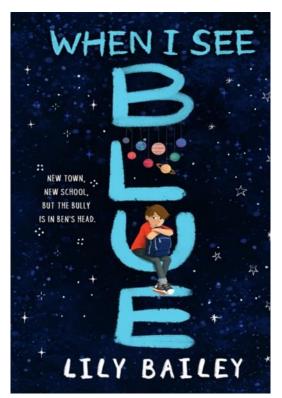
<u>Bell</u>

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### **Recommended Read for**

### **December**

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'When I See Blue' by Lily Bailey.

There are 4 things you should know about Ben:

- 1. He's 12 years old
- 2. He's the new kid at school
- 3. His special number is 4
- 4. He has a bully in his brain

Sometimes Ben's brain makes him count to 4 to prevent bad things happening. Sometimes it makes him tap or blink in 4s. Mostly it makes the smallest things feel impossible. And with a new school, a moody big brother, an absent dad and a mum battling her own demons, Ben feels more out of control than ever. But then he meets April, and with his new friend, Ben might finally figure out how to stand up to the bully in his brain, once and for all.

### **Dangerous parking**

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



### Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays.

You can contact the service on **0151 233 3916**.

### **SENISS Helpline: 07591837693**

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm Alternatively, you can email your concern to seniss@liverpool.gov.uk

### Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm

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Alternatively, you can email your concern to

epsadmin@liverpool.gov.uk

### **ASD Training Team:**

07522800193/07515501854 Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am - 12pm Alternatively, you can email your concern to

### ASDtrainingteam@liverpool.gov.uk **Children's Occupational Therapy**

Please contact the Children's https://learnliveuk.com/network-railsecondary-school-safetytalk/Occupational Therapist who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk **Liverpool Sensory Service** 

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

sensoryservice@liverpool.gov.uk

### **Hub Of Hope**

The Hub of Hope is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

### **Parent Chat Live**

Action for Children Parent Chat is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

### **Liverpool Citizens Support** Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are more details available here

#### **Domestic Abuse:**

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of local and national helplines, including a vital resource for adults '#lt's abuse'.
- The Bright Sky app is an excellent resource for victims of domestic abuse.
- The Hideout resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

RASA (Rape and Sexual Abuse) Merseyside is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email

referrals@rasamerseyside.org or

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visit our website www.rasamerseyside.org

### **Mental Well-being Support**

Children and young people, parents and carers in crisis can call the Alder Hey CAMHS crisis care line 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550 They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

**Anxiety UK –** Charity providing support if you have been diagnosed with anxiety

Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35 Phone: 0800 58 58 58 (daily 5pmmidnight)

Mental Health Foundation – support for mental health concerns <a href="https://www.mentalhealth.org.uk/">https://www.mentalhealth.org.uk/</a>

MIND – Meeting mental health needs Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD Phone: 0844967 4848 (daily 10.00am-10.00pm)

#### **Give Us A Shout**

Immediate support by text for people of all ages.

https://giveusashout.org/

Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team
Phone:0800 068 4141 (Mon – Fri,
10.00am – 5.00pm, 7.00pm 10.00pm, weekends, 2.00pm5.00pm)
Rethink Mental Illness – supporting
mental health all ages.
Phone:0300 5000 927 (Mon -Fri,
9.30am-4.00pm)
Samaritans – supporting those
experiencing feelings of despair
Phone: 116 123 (free 24 hour
helpline)

#### **Kooth Guidance for Adults**

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, available here, gives more information about the kinds of services that young people can access and explains about how the system works.

### Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <a href="https://www.office.com">https://www.office.com</a> and sign in using their school email address and password and then look for the 'Install and more' option.