St. Julie's Catholic High School Weekly Veusletter



Forthcoming Dates for your Diary

12th February 20th Anniversary of Martyrdom of Sr. Dorothy Stang

14th February Students finish for February Half Term

10th – 16th February National Apprenticeships Week



Triumph Again At NOW Festival!

Congratulations to our talented performers who have triumphed at the NOW Festival 2025, winning best mental health message and best overall performance! The mental health festival is celebrating its 10th anniversary this year, and performances took place in the stunning St. George's Hall Concert Room, a favoured performance space of Charles Dickens. Well done to all of the performers and the Performing Arts Team, and thank you to PC Mark for helping with costume! Read more in the <u>full story in our website</u>.



Students Have the Law Factor with LJMU!

group of Year 10 students are honing their debating skills in the Law Factor Programme, delivered with Liverpool John Moores University. Working alongside students from schools across the city, the programme provides students with valuable insights into what a Law Degree looks like.



Year 7 Learn Bikeability!

Throughout this week a group of over 40 Year 7 cyclists have been completing their Level 3 Bikeability training with instructors from Bike Rite. The Level 3 course offers advanced skills such as adaptable positioning and negotiating complex road junctions, equipping riders with the knowledge and skills to safely navigate cycling on roads. The

ST. JULIE'S STUDENTS WHO ARRIVE ON TIME HAAVE HIGHER READING ABILITY

You can click any of the hyperlinked names below to send an email.

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Why not visit our Websites?

St. Julie's Main Website Chaplaincy Website Chaplaincy Instagram: stjuliesl25 Wellbeing Website Careers Website course includes a practical riding and assessment and provides vital life skills to our students moving into a more sustainable world.



Mass Celebration For Year 8

Following their recent Animate workshop on the Sacrament of Confirmation, students in forms 8A, 8D and 8M celebrated Mass this week with Fr Peter Ross. The readings were taken from St Paul's first letter to the Corinthians and John 20, focusing on the power and gifts of the Holy Spirit which are strengthened during Confirmation. Students led readings and singing and it was a truly spirit filled celebration! Y8 P band will celebrate Mass after half term. If you are Y8 or above and wish to register for the Sacrament of Confirmation 2025, please do so before 17 March at www.liverpoolcalled.co.uk.



Year 11 See The Merchant of Venice

On Thursday afternoon, a group of Year 11 Literature students were invited, by the English Department, to attend a matinee performance of Shakespeare's controversial play, The Merchant of Venice. This unorthodox reimagining of the antisemitic-themed original was helmed by Tracy-Ann Oberman (of EastEnders and Doctor Who fame)

and takes place in 1930s Britain, which saw the country battling a wave of fascism, as well as a female version of the main protagonist - the notorious Shylock. This sell-out, West End production, which has been universally-praised by critics, drew a standing ovation from the crowd, and we are proud to admit that St Julie's was the only school to attend the entire run! The students that were selected to attend this trip have been working tirelessly during their Language and Literature lessons - with many students hoping to take the subject at A Level - and we were more than pleased to reward their ceaseless commitment to the subject.



MVP Video Published You might remember that last week we brought you news of the completion of filming by our MVP members. We're delighted to say that the completed video has now had final editing and is published for viewing online. You can <u>watch the</u> <u>completed short film here</u>.



Students Visit Anfield Stadium With LFC Foundation

On Friday, students had a great opportunity to participate in a creative writing workshop with the LFC foundation to write a poem about themes of belonging. Several students from different year groups had the chance to listen to a poet, author and the talented Jamie

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- NATIONAL APPRENTICESHIP - WEEK 2025 ------

National Apprenticeship Week 2025

National Apprenticeship Week runs from 10th to the 16th February, and we're running activities in school across departments and with invited guest speakers.

You can find out some more helpful information with these links:

- Read the <u>Parent's guide to</u> <u>apprenticeships</u> from the National Apprenticeship Service
- Sign up for the <u>UCAS Parent</u> <u>Newsletter</u>
- Watch a <u>short video</u> introducing apprenticeships
- Watch a <u>short video</u> <u>comparing apprenticeships</u> <u>to university</u>
- Read the <u>NCFE Parent</u> Guide to apprenticeships



School Attendance Gap

Day

The 4th February saw 'School Attendance Gap Day' - the symbolic point of the year where students classed as 'severely absent' would finish their academic year. The UK

Government defines severe absence as missing 50% of possible school sessions. To help illustrate what that looks like, School Attendance Gap Day envisions a symbolic world where all students attend every session and then those with 50% attendance would finish their school year. Across England there are 158,000 pupils in England who are severely absent. As well as lost learning, these students are missing other important elements like building relationships, selfconfidence, creative and practical skills, and a supportive environment. Our attendance team work hard to ensure that students can access their learning opportunities and we appreciate the support of parents, carers and family.



Family Hub and Parents Newsletter: Winter Edition

The latest edition of Liverpool City Council's Family Hub and Parents' Newsletter is <u>available for viewing</u> <u>now</u>, and in it you will find information on the following:

- Best Start for life
- Ante natal programmes available.
- Parenting support from 0-19 (25)
- New support services for parents of Teens
- Information on Children
 Centres and Family Hubs
- Spotlight information on Wavertree, Childwall, Woolton and Church Children's Centre and activities for families there
- Things to do in Liverpool for children and families.
- Chinese New Year celebrations
- Adult Learning

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- Courses available on Healthy Living and relationships
- Help with cost of Living
- Mental health support for children and adults
- Bitesize
 courses for
 parents of
 Teens from
 Merseyside
 Youth
 Association
- Support for families with children with SEND needs
- Domestic
 abuse support services
- RASA support services

For further information please contact Lisa.Lunt@liverpool.gov.uk



LFC Foundation Player Development February

Programmes

The LFC Foundation have advertised half term training camps for young people aged 4-14. The camps are chargeable at £20 for football camps and £25 for goalkeeping camps. Venues and dates are as follows: **Tuesday 18th Feb 10-3pm** @ Halewood Leisure Centre LFCF PDP Football Technical Camp

LFCF PDP Goalkeeper Technical GK Camp Mixed 4-14yrs

Wednesday 19th Feb 10-3pm.



LGBTQ+ History Month 2025



During the month of February St Julies will be celebrating LGBTQ+ History month. This years theme is activism and change.

Pastoral staff will be conducting a workshop during lunch time looking at what it means to be a LGBTQ+ advocate. We will be looking at historical figures who helped shape change for the LGBTQ+ community.



 @ Sutton Leisure Centre, St Helen's.
 LFCF PDP Football Technical Camp
 LFCF PDP Goalkeeper Technical GK Camp
 Mixed 4-14yrs

Thursday 20th Feb 10-3pm @ Helsby Sports & Community Centre. LFCF PDP Football Technical Camp LFCF PDP Goalkeeper Technical GK Camp Mixed 4-14yrs

Friday 21st Feb 10-3pm

Wetherton Activity Centre.
 LFCF PDP Football Technical
 Camp
 LFCF PDP Goalkeeper Technical
 GK Camp
 Mixed 4-14yrs

Bookings can be <u>made here</u>.

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100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

The Importance of

Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.



SEND Homework Club

We've introduced a homework club specifically for our students with SEND needs. Students in KS3 are welcome on Mondays from 3:15-4:00pm and students in KS4 are welcome on Wednesdays at the same time. The club is based in the Stars room and students are welcome to just turn up on the appropriate day!



Recommended Read for February

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'Thirteen' by Tom Hoyle.

Thirteen boys. Twelve dead. One survives. For now...

Adam was born at the stroke of midnight at the start of a new millennium. He is the target of a cult who believe boys born at that time must die before the end of their thirteenth year. Twelve boys have been killed so far.

Coron, the crazed cult leader, will stop at nothing to bring in his new kingdom. And now he is planning a bombing spectacular across London to celebrate the sacrifice of his final victim...



Register As An Alumnus Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to

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Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies. Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm Alternatively, you can email your concern to seniss@liverpool.gov.uk Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies. Monday to Friday: 9am – 4.30pm Alternatively, you can email your concern to

epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854 Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm Alternatively, you can email your concern to

ASDtrainingteam@liverpool.gov.uk Children's Occupational Therapy Service

Please contact the Children's https://learnliveuk.com/network-railsecondary-school-safetytalk/Occupational Therapist who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk **Liverpool Sensory Service** Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

sensoryservice@liverpool.gov.uk

Hub Of Hope

The Hub of Hope is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

Action for Children Parent Chat is a free and confidential live chat with a qualified parenting coach in the UK.

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Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are <u>more</u> <u>details available here</u>.

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of <u>local and national</u> <u>helplines</u>, including a vital resource for adults <u>'#lt's</u> abuse'.
- The <u>Bright Sky app</u> is an excellent resource for victims of domestic abuse.
- The <u>Hideout</u> resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the <u>safeguarding@stjulies.org.uk</u> email address being the best way to make contact out of hours.

RASA (Rape and Sexual Abuse) Merseyside is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email

referrals@rasamerseyside.org or visit our website www.rasamerseyside.org

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550 They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety

Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35 Phone: 0800 58 58 58 (daily 5pmmidnight)

Mental Health Foundation – support for mental health concerns https://www.mentalhealth.org.uk/

MIND – Meeting mental health needs Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout Immediate support by text for people of all ages. https://giveusashout.org/ Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team

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Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, <u>available here</u>, gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit https://www.office.com and sign in using their school email address and password and then look for the 'Install and more' option.

Resources for Parents in Knowsley

Addvanced Solutions: 0151 486 1788 Listening Ear: St Nicholas Centre, 70 Church Road, Halewood, L26 6LB 0151 488 6648

Children in care (under 18?) Polaris Knowsley.EHWB@coreassets.com 07967 381 035

Knowsley CAMHS 0151 351 8610

<u>Kooth</u>

Mental Health Support Teams

Zuntold

Domestic Abuse

Merseyside Domestic Violence Service 0780 272 2703 mdvs.org

Ruby Project ruby@pss.org.uk

Family support Family First

Knowsley Family Info

PSS Prisoner Family Service

Lee Cooper Foundation

Healthy Knowsley