



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 10th March 2025

Forthcoming Dates for your Diary

10th March
British Science Week

12th March
New Year 7 Welcome Event



Ash Wednesday

The 5th March marked Ash Wednesday, and the beginning of Lent for Christians. The distribution of ashes, made from the burnt palm leaves of last year's Palm Sunday, took place during three services across the day, each allowing students and staff time for silent reflection and collective prayer. Our Chaplaincy Prefects were wonderful in leading us through our service, with one even distributing ashes to our Chaplain!



Father Ed Celebrates Mass With Year 10

On Monday we were delighted to be joined by Father Ed, who celebrated the Eucharist with students in Year 10. As well as being a spiritual occasion, the service gave students the opportunity to study the Mass in action, which forms part of the GCSE RE curriculum. Thank you very much to Father Ed!



Students Enjoy Workshop from Chester Zoo

Scientists across the year groups enjoyed workshops today as we welcomed Jess Neale and Lucy Sharp from Chester Zoo into school. As well as being a fascinating place to visit, Chester Zoo is an international centre of zoological science, carrying out important conservation and education work as

ST. JULIE'S STUDENTS WHO ARRIVE ON TIME HAVE HIGHER READING ABILITY

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part of its mission. The team have designed a workshop to teach about evolution on Earth which included the chance to design your own manual and test to see if it could survive the prevailing conditions. They also brought along several specimens of bones to demonstrate adaptations across several animals. Thanks to our visitors for sharing their time and knowledge with us.



International Women's Day Roadshow with Merseyside Police!

On Thursday this week we welcomed Merseyside Police into school with their inspiring International Women's Day Roadshow. The roadshow brings together a diverse team of professionals with two primary aims: to raise awareness of violence against women and girls, and to showcase the breadth of roles that women can carry out within the police service. The showcase ran across two sessions, with students from Year 10 and from Sixth Form. Thank you to the team for taking the time to visit us and share their knowledge and expertise.



British Science Week 7th - 16th March

From 7th–16th March, we're celebrating **British Science Week**—a fantastic opportunity to spark curiosity and inspire young

minds! This year's theme is "**Change & Adapt**"- whereby students can explore how science helps us understand and respond to changes in nature, technology, and our daily lives. Encourage your child to take part in exciting activities at school and at home—try fun experiments, explore nature, or discuss how things evolve and adapt over time. Visit the **British Science Week website** for great ideas to bring science to life! Click here for more information: [What's On Guide](#) [British Science Week Question Time](#)

St. Julie's Hosts Secondary Attendance Briefing

On Thursday this week St. Julie's was proud to host the Secondary Schools Attendance Briefing – a meeting of Head Teacher and senior staff from secondary schools across the city that saw more than fifty guests gather together.



Cake Sale for SLDAS Raises Hundreds!

Thank you to everybody who supported our cake sale and raffle which raised a huge £210 for South Liverpool Domestic Abuse Services. The break time sale drew a great crowd and saw a roaring trade. Congratulations go to Ivey in Year 7 who was the lucky winner of the Soap and Glory hamper offered as a raffle prize. Happy International Women's Day!

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National Careers Week

This week saw us celebrating National Careers Week with a plethora of visiting speakers who came in to share their experiences.



NCW: A Career In Arts

Year 10 and Year 12 Art students enjoyed a presentation delivered by Emma Naylor which showcased her career pathway, beginning with GCSE and A levels in Art, then a Masters degree and her recent work for the BBC. Students were able to learn how a creative background shaped her career in the arts, demonstrating how skills from different fields can come together in unexpected ways. Emma talked about her time at university studying Art, working for Arts Council, England, before moving on to discuss her current role in the BBC. We'd like to thank Emma for coming in to speak to us about her diverse and interesting career to date.



NCW: Careers In Law

On Wednesday we welcomed a representative from MSB Solicitors to speak to a group of Year 9 students about careers in the legal sector. Students learned about different roles within the sector and different pathways to becoming a solicitor or barrister. Andrew talked about how different roles in the legal field can shape the future, from solving problems to making a real impact in the community, and as part of his presentation included students in a trial process where they were given a case to solve, acting as defence, prosecution and judges! This was a great chance for students to learn about the skills and qualities needed for a career in law and why it's important to start thinking about their futures now.



NCW: Into Journalism With Tim Abraham

On Tuesday this week Year 12 English and Politics students had the unique opportunity to hear from Tim Abraham, a former Sky Sports and Sky News journalist. Tim delivered a lively, engaging, and informative presentation, sharing insights into his successful career and discussing his journey into journalism. He also explored the various routes students can take to enter the field and highlighted different types of journalism courses available. With his wealth of knowledge, Tim provided invaluable

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guidance and inspiration, offering students a firsthand look at the world of professional journalism. We'd like to thank Tim for his time today and look forward to welcoming him back to school again to share his experience with our students.



NCW: Civil Engineering for Women in Construction Week

This year National Careers Week and Women In Construction Week co-incided, as we heard from Louise and Sophie from HA Civils. Our visitors spoke about the manifold opportunities within the world of Civil Engineering, including design and construction, accountancy, quantity surveying and much more! Students in Key Stage 5 also heard about apprenticeship opportunities as pathways into the sector, and we can look forward to the opportunity of a site visit! Thank you to Sophie and Louise for visiting us this week!



NCW: Routes Into Nursing

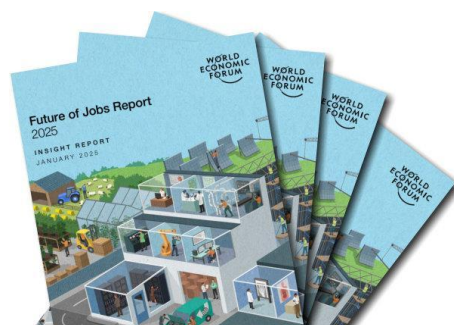
Sixth form Science students were treated to an assembly about nursing careers delivered by alumni Sue Potter. Sue was able to discuss her career pathway with students and showcased the amazing facilities at LJMU for prospective nurses. Following her assembly, Sue also met with Year 12 Science students to deliver a bespoke

session about her role as a nurse to enable students to link careers to curriculum learning. It was lovely to welcome Sue back into school. Many thanks to Mrs Mannings for organising!



NCW: Advice From an Environmental Scientist!

Year 7 and Year 9 Humanities students welcomed Graeme Mitchell from LJMU this morning, who was speaking about Environmental Science. He spoke to them about careers in environmental health and the many opportunities available to them including travelling the world! We loved listening to his stories about his experiences and those of his former students and colleagues. Thank you to Graeme for coming in to share his expertise.



NCW: The Future of Jobs Report 2025

Technological change, geoeconomic fragmentation, economic uncertainty, demographic shifts and the green transition – individually and in combination are among the major drivers expected to shape and transform the global labour market by 2030. The Future of Jobs Report 2025 brings together the perspective of over 1,000 leading global employers—collectively

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representing more than 14 million workers across 22 industry clusters and 55 economies from around the world—to examine how these macro trends impact jobs and skills, and the workforce transformation strategies employers plan to embark on in response, across the 2025 to 2030 timeframe. To read the report, [click here](#).



NCW: Pathway Planning

Year 9 enjoyed a careers presentation this morning delivered by Ben Kibble from Wrexham university. During the presentation, students had the opportunity to learn about Ben's role and career pathway, gaining insight into the skills, qualifications, and experiences required for this career. Ben shared valuable information on the day-to-day responsibilities of the role, along with the potential career progression within the industry. By understanding this pathway, students were able to see how the skills they are developing in school can be applied to real-world careers, helping them make more informed decisions about their future career choices. Following this, Year 8 and Year 12 students took part in a presentation linked to future careers. It's never too early to consider potential career pathways, and for this reason, students were able to learn more about options available to them when they leave school. Each year the overwhelming majority of Year 13 students move on to higher education, and today Year 12 and Year 8 learned more about what university entails.



NCW: St Julie's Alumni Return to School!

Today, we were excited to welcome two of our alumni back to school—a Marine Biologist and a Nurse—who spoke to students from Year 7, 11, and 12 about their diverse career journeys. They shared insights into their roles, qualifications, and the various pathways they took to achieve success in their fields. Amelia and Rosie also explored different routes into their careers, providing valuable advice and inspiring students to think about the wide range of opportunities available to them. They were engaging and informative sessions that helped students connect their studies to real-world careers and it was lovely to see our former students again. We look forward to seeing Rosie and Amelia again soon.



NCW: Workshops from the DWP!

To begin our National Careers Week activities, we welcomed Anita from DWP into school. A group of Year 7 students enjoyed a lesson delivered by Anita this morning. Working together they were able to apply their critical thinking and numeracy skills to a fictitious pizza company's financial records to determine their tax payments.

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Anita was really impressed with their questions, application and attitude to learning. Following her presentation to Year 7, Anita then worked with a group of Year 9 students to consider different careers within DWP, and to learn the difference between skills and qualities. The class explored a range of skills valued by employers, and completed individual skills and qualities questionnaires which offered tailored careers sectors to consider based on their responses. Students were thoughtful, reflective and immersed themselves fully in the activity making this a great start to Careers Week! We'd like to thank her for coming in to speak to our students today in order to help them link curriculum learning to the world of work.



NCW: Jobs For The Future

The once distant sounding year of 2030 is now just five years away. What will work look like in 2030? Read one expert's opinion [here!](#)



International Awareness: Stories From Afghanistan

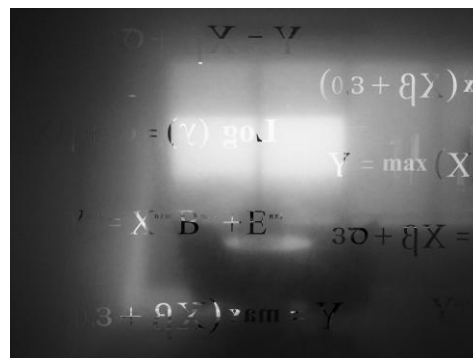
On Monday, some of our Sixth Formers had the opportunity to take part in a conference on Education in Afghanistan. They heard some harrowing and personal stories about how the Taliban have banned women attending school from the age of 11 and what the girls and their teachers are doing to try and

overcome this. We look forward to supporting these girls to raise awareness and help with their education.



Sixth Form Parents' Evening

Thank you to all of the parents and carers who joined us for our Sixth Form parents' evening on Thursday this week. The event is an important opportunity to discuss progress with teachers in person, and we hope that you found the event as helpful as we did.



Congratulations Mathematicians!

Well done to the following students who achieved the highest XP (Sparx experience) points in their Maths homework for the week 25/02-04/03. All students will be given a certificate from their maths teacher.

Year 7:

1. Riya S
2. Carys P
3. Myla P

Year 8:

1. Kendall H
2. Emily R
3. Heidi L

Year 9:

1. Emily W

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2. Bella S
3. Mollie F

Year 10:

1. Rebecca B
2. Bethany D
3. Ellie M

Year 11:

1. Lamar A
2. Sydney C
3. Charlotte D

100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

The Importance of Attendance

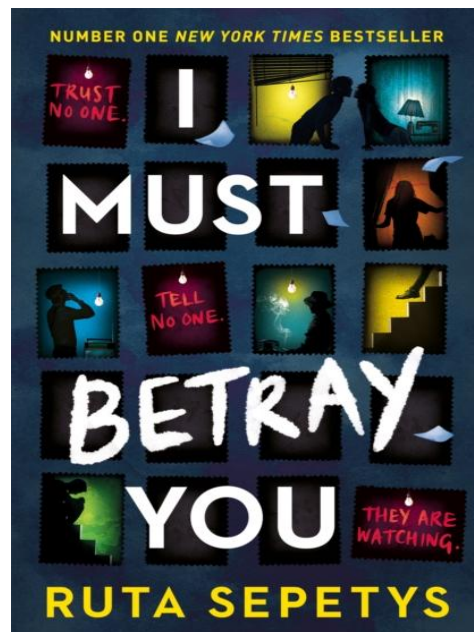
In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.



SEND Homework Club

We've introduced a homework club specifically for our students with SEND needs. Students in KS3 are

welcome on Mondays from 3:15-4:00pm and students in KS4 are welcome on Wednesdays at the same time. The club is based in the Stars room and students are welcome to just turn up on the appropriate day!



Recommended Read for March

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'I Must Betray You' by Ruta Sepetys.

Cristian has lived his entire life in the grip of a repressive dictatorship. The country is governed by fear. When the secret police blackmail him, Cristian has an impossible choice. Save the life of his sick grandfather by informing on his family, or risk his life - and all of theirs - by resisting?

At 17, Cristian dreams of being free but doesn't know where to turn. In this climate of constant suspicion, can he trust his best friend, his girlfriend or even his family?

Closely based on the real events of the Romanian Revolution of 1989, this is a powerful, heart-breaking thriller from the author of Salt to the Sea, winner of the Carnegie Medal.

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Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



Education Welfare Helpline

New for September 2023 is an Education Welfare

Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm
Alternatively, you can email your concern to seniss@liverpool.gov.uk
Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.
Monday to Friday: 9am – 4.30pm
Alternatively, you can email your concern to epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854
Advice and strategies for families of children and young people with autism or social communication needs.
Monday to Friday: 9am – 12pm
Alternatively, you can email your concern to

ASDtrainingteam@liverpool.gov.uk
Children's Occupational Therapy Service

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk
Liverpool Sensory Service
Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email sensoryservice@liverpool.gov.uk

Hub Of Hope

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[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital

resource for adults ['#It's abuse'](#).

- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

RASA (Rape and Sexual Abuse) Merseyside is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email referrals@rasamerseyside.org or visit our website www.rasamerseyside.org

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety
Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk>

MIND – Meeting mental health needs

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Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD

Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout

Immediate support by text for people of all ages.

<https://giveusashout.org/>

Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team
Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)

Rethink Mental Illness – supporting mental health all ages.

Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)

Samaritans – supporting those experiencing feelings of despair

Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365

Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <https://www.office.com> and sign in using their school email address and password and then look for the 'Install and more' option.

Resources for Parents in Knowsley

[Advanced Solutions](#): 0151 486 1788

Listening Ear: St Nicholas Centre,
70 Church Road, Halewood, L26 6LB
0151 488 6648

Children in care (under 18?) Polaris
Knowsley.EHWP@coreassets.com
07967 381 035

[Knowsley CAMHS](#) 0151 351 8610

[Kooth](#)

[Mental Health Support Teams](#)

[Zuntold](#)

Domestic Abuse

[Merseyside Domestic Violence Service](#) 0780 272 2703 mdvs.org

[Ruby Project](#) ruby@pss.org.uk

Family support [Family First](#)

[Knowsley Family Info](#)

[PSS Prisoner Family Service](#)

[Lee Cooper Foundation](#)

[Healthy Knowsley](#)