



# St. Julie's Catholic High School

## Weekly Newsletter

Week Beginning 10th November 2025

### Forthcoming Dates for your Diary

**10<sup>th</sup> November**  
Odd Sock Day for antibullying week

**19<sup>th</sup> November**  
Family Remembrance Service from 3:45pm

**20<sup>th</sup> November**  
Carers Rights Day

**27<sup>th</sup> November**  
Year 7 Parents' Evening  
3:45-6:00pm

**4<sup>th</sup> December**  
Sixth Form Open Evening  
4-6pm



### Congratulations to National U15 Water Polo Champion!

Congratulations to Sophia in Year 8 who was part of the City of Liverpool Water Polo Team that won the Swim England U15 Competition at the weekend! The City of Liverpool regained a previously held crown when they won their four consecutive matches at the Alan Higgs Centre in Coventry. The final was a closely fought match against Otter from London, but robust defending of a lead established in the third quarter saw the Liverpool swimmers prevail. Well done to Sophia and her teammates on a phenomenal result for our city!



### Ariel Trust Bring Filming Crew to St. Julie's!

After the success of last year's Ariel Trust project, students at St Julie's were asked for their support to star in a drama workshop to be used as support material for other schools. You can read more about what the full professional film crew were doing in St Julie's in the [full story on our website!](#)



### Young Carers' Award

We are delighted to announce that St Julie's High School has been awarded the Barnardo's Liverpool Young Carers Award. Working in partnership with Barnardo's we will continue to raise awareness of the support available to Young Carers across the city; and to champion these individuals within our school and wider community. We'd like to

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thank staff for their contribution to securing award, and to Laetitia from Barnardo's for her guidance throughout the process. Our Young Carers Champions in school are Miss Machin and Mrs Jones - please don't hesitate to get in touch if you require any further information about support available in school.



## Odd Socks Day for Antibullying Week

Monday 10<sup>th</sup> to Friday 14<sup>th</sup> October marks antibullying week, and we'll kicking off our activities by inviting Year 7 students to wear odd socks! This will be followed by a week of planned activities including assemblies, pledges and competitions as well as fundraising to support the work of the Antibullying Alliance.



## Sixth Form Open Evening

This Year Sixth Form Open Evening takes place on Thursday 4<sup>th</sup> December from 4-6pm. Please [click here for a copy of a letter](#) circulated to parents of students in Year 11 by Mrs McCourt this week explaining why the best Post-16 option for your

daughter might be nearer than you think!



## Year 11 Mock Examinations

Mock Examinations for Year 11 start on the 24<sup>th</sup> November. A [master timetable is available here](#), but individual timetables with seating and room allocations will be produced for each student before the season starts. This individual timetable will also appear in the Bromcom Student App, installation instructions for which [can be found here](#).



## The Fair is Back In Town!

We totally agree with Scholastic that "reading for pleasure is transformative for pupils' academic success and personal wellbeing." And so, this week saw the return of Scholastic's pop-up book fair at St Julie's! The week-long event has been worth celebrating, with some super books and stationery being snapped up by pupils. Particular credit must be given to the Reading Ambassadors and Sixth Form volunteers who have run the event. Well done girls!

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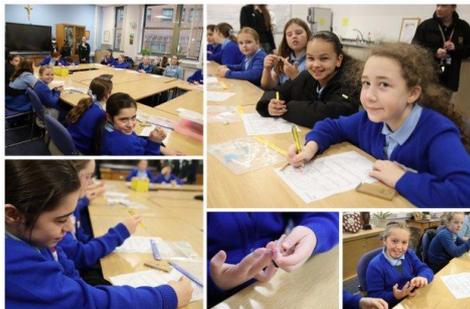
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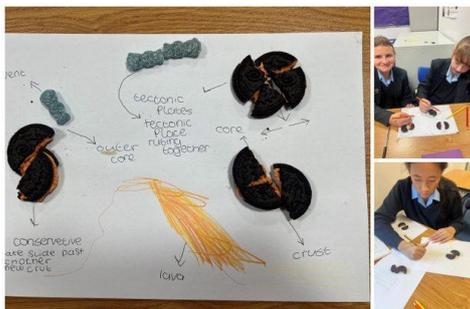
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## St Julie's Welcomes Year 6 Pupils from St. Gregory's

On Tuesday 4<sup>th</sup> November we welcomed a visit from the Year 6 pupils from our feeder primary school St. Gregory's. The students had a tour of the school and the facilities including our newly refurbished sixth form area, SEND and pastoral area and the Dorothy Stang performing arts theatre. We finished our tour with some craft based activities around 'All about me' and pupils made some bracelets to incorporate their St. Julie's medal which they all received on the day. The students were a delight throughout their visit and it was lovely to get to meet them all.



## Physical Geography Lesson Takes The Biscuit!

Year 8 students consolidated their learning of tectonic plate boundaries this week by making them out of Oreo biscuits! Students have been completing a course of study on Hazardous Worlds, looking at where volcanoes and earthquakes take place. The constructive, destructive and conservative plate boundaries were explained using Oreos, and disappeared pretty quickly afterwards!



## UN Day with LFC Foundation

This week students celebrated the anniversary of the creation of the United Nations in a workshop with the LFC Foundation. The three strong team led the students through some of the guiding principles of the UN, including maintaining peace, promoting human rights and fostering social and economic progress globally. They then sought to put these principles into practice in group activities. Thanks to the team from the LFC Foundation for a great workshop.

# SOCIAL MOBILITY FOUNDATION

## Social Mobility Foundation opportunity!

Today Year 12 students took part in an inspiring assembly delivered by Hannah from the Social Mobility Foundation (SMF), a national charity that works to make a real difference for young people from less-advantaged backgrounds, helping them to access top universities and professional careers. During the session, students learned about their Pathways Programme, which offers tailored support including mentoring from professionals, skills workshops, university application guidance, and opportunities for internships. This programme is a fantastic opportunity for our students to broaden their horizons, build confidence, and gain the

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knowledge and experiences that will support them in achieving their future ambitions. To learn more about the [Social Mobility Foundation](#), [click here](#).



### Extra Curricular Timetable

The schedule of extra curricular activities for half term two is now published and available on our website. You can [find a copy here](#).



**Kidz to Adultz**  
North  
Wednesday 3rd December '25  
Exhibition Center Liverpool,  
King's Dock.  
9:30am - 4:00pm

- ✓ Free entry
- ✓ 100+ exhibitors
- ✓ Fun zone
- ✓ CPD seminars
- ✓ Accessible facilities

An exhibition for children and young people with disabilities and additional needs, and the people who support them

[kidzexhibitions.co.uk](#)

### Kidz to Adultz Exhibition at King's Dock

On Wednesday 3<sup>rd</sup> December Kidz to Adultz are hosting an exhibition for children and young people with disabilities and additional needs and the people who care for them. The event takes place at the Liverpool Exhibition Centre at King's Dock from 9:30-4pm and you can [find more information about the event here](#).



### Responsible Parking

Please [click here to read a copy of a letter](#) circulated by Mrs McCourt last week referring to parking and stopping whilst picking up and dropping off students.



### Apprenticeship Opportunities with the BBC

The BBC is the world's leading public service broadcaster. They are impartial and independent, and every day they create distinctive, world-class programmes and content which inform, educate and entertain millions of people in the UK and around the world. The BBC are in the top 50 apprenticeship employers in the UK and the industry leaders in early careers, hiring more than 250 new apprentices each year. We are committed to skills and talent development both inside and outside the BBC and, as one of the world's most creative and technologically-advanced organisations for the last 100 years, an apprenticeship at the BBC means the opportunity to learn from some of the most respected and experienced professionals in the business. You can see the [latest apprenticeship vacancies advertised around the country with the BBC by clicking here](#).

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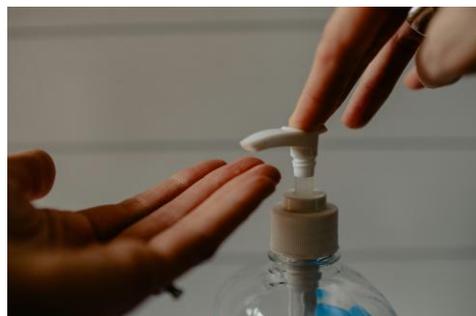
# Amazing Apprenticeships

Amazing Apprenticeship Webinars Throughout the year Amazing Apprenticeships runs a series of webinars for different audiences looking at different industry sectors. In November there's a few webinars about apprenticeship opportunities and another on understand T-Levels. You can also scroll down the page to view previous webinars on demand. You can [find out more here](#).



### Accountancy Webinars from Success at School

Success at School have set up some great webinars for anyone interested in careers in Accountancy and Finance. The four webinars all run next month and need preregistration. You can [find out more here](#).



### Healthy Schools and Controlling Infection

As we enter the period of seasonal illnesses we're working hard as a school to manage infectious

diseases within the school community and following relevant guidelines. You can help to keep your child healthy by [considering this government advice](#). Most mild illnesses - such as a runny nose, sore throat, or slight cough - do **not** require time off school, unless your child has a temperature. There's [more guidance on that here](#). It's always helpful to book medical appointments outside of school hours where possible. Where this isn't possible, they should bring their child to school before, and return after, if they are well enough. Pupils can attend appointments in their school uniform.

Vaccinations are a key line of defence against flu and other preventable illnesses. When children and young people receive all the recommended vaccines in the national immunisation programme, it helps protect their health and support the wellbeing of the whole school community. School Age Immunisation Services (SAIS), commissioned by NHS England, deliver these free vaccinations in schools. This autumn, all school children in England (from reception to year 11) will be offered a [flu vaccination](#) at school. There's more information about vaccination programmes in secondary schools [here](#).



### Punctuality Procedures at St Julie's

At St Julie's, we believe punctuality is crucial for a successful and positive school day. Arriving on time ensures every pupil is ready to learn and minimises disruption for all.

#### Why Is Punctuality So Important?

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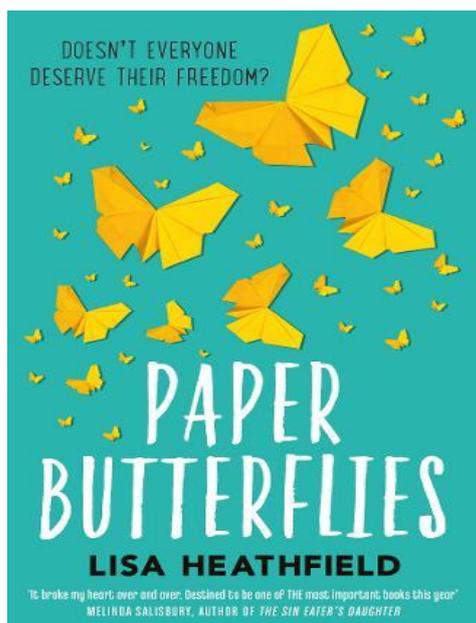
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- Sets good routines for life
  - Ensures no learning is missed
  - Minimises disruption for others
- You can read our [punctuality procedures in detail here](#).

100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

## The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.



## Recommended Read for October

If you're stuck for reading inspiration why not take a look at our recommended read? This year's

recommended reads are all coming from our students, and Lucy's recommendation for October is 'Paper Butterflies' by Lisa Heathfield.

### **Paper Butterflies**

*June's life at home with her stepmother and stepsister is a dark one—and a secret one. She is trapped like a butterfly in a net.*

*But then June meets Blister, a boy in the woods. In him she recognises the tiniest glimmer of hope that perhaps she can find a way to fly far, far away from her home and be free. Because every creature in this world deserves their freedom... But at what price?*



## Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).

## Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community

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Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



## Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

### SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm  
Alternatively, you can email your concern to [seniss@liverpool.gov.uk](mailto:seniss@liverpool.gov.uk)  
**Educational Psychology Service Helpline: 0151 233 5978**

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.  
Monday to Friday: 9am – 4.30pm  
Alternatively, you can email your concern to [epsadmin@liverpool.gov.uk](mailto:epsadmin@liverpool.gov.uk)

### ASD Training Team:

07522800193/07515501854  
Advice and strategies for families of children and young people with autism or social communication

needs.

Monday to Friday: 9am – 12pm  
Alternatively, you can email your concern to [ASDtrainingteam@liverpool.gov.uk](mailto:ASDtrainingteam@liverpool.gov.uk)  
**Children's Occupational Therapy Service**

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email [chot@liverpool.gov.uk](mailto:chot@liverpool.gov.uk)  
**Liverpool Sensory Service**  
Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email [sensoryservice@liverpool.gov.uk](mailto:sensoryservice@liverpool.gov.uk)

## Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

## Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

## Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

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An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

### Neglect

Everyone deserves to feel safe, cared for, and to have their basic needs met. Being taken care of means that someone is giving us what we need physically and emotionally, as well as making sure individuals are getting an education and access to things like the doctor when needed. If you are struggling; or you think someone you know is being neglected, then it's important to get support. Click here [Neglect | Childline](#) to learn more about accessing support; the types of support you could access. This page contains a contact number: 0800 1111; a contact form and offers different ways of obtaining help including a 1-2-1 chat with a counsellor [Get Support | Childline](#)

### Young Carers Support

Barnardo's Action with Young Carers offers assessments and support for young carers. You can find out more from their [information leaflet](#) or [at the website](#).

### Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults ['#It's abuse'](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children

who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the [safeguarding@stjulies.org.uk](mailto:safeguarding@stjulies.org.uk) email address being the best way to make contact out of hours.

### RASA (Rape and Sexual Abuse)

**Merseyside** is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email [referrals@rasamerseyside.org](mailto:referrals@rasamerseyside.org) or visit our website [www.rasamerseyside.org](http://www.rasamerseyside.org)

### Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

**Anxiety UK** – Charity providing support if you have been diagnosed with anxiety

**Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)**

**CALM** – Campaign against living Miserably, for Men ages 15-35  
**Phone: 0800 58 58 58 (daily 5pm-midnight)**

**Mental Health Foundation** – support for mental health concerns  
<https://www.mentalhealth.org.uk>

**MIND** – Meeting mental health needs  
**Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)**

**No Panic** – support line for panic attacks and OCD  
**Phone: 0844967 4848 (daily 10.00am-10.00pm)**

**Give Us A Shout**

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Immediate support by text for people of all ages.

<https://giveusashout.org/>

Text 'SHOUT' to 85258

**PAPYRUS** – Suicide prevention team  
**Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm- 5.00pm)**

**Rethink Mental Illness** – supporting mental health all ages.

**Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)**

**Samaritans** – supporting those experiencing feelings of despair

**Phone: 116 123 (free 24 hour helpline)**

### Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

### Microsoft Office 365

#### Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <https://www.office.com> and sign in using their school email address and password and then look for the 'Install and more' option.

### Resources for Parents in

#### Knowsley

[Advanced Solutions](#): 0151 486 1788

Listening Ear: St Nicholas Centre,  
70 Church Road, Halewood, L26 6LB  
0151 488 6648

Children in care (under 18?) Polaris  
[Knowsley.EHWB@coreassets.com](mailto:Knowsley.EHWB@coreassets.com)  
07967 381 035

[Knowsley CAMHS](#) 0151 351 8610

[Kooth](#)

[Mental Health Support Teams](#)

[Zuntold](#)

Domestic Abuse

[Merseyside Domestic Violence Service](#) 0780 272 2703 mdvs.org

[Ruby Project](#) ruby@pss.org.uk

Family support [Family First](#)

[Knowsley Family Info](#)

[PSS Prisoner Family Service](#)

[Lee Cooper Foundation](#)

[Healthy Knowsley](#)