



# St. Julie's Catholic High School

## Weekly Newsletter

Week Beginning 11<sup>th</sup> March 2024

### Forthcoming Dates for your Diary

- 13<sup>th</sup> March**  
New Year 7 Welcome Event
- 21<sup>st</sup> March**  
Sixth Form Parents' Evening (Online)
- 21<sup>st</sup> March**  
World Poetry Day
- 28<sup>th</sup> March**  
Easter Services



### St Julie's Celebrates International Women's Day

On Friday the school community proudly celebrated International Women's day. Following on from activities with Merseyside Police earlier in the week, students enjoyed assemblies from solicitor Claudine Roberts in the morning, who also led an extended Q&A with Politics students, and in the afternoon students enjoyed workshops with fashion designer Kirsty Doyle. Alongside these events students heard about inspirational and empowering women and their achievements across corridor screens and in lessons throughout the day.



### Year 7 Footballers Triumph at Tournament!

On Friday last week our Year 7 football team triumphed in the Merseyside Schools Football Cup at the Simpson Ground. Our Y7 team were victorious and won the tournament without losing a single football match during the competition. Player of the tournament goes to Ave-Rose for her unstoppable rocket of a header that gave St Julie's the lead against Calderstones.



### Students Take The Stage at Floral Pavilion

This weekend Performing Arts students took to the stage at the Floral Pavilion, 'Stage Full of Stars' production. A packed out audience of 814 people were wowed by what St Julie's had to offer. KS4 and KS5 dance company presented a contemporary dance depicting the struggle women have faced through time, from the suffragettes fight for the vote, to the pressures society place on them today.

**ST. JULIE'S  
STUDENTS  
WHO ARRIVE  
ON TIME  
HAVE  
HIGHER  
READING  
ABILITY**

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Year 9: [Mrs K Monks](#)

Year 10: [Miss E Murphy](#)

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Next up, Orla and Aislinn played an impressive set with a cover of The Mysterines and an original song they have been working on for the show. Bringing the St Julie's performances to a close, Ava and Betsy performed a beautiful lyrical duet that was packed with technique and emotion. Well done to all students for working so hard and sharing their talents on stage.



### Two Merseyside School Girls Teams Reach Final!

Last week our students that represent Merseyside School Girls for the U13 and U14 teams both got through to the English Schools Final! This is a colossal achievement and we wish both teams the very best of luck with their respective finals. Players from St. Julie's include Imogen, Libby, Faith and Amelia on the U13 team, and Faye, Yasmin and Katie on the U14 team. Good luck!



### Year 7 Mass

This week, we welcomed Fr Colin Fealey from Christ the King Parish in to school to celebrate Mass for Year 7 students in P band. Based on our readings, Fr Colin preached about how we are all part of a faith community that needs to work together, accepting and supporting each other. Eleven students from across the forms led us in our readings and the gifts were offered



### Live simply, sustainably and in solidarity

One of our Live Simply pledges is to support CAFOD's BIG LENT WALK.

St Julie's are aiming to walk 200km to raise money to help the environment. This Lent, CAFOD is supporting families with the skills and tools they've asked for to fight the climate crisis.

You can sign up yourself or support us by donating on our school's [Just Giving Page](#).



by two members of 7N. Fr Colin was impressed at how respectful Y7 were and it was a lovely celebration for everyone! Students in Q band will have their celebration of Mass on 12th March with Fr Stephen from Our lady of the Assumption.



### NCW: Jaguar Land Rover Visit

Last week a group of Year 10 students visited Jaguar Land Rover



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in Halewood to gain an insight to the engineering industry as part of the company's International Women's Day Conference. St Julie's students were invited to this inaugural event which is exclusive to JLR Partner Schools and it was an exciting opportunity for students to meet the inspiring women who are integral to JLR. Students had the opportunity to listen to two different panels of employees in the industry talking about their experience followed by a Q&A session which took place to each panel, allowing students to gain further insight. Students also participated in mini taster sessions of what happens withing the Halewood factory and were given keyrings made by the 3D printer onsite and also competed in challenges against other students to fit engineering parts as fast as they could. The Conference showcased the inspiring women that make up JLR and shone a light on how the engineering industry is for everyone, not just for the few. Overall, it was a fantastic opportunity for our students and we'd like to thank JLR, Miss Gawley and Miss Murphy for arranging this.



### NCW: Students Get Legal Advice!

A group of prospective law applicants from Sixth Form attended a presentation delivered by Laura Keane from In House Legal Solutions. The presentation included different pathways to the legal profession and outlined the different areas of law that students could choose to specialise in. Students were given top tips for applying for law, obtaining work experience and our presenters were able to respond to questions the

students had. Students were able to learn about a 'day in the life of' and would like to thank Laura and In House Legal Solutions for their time and insight today.



### Year 8 Netballers Qualify for County Finals

We'd like to offer a huge well done to our year 8 Netball team who have qualified for the County Finals in Netball. Only two Liverpool schools qualified with St Julie's being one of them. The players work incredibly hard week after week in training and of that dedication is paying off!



### St Julie's Celebrates World Book Day

This week saw World Book Day on Thursday, and at St Julie's we celebrated with lots of events, the most popular of which was our book and cake sale! Powered by staff donations, students were able to enjoy a tasty cake while snapping up a bargain book, with all books priced at a flat rate of just 50p! Thank you to the English Department and our hard working team of Sixth Form stall managers who together raised over £100 for the [Read for Good](#) charity that puts books in the hands of those in most need.

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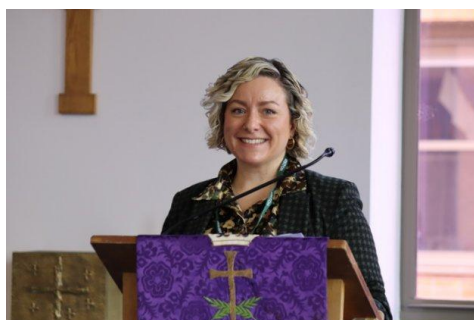
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### Year 7 Student Runs for Merseyside in Year 7 National Competition

Congratulations to Janet in Year 7 who competed in the Year 7 National Cross-Country event at Prestwold Hall in Leicestershire. Janet represented Merseyside in the competition and her performance contributed to a fantastic second place finish for the team.



### Students Hear From Human Rights Lawyer

Today we welcomed former Human Rights Lawyer, and aspiring Judge, Claudine Roberts who shared her personal experience with students. Claudine is a published author, who spoke with conviction about violence against women and girls. She spoke very candidly about how her faith shapes her work, and how it supported her in dealing with incidents of great personal trauma. After her assembly, Claudine led a Q&A session with potential law students in which she was able to draw on her extensive legal experience.

All of the students working with Claudine found her presentations engaging and we're very grateful to her for making the time to visit us.



### LSSP Sports Leadership

Well done to our Year 8 students who embarked on a sport leadership course with LSSP. The course offers fantastic transferable skills that are useful throughout life. Session one was all about team building and teamwork. They will have another three sessions before they are awarded their leadership qualification.



### NCW: Dental Nurse Apprenticeships

Today we welcomed Sarah as one of our National Careers Week presenters. She met with a group of Year 11 and 12 students to share with them information and guidance relating to dental nurse apprenticeships and dentistry. Students learned about the different routes into this exciting and varied career; learned more about the nature of apprenticeships and even got to learn the names of some of the equipment and tools they could be using. Sarah's presentation gave a real insight to the varied training opportunities within the role and we'd like to thank her for giving up her time to speak to us today.

### No Girl should miss school!

Attendance for girls is falling behind boys nationally and here at St Julie's we don't want female issues coming in the way of your



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daughter's education. We want to support your daughter with her health, confidence and attendance which is why all students have access to unlimited free sanitary products, underwear, spare tights, socks, wipes, hand sanitizer and toothpaste (just for starters). If your daughter requires any of the free products, she can ask any female member of staff or collect herself from Mrs Rooney's office on the ground floor. As a school, we will help your daughter to take on all the changes of puberty and bloom into the confident young woman she was born to be!



### Competitive Design with Kirsty Doyle

On International Women's Day students heard from inspiring local Fashion Designer Kirsty Doyle. Kirsty led an assembly with Year 9 students where she spoke about her professional journey and her 'KD Club' educational project working with young people across the City. Later in the day Kirsty ran workshops introducing a competition being run in conjunction with the Grand National that will see winner's designs being produced by professionals in Kirsty's design studio before being displayed in Liverpool One!



### NCW: Routes Into Law

As part of our National Careers Week activities Year 9 students

welcomed Julia Michalczyk and Sarah Sharples from MSB Solicitors into their assembly today who shed some light on the legal profession. Our speakers began by explaining the huge scope of the legal profession, and how our students will all need to use legal services at some point in their lives and spoke about the many roles involved across the sector. We then heard some personal experiences and insights, with valuable information about access routes into Law. Thank you to our visitors for taking the time to share their knowledge - our students found the presentation very informative.



### Merseyside Police Celebrate International Women's Day

This week included International Women's Day and we were joined by a team of female staff and officers from Merseyside Police to help celebrate it. The nine strong team of women represented a wide variety of roles and ranks from across the service, and they led special assemblies for students in Years 9 and 10 celebrating the progress made on gender representation within Merseyside Police but equally recognising that there is still work to be done. Each of the women present spoke about their journey within the Police and the rewards it has brought them, personally and professionally. We'd like to thank all of the staff who made time to join us today, as well as our students for their excellent behaviour which was commented on by our visitors, many of whom were visiting St. Julie's for the first time.

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### Exam Stress Management from Kooth

This week Year 11 benefited from an assembly led by Holly Jackson from Kooth who spoke about the management of stress, with a particular focus on exam stress. Kooth is an online wellbeing service for young people. It is free to access and has an app that can be downloaded. It is a recognised safe website and can be used anonymously to access support.



### Nurse Jemma Returns to Speak to Students

It was a pleasure to welcome former student and qualified nurse Jemma Riley back into St. Julie's to share her experiences with students. Jemma was kind enough to visit, as she has in previous years, to talk about her journey into nursing and the challenges and rewards it has brought her. She was able to share insights into routes into nursing and gave inspiration to the listening students.



## Year 7 and 8 Footballers Through To Next Round

This week our Year 7 and 8 football team contested round 3 of the Merseyside County Schools Football Cup against a team from Rainhill High School. The match was tight between the two sides, but St Julie's powered on during the second half to take the victory 5-7 over Rainhill with 4 goals coming from Libby Y8, 1 from Imogen Y8 and the last from Jessie Y7. Captain Amelia (GK) showed excellent leadership from in the goal ensuring her teammates were aware of the tactics and keeping a tight side to play the forwards offside. St Julie's progress into round 4 and will face the winner from Calderstones/St Hilda's. Well done to all players: Jessie, Luella, Maisie, Scarlett, Annabelle, Freya, Imogen, Amelia (C), Grace, Ella, Paige and Libby.



### NCW: Get Into Nursing

For National Careers Work we were proud to welcome Theatre Nurse and former student Amelia Jones into school to speak to students. Amelia started her visit sharing her experiences with students from Year 8 in their assembly, including a candid account of some of the struggles she faced and the swings in her desired career. As well as some of the specifics of her role in Alder Hey Hospital's surgical theatres, Amelia shared some valuable insights that were applicable to all students in their journey into the working world. Following her assembly, Amelia joined a Year 10 class where she was able to take more time to share her experiences with a smaller group who found her advice both valuable and encouraging. Thank



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you to Amelia for taking the time to come back and visit us.



Year 8 Printing Prowess

Students in Year 8 have been demonstrating their screen-printing skills this week. They successfully recreated cell like structures to produce patterns ready to embroider on. The outcomes are beautifully vibrant and the link between art and scientific exploration was clearly reinforced in this work too!



A Level Taster Sessions

Our A Level taster session programme has begun, allowing students to get a flavour of what an A level lesson feels like. The schedule is below, and all sessions take place in the associated department area.

Thursday 15th March 2024	Geography and Tourism
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NCW: Civil Service Insights from the DWP

On Friday we rounded off our National Careers Week activities with a visit from a team of staff from the Department for Work and Pensions. The team gave presentations throughout the day casting light on what the Civil Service is and how it operates, as well as sharing insights from their own experiences within the DWP. The students found the information very helpful and we're grateful to the team for making the time to come and see us.



NCW: Meet The Midwife

This week to celebrate National Careers Week, Year 9, 10 and 13 enjoyed a talk and workshop with Vivi Norris, a local midwife from The Liverpool Women's Hospital. It was fascinating to hear about the variety within the role, and the skills and qualities required for the job! Students particularly enjoyed seeing and having a turn at using the equipment midwives use, from antenatal to postnatal care.

We're very grateful to Vivi for taking the time from her busy schedule to come and share her knowledge and expertise.

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## Home to School Transport Consultation

Liverpool City Council have opened a consultation on proposed changes to the Home to School Transport Policy and Post 16 Transport Statement, with a view to making essential cost savings. You can find out more about the proposals and how to give your views by [following this link](#).



## English Stars of the Week

Congratulations to our stars of the week in English this week!

### In Year 7:

Stevie - For writing an excellent poem called 'The Swing'  
Janet - For pushing herself every lesson.  
Alexandra - For great contribution to English lessons  
Annie - For always giving excellent contributions in our Jane Eyre discussions.  
Ciara - great verbal and written engagement surrounding Jane Eyre.

### In Year 8:

Grace - for great presentation and excellent work produced in English.  
Ava - for being focused & trying her best.

### In Year 9:

Bobbie J - for heart felt responses.

Imogen - for writing an engaging article.

### In Year 10:

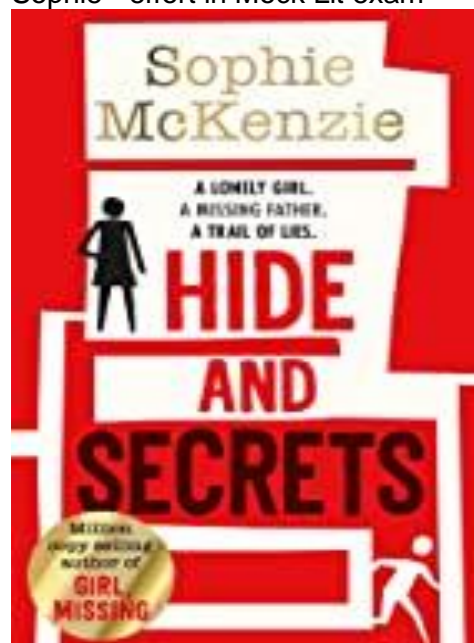
Aneesa - for dedication to learning in English Language.  
Charlotte - for fantastic Blood Brothers essay  
Meg - for engagement with Blood Brothers

### In Year 11:

Lucie - for engagement with Macbeth  
Scarlett - for engaging with non-fiction writing  
Eva - for dedication to learning in literature.  
Ola - for consistent improvement in English

### And in Sixth Form:

Bethany - excellent response to assessment  
Layla - taking on roles in 'A Doll's House'  
Charlotte - engagement with NEA  
Sophie - effort in Mock Lit exam



## Recommended Read for March

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'Hide and Secrets' by Sophie McKenzie.



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***A lonely girl, a missing father and a trail of lies . . . From the million-copy bestselling author of Girl, Missing, comes a blockbuster teen thriller that will have you looking for answers round every corner.***

*Fourteen-year-old Cat is lonely - reeling from the loss of her father, she's disconnected from friends and fighting with her mum. But when a new boy, Tyler, arrives for the summer, Cat finds herself opening up to the handsome stranger. A shocking revelation about her dad turns Cat's world on its head. She and Tyler uncover a series of secrets that take them on a perilous journey. With fresh lies exposed and threats from a dangerous gang revealed, will Cat risk everything to keep herself and her family safe?*



### Applications for Sixth Form Now Open!

The application window for students wishing to enrol at St. Julie's Sixth Form in September 2024 is now open. Students currently attending St Julie's can [apply here](#), and external candidates can [apply here](#).

### Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns

with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



### Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays.

You can contact the service on **0151 233 3916**.

### SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm  
Alternatively, you can email your concern to [seniss@liverpool.gov.uk](mailto:seniss@liverpool.gov.uk)

### Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm  
Alternatively, you can email your concern to [epsadmin@liverpool.gov.uk](mailto:epsadmin@liverpool.gov.uk)

### ASD Training Team:

07522800193/07515501854

Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm

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Alternatively, you can email your concern to [ASDtrainingteam@liverpool.gov.uk](mailto:ASDtrainingteam@liverpool.gov.uk)  
**Children's Occupational Therapy Service**

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email [chot@liverpool.gov.uk](mailto:chot@liverpool.gov.uk)  
**Liverpool Sensory Service**  
Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email [sensoryservice@liverpool.gov.uk](mailto:sensoryservice@liverpool.gov.uk)

### Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

### Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

### Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

### Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults '[#It's abuse](#)'.
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the [safeguarding@stjulies.org.uk](mailto:safeguarding@stjulies.org.uk) email address being the best way to make contact out of hours.

### Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

**Anxiety UK** – Charity providing support if you have been diagnosed with anxiety  
**Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)**



## Your list of contacts at St. Julie's

You can click any of the hyperlinked names below to send an email.

### Progress Leaders

Year 7: [Miss C Corrigan](#)  
Year 8: [Mrs C Maguire](#)  
Year 9: [Mrs K Monks](#)  
Year 10: [Miss E Murphy](#)  
Year 11: [Mrs C Mason](#)  
Sixth Form: [Mrs R Lyons](#)

### Curriculum Leaders

English: [Ms H Greenwood](#)  
Maths: [Mrs L Gee](#)  
Science: [Dr O McGinn](#)  
RE: [Miss T Hyland](#)  
MFL: [Mrs R Buckton](#)  
Humanities: [Miss J Rimmer](#)  
Performing Arts (including PE): [Miss A Douglas](#)  
Art and Technology: [Mrs A Bell](#)  
Social Sciences and Computing: [Mrs K Byrne](#)

SENDCo: [Miss S Jackson](#)

## Why not visit our Websites?

[St. Julie's Main Website](#)  
[Chaplaincy Website](#)  
Chaplaincy Instagram: [stjuliesl25](#)  
[Wellbeing Website](#)  
[Careers Website](#)

**CALM** – Campaign against living Miserably, for Men ages 15-35  
**Phone: 0800 58 58 58 (daily 5pm-midnight)**

**Mental Health Foundation** – support for mental health concerns  
<https://www.mentalhealth.org.uk/>

**MIND** – Meeting mental health needs  
**Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)**

**No Panic** – support line for panic attacks and OCD  
**Phone: 0844967 4848 (daily 10.00am-10.00pm)**

**Give Us A Shout**  
Immediate support by text for people of all ages.  
<https://giveusashout.org/>  
**Text 'SHOUT' to 85258**

**PAPYRUS** – Suicide prevention team  
**Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)**

**Rethink Mental Illness** – supporting mental health all ages.  
**Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)**

**Samaritans** – supporting those experiencing feelings of despair  
**Phone: 116 123 (free 24 hour helpline)**

## Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

## Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers at home at no cost. You can find out more about how to complete the installation in this [remote learning guide](#).