



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 11th October 2021

Forthcoming Dates for your Diary

15th October
UCAS early application date

22nd October
INSET Day 2
Students do not attend

Throughout October
Black History Month

ADHD Awareness Month



Footballers Take To The Tournament Pitch!

Congratulations to our team of Year 7 and 8 footballers who took a fantastic second place in the Liverpool School Sports Partnership Year 7 and 8 tournament at the Tiber Football Centre in Toxteth. Miss Murphy praised the entire squad of 20 players for their excellent competitive play and was particularly impressed with the footwork and inspired goal scoring of Katie in Year 7.



Joint Letter from Headteachers of St. Julie's and SFX

The headteachers of St Julie's Catholic High School and St Francis Xavier's College have issued a joint letter outlining the work that is being undertaken in the respective schools to combat violence against women and girls. You can [read a copy of the letter here](#).



Spine Chilling Writers Get Published!

46 of our talented young writers can look forward to being published after entering the Young Writers 'Spine Chillers' competition. The competition challenges writers to articulate suspense, drama and thrills in the context of high economy of language - the entries are limited to just one hundred words! Congratulations to all of our published writers.

Your list of contacts at St. Julie's

You can click any of the hyperlinked names below to send an email.

Progress Leaders

Year 7: [Mrs K Monks](#)
Year 8: [Mrs L Rainey](#)
[Barwise](#)
Year 9: [Mrs C Mason](#)
Year 10: [Miss C Corrigan](#)
Year 11: [Mrs C Maguire](#)
Sixth Form: [Mrs R Lyons](#)

SENCO: [Mrs G Dooley](#)

Curriculum Leaders

English: [Mrs M Bridges](#)
Maths: [Mrs L Gee](#)
Science: [Dr O McGinn](#)
RE: [Miss T Hyland](#)
MFL: [Ms H Mathison](#)
Humanities: [Mrs L Bashford](#)
Performing Arts (including PE): [Mrs J Walls](#)
Technology (including Health and Social Care): [Mrs A Bell](#)
ICT and Social Sciences (including Sociology, Psychology and Business Studies): [Ms D Duffy](#)

Why not visit our Websites?

[St. Julie's Main Website](#)
[Chaplaincy Website](#)
Chaplaincy Instagram: [stjulies125](#)



Students Receive the Sacrament of Confirmation

Over two evenings this week, 16 of our students received the Sacrament of Confirmation at St Ambrose Church, Speke. The evenings were wonderfully faith-filled and a large number of young people from across the pastoral area were involved as readers, lighting candles or burning the incense. The services were led by the newly appointed Bishop Tom Neylon and the music was led by our school chaplain Jo Wallace on guitar and vocals, Fr Ed Cain on bass guitar and Chloe, a parishioner from St Ambrose singing too. The students also had a small celebration in school on Thursday afternoon to celebrate together as a group (with some cake!) Many thanks to all the volunteers and helpers and of course to our families who have supported the young people on this journey.



Dancing In The Dark

Sixth Form dancers have taken to the space in blindfolds as they develop skills in spatial awareness. This was a challenging lesson that revealed to students how inclusive dance broadens the mind and can create extremely unique choreography. We're looking forward to seeing how this experience shapes future performances.

DfE and Ofqual Consultation

Ofqual and the Department for Education released guidance on the proposed changes to the assessment of GCSE, AS and A Levels in 2022. [Please click this link to access the report](#). Further communication will be sent home to parents over the next few weeks. We will continue to support your daughter and ensure that she can progress successfully to her next stage of education or employment.



Drama Students Tackle Hard Hitting Subjects

Students in Drama have been continuing their exam pieces with two performances this week tackling the challenging subjects of Hillsborough and the Soham murders. We congratulate the students for their skilfully devised work.



Year 10 Students Meet Their Match!

Students from Year 10 who are participating in the Girls' Network mentoring programme found out who their mentors are going to be at the matching event that took place this week. The mentors are drawn from across a number of industries and offer exciting opportunities to

Your list of contacts at St. Julie's

You can click any of the hyperlinked names below to send an email.

Progress Leaders

Year 7: [Mrs K Monks](#)

Year 8: [Mrs L Rainey](#)

[Barwise](#)

Year 9: [Mrs C Mason](#)

Year 10: [Miss C Corrigan](#)

Year 11: [Mrs C Maguire](#)

Sixth Form: [Mrs R Lyons](#)

SENCO: [Mrs G Dooley](#)

Curriculum Leaders

English: [Mrs M Bridges](#)

Maths: [Mrs L Gee](#)

Science: [Dr O McGinn](#)

RE: [Miss T Hyland](#)

MFL: [Ms H Mathison](#)

Humanities: [Mrs L Bashford](#)

Performing Arts (including

PE): [Mrs J Walls](#)

Technology (including Health and Social Care):

[Mrs A Bell](#)

ICT and Social Sciences

(including Sociology,

Psychology and Business

Studies): [Ms D Duffy](#)

Why not visit our Websites?

[St. Julie's Main Website](#)

[Chaplaincy Website](#)

Chaplaincy Instagram:

[stjuliesl25](#)

support and challenge our enthusiastic mentees!



Get Animated With The Archdiocese!

The Archdiocese Youth Ministry is called Animate and they lead retreats for schools, co-ordinate the Confirmation programme and the Youth Pilgrimage to Lourdes, to name but a few! The Animate team are led by Fr Simon Gore and the team is a mixture of employed workers and gap-year students.

Animate PLUS is an opportunity for young people who are still in education to support the work of Animate and gain some experience of volunteer work. If you are interested in finding out more, there is an open evening on 11th October 4pm-6pm at Lowe House, St. Helens which is the base for Animate. You can follow the work of Animate on [instagram/animate_youth](#) or on Twitter [@AnimateYouth](#)



National Poetry Day

On Thursday 7th October, St Julie's celebrated National Poetry Day. This year's theme was Choice, and everyone across the school had

the opportunity to read poetry, enjoy poetry and even be a poet!

Big screens around the school displayed staff's personal choices of their favourite poems. They included works from poets such as William Wordsworth, John Keats, Simon Armitage, Maya Angelou and Carol Ann Duffy. Students in KS3 English lessons wrote their own poems about Empowerment, dedicating it to either people who have empowered them or how we empower ourselves. You can see some examples of the fantastic poetry produced in the [story on our website!](#)



Hope University is open for visits!

With just a few days to go until Hope's first physical Open Day, staff are really looking forward to having so many students on their campuses once again. Hope's Autumn/Winter Open Days will take place on:

- **Saturday 9th October**
- **Saturday 23rd October**
- **Saturday 13th November**
- **Wednesday 1st December**

To book a visit on one of the days, click

here: <https://your.hope.ac.uk/form/OpenDays>



Live Academic Sessions from the University of Liverpool

Liverpool University's virtual open week kicks off on 11th Oct. During this week of a range of activities,

Your list of contacts at St. Julie's

You can click any of the hyperlinked names below to send an email.

Progress Leaders

Year 7: [Mrs K Monks](#)

Year 8: [Mrs L Rainey](#)

[Barwise](#)

Year 9: [Mrs C Mason](#)

Year 10: [Miss C Corrigan](#)

Year 11: [Mrs C Maguire](#)

Sixth Form: [Mrs R Lyons](#)

SENCO: [Mrs G Dooley](#)

Curriculum Leaders

English: [Mrs M Bridges](#)

Maths: [Mrs L Gee](#)

Science: [Dr O McGinn](#)

RE: [Miss T Hyland](#)

MFL: [Ms H Mathison](#)

Humanities: [Mrs L Bashford](#)

Performing Arts (including

PE): [Mrs J Walls](#)

Technology (including Health and Social Care):

[Mrs A Bell](#)

ICT and Social Sciences

(including Sociology,

Psychology and Business

Studies): [Ms D Duffy](#)

Why not visit our Websites?

[St. Julie's Main Website](#)

[Chaplaincy Website](#)

Chaplaincy Instagram:
[stjuliesl25](#)

they will be running live online sessions where students, parents and carers can hear directly from university staff and current students. These sessions allow viewers to find out more about specific courses and to ask any questions they might have. Sessions will run from Monday 11th October to Friday 15 October. Details on all sessions and registration information can be found

here: <https://www.liverpool.ac.uk/study/undergraduate/virtual-open-week/live-sessions/>



Kooth and Qwell

Information Session

On Wednesday 13th October Kooth are hosting a virtual session introducing their Kooth and Qwell mental health and wellbeing services. The event will take place at 6pm and is aimed at both young people and their parents. The Kooth service is aimed at people aged 10-25 whilst Qwell serves those 26+. You can find more information in [this invitation letter](#) to parents and carers.



Healthwatch Liverpool

Mental Health

Marketplace

To mark World Mental Health Day, Healthwatch Liverpool are holding a free Mental Health Marketplace in Liverpool One on Monday 11 October. Find out what is available

for you, your friends, and your family to support you to have positive mental health in Liverpool. We will be joined by around 15 mental health and wellbeing services and organisations from across the city to promote mental health services in Liverpool, and provide interactive activities and performances. If you're living, learning, or working in Liverpool, drop by, say hi, and find out more about what mental health and wellbeing support is available to access across the city. You'll be able to find the event in Paradise Place, Liverpool One (just outside John Lewis) on Monday 11 October, between 10am - 5pm. This event is free, and no booking is required - just turn up and say hello!



Apprenticeships and Post 16 Options

Check out the latest edition of 'The Parents' Guide to....' [here](#). It's packed with great advice to help you support your daughter with her next steps. Don't forget there's a wealth of careers advice and guidance [on our Careers website](#).

Year 11 students look to the future!

Year 11 students have completed a survey this week as part of the KS4/5 transition programme. Students will be able to explore the diverse range of subjects and qualifications we offer at St Julie's Sixth form in addition to thinking about potential subject choices to study in Year 12. A link to our current prospectus can [be found here](#). For a copy of 'Helping your child begin their career journey booklet' please [click here](#).

Careers Updates

Our careers updates this week include some new guides from 'Success at Schools' about STEM careers and employability skills

Your list of contacts at St. Julie's

You can click any of the hyperlinked names below to send an email.

Progress Leaders

Year 7: [Mrs K Monks](#)
Year 8: [Mrs L Rainey](#)
[Barwise](#)
Year 9: [Mrs C Mason](#)
Year 10: [Miss C Corrigan](#)
Year 11: [Mrs C Maguire](#)
Sixth Form: [Mrs R Lyons](#)

SENCO: [Mrs G Dooley](#)

Curriculum Leaders

English: [Mrs M Bridges](#)
Maths: [Mrs L Gee](#)
Science: [Dr O McGinn](#)
RE: [Miss T Hyland](#)
MFL: [Ms H Mathison](#)
Humanities: [Mrs L Bashford](#)
Performing Arts (including PE): [Mrs J Walls](#)
Technology (including Health and Social Care): [Mrs A Bell](#)
ICT and Social Sciences (including Sociology, Psychology and Business Studies): [Ms D Duffy](#)

Why not visit our Websites?

[St. Julie's Main Website](#)
[Chaplaincy Website](#)
Chaplaincy Instagram: [stjuliesl25](#)

guidance for parents. Find the links at [our Careers website](#).



October Recommended Read

Our recommended read for October is 'Pig Heart Boy' by our author of the month, Malorie Blackman. *"You're thirteen. All you want is a normal life. But most normal kids don't need heart transplants. So there's this doctor. He says there's a chance for you. But he also says it's experimental, controversial and risky. And it's never been done before. Shortlisted for the Carnegie Medal, this is a powerful, thought-provoking story from the award-winning Malorie Blackman."*

KS3 Assessment 2021-22

Please [click here](#) for an overview of the KS3 Assessment Framework.

Remote Education

From September 2021 schools must continue to provide remote education for students who must self-isolate due to Covid-19. A copy of the school policy on Remote Education can be [found here](#).



SEND Support Helplines

Helplines for Settings and Families In response to the current coronavirus pandemic, Liverpool Local Authority's SEND Support Services would like to offer advice and support to our settings and families during this difficult time.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm
Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm
Alternatively, you can email your concern to epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854
Advice and strategies for families of children and young people with autism or social communication needs.
Monday to Friday: 9am – 12pm
Alternatively, you can email your concern to ASDtrainingteam@liverpool.gov.uk

Children's Occupational Therapy Service

Please contact the Children's <https://learnliveuk.com/network-rail-secondary-school-safety-talk/OccupationalTherapist> who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk

Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email sensoryservice@liverpool.gov.uk

Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing

Your list of contacts at St. Julie's

You can click any of the hyperlinked names below to send an email.

Progress Leaders

Year 7: [Mrs K Monks](#)
Year 8: [Mrs L Rainey](#)
[Barwise](#)
Year 9: [Mrs C Mason](#)
Year 10: [Miss C Corrigan](#)
Year 11: [Mrs C Maquire](#)
Sixth Form: [Mrs R Lyons](#)

SENCO: [Mrs G Dooley](#)

Curriculum Leaders

English: [Mrs M Bridges](#)
Maths: [Mrs L Gee](#)
Science: [Dr O McGinn](#)
RE: [Miss T Hyland](#)
MFL: [Ms H Mathison](#)
Humanities: [Mrs L Bashford](#)
Performing Arts (including PE): [Mrs J Walls](#)
Technology (including Health and Social Care): [Mrs A Bell](#)
ICT and Social Sciences (including Sociology, Psychology and Business Studies): [Ms D Duffly](#)

Why not visit our Websites?

[St. Julie's Main Website](#)
[Chaplaincy Website](#)
Chaplaincy Instagram: [stjuliesl25](#)

your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse have increased during periods of lockdown. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults ['#It's abuse'](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety
Phone: 03444 775 774 (mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk>

MIND – Meeting mental health needs
Phone: 0300 123 3393 (mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD
Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout
Immediate support by text for people of all ages.
<https://giveusashout.org/>
Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team
Phone: 0800 068 4141 (mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)

Rethink Mental Illness – supporting mental health all ages.
Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)

Samaritans – supporting those experiencing feelings of despair
Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Your list of contacts at St. Julie's

You can click any of the hyperlinked names below to send an email.

Progress Leaders

Year 7: [Mrs K Monks](#)

Year 8: [Mrs L Rainey](#)

[Barwise](#)

Year 9: [Mrs C Mason](#)

Year 10: [Miss C Corrigan](#)

Year 11: [Mrs C Maguire](#)

Sixth Form: [Mrs R Lyons](#)

SENCO: [Mrs G Dooley](#)

Curriculum Leaders

English: [Mrs M Bridges](#)

Maths: [Mrs L Gee](#)

Science: [Dr O McGinn](#)

RE: [Miss T Hyland](#)

MFL: [Ms H Mathison](#)

Humanities: [Mrs L Bashford](#)

Performing Arts (including PE): [Mrs J Walls](#)

Technology (including Health and Social Care):

[Mrs A Bell](#)

ICT and Social Sciences (including Sociology, Psychology and Business Studies): [Ms D Duffy](#)

Why not visit our Websites?

[St. Julie's Main Website](#)

[Chaplaincy Website](#)

Chaplaincy Instagram: [stjulies125](#)

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

Covid Reporting

Please continue to review the [information sent out each week in the bulletin](#) with regard to the importance of notifying school immediately if your child tests positive for COVID-19. Please continue to contact school in any of the normal ways - the main switchboard (0151 428 6421) during working hours; or reception@stjulies.org.uk or safeguarding@stjulies.org.uk for out of hours notifications. School have taken all reasonable steps to raise awareness of this. Thank you.

Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers at home at no cost. You can find out more about how to complete the installation in this [remote learning guide](#).

The image shows a screenshot of a COVID-19 risk assessment document. It is titled 'COVID-19 Risk Assessment' and 'A report for the parents/carers'. The document is organized into a table with three main columns: 'Risk to children', 'Risk to staff', and 'Risk to visitors'. Each column contains a list of potential risks and the measures in place to mitigate them. The text is small and difficult to read, but the structure is clear.

Covid-19 Information and Risk Assessment

All parent/carers can access the school's Covid-19 risk assessment [here](#).