



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 13th January 2025

Forthcoming Dates for your Diary

13th January
Year 13 Mocks Begin

23rd January
Year 11 Parents' Evening



St. Julie's Team Contests Ethics Cup!

This week saw a team of Year 10 students joining a host of other regional schools at the University of Liverpool to pit their wits in the Ethics Cup regional tournament. This competition sees teams discussing ethical issues of public concern, and isn't a conventional debate. The St Julie's team faced students from Broughton Hall and Belvedere, winning one of those matches convincingly. It wasn't quite enough to secure a place in the next round, but we congratulate Libby, Yasmin, Imogen, Olivia, Martha and Georgie on a great performance!



Scholars' Programme Launches for 2025

On Wednesday this week our new cohort for the Scholar's Programme met in the Chapel for the programme launch event! Delivered in partnership with the Brilliant Club, the programme sees students working in University style learning with PhD researchers at a very high level.



New Year Sees Inclement Weather

We were unfortunate to welcome students back after the Christmas break to a period of challenging weather. The daily decision on whether or not to close the school is always considered very carefully and weighs many factors. We understand the frustration that parents can feel when nearby schools have different snow closure

**ST. JULIE'S
STUDENTS
WHO ARRIVE
ON TIME
HAVE
HIGHER
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ABILITY**

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days, but each school has to consider their site safety on an individual basis, and different conditions on site, as well as different campus layouts, will all impact on the decision. We are fortunate at St. Julie's to have a building in which staff and students can access every teaching space without having to go outside, which can sometimes allow the school to remain open when other schools might struggle. Regrettably, the conditions predicted across the city following a very hard overnight frost meant that we had to make the decision to close to students on Friday. Examinations scheduled to take place on Friday were unaffected by the closure.

Attendance and Community

Research has shown that having a sense of belonging at school plays a crucial role in the social and emotional development of young people and also their ability to engage and make progress academically.

At St Julie's we aim to provide an environment in which students feel respected, included and supported as members of our Notre Dame family.

The routine at the start of the day is invaluable for preparing students to engage effectively in academic lessons.

Here at St Julie's, students are welcomed into school at the start of the day by members of the Leadership Team, and can access breakfast in the Dining Room from Barn. For those requiring additional support in the morning a drop in session is provided by Miss Ainsworth in A307.

Additional drop in sessions are available in school during break and lunch times with members of the pastoral support team, for those needing support with friendships or other pastoral concerns. Details of these sessions are available from your daughter's Progress Leader.

Attendance Newsletter for Half Term 3

Our attendance focussed newsletter for Half Term 3 should have recently been received by email. You can also access a copy by [clicking here](#).



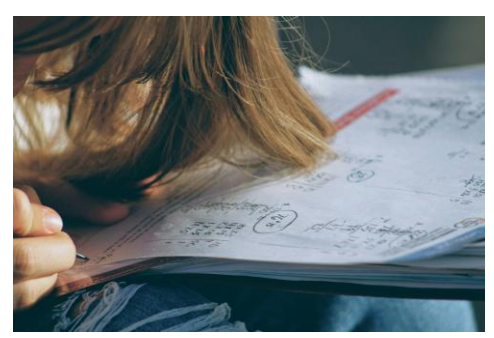
Year 13 Mock Examinations

Year 13 Mock Examinations are scheduled to start on Monday 13th January. Individual student timetables are available through the My Child At School App.

| | | |
|------|-----------|--------------------|
| 100% | 0 days | 0 lessons missed |
| 99% | 1 day | 6 lessons missed |
| 98% | 3 days | 18 lessons missed |
| 97% | 1 week | 30 lessons missed |
| 96% | 1.5 weeks | 45 lessons missed |
| 94% | 2 weeks | 60 lessons missed |
| 93% | 2.5 weeks | 75 lessons missed |
| 92% | 3 weeks | 90 lessons missed |
| 90% | 3.5 weeks | 105 lessons missed |

The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.



SEND Homework Club

We've introduced a homework club specifically for our students with

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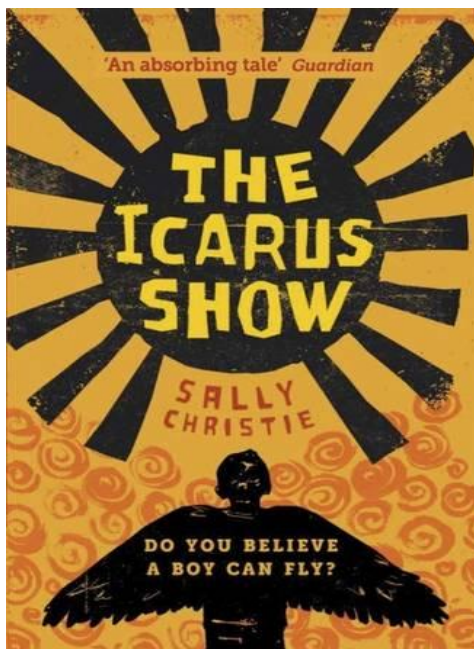
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SEND needs. Students in KS3 are welcome on Mondays from 3:15-4:00pm and students in KS4 are welcome on Wednesdays at the same time. The club is based in the Stars room and students are welcome to just turn up on the appropriate day!



Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).



Recommended Read for January

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'The Icarus Show' by Sally Christie.

Alex has worked out a foolproof way to avoid being picked on. Don't React. It's so simple, it's brilliant! David does react and becomes an outcast, nicknamed Bogsy. He's branded a weirdo, and Alex is determined to avoid the same fate. But one day, Alex gets a note in his bag that forces him out of his safe little world. Who sent the note? And is it true - will a boy really fly? A powerful story about friendship, loneliness and a strange kind of genius.

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693

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If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm
Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm
Alternatively, you can email your concern to epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854

Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm
Alternatively, you can email your concern to ASDtrainingteam@liverpool.gov.uk
Children's Occupational Therapy Service

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk

Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

sensoryservice@liverpool.gov.uk

Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults ['#It's abuse'](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or

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suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

RASA (Rape and Sexual Abuse)

Merseyside is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email

referrals@rasamerseyside.org or visit our website www.rasamerseyside.org

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550

They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety

Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk/>

MIND – Meeting mental health needs
Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD
Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout

Immediate support by text for people of all ages.

<https://giveusashout.org/>
Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team
Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)

Rethink Mental Illness – supporting mental health all ages.

Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)

Samaritans – supporting those experiencing feelings of despair
Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365

Licensing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <https://www.office.com> and sign in using their school email address and password and then look for the 'Install and more' option.

Resources for Parents in Knowsley

[Advanced Solutions](#): 0151 486 1788

Listening Ear: St Nicholas Centre, 70 Church Road, Halewood, L26 6LB
0151 488 6648

Children in care (under 18?) Polaris Knowsley. EHWB@coreassets.com
07967 381 035

[Knowsley CAMHS](#) 0151 351 8610

[Kooth](#)

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[Mental Health Support Teams](#)

[Zuntold](#)

Domestic Abuse
[Merseyside Domestic Violence Service](#) 0780 272 2703 mdvs.org

[Ruby Project](#) ruby@pss.org.uk

Family support [Family First](#)

[Knowsley Family Info](#)

[PSS Prisoner Family Service](#)

[Lee Cooper Foundation](#)

[Healthy Knowsley](#)