



St. Julie's Catholic High School

Weekly Newsletter

Week beginning 13th July

Forthcoming Dates for your Diary

13th July
LAMDA Exams

14th July
Year 7 Performing Arts Showcase

14th July
Chester Zoo Trip for Year 8

17th July
Students finish for Summer at **revised time of 12:30pm**



Remembering Miss Knisz

On Thursday evening people from across our entire school community united together to celebrate the life of Miss Knisz and all of the joy and positive energy that she brought to us. The incredibly moving service included tributes in song and dance and addresses and reflections from school staff and members of the Knisz family. We would like to thank everybody who was able to join us for the celebration, and together we will keep the memory of Miss Knisz alive by honouring all that she believed in through our daily lives.



Winning Band Hit The Studio!

Congratulations to our competition winning band who have claimed their prize of a session in a professional studio! Sofia, Evie, Heidi and Grace recently celebrated a win at the 'Battle of the Bands' at Cardinal Heenan. The band recently visited Scratch Studios in West Derby where a professional producer helped them to record a cover version of 'Should I Stay Or Should I Go' by The Clash!



Year 9 Visit the Lake District!

On Tuesday and Wednesday this week students from Years 9 made two trips to the Lake District to visit the beautiful area around Windermere. Students made the ascent on foot to the top of the 238m Orrest Head to take in the spectacular views before a little time cooling off in Windermere and Bowness. Well done to all of the students for their excellent conduct throughout the visits.

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Year 8: [Mrs J Navarro](#)
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Students Pen Verse at Poetry Expo!

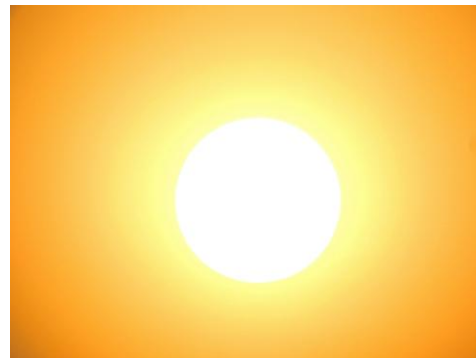
Last week students in Year 9 had a deep dive into poetry at the Poetry Exposition hosted at the Liverpool Exhibition Centre. Students had the opportunity to engage with a range of different activities such as football, music, dancing and some areas of inclusivity. It wouldn't a poetry exposition without some poetry composition, and students embraced the World Cup theme of the day to craft a poem about Portugal and another about a pair of 110 trainers! Well done to the students, whose engagement and conduct were a great credit to our school.



Speaking Up at Archdiocesan Competition!

Last week Year 9 students Lilia and Jessica represented St Julie's at the annual Archdiocesan Public Speaking Competition, hosted this year by Archbishop Beck. Our speakers were extremely impressive in their delivery, presenting strong, confident and thoughtful arguments, and accompanying these with all of the non-verbal skills that make up an excellent speech. Whilst pipped to the winning post, both students were commended with certificates and prizes, awarded by

representatives from national exam boards and Deacon Mannings.



Warm Weather Adaptations

With the current spell of warm weather continuing, we would like to reassure you that the safety and wellbeing of our students remains our top priority. Following Department for Education guidance, school will remain open, and we have put a number of measures in place to help keep students comfortable and safe.

Uniform Students do not need to bring their blazer or jumper to school. We recommend that students continue to wear their school blouse, as the breathable cotton fabric is often cooler and more comfortable than PE kit materials.

Hydration Fresh drinking water is available throughout the school day, and we have ordered additional supplies to ensure all students can stay well hydrated. We encourage students to bring a refillable water bottle.

Sun Protection We ask that students apply sunscreen before leaving home each morning.

Outdoor Activities Timetables have been adjusted to reduce the amount of time students spend outdoors. Physical activity will be limited during the hottest parts of the day.

Break and Lunchtime Students will be able to remain indoors on the ground floor during break and lunchtime if they wish.

School Environment We are fortunate to have a well-ventilated and air-conditioned building, which helps us maintain a comfortable

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learning environment even during very warm weather.

Reduced year groups - Year 10 and 12 will be on work experience from Monday 13 July therefore we will only have three year groups present in school. Rooms will be re-located to cooler areas of the school to support learning and teaching.

Practical activities, e.g. science, food tech will be adjusted to reduce heat in the classrooms.

Friday 17 July

School is due to close for the summer break on Friday 17 July. Students will finish at the earlier time of **12.30pm**. As only three year groups will be on site, Year 9 students will move to Lunch 4 and will receive free chips for all as part of the end-of-term celebrations. Thank you for your support and cooperation. We will continue to monitor the weather and take any further action necessary to ensure students can learn safely and comfortably.



Year 10 Work Experience

We are excited to see our Year 10 and Year 12 students embark on their Work Experience placements next week and look forward to hearing all about their experiences! This year, students will be gaining valuable insight into a wide range of industries, including law, business, property, education, the creative industries, healthcare and the NHS, engineering, manufacturing, construction, charities, retail, hospitality and many more. Our Year 10 Work Experience provider, Elevate, has been completing final health, safety and suitability checks with employers this week. In a small number of cases, students have been matched to an alternative placement to ensure it provides the best possible learning experience while meeting all required quality and safeguarding standards.

Please remember that, as with a normal school day, students will receive attendance calls during Work Experience Week if they are absent from their placement. This is an important safeguarding measure to ensure all students are safe and accounted for throughout the week. We wish all of our Year 10 students the very best of luck and hope they enjoy this exciting opportunity. We can't wait to hear about everything they've achieved and learned when they return to school!



Year 12 Visit Wrexham University

On Wednesday, Year 12 enjoyed an inspiring visit to Wrexham University, where they experienced university life first-hand through a guided campus tour and a range of engaging subject taster sessions. Students explored the university's excellent facilities before taking part in interactive sessions in Nursing, Business and Marketing, Law, Criminology and Primary Education. The visit showcased Wrexham University's innovative approach to teaching, with students experiencing the practical, immersive learning opportunities available across a range of courses. Highlights included investigating realistic crime scenes, exploring interview and interrogation suites used by Law and Criminology students, and wearing specialist simulation goggles to experience the effects of alcohol and drugs on perception, coordination and decision-making. These hands-on activities gave students a genuine insight into how theory is applied in professional settings. The visit provided an excellent opportunity for students to ask questions, explore different subject

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areas and gain a better understanding of university life. Experiencing the facilities and speaking with university staff helped Year 12 to make more informed decisions about their future education, training and career pathways.

We would like to thank Wrexham University for delivering such an engaging and memorable experience that has inspired our students to think positively about their next steps; and Mrs Lyons for arranging.



St Julie's Prevails at Engineering Challenge

Congratulations to our team of Year 10 students who took part in the Amey Engineering Challenge Day 2026, and won!

Engineers Sonia, Neil, Mark, Olly and Ella who led the challenge, were thrilled with the enthusiasm which the students showed.

Thirteen Year 10 students took part in the challenge together with students from Coop School, Bebbington, to mark Women in Engineering Day and really "got stuck in" from the word go on the day.

They worked in teams led by current engineers to design a way of making The Strand more accessible for all users - drivers, cyclists and all pedestrians, working in small teams with an engineer using drawing tools to design, measure, cost and support their ideas. The afternoon involved team and individual activities in Hazard Awareness and Road Traffic Bingo. The students were fabulous ambassadors for the school. Well done to Laura, Mollie, Ellie, Phoebe, Olivia, Heidi, Ciara, Sophie, Isabelle, Darcy, Isabella, Olivia and

Charlotte and huge thanks to Amey Engineering for hosting the day's events.



Cake Sale for Alzheimer's Society

On Thursday we held a cake sale at breaktime to raise funds for the Alzheimer's Society, spearheaded by Niamh in Year 10. The sale extended at lunchtime into the sale of lolly ices which on a boiling hot day did a fantastic trade! Well done to the Year 10 team for their hard work in fundraising.



Year 10 Mathematicians Complete 4 Year Programme!

This term marks the completion of the Axiom Maths Circle programme for our Year 10 students. Over the past four years, these students have met weekly to tackle challenging mathematical problems, develop their reasoning skills, and explore maths beyond the classroom. Congratulations to all of our Year 10 students for their commitment, perseverance and enthusiasm throughout the programme. Their willingness to embrace challenge, think creatively and persevere with complex problems has been a real strength. We are incredibly proud of everything they have achieved and the dedication they have shown over the past four years.



Sports Day 2026!

We're delighted to say that on Friday we had a wonderful day at Wavertree Athletics Centre, with some sensible hot weather modifications, enjoying our school sports day! Congratulations to all of our competitors, and particularly to our winning form – Maria!



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Liverpool City Region & the Nightlife Safety Charter

June 2024

Whether you're heading into town for a concert, grabbing food after college, or enjoying your first night out with friends, your safety matters. In this edition of the safeguarding newsletter, we're spotlighting Liverpool's Nightlife Safety Charter – a city-wide commitment to making nightlife safer for everyone, especially young people.

We're also highlighting some brilliant safety schemes across the Liverpool City Region that help support a safer and more inclusive nightlife experience for all.

Liverpool's nightlife – with its vibrant nightlife – brings joy and excitement to clubs and cafes. But behind the scenes, there's a commitment to making it safer. The Night Time Safety Charter is a voluntary initiative that supports

the safety of anyone enjoying or working in the Night-Time Economy (NTE) between late and dawn.

It complements the Purple Flag accreditation (LiverpoolHaf) – an award given to towns and cities that manage safe, vibrant nightlife.

The Nightlife Safety Charter – Key Aims:

- To create a safer environment in bars, clubs, and venues.
- To promote respect, inclusivity, and zero tolerance for harassment.
- To train staff to identify and handle vulnerable situations – staff, students, and locals – to speak up when something doesn't feel right.

The Charter Offers:

- Guidance on staff training, how to report harassment, and support culture change.
- Recommendations for ensuring public spaces are safe and reporting routes are clear.
- Open to all night-time businesses, including shops, hotels, gyms, and leisure centres.

What are Liverpool venues doing to help you out? Venues signed up to the Charter agree to:

- Provide staff with safeguarding and emergency training.
- Create visible and accessible reporting procedures.
- Display Charter signage – so you know they're committed.
- Support initiatives like Ask for Angela, COOLIT, and the Late Night Levy.
- Encourage safe routes home, such as through the Rainbow Backpack.

Liverpool City Council works with Merseyside Police, Liverpool BID, and local clubs to monitor progress and improve safety in real-time.



Summer Safeguarding Newsletter

Our Summer Safeguarding newsletter for Sixth Form has been published and is full of advice about staying safe while socialising. You [can find a copy here](#).

Summer Food Vouchers

As we published in the newsletter last week, changes in Government funding strategies mean that shopping vouchers for the summer holiday period **will not be issued** this year. You can [read more in the letter here](#), and find out more information about the Summer HAF programme below.



Summer HAF Programme 2026

The Summer HAF programme starts on the 20th July with free activities, and a meal, for every child that attends. Children and young people, from reception to age 16, who are eligible for Targeted (benefits related) free school meals, will be able to access hundreds of activities throughout the summer holidays including SEND specific provision. There's a great range of activities across the city including **trips out, lego building, rock climbing, cooking, racket sports, sewing, painting, cycling, gymnastics, football and gardening plus much, much more.**

There will also be three HAF Family Activity Days during the summer with giant inflatables, a mini train, mini golf, dancing, singing, food, go karts to name but a few:
Wednesday 5th August at Princes Park, Wednesday 12th August at Rice Lane City Farm and Wednesday 19th August at Garston Park, 1 – 3 PM.

There is a central booking system to make it easier for you to find and book the activities. You can find out where your nearest scheme is by clicking on this link <https://eequ.org/liverpoolhaf> which will take you to the Liverpool HAF page and the easy to fill in booking system. You can search by age, provider or date. There is a handy booking help video here - [How to make a booking](#)

If you are struggling with the cost of living then please use this link for

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further information:
<https://www.liverpool.gov.uk/cost-of-living/>

If you're more than 10 weeks pregnant or have a child under 4, you may be entitled to get help to buy healthy food and milk. You can use this link to find out how to register

<https://www.healthystart.nhs.uk/>
Liverpool City Council is working with Mersey Play Action Council, the local schools, voluntary and community organisations, and childcare providers to deliver the Summer HAF programme.

This programme is funded by the Department for Education. The Family Information and SEND Directory also provides lots of useful information and support for families - [FISD](#).

School Aged Immunisation Clinics



Mersey Care
NHS Foundation Trust

Has your child missed a vaccination?

It's not too late, contact the team on
0151 247 6130 to book an appointment.

Clinic dates:

- **21 July 2026, 9.30am to 12.30pm**
Maghull Health Clinic, Westway, Maghull, L31 0DJ
- **27 July 2026, 10am to 3.30pm**
Netherton Health Clinic, Magdalene Square, L39 5SP
- **28 July 2026, 10am to 3pm**
Southport Health and Wellbeing Centre, 44-46 Hoghton Street, PR9 0PQ
- **4 August 2026, 9.45am to 3.00pm**
Maghull Health Clinic, Westway, Maghull, L31 0DJ
- **10 August 2026, 9.30am to 3pm**
Netherton Health Clinic, Magdalene Square, L39 5SP
- **12 August 2026, 9.30am to 3pm**
Southport Health and Wellbeing Centre, 44-46 Hoghton Street, PR9 0PQ
- **20 August 2026, 10am to 3pm**
Ainsdale Health and Wellbeing Centre, Sandbrook Road, PR8 3RJ

Visit our website to see our full list of clinics



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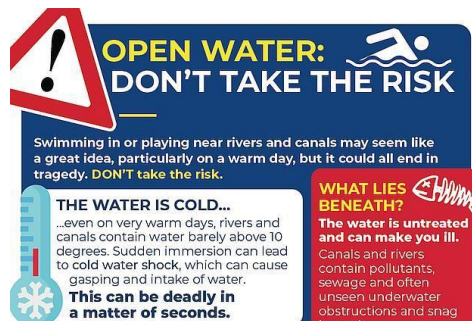
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Water Safety from Merseyside Fire and Rescue

Merseyside Fire and Rescue Service have released the [latest version of their water safety advice](#), and it's a great resource to start informed conversations. Do please take a look and share the important points with your child.



Water Safety Information

As the weather warms up, many families will be spending more time near water – whether at the coast, rivers, lakes, or canals. While this can be a great way to enjoy the outdoors, it's important to remember that water can be unpredictable and dangerous.

It's important that everyone is aware of a [few simple steps to stay safe](#):

- Know the risks – conditions can change quickly, and it's easier than you might think to get into difficulty in open water.
- Always supervise children and young people closely around water – even if they can swim.
- Avoid jumping into unknown water – there may be hidden hazards, and sudden entry can lead to cold water shock.

- Teach children what to do if they get into trouble: Float to Live – tilt your head back, keep your ears submerged, relax and gently move your hands and feet to stay afloat while you control your breathing.
- Know how to call for help – in an emergency, dial **999** or **112** and ask for the Coastguard.

Talking to children about water safety before visiting any location near water can make a vital difference.

Further information and resources

Parents, carers, colleges, and schools can find more guidance and free resources from the RNLI and Merseyside Fire and Rescue Service:

- Water safety advice and guidance: <https://rnli.org/safety>
- Float to Live advice: <https://rnli.org/safety/float>
- Education and teaching resources for children and young people: <https://rnli.org/youth-education>
- Merseyside Fire and Rescue Service water safety advice: [Water Safety | Merseyside Fire & Rescue Service](#)

Raising awareness of water safety helps keep everyone safe and could save lives.



Support Services from River Young People

River Young People Support Services provides free and confidential support for young people impacted by drug or alcohol

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use. They work closely with schools to offer accessible, student-centred support and aim to make referrals and engagement as straightforward as possible, whether they are using substances themselves presently or in the past – or feel effected by someone else's substance misuse. You can find [more information here](#).



Responsible Parking

Please [click here to read a copy of a letter](#) circulated by Mrs McCourt last week referring to parking and stopping whilst picking up and dropping off students.



Punctuality Procedures at St Julie's

At St Julie's, we believe punctuality is crucial for a successful and positive school day. Arriving on time ensures every pupil is ready to learn and minimises disruption for all.

Why Is Punctuality So Important?

- Sets good routines for life
- Ensures no learning is missed
- Minimises disruption for others

You can read our [punctuality procedures in detail here](#).

100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.



Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students.

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Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm
Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm
Alternatively, you can email your concern to

epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854

Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm
Alternatively, you can email your concern to

ASDtrainingteam@liverpool.gov.uk

Children's Occupational Therapy Service

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk

Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

sensoryservice@liverpool.gov.uk

Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

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Chaplaincy Instagram: [stjulies125](#)
[Wellbeing Website](#)
[Careers Website](#)

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

Neglect

Everyone deserves to feel safe, cared for, and to have their basic needs met. Being taken care of means that someone is giving us what we need physically and emotionally, as well as making sure individuals are getting an education and access to things like the doctor when needed. If you are struggling; or you think someone you know is being neglected, then it's important to get support. Click here [Neglect | Childline](#) to learn more about accessing support; the types of support you could access. This page contains a contact number: 0800 1111; a contact form and offers different ways of obtaining help including a 1-2-1 chat with a counsellor [Get Support | Childline](#)

Young Carers Support

Barnardo's Action with Young Carers offers assessments and support for young carers. You can find out more from their [information leaflet](#) or [at the website](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital

resource for adults ['#It's abuse'](#).

- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

RASA (Rape and Sexual Abuse)

Merseyside is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email referrals@rasamerseyside.org or visit our website www.rasamerseyside.org

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety

Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk>

MIND – Meeting mental health needs

Your list of contacts at St. Julie's

You can click any of the hyperlinked names below to send an email.

Progress Leaders

Year 7: [Mrs C Maguire](#)
Year 8: [Mrs J Navarro](#)
Year 9: [Miss C Corrigan](#)
Year 10: [Miss V Homer](#)
Year 11: [Mr M Mottram](#)
Sixth Form: [Mrs R Lyons](#)

Curriculum Leaders

English: [Mrs D Walker](#)
Maths: [Miss M Naylor](#)
Science: [Mr J Magor](#)
RE: [Mrs T Hyland-Williams](#)
MFL: [Mrs R Buckton](#)
Humanities: [Miss J Rimmer](#)
Performing Arts (including PE): [Miss A Douglas](#)
Art and Technology: [Mrs A Bell](#)
Social Sciences and Computing: [Mrs K Byrne](#)

SENDCo: [Miss S Jackson](#)
Safeguarding: [Safeguarding Team](#)

Why not visit our Websites?

[St. Julie's Main Website](#)
[Chaplaincy Website](#)
Chaplaincy Instagram: [stjuliesl25](#)
[Wellbeing Website](#)
[Careers Website](#)

Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD

Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout

Immediate support by text for people of all ages.

<https://giveusashout.org/>
Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team
Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)

Rethink Mental Illness – supporting mental health all ages.

Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)

Samaritans – supporting those experiencing feelings of despair
Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365

Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <https://www.office.com> and sign in using their school email address and password and then look for the 'Install and more' option.

Resources for Parents in Knowsley

[Advanced Solutions](#): 0151 486 1788

Listening Ear: St Nicholas Centre,
70 Church Road, Halewood, L26 6LB
0151 488 6648

Children in care (under 18?) Polaris
Knowsley.EHWP@coreassets.com
07967 381 035

[Knowsley CAMHS](#) 0151 351 8610

[Kooth](#)

[Mental Health Support Teams](#)

[Zuntold](#)

Domestic Abuse

[Merseyside Domestic Violence Service](#) 0780 272 2703 mdvs.org

[Ruby Project](#) ruby@pss.org.uk

Family support [Family First](#)

[Knowsley Family Info](#)

[PSS Prisoner Family Service](#)

[Lee Cooper Foundation](#)

[Healthy Knowsley](#)