



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 14th July 2025

Forthcoming Dates for your Diary

14th July

Year 7 and 8 Mass at St. Mary's, Woolton

16th July

School Sports Day

18th July

Last Day of Term for Students

Finish at 1:15pm



Year 9 Visit Cumbrian Lakeland

On Tuesday and Wednesday students in Year 9 celebrated all of their achievements at Key Stage 3 with a trip to the Lake District that drew upon many of the themes studied during Citizenship lessons this year. The trip started with a woodland walk to the summit of Orrest Head to enjoy breathtaking panoramic views and a picnic lunch. Then came the much easier walk down to enjoy the town of Bowness-on-Windermere in the glorious weather! Thanks to everyone for engaging so well in the days.



Future Food Challenge

We took a team of twelve Year 9 students to the finale of the Future Food Challenge at the University of Liverpool where they pitched an aquaponic produce pod. The final was the culmination of four months work on an entrepreneurial project which saw the students develop a functioning prototype in which they have grown vegetables. [Read more here.](#)



Students Return from Valencia

On Tuesday this week our travellers returned from a magnificent trip to Valencia for an experience immersed in language and culture. The trip started with an early start the previous Thursday and saw students return home in the early hours of Tuesday morning, but the tiredness proved well worth it! The five day trip packed in a lot of activities. Students took a boat trip

**ST. JULIE'S
STUDENTS
WHO ARRIVE
ON TIME
HAVE
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ABILITY**

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at Albufera on water that is a mix of sea water and fresh water and is used for the rice to grow paella, the staple dish of Valencia. At Torres de Seranos students visited the cathedral and the old town, with lots of fun being had at the Oceanografic aquarium, the Hard Rock Cafe and the Terra Mitica theme park! Language skills were put to the test on a visit to the bustling Mercado Central, getting a taste of real Spanish life! Well done to all of the students for engaging so positively with the trip during some searing 36C heat! You can [see photos from the trip on our website](#).



Girls Out Loud 'Little Sisters' Graduate

On Monday this week students taking part in the 'Big Sisters' mentoring programme managed by Girls Out Loud reached the final step of their mentoring journey as they celebrated their graduation from the programme. The ceremony that took place in our Chapel saw mentors and mentees uniting for a final time as they reflected on their respective experiences and how they have grown during the programme. Our 'little sisters' have benefitted in many ways from a program that has brought them support, confidence and empowerment. Thank you to all of 'Big Sister' mentors for making the big commitment of supporting our students throughout the wonderful programme.



Year 9 Students Teach Spanish at Much Woolton!

This week our Year 9 Language Leaders prepared and delivered lessons to students in Years 3, 4 and 5 at Much Woolton Primary School. The primary students had a fantastic time exploring the Spanish language with our enthusiastic leaders who delivered an engaging and well planned lesson. Well done to our young teachers and thank you to Much Woolton for hosting us!



Competition Winners Attend Artwork Unveiling

On Thursday 3 of our talented artists went to Mather Avenue Police academy to accept awards for submitting work into the LGBTQ+ drawing competition. The competition required the girls to create a drawing representing the LGBTQ+ community, with winnings entries being used in Merseyside Police branding during Pride Month. Congratulations to the runners up Isla and Erin for taking part in the competition and to Rowan whose winnings design was unveiled today on the side of a police van, with similar artwork being rolled out on vehicles across the city. The students experienced seeing the police horses, police vehicles and speaking to community and police detectives who will be proudly driving the vans displaying their fantastic work!

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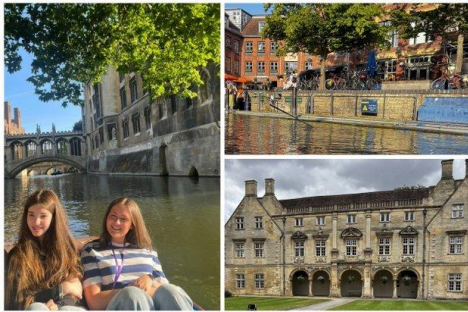
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Year 12 Aspire Cambridge Residential

Two of our Year 12 students have taken part in a residential visit to Cambridge University this week, organised in partnership with Liverpool Aspire. Liverpool Aspire is a collaborative outreach programme that aims to inspire young people across Liverpool to achieve their academic potential and broaden their horizons through access to leading universities. During the residential, students have had the opportunity to experience university life first-hand, attend academic workshops, tour the historic colleges, and meet current undergraduates. This unique experience is designed to boost confidence, raise aspirations, and support students in making informed choices about their future education and career pathways. We are incredibly proud of Ruby and Hannah for seizing this fantastic opportunity and look forward to hearing about their experiences when they return.

Wellbeing Award Survey

We are delighted to share that St Julie's Catholic High School is renewing our Wellbeing Award for Schools. This award recognises our ongoing commitment to promoting the emotional health and wellbeing of all our pupils, staff, and the wider school community.

What does this mean for our school?

- We will continue to prioritise mental health and wellbeing across the school
- We will build on the initiatives and support

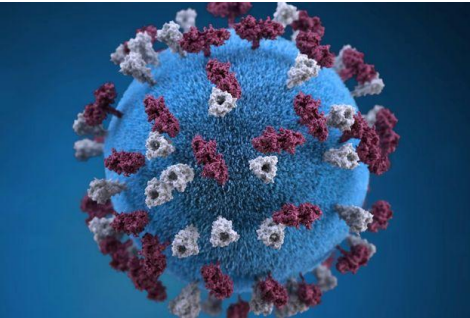
systems we already have in place

- We will actively seek feedback from pupils, parents, and staff to ensure our approaches meet everyone's needs

How you can get involved:

- [Complete the parent survey](#)
- Encourage your child to take part in wellbeing activities at school
- Contact us if you have any suggestions or concerns about wellbeing

We are proud of the positive environment we have created at St Julie's and look forward to working together to make it even stronger. Thank you for your continued support.



Measles Vaccine Information

Measles is on the increase in Merseyside. Please [click here](#) to read a letter from Professor Matt Ashton, Director of Public Health at Liverpool City Council.



STEM Club Explore Magic Milk!

In STEM Club this week our scientists explored the artistic properties of emulsified fluids as

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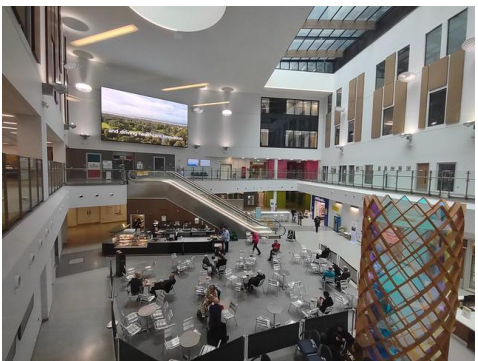
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they experimented with magic milk! The mixture of detergent and milk has a magical effect on food colouring and created some beautiful results.



Royal Liverpool Hospital Career Day

On Tuesday Mae from Year 12 took part in an LCL Career Day at the Royal Hospital, Liverpool. Mae applied through the NHS University of Liverpool Hospital work experience website as a means of gaining first hand experience of the workplace. Mae was able to learn about different careers within the field of Biomedical Science and the varied entry routes to the profession. There were opportunities to speak to a number of healthcare professionals in addition to discussion with a range of biomedical scientists who each specialised in different fields. It was a fantastic opportunity for Mae to look around working labs, learn about the different equipment and the processes that happen with them. To research potential work experience opportunities in the NHS, please click here: [Step Into The NHS :: Work experience](#)



Jazz Camp for Girls SUMMER CAMP

4 days of creative music making for girls aged 9-13

Monday 28 - Thursday 31 July 2025
10am-3pm + 2pm sharing session on final day for family & friends

ABOUT
Jazz North's Jazz Camp for Girls was inspired by a successful Danish initiative to introduce young female musicians to improvisation and address gender balance in the music industry. The camps are a safe, spaces for girls to explore improvisation in a fun, supportive environment.

VENUE
Shakespeare North Playhouse, Prospero Place, Prescot L34 3AB

INFO
For signing up questions please contact: soundmusicclub@liverpoolcityregion-ca.gov.uk
For questions regarding camp activities please contact: helena@jazznorth.org

Spaces for individuals who reside in the Liverpool City Region and Warrington are fully funded!

BOOK ONLINE
jazznorth.org/summer-camp



Jazz Camp for Girls

Jazz North are running a summer camp at the Shakespeare North Playhouse in Prescot offering four days of creative music making for girls aged 9-13. Spaces for people who live in the Liverpool City Region and Warrington are fully funded. You can find out more information, including sign up details, at the [Jazz North website](#).



Summer HAF Programme

Please [click here for a copy of a letter from Liverpool City Council](#) with details of the Summer holiday activities and food programme for **students in receipt of benefits related free school meals**. Bookings for activities are now open.

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100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.



Recommended Read for July

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'The Inheritance Games' by Jennifer Lynn Barnes.

A BILLION-DOLLAR FORTUNE TO DIE FOR.
Avery has a plan: keep her head

down, work hard for a better future. Then an eccentric billionaire dies, leaving her almost his entire fortune. And no one, least of all Avery, knows why.

A DEADLY GAME.
Now she must move into the mansion she's inherited. It's filled with secrets and codes, and the old man's surviving relatives - a family hell-bent on discovering why Avery got 'their' money.

WINNER TAKES ALL.
Soon she is caught in a deadly game that everyone in this strange family is playing. But just how far will they go to keep their fortune?



Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty

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notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm

Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm

Alternatively, you can email your concern to

epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854

Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm

Alternatively, you can email your concern to ASDtrainingteam@liverpool.gov.uk
Children's Occupational Therapy Service

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk

Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

sensoryservice@liverpool.gov.uk

Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns.

There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

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An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

Young Carers Support

Barnardo's Action with Young Carers offers assessments and support for young carers. You can find out more from their [information leaflet](#) or [at the website](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults [‘#It’s abuse’](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

RASA (Rape and Sexual Abuse)

Merseyside is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email referrals@rasamerseyside.org or visit our website www.rasamerseyside.org

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety
Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk/>

MIND – Meeting mental health needs
Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD
Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout
Immediate support by text for people of all ages.
<https://giveusashout.org/>
Text ‘SHOUT’ to 85258

PAPYRUS – Suicide prevention team
Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm – 10.00pm, weekends, 2.00pm-5.00pm)

Rethink Mental Illness – supporting mental health all ages.
Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)

Samaritans – supporting those experiencing feelings of despair
Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really

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positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365

Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <https://www.office.com> and sign in using their school email address and password and then look for the 'Install and more' option.

Resources for Parents in Knowsley

[Advanced Solutions](#): 0151 486 1788

Listening Ear: St Nicholas Centre,
70 Church Road, Halewood, L26 6LB
0151 488 6648

Children in care (under 18?) Polaris
Knowsley.EHWP@coreassets.com
07967 381 035

[Knowsley CAMHS](#) 0151 351 8610

[Kooth](#)

[Mental Health Support Teams](#)

[Zuntold](#)

Domestic Abuse
[Merseyside Domestic Violence Service](#) 0780 272 2703 mdvs.org

[Ruby Project](#) ruby@pss.org.uk

Family support [Family First](#)

[Knowsley Family Info](#)

[PSS Prisoner Family Service](#)

[Lee Cooper Foundation](#)

[Healthy Knowsley](#)