



St. Julie's Catholic High School

Weekly Newsletter

Week beginning 14th September 2026

Forthcoming Dates for your Diary

17th September
Year 4 & 5 Open Evening

24th September
Year 9 and 10 Study Support Evening

25th September
European Day of Languages



Merseyside Police Launch Campaign at St. Julie's

On Tuesday this week we welcomed Police and Crime Commissioner Emily Spurrell into St Julie's, alongside officers and staff from Merseyside Police, for the launch of phase 6 of the Taking Action campaign tackling violence against women and girls. This latest phase has been shaped by young people for young people and our students have played an important role in the development of the messages and materials, and we're proud to have been chosen as the site for the campaign launch. You can find out more about the campaign at the [Merseyside Police microsite for violence against women and girls](#).



Smooth Sailing on Photo Day

Thank you to all of our students for their fantastic co-operation and conduct on Monday which the photography team commented on as exceptional. Photos should now be available for viewing and optional purchase using the details provided on your daughter's photocard.



Lourdes Pilgrimage 2026

As the Summer term came to a close in July, over 300 young people across the Archdiocese were preparing for the Archdiocesan Youth Pilgrimage to Lourdes. Every year, young people give the first week of their Summer break to help support sick or elderly pilgrims who travel to visit the grotto in Lourdes where Our Lady

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Marathon Challenge Ahead for Head Teacher and SENDCO

On the 11th October Mrs McCourt and Miss Jackson are taking on the 26.2 miles of the MBNA Chester Marathon to [help raise funds](#) for the sport foundation being established in memory of Miss Knisz. You can read more in a [letter circulated to all parents](#) by Mrs McCourt this week. We wish them every success in their gruelling challenge!

appeared to St Bernadette. This year was a special year, as 2026 marked 50 years since the first group of young people from Liverpool made the 25 hour journey for an uplifting and life-changing experience.

This year, the number of students on the pilgrimage from St Julie's (past and present) increased to 7 and in addition, our Chaplain Miss Higgins travelled as Coach staff for Coach 2 for the first time. The last time our Chaplain was in Lourdes was 35 years ago as a Youth pilgrim herself! The St Julie's pilgrims travelled together on Coach 1 but there were lots of opportunities to catch up with the Chaplain throughout the week at Masses, services and singing in the bars at night! The St Julie's group also made time to pray and light a candle together by the grotto, praying for everyone with links to our school community and remembering Miss Knisz and her family.

Lourdes is a special place where faith and new friendships are found, lives are changed and the true meaning of love for another and service are on display every day. No wonder so many young people keep going back every year! If you are in Year 10 or above and want to know more, speak to Miss Higgins.

Applications for Lourdes 2027 open on 14th September at 9am via [liverpool Lourdes youth.co.uk](#)
Early bird discount until 19th October £680 (full price £730)

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Enhanced Signposting for Students with New Staff Lanyards

This year we have introduced some enhanced lanyards for all staff to help signpost students to those staff members best able to help them. The new lanyards incorporate symbols that students can discreetly look for if they have a specific need. A yellow shield symbol indicates a staff member who has received specialist training in safeguarding or safer recruitment. The white ribbon symbol denotes a staff member with training in supporting victims of violence against women and girls. A rainbow symbol helps students find LGBTQ+ allies. A red, white and blue heart is a representative of British values and the final lanyard carries symbols representing our Notre Dame values which are core to all staff across our school.



Year 10 Work Experience Launch

During assembly this week Year 10 students were introduced to the purpose of the Work Experience programme. Further information will be shared with students and parents/carers as arrangements progress.

Work Experience provides students with an invaluable opportunity to experience the world of work and to begin developing skills that will support them both beyond school

and in their future careers. It is an important opportunity for students to gain first-hand experience that can inform their future choices.

Our Work Experience provider – Elevate BP

We work with Elevate BP to support us in organising and managing the Work Experience programme. Their responsibilities include undertaking appropriate health and safety checks and risk assessments, assessing placements to ensure they are suitable for students, and working with employers to make sure that placements are fit for purpose. They also support the administration and coordination of placements throughout the process. Further guidance will be provided to students and parents / carers once the Elevate BP platform goes live in the coming weeks.



Year 11 Study Support Evening

Thank you to all of the students and parents who joined us on Thursday evening for our study support event. As discussed during the evening, the home and school partnership is never more important than during this critical year, and your willingness to work with us to support our students together is a huge encouragement to us and to your children. Thank you for being there.

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The date has now been announced for the SEND Local Offer Live which brings together services, organisations and support from across Liverpool all under one roof. The event will take place on 22nd March 2027 at Exhibition Centre Liverpool and we'll bring you more information about it as booking goes live.

Your Next Steps

Careers Fair

Meet employers, colleges, training providers and support services from across Liverpool City Region

For 16-18-yr-olds, and 19-25-yr-olds with EHCP

Liverpool Aquatics Centre Lifestyle,
Wellington Rd, L15 4LE
11am - 2pm, Thursday 8th October 2026
Quiet period 2pm - 3pm

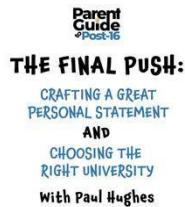
For more info & to book:
0151 378 2336
liverpool@careerconnect.org.uk

Career Connect

Liverpool City Council

Your Next Steps Careers Fair

On Thursday 8th October Career Connect and Liverpool City Council are hosting the 'Your Next Steps' Careers Fair for 16-18 year olds and 19-25 year olds with EHCP. The event runs from 11am to 2pm at Liverpool Aquatics Centre Lifestyle in Wavertree, L15 4LE.



The Final Push: Personal Statements Webinar for Parents of Year 13 Students

The UCAS deadline is getting close — and it can feel stressful for both parents and students. That's why Paul Hughes (ex-6th form tutor with 21 years' UCAS experience) is running a free session, through the 'Parent Guide To...' company to help families feel confident and prepared. The session aims to cover personal statements, choosing the right uni, and what really matters in applications. It's practical, clear advice designed to make the final stage feel less overwhelming for everyone. Interested parents can [register here](#), and the session will be available for replay on demand to registered attendees.



Future Leaders - a free Government funded programme for Years 10-13

Applications are now open for Future Leaders. Working with leading universities and employers, the programme builds key skills, including public speaking, critical thinking in the AI age, and study skills to excel in exams. It gives young people the confidence and leadership to progress into university, apprenticeships and employment, and to make a positive difference in their communities. This is a free initiative; students apply directly using this link [Future](#)

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[Leaders UK: Leadership Program for Year 12 & 13 Students](#) and complete the online sessions outside school hours. If you want to learn more about it, click here to watch a short video: [Future Leaders UK National Programme](#)

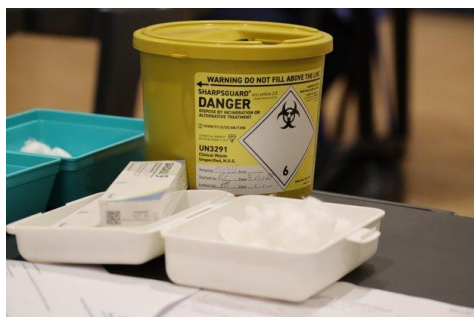


Chaplaincy Ministry

Calling all Year 7 students!

- Do you enjoy singing?
- Do you play an instrument?
- Are you a confident reader who likes reading in public?
- Are you an Altar Server?

If so, then come and join our Chaplaincy Ministry Team! Our team is currently about ten students from across Y8, 9 and 10 who lead music and support the liturgy at all our school Masses and special services. We would like to invite any Y7 students who are interested to come and join us in serving others through their gifts and talents! Meet new people! Have fun! Learn new skills! Grow in confidence! See Miss Higgins – Chaplain – for more information.



Flu Immunisation Session

The Schools' Immunisation Team will be attending St. Julie's on 22nd September to administer the seasonal flu vaccinations to all year groups. Parents can record consent or non-consent online and in advance, and we would be grateful

if you could [do that using this link](#) as it will speed up the process hugely on the day.



'Alive' Event at Our Lady of the Assumption Church

Father Stephen has asked us to let you know of an event at Our Lady of the Assumption. ALIVE is a time of worship, prayer and adoration of the Blessed Sacrament led by One Hope Project who lead music at many diocesan and national gatherings on **Sun 27th Sept 4-5pm**. All are welcome at the church which is opposite Belle Vale shopping centre.



Responsible Parking

Please [click here to read a copy of a letter](#) circulated by Mrs McCourt referring to parking and stopping whilst picking up and dropping off students.



Support Services from River Young People

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River Young People Support Services provides free and confidential support for young people impacted by drug or alcohol use. They work closely with schools to offer accessible, student-centred support and aim to make referrals and engagement as straightforward as possible, whether they are using substances themselves presently or in the past – or feel effected by someone else's substance misuse. You can find [more information here](#).



Punctuality Procedures at St Julie's

At St Julie's, we believe punctuality is crucial for a successful and positive school day. Arriving on time ensures every pupil is ready to learn and minimises disruption for all.

Why Is Punctuality So Important?

- Sets good routines for life
- Ensures no learning is missed
- Minimises disruption for others

You can read our [punctuality procedures in detail here](#).

100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure

that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.



Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.

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Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm
Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.
Monday to Friday: 9am – 4.30pm
Alternatively, you can email your concern to

epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854

Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm
Alternatively, you can email your concern to

ASDtrainingteam@liverpool.gov.uk

Children's Occupational Therapy Service

Please contact the Children's <https://learnliveuk.com/network-rail-secondary-school-safety->

talk/Occupational Therapist who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk

Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

sensoryservice@liverpool.gov.uk

Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

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Neglect

Everyone deserves to feel safe, cared for, and to have their basic needs met. Being taken care of means that someone is giving us what we need physically and emotionally, as well as making sure individuals are getting an education and access to things like the doctor when needed. If you are struggling; or you think someone you know is being neglected, then it's important to get support. Click here [Neglect | Childline](#) to learn more about accessing support; the types of support you could access. This page contains a contact number: 0800 1111; a contact form and offers different ways of obtaining help including a 1-2-1 chat with a counsellor [Get Support | Childline](#)

Young Carers Support

Barnardo's Action with Young Carers offers assessments and support for young carers. You can find out more from their [information leaflet](#) or [at the website](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults [‘#It’s abuse’](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email

address being the best way to make contact out of hours.

RASA (Rape and Sexual Abuse) Merseyside is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email referrals@rasamerseyside.org or visit our website www.rasamerseyside.org

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety
Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk/>

MIND – Meeting mental health needs
Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD
Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout
Immediate support by text for people of all ages.
<https://giveusashout.org/>
Text ‘SHOUT’ to 85258

PAPYRUS – Suicide prevention team
Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm -

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10.00pm, weekends, 2.00pm-5.00pm)

Rethink Mental Illness – supporting mental health all ages.

Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)

Samaritans – supporting those experiencing feelings of despair

Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <https://www.office.com> and sign in using their school email address and password and then look for the 'Install and more' option.

Resources for Parents in Knowsley

[Advanced Solutions](#): 0151 486 1788

Listening Ear: St Nicholas Centre,
70 Church Road, Halewood, L26 6LB
0151 488 6648

Children in care (under 18?) Polaris
Knowsley.EHWP@coreassets.com
07967 381 035

[Knowsley CAMHS](#) 0151 351 8610

[Kooth](#)

[Mental Health Support Teams](#)

[Zuntold](#)

Domestic Abuse

[Merseyside Domestic Violence Service](#) 0780 272 2703 mdvs.org

[Ruby Project](#) ruby@pss.org.uk

Family support [Family First](#)

[Knowsley Family Info](#)

[PSS Prisoner Family Service](#)

[Lee Cooper Foundation](#)

[Healthy Knowsley](#)