



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 15th April 2024

Forthcoming Dates for your Diary

- 15th April**
Students return to school
- 23rd April**
Shakespeare Day
- 25th April**
Year 10 Online Parents' Evening



St Julie's Celebrates Awards Evening

We welcomed staff, parents and Governors to join together for an evening of celebration, recognising and rewarding the very best of our student community. The evening brought inspiring words, entertainment and of course lots of applause! Our guests saw a performance of 'The Women' prepared and performed by our Key Stage 4 and 5 dancers, and heard "You Will Be Found" sung beautifully by our choir. Congratulations to all of our wonderful award winners that you can read more about in the [full story on our website!](#)



A Rewarding Experience in Merit Cup Assemblies

Throughout the week we have been recognising the consistently good attendance, punctuality and conduct of our students in reward assemblies with each Year Group. Led by a member of the Leadership Team, students celebrated their achievement and enjoyed the distribution of some tasty treats!



Easter Services

The timing of Easter and the school term dates this year meant that we were able to hold our end of term Easter Services during Holy Week, and on Maundy Thursday the school community joined over two services in the Sports Hall to reflect on the most important part of the Catholic calendar. Led by our Chaplain, the services this year

ST. JULIE'S STUDENTS WHO ARRIVE ON TIME HAVE HIGHER READING ABILITY

Your list of contacts at St. Julie's

You can click any of the hyperlinked names below to send an email.

Progress Leaders

Year 7: [Miss C Corrigan](#)

Year 8: [Mrs C Maguire](#)

Year 9: [Mrs K Monks](#)

Year 10: [Miss E Murphy](#)

Year 11: [Mrs C Mason](#)

Sixth Form: [Mrs R Lyons](#)

Curriculum Leaders

English: [Ms H Greenwood](#)

Maths: [Mrs L Gee](#)

Science: [Dr O McGinn](#)

RE: [Miss T Hyland](#)

MFL: [Mrs R Buckton](#)

Humanities: [Miss J Rimmer](#)

Performing Arts (including

PE): [Miss A Douglas](#)

Art and Technology: [Mrs A](#)

[Bell](#)

Social Sciences and

Computing: [Mrs K Byrne](#)

SENDCo: [Miss S Jackson](#)

Why not visit our Websites?

[St. Julie's Main Website](#)

[Chaplaincy Website](#)

Chaplaincy Instagram:

stjuliesl25

[Wellbeing Website](#)

[Careers Website](#)

focussed on the Passion story as it may have been experienced by the women who followed and supported Jesus' ministry; those women who remained with Him until the end. Over 40 students were involved as readers, singers, bringing visual props forward or as technical support to help make the service a poignant experience. Palm crosses were available to all students at the end of the service as reminder of the meaning of this coming Easter season.



Dot Art - It's Voting Time!

Dot-Art Schools is an annual, online, inter-school, art competition, culminating in a public exhibition of the winning artworks and prize giving ceremony.

For their entries Year 9 art club students explored the mixed media work of Robert Kushner and created their own interpretations of natural forms using drawing, ink, print and collage.

An expert [judging panel](#) selected the top three artworks from each school. You can Vote online for your favourite shortlisted piece in now. The shortlisted entry from each school with the most votes goes through to the final and wins a place in the public exhibition at the Walker Art Gallery in June.

[Cast your vote here!](#)

Live simply, sustainably and in solidarity

Focus: Live Simply

Notice what's going on around you. We can be so busy in life that we miss out on savouring the ordinary pleasures of life: the sound of birds chirping, the feel of the wind, the taste of fresh fruit.

Tip: Live Simply

Reduce your anxiety by sitting and identifying five things you can see, four things you can touch, three things you can hear, two things you can smell, and one thing you can taste. Take deep breaths and relax.

Lord, help me to slow down and appreciate Your creation more deeply. Amen



BTEC Music Performance

Our Music Performers in Year 13 wowed audiences this week with their exam performance which drew on hits from across the decades. Starting in the 1950s, the set embraced rock 'n roll, traditional jazz, disco, hard rock, metal, power ballads and much more, providing something for every musical taste. With impressive support from Mr Smith and Mr Quinn, who performed a raucous rendition of Black Sabbath's 'Paranoid', the two concerts were a huge success. Congratulations to the students and we'd like to say a huge thank you to the Performing Arts team who worked so hard in preparation. You can see photos in the [gallery on our website](#).

Your list of contacts at St. Julie's

You can click any of the hyperlinked names below to send an email.

Progress Leaders

Year 7: [Miss C Corrigan](#)
 Year 8: [Mrs C Maguire](#)
 Year 9: [Mrs K Monks](#)
 Year 10: [Miss E Murphy](#)
 Year 11: [Mrs C Mason](#)
 Sixth Form: [Mrs R Lyons](#)

Curriculum Leaders

English: [Ms H Greenwood](#)
 Maths: [Mrs L Gee](#)
 Science: [Dr O McGinn](#)
 RE: [Miss T Hyland](#)
 MFL: [Mrs R Buckton](#)
 Humanities: [Miss J Rimmer](#)
 Performing Arts (including PE): [Miss A Douglas](#)
 Art and Technology: [Mrs A Bell](#)
 Social Sciences and Computing: [Mrs K Byrne](#)

SENDCo: [Miss S Jackson](#)

Why not visit our Websites?

[St. Julie's Main Website](#)
[Chaplaincy Website](#)
 Chaplaincy Instagram: [stjulies125](#)
[Wellbeing Website](#)
[Careers Website](#)



Year 9 on Quadrat Quest

Scientists in Year 9 have been honing their fieldwork skills by investigating biodiversity within the school grounds. Their early work this week included some basic sampling using quadrats to help them understand and develop their sampling techniques.



Liverpool Schoolgirls Reach The Final!

We've had fantastic news from the U12 Liverpool Schoolgirls football team, captained by Jessie in Year 7, have reached the national final. St Julie's is very well represented in the side, with Scarlett and Maisie in the match squad and Luella training with the side. We wish them lots of luck in the final which is contested in May, and we'll bring you more details on that as we get them!



The Big Lent Walk

During PE lessons this week our students have been supporting the 'Big Lent Walk', a fundraising national initiative led by Cafod.

During the walk, carefully planned around the whole school grounds, students stopped at educational checkpoints that helped students to understand more about who Cafod are and what some of their international work entails. Thank you to all the students who participated so willingly even on the cold days!



Year 8 Celebrate Indian Culture

Textiles students in Year 8 have been perfecting their embroidery and machine sewing skills this term. Students took great pride in producing cushions to reflect Indian culture, using bold colours and symbolic motifs.

Easter Revision Classes

Printed below is the schedule of revision sessions taking place during the Easter Break. Sessions are open to students in Years 11 and 13.

	AM Session 9am - 12pm	PM Session 12pm - 3pm
Tue 2nd April	RE Paper 1 - Chapel	GCSE PE GCSE English RMC
Wed 3rd April	History GCSE Paper 1 Art GCSE & A level	Travel A-Level Revision
Thu 4th April		
Fri 5th April		

Your list of contacts at St. Julie's

You can click any of the hyperlinked names below to send an email.

Progress Leaders

Year 7: [Miss C Corrigan](#)
Year 8: [Mrs C Maguire](#)
Year 9: [Mrs K Monks](#)
Year 10: [Miss E Murphy](#)
Year 11: [Mrs C Mason](#)
Sixth Form: [Mrs R Lyons](#)

Curriculum Leaders

English: [Ms H Greenwood](#)
Maths: [Mrs L Gee](#)
Science: [Dr O McGinn](#)
RE: [Miss T Hyland](#)
MFL: [Mrs R Buckton](#)
Humanities: [Miss J Rimmer](#)
Performing Arts (including PE): [Miss A Douglas](#)
Art and Technology: [Mrs A Bell](#)
Social Sciences and Computing: [Mrs K Byrne](#)

SENDCo: [Miss S Jackson](#)

Why not visit our Websites?

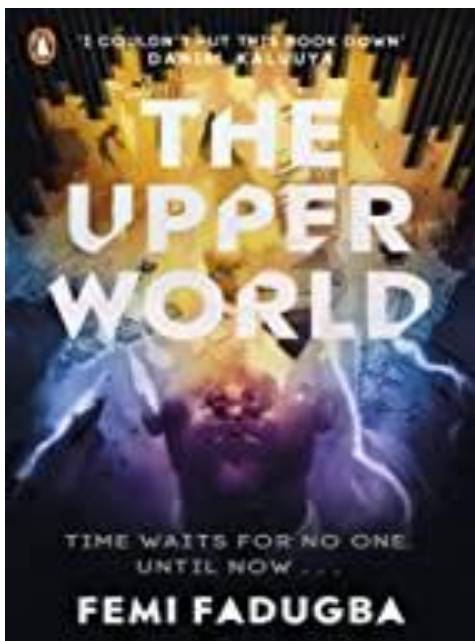
[St. Julie's Main Website](#)
[Chaplaincy Website](#)
Chaplaincy Instagram: [stjuliesl25](#)
[Wellbeing Website](#)
[Careers Website](#)

Mon 8th April	History GCSE Paper 2 English HMA/HGR	History A-Level
Tue 9th April		Dance GCSE
Wed 10th April		
Thu 11th April	RE Paper 2 - Chapel	



Merit Cup Winners Breakfast Banquet!

Our Merit Cup winners reaped the rewards of their hard work, excellent attendance and positive attitudes to work with the traditional end of term winners' breakfast banquet. Our catering team worked hard to deliver a tasty feast with something to suit every palate. Well done to all of our winners!



Recommended Read for April

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'The Upper World' by Femi Fadugba.

One glimpse of a terrifying future. One chance to change everything.

After suffering a knock to the head, 15-year-old Esso experiences a chilling vision: that night he will witness the violent deaths of everyone he knows. He writes off the out-of-body experience as a strange dream - until a series of frightening coincidences prove that the vision is just hours away from coming true.

There is only one person who can help him rewrite the future.

The trouble is, she hasn't been born yet....



Applications for Sixth Form Now Open!

The application window for students wishing to enrol at St. Julie's Sixth Form in September 2024 is now open. Students currently attending St Julie's can [apply here](#), and external candidates can [apply here](#).

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in

Your list of contacts at St. Julie's

You can click any of the hyperlinked names below to send an email.

Progress Leaders

Year 7: [Miss C Corrigan](#)
Year 8: [Mrs C Maguire](#)
Year 9: [Mrs K Monks](#)
Year 10: [Miss E Murphy](#)
Year 11: [Mrs C Mason](#)
Sixth Form: [Mrs R Lyons](#)

Curriculum Leaders

English: [Ms H Greenwood](#)
Maths: [Mrs L Gee](#)
Science: [Dr O McGinn](#)
RE: [Miss T Hyland](#)
MFL: [Mrs R Buckton](#)
Humanities: [Miss J Rimmer](#)
Performing Arts (including PE): [Miss A Douglas](#)
Art and Technology: [Mrs A Bell](#)
Social Sciences and Computing: [Mrs K Byrne](#)

SENDCo: [Miss S Jackson](#)

Why not visit our Websites?

[St. Julie's Main Website](#)
[Chaplaincy Website](#)
Chaplaincy Instagram: [stjulies125](#)
[Wellbeing Website](#)
[Careers Website](#)

partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays.

You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm
Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.
Monday to Friday: 9am – 4.30pm
Alternatively, you can email your concern to

epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854

Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm

Alternatively, you can email your concern to

ASDtrainingteam@liverpool.gov.uk

Children's Occupational Therapy Service

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk

Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

sensoryservice@liverpool.gov.uk

Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Your list of contacts at St. Julie's

You can click any of the hyperlinked names below to send an email.

Progress Leaders

Year 7: [Miss C Corrigan](#)

Year 8: [Mrs C Maguire](#)

Year 9: [Mrs K Monks](#)

Year 10: [Miss E Murphy](#)

Year 11: [Mrs C Mason](#)

Sixth Form: [Mrs R Lyons](#)

Curriculum Leaders

English: [Ms H Greenwood](#)

Maths: [Mrs L Gee](#)

Science: [Dr O McGinn](#)

RE: [Miss T Hyland](#)

MFL: [Mrs R Buckton](#)

Humanities: [Miss J Rimmer](#)

Performing Arts (including PE): [Miss A Douglas](#)

Art and Technology: [Mrs A](#)

[Bell](#)

Social Sciences and

Computing: [Mrs K Byrne](#)

SENDCo: [Miss S Jackson](#)

Why not visit our Websites?

[St. Julie's Main Website](#)

[Chaplaincy Website](#)

Chaplaincy Instagram:

stjulies125

[Wellbeing Website](#)

[Careers Website](#)

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults ['#It's abuse'](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550 They should only present to

Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety

Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35

Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation –

support for mental health concerns

[https://www.mentalhealth.org.uk/](https://www.mentalhealth.org.uk)

MIND – Meeting mental health needs

Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD

Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout

Immediate support by text for people of all ages.

<https://giveusashout.org/>

Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team

Phone:0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)

Rethink Mental Illness – supporting mental health all ages.

Phone:0300 5000 927 (Mon -Fri, 9.30am-4.00pm)

Samaritans – supporting those experiencing feelings of despair

Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

Your list of contacts at St. Julie's

You can click any of the hyperlinked names below to send an email.

Progress Leaders

Year 7: [Miss C Corrigan](#)

Year 8: [Mrs C Maguire](#)

Year 9: [Mrs K Monks](#)

Year 10: [Miss E Murphy](#)

Year 11: [Mrs C Mason](#)

Sixth Form: [Mrs R Lyons](#)

Curriculum Leaders

English: [Ms H Greenwood](#)

Maths: [Mrs L Gee](#)

Science: [Dr O McGinn](#)

RE: [Miss T Hyland](#)

MFL: [Mrs R Buckton](#)

Humanities: [Miss J Rimmer](#)

Performing Arts (including

PE): [Miss A Douglas](#)

Art and Technology: [Mrs A](#)

[Bell](#)

Social Sciences and

Computing: [Mrs K Byrne](#)

SENDCo: [Miss S Jackson](#)

Why not visit our Websites?

[St. Julie's Main Website](#)

[Chaplaincy Website](#)

Chaplaincy Instagram:

stjuliesl25

[Wellbeing Website](#)

[Careers Website](#)

Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers at home at no cost. You can find out more about how to complete the installation in this [remote learning guide](#).