



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 15th June 2020

Forthcoming Dates for your Diary

We are delighted to be able to open our doors to students from Year 10 and 12 for some face to face support in a very carefully structured way. More details are included in this newsletter.

Wednesday 24th June

Virtual Year 11

Celebration

3:15pm

Exams Results Days

Further guidance will be posted home about plans for GCSE and A Level results day.



And We're Off!

At this time of year we normally welcome our Year 6 students into school with their parents for an interview with a member of our Leadership Team. This year, as with so many things, we're doing things a little bit differently and our phone interviews have now begun! It has been great to be able to engage with parents individually to discuss all that is to come in the years ahead. We're about half way through, but every parent of a child currently in Year 6 will receive a call in the coming weeks.

Arrangements for face to face support of students in Years 10 and 12

Years 10 and 12

After lots of careful planning, a programme for the delivery of safe face to face support for Year 10 and 12 students is now in place. For planning reasons **only those who have already informed us of attendance will be able to return.**



Past Pupils Offer

Accessible Case Studies!

Year 12 dance students have been working hard during lockdown completing their case studies on professional artists - with a local twist! Although the case study artists are working in diverse areas, professionally and geographically, they all studied at St. Julie's! [Read more about it here.](#)

Your list of contacts at St. Julie's

You can click any of the hyperlinked names below to send an email.

Progress Leaders

Year 7: [Mrs C Mason](#)
Year 8: [Miss C Corrigan](#)
Year 9: [Mrs J Navarro](#)
Year 10: [Mrs K Monks](#)
Year 11: [Mrs J Navarro](#)
Sixth Form: [Miss T Hyland](#)

SENCO: [Ms A Read](#)

Curriculum Leaders

English: [Mrs M Bridges](#)
Maths: [Mrs L Gee](#)
Science: [Dr O McGinn](#)
RE: [Mr P Bennett](#)
MFL: [Ms H Mathison](#)
Humanities: [Mrs A Wood](#)
Performing Arts (including PE): [Mrs J Walls](#)
Technology (including Health and Social Care): [Mr P Radburn](#)
ICT and Social Sciences (including Sociology, Psychology and Business Studies): [Mrs D Duffy](#)

Why not visit our Websites?

[St. Julie's Main Website](#)
[Chaplaincy Website](#)



Stars of Lockdown!

We're going right across the age range this week with our 'Stars of Lockdown' who have all been working very industriously this week. We'd like to thank Cara, Lila, Ebony and Sophie for sending in pictures this week for us to share.



Where's Julie?!

There are lots of images and statues of St. Julie – our smiling saint – around school but can you identify the locations in [this video](#)? It will need all your skills of observation and memory! Send your solutions to our Chaplain, Mr Anderson at manderson@stjulies.org.uk and don't forget to include your tie-breaker response. We'll post the solution on the website next Friday!



Managing Self Harm

Our Mental Health resource for this week is on Self Harm. Self-harm is when someone hurts themselves in order to express, deal with or communicate difficult emotions. Some possible warning signs of self harm include:

- Unexplained accidents or injuries of cuts, bruises on wrists, arm and thighs.
- Keeping fully covered even in warm weather.
- Low self-esteem
- Mood Changes
- Sharp objects amongst belongings.

There are many misconceptions that prevent young people from speaking out about self-harm, such as:

- Attention seeking
- A selfish act
- Done for pleasure
- A copy-cat response

Here are some Self-Harm coping tips and strategies

<https://www.themix.org.uk/mental-health/self-harm/self-harm-coping-tips-and-distractions-5696.html>

Calm Harm App This clinician-developed app can be downloaded free from the [App Store](#) or [Google Play](#). It can be password-protected and has a range of tasks you can do to help manage the urge to self-harm.

Useful websites for self-help resources:

www.nshn.co.uk
www.harmless.org.uk
www.selfharm.co.uk
www.mind.org.uk
neurolove.org/self-help/

Half Term 6 Calendar and INSET Days Moved

A printable copy of the school calendar for Half Term 6 (1st June to 17th July) is [available here](#). Planned INSET days have been moved to the 16th and 17th July to accommodate the lesson schedule for Year 10 and 12 students. All events in the school calendar are subject to change in response to further Government and LA advice on school operations.

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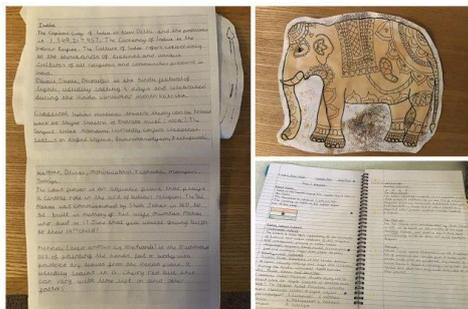
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Assessments Well Underway

Congratulations to all of our students for their response to assessments, as well as ongoing tasks, projects and assignments that are being submitted at a furious rate! Some of the work we've seen has been absolutely first rate, including this India themed work from Isabelle in Year 7. The commitment to study shown by our students is a huge credit to them, and to all of our parents and carers working so hard in support.

Preparing to Welcome Our Newest Students

Getting ready to greet our newest students is about much more than those all-important phone interviews. Ms Middleman, our Transition Co-ordinator, has been hard at work talking to Primary School Teachers and Learning Support staff collecting as much information as possible so we can understand the needs of our newest students. She wants to send out a big shout to all of our Year 6 students and is really looking forward to seeing you all again in person.



Black Lives Matter Q&A with Angie Greaves

On Friday 12th June, radio presenter Angie Greaves will be joining the social media channels of [The Female Lead](#) for a Q&A about

'Black Lives Matter' and some practical information about how to learn and continue to promote change going forwards.



Online Lessons from Pearson

All of the excellent lessons from Pearson are available on demand from the [Pearson YouTube channel](#). Lessons in Maths, Science and English are all worth your attention to be sure to take a look.



Get Caught Reading

Don't forget that we're still inviting your entries for the 'Get Caught Reading' photo competition. Take a snap of yourself reading, maybe in a strange or unusual place, and send it in to Mrs Flynn through your student email!

Parenting Through Covid-19

We continue to recommend that [Culture Liverpool blog for parenting during Covid-19](#) which is written by local people and for local people, and has parenting ideas to help inform, reassure and keep and young people safe.

Careers Updates

We've got some great updates this week, including details of some virtual work experience opportunities in Law, a collection of all of the virtual events from City of

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Liverpool College, a fascinating looking online event for railway engineering, and the publication of the latest Success at School Careers guide. You can find all of the details here on our [Careers news and updates page!](#)