



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 16th October 2023

Forthcoming Dates for your Diary

14th-21st October
Hate Crime Awareness Week

26th October
Year 9 Parents' Evening

26th October
Students finish for half term at 3pm



Year 7 Welcome Mass!

Our Sports Hall was transformed into a sacred space this week as demand for seats forced a venue change from the school Chapel for our Year 7 Welcome Mass! Celebrated by Fr Ed from St. Ambrose, Fr. Stephen from Our Lady's in Gateacre, and Father Tim from St Mary's and Bishop Eton, the congregation saw students from Year 7 and their family members join together to formally welcome them to their faith journey in our school community.



World Mental Health Day

This week brought World Mental Health day. Mental Health Practitioner, Dr Adams-White, met with this year's wellbeing ambassadors from each form to discuss how we can support wellbeing at St Julie's. The group took some time to brainstorm some ideas about how we can support wellbeing in school and are looking forward to seeing these ideas in action!



Maths Masterclasses!

We were delighted to welcome Martin Bamber from the University of Liverpool into school to deliver some Maths Masterclasses with our students from both Sixth Form and Year 10. Mr Bamber, based in the School of Physical Sciences at Liverpool was delivering sessions as part of the Advanced Mathematics Support Programme, a DfE funded initiative supporting the teaching of level 3 maths

**ST. JULIE'S
STUDENTS
WHO ARRIVE
ON TIME
HAVE
HIGHER
READING
ABILITY**

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qualifications in state-funded schools. Our students engaged enthusiastically in the sessions which they found challenging but rewarding, and we're looking forward to future sessions.



Student Voices Speak Out!

Student Voices are a vital part of the feedback that we need to ensure that we are meeting the needs of our school community, and this week Mrs McCourt met with elected Form Captains from across the school to engage and support student voice in school improvement strategies. Thank you to the Form Captains for representing students so well.



Remembering Ms Duffy

On Friday this week students and staff sported red ribbons for Ms Duffy who was a much loved and valued member of our school community. The ribbons were in remembrance of her, but also to celebrate and give thanks for her values of determination, resilience, female empowerment and caring for others. Staff and students were invited to make donations on the day to raise funds for Marie Curie. Thank you to everybody who participated.



Year 8 Netballers Crush Opponents in Home Game

Congratulations to our Year 8 netballers who pressed home advantage to the full to start their City League campaign with a staggering 15-1 win against the visitors from Bellerive. Very well done to Millie who was our player of the match.



Merseyside Police Safety Message

We are writing to all parents and guardians to ask for your help over the upcoming Halloween and Bonfire Night period.

We want everyone to have fun and we'll be working hard to keep you safe, but we need your help:

Know where your children are

- Encourage kids to go to local events that are being organised, or try a spooky film together
- If your children are going out (particularly on the 30th and 31st of October), make sure you know where they're going. If possible, drop them off and pick them up
- Don't let your children hang around the street
- If they're going somewhere local – walk there with them
- Have an agreed time when they

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need to be home

- Don't buy fireworks or eggs and flour for them, and don't let them take it out of the house

Know the risks

- Throwing things at cars, buses, shops and houses can hurt people – drivers might swerve if they get distracted and cause a crash, or someone might get hurt by broken glass (and scratched paintwork can be very expensive to fix)
- Getting into trouble with the police can lead to a criminal record, which means not being able to go on holiday to countries like the USA, and not being able to do certain jobs
- Messing around with fireworks is dangerous – some burn as hot as 1,200 degrees - hot enough to melt glass and cause serious or fatal injuries

Know the law

If a young person under the age of 16 commits any of the offences below, the parent/guardian will have to pay the fine.

- A person under the age of 16 can be arrested and fined if found with an unlit firework
- A person under the age of 16 can also be arrested and fined if they throw or light a firework or make a bonfire
- A person under the age of 16 can be arrested and fined for throwing things like eggs, flour, paint or other objects at people, vehicles or property

Thank you for your help and support. By working together, we can keep your children safe this Halloween and Bonfire Night.

Merseyside Police



Admissions Consultation

Every seven years a foundation school must undertake a consultation process for their Admissions Policy. At this point, St Julie's Catholic High School do not want to make any changes to their Admission policy. The Planned Admission Number (PAN) will remain as 180. The consultation process will last for 6 weeks between 1 October 2023 and 12 November 2023. Any comments on the Admissions Policy should be addressed in writing to the Clerk to Governors: hchapman@stjulies.org.uk



Cash for Kids Challenge!

We're fundraising as part of the Radio City and Greatest Hits Radio North West Cash for Kids challenge to equip a new sensory room to support our students with SEND. If we are among the top three schools for fundraising we get an extra award from the funding charity! If you would like to help support us in reaching our target you can [donate here](#). Thank you!

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Star Athletes: Scout's Story

In the fourth of our series of athletes joining us in Year 7 we meet Scout, a competitive golfer. Scout's story began when she first picked up a club at two year's old! Scout's dad enjoyed visiting the driving range and gifted her a tiny set of clubs: a putter, a driver and a 7 iron. Things took off when Scout got a set of airballs as a Christmas present when she was six and couldn't stop playing with them. This was augmented with a mat for the garden deck and Scout didn't stop practicing! When she started chipping balls into buckets from a rooftop the family new it was time for Scout to join a club. Scout joined Formby Hall and started playing every day at the par 3 guidance, with some instruction from her dad. She then enrolled at the Tommy Fleetwood Academy at Formby Hall participating in group lessons on Saturdays. This included regular competitions on the par 3 course against other academy students, and Scout's fiercely competitive spirit saw her take lots of wins! Her first competition was contested at the front 9 of the 18 hole course at Formby Hall and Scout won! Aged 9 she won her age category at the Champion of Champions event at Tulfarris in Ireland. At age 10 Scout joined the junior section of Formby Ladies where she plays in regular competition. Scout considers her greatest competitive achievement to be a third place in the European Championships at Royal Musselburgh – something she is rightly very proud of. Her most recent achievements include reaching the second stage of the selection process for England Golf's

U18 team. She has also qualified for entry to the World Championships in the USA. When asked for the secret of her success Scout had a careful think before answering: Dedication, hard work, a winning mentality and lots and lots of practice!" We also asked Scout if she had any advice for someone interested in getting involved in golf which can sometimes seem a little daunting, and she suggested: "Do what I did. Start small in the garden and enjoy it!"



Domestic Abuse Awareness Month

As part of school's commitment to supporting local women suffering domestic abuse issues, we are asking again for your help in donating women's toiletries, sanitary products, nappies and baby wipes. Please give what you can any donation would be gratefully received. Donations are to be collected the week of the 23rd October

If you or someone you know are living with domestic abuse and would like to get help the numbers, you can call are:

- Refuge national helpline: 0808 2000 247
- Liverpool domestic abuse service: 0151 263 7474
- South Liverpool domestic abuse service: 0151 494 2222
- Knowsley Safer communities: 0151 443 4608
- Sefton women and children's aid: 0151 922 8606
- Men's advice line: 0808 801 0327
- LGBT domestic violence helpline: 0800 999 5428

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PSHE/RSE Feedback

We regularly review and update the content of our PSHE and RSE curriculum to ensure that it is appropriate, relevant and helpful to our students. We'd welcome your comments and observations and if you'd like to share your thoughts [you can do that here](#).



Eat 2 Meet Programme for October Half Term

The October Half Term Eat 2 Meet programme starts on the 30th October and there are lots of great activities happening over the school holidays. Children and young people, from reception to age 16 (including year 11 leavers), who are eligible for benefits related free school meals, will be able to access hundreds of activities throughout the half term holidays including specific provision available for children with SEND or additional needs, at **no cost**. There's a great range of activities across the city including **Halloween themed activities such as pumpkin carving, apple bob, halloween crafts making spooky masks, boxing, football, music, dance, cycling, cooking, podcasting, basketball, arts and crafts, drama, zumba, trips out** and much more! Every day there will be a range of fabulous meals available with many schemes holding family events as well.

To find out where the nearest scheme is click on this link [October Half Term 'Eat to Meet' – Merseyside Play Action Council \(merseyplay.com\)](#) or go to <https://www.merseyplay.com> and click on the October Half Term Eat 2 Meet link.

When a parent/guardian/carer has chosen the activity/scheme they will need to contact that organisation to book a place. Each organisation will have either a telephone number, email address or online booking system. If the child has any additional needs or dietary requirements then please discuss this with the organisation when booking. There is no central booking system so please read the details of the programmes on the website and contact the providers directly.

If you want to know how to register or how to check if your child is eligible for free school meals then please click on the link <https://www.gov.uk/apply-free-school-meals>

You will need your national insurance number or an asylum seekers support number. If you are struggling with the cost of living then please click: <https://www.liverpool.gov.uk/cost-of-living/>

If you're more than 10 weeks pregnant or have a child under 4, you may be entitled to get help to buy healthy food and milk. Click on the link to find out how to register <https://www.healthystart.nhs.uk/> If your child is not eligible for benefits related free school meals you may be eligible for support with childcare costs - <https://www.gov.uk/childcare-calculator>

Liverpool City Council is working with Mersey Play Action Council, the local schools, voluntary and community organisations, and childcare providers to deliver the October Half Term Eat 2 Meet programme.

The Family Information and SEND Directory also provides a wealth of useful information and support for families - [FISD](#).

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Design a Christmas Card Competition

One of our Live in Solidarity actions is to send Christmas Cards to Christians in the Holy Land who are being persecuted for their faith. So we have launched 'Design a Christmas Card' competition for all years! The best entries will be made into school Christmas cards that will be signed by form groups and posted off to schools and parishes in Jerusalem.

- Designs can be hand drawn or designed with digital artwork - no bigger than A4 please
- Cards must have a FAITH message (e.g. Nativity/peace/hope etc)
- Submit your design to our Chaplain by Friday 21st October

Please write your name and form in pencil on the back of your entry. All entries will receive a small prize and winners will receive a prize and have their design turned in to our official Christmas Card!

**S _ C I A L
M O B I L I T Y
F _ U N D A T I O N**

Social Mobility Foundation

Year 12 enjoyed a presentation by The Social Mobility Foundation today. This is a UK-based organisation that provides a digital platform for students and professionals to access various career opportunities. The Aspiring Professionals Programme supports students from

Year 12 through to their first graduate job.

This programme provides: mentoring, skills sessions, internships with employers and careers and enterprise skills sessions.

Assembly on Thursday was delivered by the Social Mobility Foundation in order to provide students with further information. Eligibility criteria can be found here: [The Aspiring Professionals Programme | Students](#) (socialmobility.org.uk) Students can access it in the PowerPoint presentation shared with them this afternoon.



Deadline Approaching for HE+

HE+ is a collaborative programme between the University of Cambridge and its Colleges, working together with groups of state schools and colleges in 19 regions of the UK. The programme provides a framework of support for schools and colleges in 19 regions to form regional consortia and promote institutional collaboration. These consortia then work in partnership to identify students who have the potential to progress to selective higher education but are perhaps from under-represented areas and therefore may be less likely to consider progression to such universities. The programme is a sustained year-long initiative running from the autumn or spring term of Year 12 through to the autumn term of Year 13. It provides access to super-curricular activities designed to stretch and challenge the students academically and our outreach practitioners also deliver a comprehensive programme of information, advice and guidance

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sessions and study skills support in order to help ensure students make both a successful application and also a successful transition to highly selective universities. They also offer a funded visit to Cambridge for many participants each year allowing them to experience university life and meet current undergraduate students. All Year 12 students have been emailed a flyer with QR code and further information attached should they wish to apply. **The deadline for applications is 30th October 2023.**



English Stars of the Week

Congratulations to our Stars of the Week in English this week.

In Year 7

Amelia for continuous engagement in class and great effort in her classwork.
Stevie for consistent hard work and effort
Jessie for effort in English lessons
Imogen and Yvie Deakin for articulate and considered responses in tasks.

In Year 8

Zunairah for a beautifully presented & thorough English book.
Niamh for great classroom contribution and for putting amazing effort into her character analysis.
Scarlett for contribution to English lessons
Lydia who was outstanding when reading aloud to her peers

In Year 9

Matilda for effort in English lessons
Martha for her focus during lesson, participation reading the Crucible script and challenging herself in her

class work.

Olivia for thorough knowledge of the Crucible.

Ava has shown an excellent attitude and kept going even when the work is hard

Brooke for always giving 100% effort and consistently driving class discussion
Erin for consistent hard work and excellent effort

In Year 10

Keira for excellent and timely contributions
Scarlett for her huge improvement in her English Language question four response and for engaging positively in class discussions.
Grace for effort in English lessons
Jessica for thoughtful analyses of Jekyll and Hyde
Holly for always giving maximum effort and striving for the best
Katie

In Year 11

Olivia G
Olivia S for great work effort and always giving 100%
Ava for her extensive notes in her poetry anthology and being dedicated to learning the comparisons between poems.
Brooke for great effort in English lessons
Julia for commitment to improving in English

In Sixth Form

Freya for a persistently commendable attitude to learning
Kenzie
Niamh

Careers Updates

Our [provider access statement](#) is available on both our main and Careers websites. We circulate a weekly careers newsletter to parents, and copies of all of the previous issues can be found on the [dedicated page](#) on our careers site.

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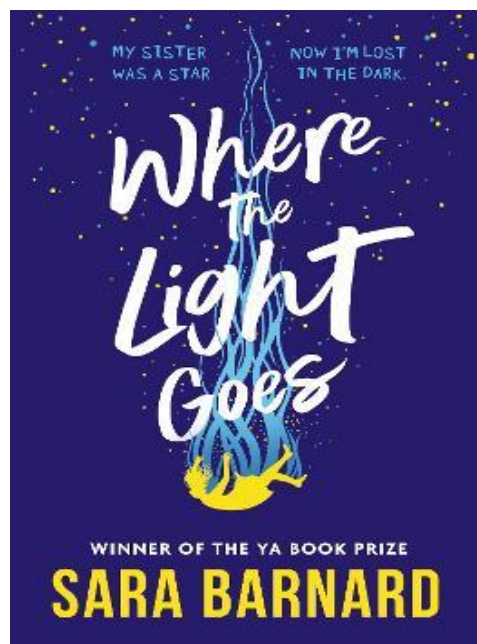
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Recommended Read for October

If you're stuck for inspiration for a read why not dip into our recommended read for the month? For October we're recommending 'Where the Light Goes' by Sara Barnard.

A heart-wrenching exploration of grief from a bestselling YA author, set in a landscape corrupted by fame and the scrutiny that comes from living in the shadow of a star.

To the world, Lizzie Beck is a superstar: famous, talented and beloved. To Emmy, she is simply Beth: her brilliant older sister, her idol. But then Beth takes her own life, and all the light in the world disappears. Now Emmy is lost. Amidst the media storm and overwhelming public grief, she must fight to save her own memories of her sister – and find out who she is without her.

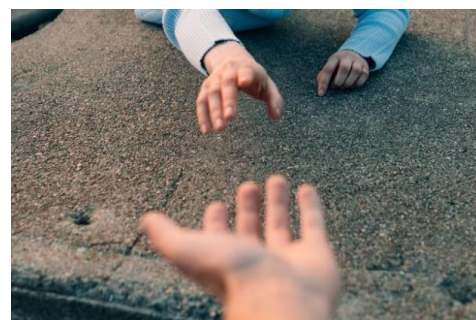


November Vaccination Programme: Winter Flu Vaccine

Please [click here for a copy of a letter](#) that we have been asked by Mersey Care to circulate to parents of students in Years 7 to 11 relating to the winter flu vaccine programme.

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



SEND Support Helplines

Helplines for Settings and Families
In response to the current coronavirus pandemic, Liverpool Local Authority's SEND Support Services would like to offer advice

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and support to our settings and families during this difficult time.



Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays.

You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday:

9am – 4pm, Friday: 9am – 12pm

Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm

Alternatively, you can email your concern to

epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854

Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm

Alternatively, you can email your concern to

ASDtrainingteam@liverpool.gov.uk

Children's Occupational Therapy Service

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk

Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

sensoryservice@liverpool.gov.uk

Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or

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prison and need support to stay in the community. There are [more details available here](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults [‘#It’s abuse’](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0800 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety
Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk/>

MIND – Meeting mental health needs
Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD
Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout
Immediate support by text for people of all ages.
<https://giveusashout.org/>
Text ‘SHOUT’ to 85258

PAPYRUS – Suicide prevention team
Phone: 0800 068 4141 (mon – Fri, 10.00am – 5.00pm, 7.00pm – 10.00pm, weekends, 2.00pm-5.00pm)

Rethink Mental Illness – supporting mental health all ages.
Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)

Samaritans – supporting those experiencing feelings of despair
Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers at home at no cost. You can find out more about how to complete the installation in this [remote learning guide](#).