



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 17th March 2025

Forthcoming Dates for your Diary

17th March
Feast of St Patrick

19th March
Parental Partnership Meeting



Welcome to our Newest Students!

On Wednesday evening we were thrilled to open our doors to our newest students, who last week received their letters telling them of their place at St. Julie's! As we welcomed a sea of excited faces, students were escorted up to the Chapel where they were able to meet each other as a year group for the very first time. Parents made their way to the Sports Hall for a presentation from School leaders. You can read all about what went on during the evening and see some photos in the [full story on our website!](#)



Sixth Form Philosophy Students Meet and Greet

Students of Philosophy and Ethics have attended a conference in Manchester this week aimed at students currently studying A Levels. Whilst at the conference students met celebrated author and theologian Peter Vardy! [Read more here.](#)



Circle Club Mathematicians Graduate!

On Monday 10th of March some of our talented Year 11 mathematicians celebrated their Axiom Maths Circle Club graduation! Jennifer and Charlotte visited St Julie's to congratulate students on their work with Axiom Maths.

**ST. JULIE'S
STUDENTS
WHO ARRIVE
ON TIME
HAVE
HIGHER
READING
ABILITY**

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[Careers Website](#)

The Year 11 students have completed over 100 Circle Club sessions with over 1000 problems completed!! The students received a certificate and video message from the CEO of Axiom Maths, David Thomas OBE. Axiom believe Maths gives us power, teaches us to imagine things never before imagined and to solve unsolvable challenges. In his address, Mr Thomas encouraged the students to maintain their contacts, their teams and their sense of curiosity in investigating and solving problems, and to apply the lessons learned to all aspects of their lives. Well done to all students involved!



Drama Students To Perform at MVP Graduation!

We're delighted to have been invited to perform our festival winning piece 'Wrong Place, Wrong Time' at the Merseyside Violence Prevention Graduation. The theatrical debut of the piece at the recent NOW Festival was professionally filmed and the performance will soon be available for viewing in the MYA channel on Youtube!



STEM Fashion Workshop!

On Monday this week we welcomed Kirsty Doyle back into school to lead a workshop for British Science

Week exploring how fashion meets STEM. The session included a study of chemistry with fabric science and an ideas workshop of wearable technologies that spawned some really creative thinking! Students also gained practical hands on experience working on an upcycling project as part of the Radox Grand National Young Designer of the Year. The winning design for this competition will be professionally tailored and displayed in the John Lewis store in Liverpool One.



British Science Week: Secret Scientist!

As part of our National Careers Week and British Science week celebrations, we wanted to continue to promote the role of women in STEM and were fortunate enough to secure an interview with a scientist. Previous Scientists have included Physicist who have worked for NASA, Biologists and vets... [see if you can work out what this year's Secret Scientist's role is!](#)



British Science Week: Physics at the University of Liverpool!

On Wednesday this week Year 12 students attended a Particle Physics Masterclass at the University of Liverpool.

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Students attended several lectures on different types of fundamental particles and learnt about the current research into understanding dark matter (which makes up 95% of the universe!), the interactions of particles with gravity and the irregular abundance of antimatter. The lecturers discussed how current research is focused on developing instruments to give particles enough energy to simulate their properties around the time of the Big Bang. The afternoon involved analysing real data from the Large Hadron Collider (black-hole machine) in Switzerland, lab tours and a video call with staff currently working at the actual Large Hadron collider.



Irish Dancer Performs for Blue Peter!

Congratulations to Eliza in Year 7 who has been filming in Manchester for Blue Peter representing the Loughran School of Irish Dance. You can see her performance in the episode broadcast today at 5pm, or catch up on the BBC iPlayer!



Year 9 Face Future Food Challenge

Last Friday, a group of Year 9 students met with six other schools at Liverpool University for the launch of the Future Food Challenge, run by Farm Urban. Farm Urban is based in Liverpool and is on a mission to transform our cities, towns and organisations into greener, healthier, more inclusive places. The Future Food challenge asks students to create the idea for a business that promotes sustainable and healthier food options over twelve weeks, through the use of an Aquaponics system. Students are challenged to design a concept, vision and mission statement before under-taking market research and presenting a final pitch to a panel of judges. Throughout the day, students attended workshops on key areas to consider, such as branding and graphics design and also met with experts in the fields of science, who were available to answer any questions the students had about careers in STEM. We'll keep you posted how they get on!



Young Carers Action Day 2025

The Carers Trust is committed to providing opportunities for young and adult carers under 25 years to achieve and develop their future aspirations and goals through their Young Carers Futures programme.

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The Young Carers Futures hub page [can be found here](#) for students and families to access.

This year's theme is 'Give Me A Break', focusing on the importance of rest and respite for young carers. Following consultation with hundreds of young carers and with input from the Young Carers Advisory Panel, The Carers Trust have chosen 'Give Me A Break' as the theme for Young Carers Action 2025. The 'Give Me A Break' theme for this year's YCAD allows them to explore two crucial areas of support young carers need. First, young carers have so much responsibility on their shoulders that they often have little time for themselves and are at serious risk of burnout. They need a break. Research indicates that young carers are significantly more likely to report severe psychological distress than their peers without a caring role. They need time out from their caring responsibilities to rest, recharge and focus on themselves – be it for a hobby, or just spending time with friends, like other people their age. The aim of YCAD is to highlight the need for young carers' voices to be heard in order that those around them can better understand the support they need. In school, our Young Carers Champions are Miss Machin and Mrs Jones. If you or someone you know is a Young Carer, [find out about some of the support The Carer's Trust can provide here](#).

We acknowledge that Young Carers often do not think of themselves as carers and it is important that they are recognised and get the appropriate support. Barnardo's Action

With Young Carers works with young carers and young adult carers who are caring for an ill or disabled adult. Some illnesses and disabilities can be seen, others cannot.

Barnardo's can be contacted on 0151 228 4455 and further details can be [found in this leaflet](#).



Alumnus Returns To Share Experiences!

On Thursday this week we welcomed back alumnus Grace who spoke to Maths and Business Studies students. Grace studied Business Studies, Psychology, Biology and EPQ when she was a student at our Sixth Form and is now in her third year of a Degree Apprenticeship with Laing O'Rourke where she is training to be a Quantity Surveyor. Grace spoke to students about how her A levels have enabled her to progress to Higher Education and the workplace, outlining the nature of the role, how she has been able to balance work, university studies and hands on learning. Following the presentations, Grace then met with a Year 13 student who is applying to Quantity Surveying courses for university this September. She was able to advise her about work experience and internship opportunities. We'd like to thank Grace for coming in and look forward to seeing her again soon.



Exam Text Brought To Life On Stage!

With only a matter of weeks to go until students sit their GCSE exam, Drama students headed to the Liverpool Empire to see the famous 'Blood Brothers'. This is students set text and therefore seeing the costume, set and performance skills

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live, was a fantastic revision resource and brought the text to life.



It's time to vote!

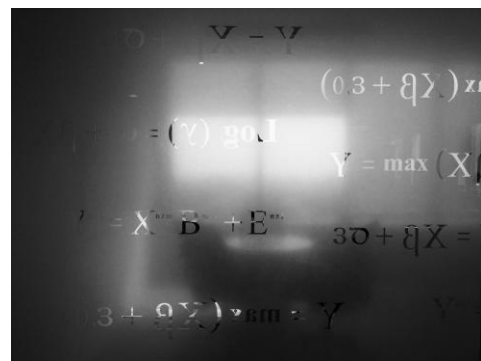
MVP Video Vote!

You can support our Year 10 MVP video in a public vote from nine finalists. Voting opens on Tuesday! The MVP video is part of the public vote which begins next week as a means of spreading MVP's message to friends, family and the wider school community. And it's almost time to gather those votes. The online public vote begins at **7am this Tuesday 18th March**. The winning school will be the one with the most votes when polls close a week later at **5pm on Tuesday 25th March**. Voting takes place on the Collaborated Digital website at www.collaboratedigital.com/vote - Currently the voting mechanism is not visible – it will appear on Tuesday morning.



Drama Students Perform for Examiner

On Wednesday and Thursday this week audiences have gathered for two evenings of Y11 GCSE scripted performances that showcase students creativity, focus and acting skills. Students presented a selection of plays for an examiner who marked students performances live. Well done to all of our performers for two great evenings!



Congratulations Mathematicians!

Well done to the following students who achieved the highest XP (Sparx experience) points in their Maths homework for the week 04/03-11/03. All students will be given a certificate from their maths teacher.

Year 7:

1. Lyra B
2. Bahiyyih S
3. Ava M

Year 8:

1. Megan I
2. Olivia R
3. Maisy R

Year 9:

1. Sanna G
2. Emily W
3. Mia F

Year 10:

1. Ellie M
2. Bethany D
3. Layla W

Year 11:

1. Alishia W
2. Freya F
3. Jamie-Leigh C

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100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

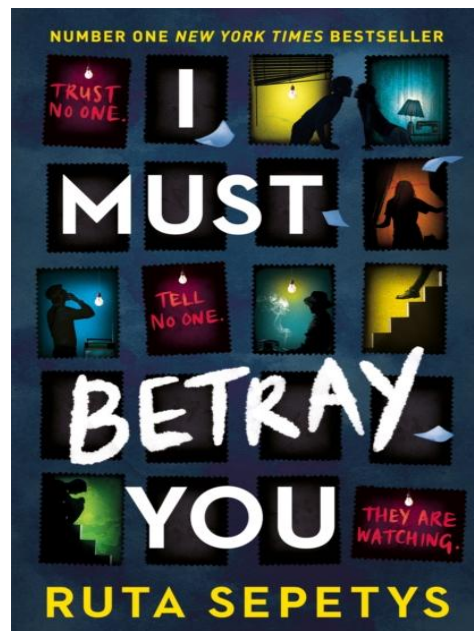
The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.



SEND Homework Club

We've introduced a homework club specifically for our students with SEND needs. Students in KS3 are welcome on Mondays from 3:15-4:00pm and students in KS4 are welcome on Wednesdays at the same time. The club is based in the Stars room and students are welcome to just turn up on the appropriate day!



Recommended Read for March

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'I Must Betray You' by Ruta Sepetys.

Cristian has lived his entire life in the grip of a repressive dictatorship. The country is governed by fear. When the secret police blackmail him, Cristian has an impossible choice. Save the life of his sick grandfather by informing on his family, or risk his life - and all of theirs - by resisting?

At 17, Cristian dreams of being free but doesn't know where to turn. In this climate of constant suspicion, can he trust his best friend, his girlfriend or even his family?

Closely based on the real events of the Romanian Revolution of 1989, this is a powerful, heart-breaking thriller from the author of Salt to the Sea, winner of the Carnegie Medal.



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Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know

more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm
Alternatively, you can email your concern to seniss@liverpool.gov.uk
Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.
Monday to Friday: 9am – 4.30pm
Alternatively, you can email your concern to epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854

Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm
Alternatively, you can email your concern to

ASDtrainingteam@liverpool.gov.uk
Children's Occupational Therapy Service

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk

Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email sensoryservice@liverpool.gov.uk

Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

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Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults ['#It's abuse'](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or

suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

RASA (Rape and Sexual Abuse)

Merseyside is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email referrals@rasamerseyside.org or visit our website www.rasamerseyside.org

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety
Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk>

MIND – Meeting mental health needs
Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD
Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout

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Immediate support by text for people of all ages.

<https://giveusashout.org/>
Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team
Phone:0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)

Rethink Mental Illness – supporting mental health all ages.

Phone:0300 5000 927 (Mon -Fri, 9.30am-4.00pm)

Samaritans – supporting those experiencing feelings of despair
Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365

Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <https://www.office.com> and sign in using their school email address and password and then look for the 'Install and more' option.

Resources for Parents in Knowsley

[Advanced Solutions](#): 0151 486 1788

Listening Ear: St Nicholas Centre,
70 Church Road, Halewood, L26 6LB
0151 488 6648

Children in care (under 18?) Polaris
Knowsley.EHWP@coreassets.com
07967 381 035

[Knowsley CAMHS](#) 0151 351 8610

[Kooth](#)

[Mental Health Support Teams](#)

[Zuntold](#)

Domestic Abuse
[Merseyside Domestic Violence Service](#) 0780 272 2703 mdvs.org

[Ruby Project](#) ruby@pss.org.uk

Family support [Family First](#)

[Knowsley Family Info](#)

[PSS Prisoner Family Service](#)

[Lee Cooper Foundation](#)

[Healthy Knowsley](#)