



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 17th June 2024

Forthcoming Dates for your Diary

23rd June
International Women In Engineering Day

26th June
Year 11 Celebration Event

27th June
Open Evening



St. Julie's Takes On Madrid!

After an eye-rubbing 3:45am start on Saturday morning our students have enjoyed a fantastic trip to Madrid. During their time the students have explored the City Centre, toured the legendary Santiago Bernabeu stadium and taking on some local teams in football matches! Despite some uncharacteristically inclement weather, our students have had a wonderful tour and represented our school proudly on the international stage.



The Fruits of our Labour

The fruit crop from our school garden this year is proving to be a little short on yield but heavy on intense flavour. Alongside beautiful blooms we're starting to see some small but beautifully formed fruit. This strawberry was declared by Romy in Year 9 to be the nicest one she'd ever tasted!



SEND Local Offer Live

The SEND Local Offer Live event for 2024 will be taking place at the Liverpool Guild of Students Building at the heart of the University Campus at 106 Mount Pleasant on 3rd July from 12-6pm. The event is a great opportunity to meet with services from health, local authorities, support groups, activity

ST. JULIE'S STUDENTS WHO ARRIVE ON TIME HAVE HIGHER READING ABILITY

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groups and third sector organisations all in one place. For further information please visit the [Liverpool Family Information and SEND Directory website](#).

Exam Results Day Information

Mrs McCourt has this week circulated letters to parents of students in Year 11 and 13 with important information about results day and the appeals process and post results service from the JCQ. You can find a copy of the letter to [Year 11 parents here](#) and to [Year 13 parents here](#). The document is lengthy and includes several other documents within it.

PSHE Review

The findings of the recent independent external review of PSHE by School Improvement Liverpool are summarised later in this newsletter.

Year 8 Parents Evening

Thank you to all parents and carers who were able to engage with our Year 8 Parents' Evening. We hope you found the event helpful. You should have received an email with a link to an exit survey that we'd be very grateful if you could complete.



Year 9 Careers Assembly

In order to raise awareness of the range of Post 16 opportunities available to students, Year 9 enjoyed a presentation from The Learning Foundry this morning. The Learning Foundry (rated Ofsted 'Good') works across Merseyside and the North West to offer traineeship, apprenticeship and bespoke training programmes in a wide range of business areas for

those students who do not wish to progress to Sixth Form. Typically, the majority of St Julie's students choose to remain with us after completing their GCSEs, but we recognise that for students who are unsure or who would prefer a more hands-on approach to learning, it is important to showcase a range of progression pathways to them. High quality careers education and guidance in school or college is critical to young people's futures. It helps to prepare them for the workplace by providing a clear understanding of the world of work including the routes to jobs and careers that they might find engaging and rewarding. It supports them to acquire the self-development and career management skills they need to achieve positive employment destinations. With large scale reforms to technical education and skills, it has never been more important to ensure that students are made aware of the full range of education and training options. We'd like to thank Tammy from The Learning Foundry for her presentation and to for the advice and guidance given.



Safety Message for Swifties

With Liverpool being transformed into "Taylor Town" - School Improvement Liverpool would like to highlight some key safety messages for children, young people and families attending either the concerts or one of the many organised events across the city. You can see all the tips in the [story on our website](#).

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Swift Work on Baking!

To celebrate Taylor Swift's visit to Liverpool Ava in 7A crafted a magnificent celebration cake! The sweet treat took Ava six hours and the results show the time was well invested. Well done Ava on some great work!



The Liverpool ASD Training Team

Virtual group drop-in advisory sessions: The Liverpool ASD Training Team are providing a series of virtual drop-in advisory sessions via zoom. They are for parent/carers wishing to talk in a group setting and who have questions or concerns about their child. You do not require a diagnosis of ASD to book your place.

Dates and Times 1pm – 2.30pm

18th June 2024

20th June 2024

25th June 2024

26th June 2024

27th June 2024

To book your place please email asdtrainingteam@liverpool.gov.uk with a choice of your date and you will be emailed a zoom link. For more information about the service please view the Liverpool Local offer page.



Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).

Year 10 Chemistry Revision Sessions

The planned day for Year 10 Chemistry revision sessions with Mrs Jones has moved from Tuesday to Wednesday. Revised dates and topics are below:

Date	Topic
19/6/2024	Relative formula mass
26/6/2024	Moles- Higher
3/7/2024	Limiting Reactants- Higher
10/7/2024	Concentration of solutions

External PSHE Review led by School Improvement Liverpool on Tuesday 4th June 2024

Strengths

- The headteacher is a proactive advocate for PSHE and has a clear vision for it.
- The PSHE lead accesses relevant CPD, and her expertise is valued.
- Pupil voice and meeting pupils' needs are central to the PSHE curriculum. End-of-unit proformas are utilised, along with regular focus groups and pupil surveys.
- The PSHE Lead and SLT have a good understanding of current developments, local data, and what constitutes evidence-based, data-informed quality PSHE education.
- The PSHE curriculum forms a cohesive narrative, providing a spiral approach in which themes are revisited in a developmentally appropriate manner.
- Statutory content is embedded within the school's wider PSHE education curriculum.
- CPOMS, local health data, national trends, pupil voice, pastoral input, and police input are used to tailor the program to meet pupils' needs.
- There are well-established links with professionals and other organisations that regularly collaborate with the school to plan or deliver activities to enhance the PSHE curriculum.
- When using external contributors, the PSHE lead ensures that their input aligns with high-quality PSHE principles and contributes meaningfully to the PSHE program.
- Assemblies are tied into the PSHE provision and organised through the school's strategic calendar.
- Curriculum progression sheets enable children to see what is coming up and how it builds on previous learning. This supports children in having a sense of the progressive curriculum and being prepared for potentially sensitive input.
- Drop-down days provide additional opportunities for revisiting key learning or addressing current concerns.
- The school environment is rich in PSHE-related messages and information, celebrating and enhancing learning in the subject.
- The school's commitment to equality is evident across the curriculum, the environment, and interactions.

- Preventing violence against women and girls is a particular priority, and St. Julie's is a leader in this within the city.
- The peer-learning project is valued and celebrated as a key success within PSHE (Y10s delivering to Y7s).
- Learning Support Staff provide pre, post, and/or additional learning for pupils with SEND if required.
- Progress leaders, pastoral support, and the mental health practitioner all support the PSHE provision for vulnerable pupils or pupils with SEND. They are aware of, and make provision for, pupils who may find particular lessons distressing.
- A trauma-informed approach is taken, particularly in light of continued COVID-19 fallout in some year groups.
- Pupils highly value the contribution of PSHE education lessons to their understanding and confidence in the world around them. They spoke eloquently about equality, empathy, diversity, consent, finances, and substances, demonstrating an age-appropriate understanding.
- Pupils were enthusiastic about their learning in PSHE and able to articulate positive elements, including signposting. They could make links between different strands of PSHE, such as relationships education, drugs education, and mental health. They talked about the inclusivity of the lessons, including referencing learning about LGBTQ+.
- There is strategic awareness of related learning between PSHE education and other curriculum areas, such as STEM (female empowerment), History (Black History Month), and Performing Arts (Pride, VAWG).
- Careers provision is strong, well-thought-out, and mapped.
- The school is committed to quality assurance and open to challenge, drawing on critical friends to support this (SIL).
- Parents' contributions are welcomed, and parents are kept informed through a range of communications, including safeguarding and careers bulletins.

Actions

- Identify and trace key curriculum strands throughout the curriculum e.g. sexual harassment, equalities, mental health.
- Keep abreast of changing local public health priorities and need at [Fingertips PHE](#).

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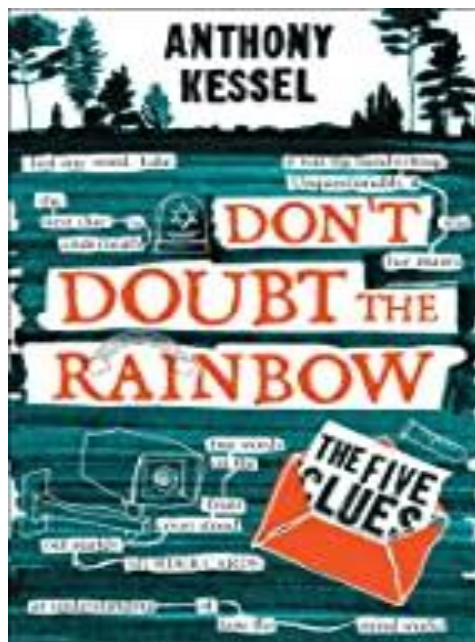
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Recommended Read for June

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'The Five Clues' by Anthony Kessel.

Walking back from her mother's grave, 13-year-old schoolgirl Edie Marble finds a note in a pocket of the sheepskin coat that she hasn't worn since the day, a year earlier, when she received the awful news of her mother's death. The note is from her mother, who had been looking into a corporate human rights violation and had become fearful for her life after receiving death threats. She trusts only Edie – because of their special bond and Edie's intelligence – and has laid a trail of clues for Edie to find that will help her to shed light on the violation and uncover the mystery around her death.

Through her wit and determination, Edie steadily gathers evidence and negotiates the dramatic twists and turns of the story by collaborating with her friends and family to gradually unearth a sinister attempt by a pharmaceutical company to conceal their illegal development of a lethal virus.



Applications for Sixth Form Now Open!

The application window for students wishing to enrol at St. Julie's Sixth Form in September 2024 is now open. Students currently attending St Julie's can [apply here](#), and external candidates can [apply here](#).

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries

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and is available 9am - 5pm weekdays.

You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm
Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm
Alternatively, you can email your concern to epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854
Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm
Alternatively, you can email your concern to ASDtrainingteam@liverpool.gov.uk

Children's Occupational Therapy Service

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk

Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

sensoryservice@liverpool.gov.uk

Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital

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resource for adults [‘#It’s abuse’](#).

- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550

They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety

Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk/>

MIND – Meeting mental health needs
Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD
Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout
Immediate support by text for people of all ages.
<https://giveusashout.org/>

Text ‘SHOUT’ to 85258

PAPYRUS – Suicide prevention team
Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)

Rethink Mental Illness – supporting mental health all ages.

Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)

Samaritans – supporting those experiencing feelings of despair
Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers at home at no cost. You can find out more about how to complete the installation in this [remote learning guide](#).