



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 18th January 2021

Forthcoming Dates for your Diary

All events scheduled in the academic calendar for January and February are currently under review for rescheduling.

28th January
Year 8 Parents Evening (Virtual Event)



Coming To A Screen Near You!

Never mind The One Show, what about keeping up to date with The Julie Show? Presented largely by members of the 1804 Society, this magazine programme features a quiz, a profile on an 1804er, recent news, an interview with a member of staff, Sophie's Choice – a series of recommendations for your weekend viewing plus some helpful tips aimed at keeping us all connected. The first episode can be [found here](#) – enjoy the show!



Headteacher of the Year!

Congratulations to our very own Mr Alderman who has been named Secondary Headteacher of the Year by the Archdiocese of Liverpool! The school awards are open to schools across the huge area of the Archdiocese and Mr Alderman's win comes against a high standard of achievement this year. Read more about it in the [full story on our website](#).



Be The Light In The Darkness

We're grateful to our friends over in Alsop High School for their work on a new video commemorating Holocaust Memorial Day. The short film features Auschwitz survivor Mr Zigi Shipper, BEM, who in more usual times would visit the school to speak to students of his experiences in person. Read more and [find the link here](#).

During remote learning our Chaplaincy is offering resources a daily reflection.

Find out more at the [Chaplaincy Website](#)

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- [St Julie's Careers Website](#)



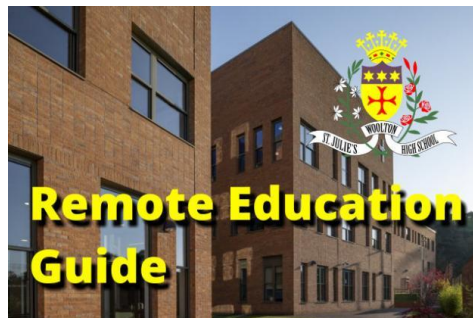
Year 11 Artists On The Grid

Our talented Year 11 artists have been developing their drawing skills using the grid method, which helps to develop accuracy. They have also started to explore the work of other artists and are creating and developing responses to their work. The results are looking fantastic!



Letters from Directors of Children's Services and Public Health

This week we have received a letter today from the Director's of Public Health and of Children's Services which we have been asked to circulate to all parents. This was circulated to all parents earlier in the week, but a copy can be [found here](#).



Remote Education Guide

For your convenience we've consolidated several pieces of remote education guidance into a single document, a copy of which is [available here](#).



Inclusive Dance With Year 9

This week Year 9 students have been exploring inclusive dance - using blindfolds! They focused their session on how wearing a blindfolds may effect their ability to perform and how to overcome this. The work was created a high standard and [here are some examples!](#)

Well done to Amy, Grace and Sarah whose clips are shown.



Year 7 Lockdown Baking!

Our Year 7 students have been busy in the kitchen developing their cookery skills at home. This week's featured work is scones and fruit crumble. Well done to Alice, Elisa and Jessica on their delicious looking work!

January					February				
Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
11th Say Yi Yi	12th Garage Room Freestyle (Reel it in)	13th Deuces X Wet	14th Hoopla	15th She Gon Go	1st Just like that come on my way	2nd Mini Mashup Feb 1st 2020	3rd Cannibal	4th Original Sound - Calladaya	5th Express Baroque Xina
16th Say So	17th Rich Girl Gwen Stefani	18th What You Know About Love	19th Vroom Vroom gwmedolyn	20th I Need Some Kolors	6th Hit the Quas	7th Because of you	8th Kenegade	9th Entry of all videos. Make a mini movie.	10th Judging
21st Original Sound Payroll	22nd Savage Love	23rd Do it Again	24th Toosie Slide	25th Corona Virus Lil Nas	TikTok Challenge! Complete and record the different TikToks each day for 23 days. When you've done them all, make a mini movie of all the TikToks and send them to Miss White (mwhite@stjulies.org.uk) on Thursday 11th February. They will be judged on the 12th and winners announced!				

TikTok Challenge

We mentioned it in last week's newsletter, but the details of the TikTok Dance challenge are [now up on the website](#). Good luck!

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BBC Celebrity Supply Teacher

Do you fancy doing some elementary Spanish with Gary Lineker? The BBC have produced two series of bite sized programmes with surprising celebrity teachers. You can hear more about how and why Gary chose to learn Spanish in [his celebrity lesson](#).



PE Challenge
From 18th January you will have 15 days to walk 100 miles. Use your phone or smart watch to calculate your steps. You must take a picture of your steps and email it to Miss Davies by Friday 5th February. Good Luck!

100 miles = 160,934 steps
100 miles = 21,126 steps. This means that on average you should be walking around 14000 steps a day (if you include your weekend this average is around 10000).
100 miles = Huddersfield in West Yorkshire and back!

Form Challenge: Once we have completed your individual task. We will be asking form groups together to calculate which form have walked the furthest Good Luck!

*Please take all necessary precautions to stay safe while you exercise. Stay local, wear bright clothing and exercise with members of your household when this is permitted.
Be sure to check and follow the latest Government requirements about exercising during the pandemic.

PE Challenge for all students

We promised more challenges from the Performing Arts Department, and the [PE challenge is up](#). Can you walk 100 miles in a fixed time? It's all about the steps!



Shoot For The Moon!

This is an opportunity for students to question Tim about the space industry, STEM careers, and his chances of joining NASA's Artemis Program to return astronauts to the moon by 2024. The event is free of charge, and open to everybody, though registration is required. You can find [more details here](#).

Take the Drama 'Accent Challenge'

In performing arts, we wanted to make sure you are all still improving your performance skills. So, we have created a new Drama challenge with a focus on mastering accents.

As of next week, we invite you to try out a new accent each day. At the end of the accent calendar, we want you to have a go at the monologue and once you are happy you can record your selves. Entries must be completed and sent to Mrs White on 8th February. We have some great prizes up for the greatest Good Luck!

18/01/2021 Yorkshire	19/01/2021 Geordie	20/01/2021 Wales	21/01/2021 France	22/01/2021 German
Celebrities: Louis Lomax, James Arthur, Jessica Ennis	Celebrities: Robert Naegele, Penelope Cruz, Antonio Banderas	Celebrities: Ruth Jones, Rob Brydon, Catherine Tate Jones	Celebrities: Cissi Chene, David Guetta, Blakey Cadogan	Celebrities: Jurgan Hoop, Boris Becker, Claudia Schiffer
Video	Video	Video	Video	Video
23/01/2021 Birmingham	24/01/2021 Edinburgh	25/01/2021 London	26/01/2021 Manchester	27/01/2021 Liverpool
Celebrities: Christina Lampard, Liam Neeson, Michelle Fairley	Celebrities: Julia Roberts, Jennifer Aniston, Cameron Diaz	Celebrities: Sir Alan Sugar, Michael Caine, Dani Dyer	Celebrities: Felicity Jones, Emma Stone, Richard Hammond	Celebrities: Amy and Dec, Vicky Pattison, Leri Hall
Video	Video	Video	Video	Video
28/01/2021 Manchester	29/01/2021 Belfast	30/01/2021 Essex	31/01/2021 Queen's English	02/02/2021 Scottish
Celebrities: Nicola Lough, Emma Stone, Emma Stone, Emma Stone	Celebrities: Leonardo Di Vinci, Chae Fongchi, Dylan Cole Spicuzza	Celebrities: Maggie Smith, Dey Mera, James Corden	Celebrities: James Mackay, David Tennant, Michaela Gomez	Celebrities: James Mackay, David Tennant, Michaela Gomez
Video	Video	Video	Video	Video
03/02/2021 Essex	Celebrities: Margot Robbie, Kate Blanchett, Rebel Wilson, Lily James	Video	Video	Video

Drama Accent Challenge

How are your accent skills? Are you ready for the drama accent challenge? It's a tough one - not only do you have to try and master the accents but you need to combine them seamlessly through a monologue. It's not for the faint-hearted, but if you're made of the right stuff you can [find the details here](#).

Year 8 Parents Evening

We're happy to announce that our Year 8 Parents Evening will go ahead as planned on Thursday 28th January but with some changes to timings, with appointments between 9am and 4pm. We will send out further information about accessing the service over the next two weeks. A copy of the letter circulated by Mrs McCourt about this event can be [found here](#).

Remote Learning Survey

All parents and carers should have received a link to a short survey asking some questions about remote learning. If you didn't get the message, you can [access the survey here](#).

Celebrating Success

Even during these challenging times we are delighted to see the volume of merits and commendations issued this week to students for their hard work, commitment and dedication to their studies. We will continue to send out postcards of praise and merit certificates. Parents can also download the Expressions App in GroupCall which provides instant updates on your daughter's achievements throughout the week.

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GCSE and A Level announcement

On Friday the DfE will publish a two-week consultation process on how GCSEs and A Levels will be assessed this summer. Once we receive the recommendations from this consultation we will share the information with all parents and carers.

Scholars Programme

Well done to our Year 9 and 10 students who submitted their final 2500-word assignment to The Brilliant Club this week. We wish them the very best of luck.

The Brilliant Club - Scholars Programme 2021

The launch event for the Spring term cohort took place on Monday 11 January. The University of Southampton delivered a live event to students and highlighted the benefits of taking part in the programme and how to access highly selective universities in the future. Best of luck to our new Scholars.

Online Safety Update

We've got a really useful online safety update with details about the 'family safety mode' on TikTok and how to enable it, as well as some other useful tips and tools. It's all available on the website or [right here](#).

Academic calendar

We will review the planned events and activities due to take place during January and February. No events will be cancelled but it is likely that we will move them to the second half of the Spring or Summer term.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and

furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

Mental Well-being Support

Anxiety UK – Charity providing support if you have been diagnosed with anxiety

Phone: 03444 775 774 (mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35

Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk>

MIND – Meeting mental health needs

Phone: 0300 123 3393 (mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD

Phone: 0844967 4848 (daily 10.00am-10.00pm)

PAPYRUS – Suicide prevention team

Phone: 0800 068 4141 (mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)

Rethink Mental Illness – supporting mental health all ages.

Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)

Samaritans – supporting those experiencing feelings of despair

Phone: 116 123 (free 24 hour helpline)

CAMHS – CRISIS team for under 18 years old

Phone: 0808 196 3550 (24 hours)

Alder Hey CRISIS Team – supporting mental health and distress (24 hours)

Phone: 0151 293 3577.

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Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

Safeguarding Policy Appendix

As with the hard lockdown last year, we have published an [updated appendix to our Safeguarding Policy](#) specifically to deal with remote learning arrangements.

Covid Reporting

Please continue to review the [information sent out each week in the bulletin](#) with regard to the importance of notifying school immediately if your child tests positive for COVID-19. Please continue to contact school in any of the normal ways - the main switchboard (0151 428 6421) during working hours; or reception@stjulies.org.uk or safeguarding@stjulies.org.uk for out of hours notifications. School have taken all reasonable steps to raise awareness of this. Thank you.

Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers at home at no cost. You can find out more about how to complete the installation in this [remote learning guide](#).

Latest Covid Absence Information Poster

Please [click here for a quick guidance poster](#) for parents about Covid related absence, which has some helpful links in too.

Covid-19 Information and Risk Assessment

All parent/carers can access the school's Covid-19 risk assessment [here](#).

COVID-19 (coronavirus) absence: A quick guide for parents / carers	What to do if	Action needed	Back to school
<p>My child has COVID-19 symptoms</p> <ul style="list-style-type: none"> Child should attend school Classroom get a test When household self-tests are waiting for test result Inform school immediately about test results 	<p>Child's test comes back negative and child is well enough</p> <ul style="list-style-type: none"> When child feels better, and has been advised a fever for at least 24 hours They can return to school when a cough or loss of smell / taste / sense of smell symptoms can last for several weeks after the infection is gone 	<p>Child should attend school</p> <ul style="list-style-type: none"> Child should self-test for 14 days from day when symptoms started or first day of test the symptoms were reported to be in school 	<p>When the child has completed 14 days of self-isolation, even if they test negative during those 14 days</p>
<p>My child tests positive for COVID-19 (coronavirus)</p> <ul style="list-style-type: none"> Child should attend school Child self-tests for at least 10 days from when symptoms started or first day of test the symptoms were reported to be in school When household self-tests are waiting for test result Inform school immediately about test results 	<p>When child feels better, and has been advised a fever for at least 24 hours</p> <ul style="list-style-type: none"> They can return to school when a cough or loss of smell / taste / sense of smell symptoms can last for several weeks after the infection is gone 	<p>Child should attend school</p> <ul style="list-style-type: none"> Child should self-test for 14 days from day when symptoms started or first day of test the symptoms were reported to be in school 	<p>When the quarantine period of 14 days has been completed for the child, even if they test negative during those 14 days</p>
<p>Somebody in my household has COVID-19 (coronavirus)</p> <ul style="list-style-type: none"> Child should attend school Household member with symptoms should get a test When household self-tests are waiting for test result Inform school immediately about test results 	<p>When household member test is negative, and child well for 24 hours</p> <ul style="list-style-type: none"> When household member test is negative, and child well for 24 hours 	<p>Child should attend school</p> <ul style="list-style-type: none"> Child should self-test for 14 days from day when symptoms started or first day of test the symptoms were reported to be in school 	<p>When school / other appropriate authority give that restrictions have been lifted and your child can return to school again</p>
<p>Somebody in my household has tested positive for COVID-19 (coronavirus)</p> <ul style="list-style-type: none"> Child should attend school Household member with symptoms should get a test When household self-tests are waiting for test result Inform school immediately about test results 	<p>When child has completed 14 days of self-isolation, even if they test negative during the 14 days</p> <ul style="list-style-type: none"> When child has completed 14 days of self-isolation, even if they test negative during the 14 days 	<p>Child should attend school</p> <ul style="list-style-type: none"> Child should self-test for 14 days from day when symptoms started or first day of test the symptoms were reported to be in school 	<p>When conditions above or matching your situation, are met</p>