



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 18th September 2023

Forthcoming Dates for your Diary

18th September-21st September
Online Assessments for Years 7 to 11

21st September
Year 6 Open Evening



Congratulations to Sixth Form International Athlete

Congratulations to Hannah in Year 12 who gave up some of her summer to represent Great Britain at the U17 European Water Polo Championships. Hannah and the British Team made the journey across Europe to the city of Manisa in the Aegean region of Turkey at the foot of the Sipylus mountains where they met with teams from across Europe in competition. You can read more about how they got on [in the full story!](#)



Year 7 Superstar Athletes!

We're delighted to welcome students into our new Year 7 who despite their young ages are already athletic stars! Scout, Annie, Scarlett and Jessie all have a top level talent and in the coming weeks we'll be speaking to all of them and bringing you their stories. For now, we wish them the best of luck in all of their respective forthcoming competitions!



High School Musical Cast Party

On Friday evening, the cast of our upcoming production 'High School Musical', gathered together for a welcome party. This was a fantastic opportunity for students to get to know each other and make friends with students in different year groups. Our KS5 cast members led a fun evening of games, challenges and dance offs that really showed

**Expecting the Best:
Our Expectations for
the Coming Year**
Please [click here to read a document](#) that sets out our expectations for behaviour and some of our behaviour management information, as well as useful contact information.

**ST. JULIE'S
STUDENTS
WHO ARRIVE
ON TIME
HAVE
HIGHER
READING
ABILITY**

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Chaplaincy Instagram:

[stjulies125](#)

our students, 'We're All in This Together!' Rehearsals are now underway and we can't wait for you to see this talented cast as they hit the stage in December!



Welcome Breakfast for Sixth Form Students

Year 12 and 13 students enjoyed a welcome breakfast on Monday - their first social activity together as sixth formers. Students from both year groups gathered with their form tutors and the Sixth Form Team for a fabulous breakfast feast.

Year 13 students and the 1804 Society wanted to extend a warm welcome to our new Year 12 cohort and they were joined by the Sixth Form Tutor Team as a means of introduction and gathering together as a community. Our Sixth Form Tutor Team have been instrumental in helping our students settle smoothly into their studies and Sixth Form life, particularly those who have joined us from other schools around the city. The Welcome Breakfast is a great opportunity to come together as a group of staff and students; and for Year 12 to get to know their new forms groups. It also enables them to follow the principles of St Julie Billiart which encompass friendship, compassion and respect.

We'd like to thank Mrs Lyons, Sixth Form Progress Leader, the catering team and Sixth Form Tutor team for their support on the day and for arranging such a lovely start to the new term.

Would You Like to Work at St. Julie's?

We're currently advertising for Learning Support Assistants, Cleaning Assistants and some



Live simply, sustainably and in solidarity

Focus:

Live in solidarity

Thousands of people worldwide are persecuted for their faith.

Tip:

Live in solidarity

Support the work of Asylum Link Liverpool

www.asylumlink.org.uk/

Prayer:

Lord, we pray for those who are persecuted for their faith and all those who are forced to flee their homes.

May they find welcome and comfort, peace and security. We ask this in Your name.

Amen.

teaching posts. You can [find the details here!](#)



A Dramatic Start to the Day!

This week our Dance and Drama morning sessions have come back with a bang! There has been a buzz of activity from 8am in Performing Arts, as over 150 students have signed up to attend our 8am sessions. Classes are an excellent way for pupils to start their day

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creatively, receive expert training in the arts and work towards showcase performances.

Well done to all students for a fantastic start to classes. We are looking forward to seeing you perform soon. There are a limited number of places still available. If you would like further information, please visit the Performing Arts office.

Girls' School Association Research Project

Please [click here](#) for a copy of a letter circulated by Mrs McCourt with details of a forthcoming research project that the Girls' School Association are running at St. Julie's.



Is My Child Too Ill For School?

It can be tricky deciding whether or not to keep your child off school, when they're unwell. There are government guidelines for schools and nurseries about [managing specific infectious diseases at GOV.UK](#). These say when children should be kept off school and when they shouldn't. For other illnesses, [please see this helpful page](#) from the NHS offering guidance for parents.

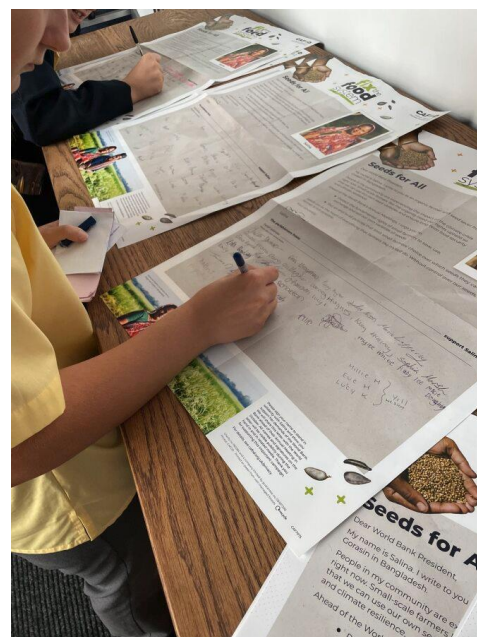
Year 7 Welcome Mass

Each year, we hold a Welcome Mass for our new Y7 students and their families. The Mass is a formal welcome to all our new students and their families into the St. Julie's community and has been arranged for a time when we hope most parents/carers will be available to join us.

All Y7 students are to attend in school uniform and some of our students will also undertake important ministries during the Mass. Priests from our local parishes will be celebrating with us and I'm sure it will be a joyful occasion!

There will be an opportunity afterwards to have some refreshments and to meet other Year 7 parents. If you require special arrangements due to mobility issues, please contact school so that we can ensure access for you.

The welcome mass is being held on Thursday, 12th October at 6.00pm at St. Julie's Catholic High School. Please [use this link](#) to inform us of whether you are able to attend on 12th October.



CAFOD: Fix the Food System

In assemblies this week, students have heard about CAFOD's Fix the Food System campaign. In particular, they have learned how small farmers in communities around the world are experiencing the impact of the climate crisis. To ensure their long term food security, small scale farmers need our help to campaign with them for the right to use their own seed varieties and end the increasing number of laws

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and policies that limit their choice over which seeds they can access. After hearing the assembly from our Chaplain, students were invited to add their names to CAFOD's Fix the Food System campaign. Once collected, all the petitions will be sent to the Prime Minister by CAFOD.



Congratulations to the students who have gone above and beyond in English this week and impressed their teachers.

In Year 7

Erin for excellent contribution to English lessons.
Layel for exceptional poem writing skills shown .
Tiana for engagement with History of the English Language scheme of work

In Year 8

Lydia for excellent contribution to English lessons.
Mia for volunteering to read aloud in class
Joanna for great verbal responses
Abigail for Superb knowledge of Shakespearean plays.

In Year 9

Lilly for great effort in English lessons.
Libby for punctuality and engagement in lessons
Anna for excellent engagement during thematic studies of The Crucible.

In Year 10

Evie for fantastic effort and engagement

In Year 11

Tehya for thoughtful responses to her study of Jekyll and Hyde
Scarlett for consistent high standards in English lessons.
Amy for consistent effort with homework

In Sixth Form

Camille for conducting voluntary, independent research
Cara for thoughtful contribution to discussions around class novel
Alicia and Holly for great contributions to each lesson.



School Photograph Day

Thank you to all of our students for their part in making school photograph day go very smoothly! Photographs will shortly be available for viewing and purchase, if wished, from our partner photographers, www.iohnhuntphotography.com. Parents will need to enter the code printed on the card that all students were given on the day. If this card has been misplaced, please contact school in the first instance.



Vaping: Health Implications

There has been much reporting in the national news of late about the increase in the number of underage children using vapes - often brightly coloured, often sold at off-licences and often flavoured with sweet tastes which seem almost to be designed for children. It is of vital importance that you and your child are well aware of the potential health implications of this new trend. Action for Children have published a page on the matter - please [follow this link](#) to find out more.

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'My Child At School' App

As from 9th June, 2023 we are asking for all parents to be signed up to the MCAS app, MyChildAtSchool. This app will replace the Groupcall Xpressions app that you may already have installed. Included in [this letter circulated to all parents](#) is a guide on how to access it via your mobile phone or via web browser on a computer. You will soon be receiving an email with the invitation code you need to get started with the app so please keep an eye on your inbox and please check your spam/junk email folders in case the email is accidentally delivered there.

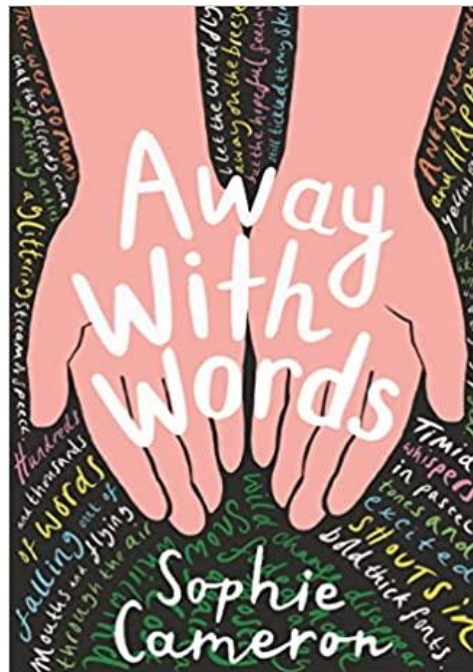


November Vaccination Programme: Winter Flu Vaccine

Please [click here for a copy of a letter](#) that we have been asked by Mersey Care to circulate to parents of students in Years 7 to 11 relating to the winter flu vaccine programme.

Careers Updates

This week we've got details on a bursary offer from Specsavers. We circulate a weekly careers newsletter to parents, and copies of all of the previous issues can be found on the [dedicated page](#) on our careers site.



Recommended Read for September

If you're stuck for inspiration for a read why not dip into our recommended read for the month? For September we're recommending 'Away with Words' by Sophie Cameron.

Gala and her dad, Jordi, have just moved from home in Cataluña to a town in Scotland, to live with Jordi's boyfriend Ryan. Gala doesn't speak much English, and feels lost, lonely and unable to be her usual funny self. Until she befriends Natalie, a girl with selective mutism. The two girls find their own ways to communicate, which includes collecting other people's discarded words. They use the words to write anonymous supportive poems for their classmates, but then someone begins leaving nasty messages using the same method – and the girls are blamed. Gala has finally started adapting to her new life in Scotland and is determined to find the culprit. Can she and Natalie show the school who they really are?

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned

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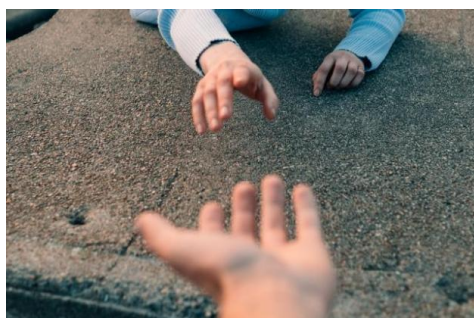
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about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



SEND Support Helplines

Helplines for Settings and Families In response to the current coronavirus pandemic, Liverpool Local Authority's SEND Support Services would like to offer advice and support to our settings and families during this difficult time.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm
Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm
Alternatively, you can email your concern to epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854

Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm

Alternatively, you can email your concern to

ASDtrainingteam@liverpool.gov.uk

Children's Occupational Therapy Service

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk

Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

sensoryservice@liverpool.gov.uk

Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and

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basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults [‘#It’s abuse’](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550 They should only present to Accident Emergency Department if they need medical treatment or are

struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety

Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35

Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk/>

MIND – Meeting mental health needs

Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD

Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout

Immediate support by text for people of all ages.

<https://giveusashout.org/>

Text ‘SHOUT’ to 85258

PAPYRUS – Suicide prevention team

Phone:0800 068 4141 (mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)

Rethink Mental Illness – supporting mental health all ages.

Phone:0300 5000 927 (Mon -Fri, 9.30am-4.00pm)

Samaritans – supporting those experiencing feelings of despair

Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

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Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers at home at no cost. You can find out more about how to complete the installation in this [remote learning guide](#).