# St. Julie's Catholic High School Weekly Newsletter

Week Beginning 18th November 2024

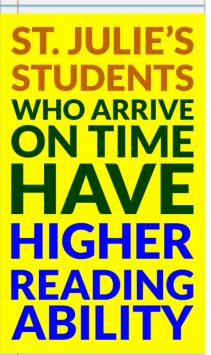
# Forthcoming Dates for your Diary

25<sup>th</sup> November Year 11 Mock Examinations Begin

5<sup>th</sup> December Sixth Form Open Evening 4-6pm



The St. Julie's school community have marked Armistice Day with a ceremony of Remembrance. Staff and students gathered in the Peace Garden shortly before 11am for a ceremony which opened with reflections on the history of the poppy symbol and its association with Remembrance, with readings and prayers from members of our 1804 Society. Wreaths were then laid by representatives from each Year Group. You can read more and see pictures in the full story on our website.





# Something Odd is Going On!

On Tuesday this week students in Year 7 proudly wore odd socks in a show of solidarity with the Antibullying Alliance's annual campaign. Students joined with others across the country of all ages in support of the work that celebrates difference and diversity. Thanks to all who took part!



# Year 11 Students Explore the Meaning of Peace

This week we welcomed Aisling Griffin from the international peace movement Pax Christi into school to speak to our Year 11 students about the meaning of Peace. Pax Christi is a Catholic movement working towards peace, reconciliation and nonviolence, and the workshop helped students gain

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W/C 25/11/24	АМ		РМ	
Monday	RE	105	Spanish (W)	75
Tuesday	English Lit	135	Sci Bio	105*
Wednesday	Maths	90	Dance	90
			Food	80
			Music	90
Thursday	English Lang	105	Sociology	100
Friday	Sci Chem	105*	Maths	90
Monday	Maths	90	RE	105
Tuesday	Sci Phys	105*	Business	90
			Geography	90
Wednesday	History	120	Sociology	60
Thursday	Business	90		
	Geography	90	Spanish (R&L)	60+45
Friday	PE	150	History	105
	Drama	105		
	Art Practical			300

<sup>\*</sup>Science exams are 75 minutes for Trilogy Combined science and 105 minutes for Triple Science

#### **Year 11 Mock Examinations**

Mock examinations for Year 11 students will commence on 25th November and run for two weeks. The overall exam timetable is shown above, but students will receive individual timetables on paper and available through the MCAS student app which is available to students now. Students should check their school email accounts for further information.

valuable insights into the expansive subject that deepen their understand and responses to GCSE paper two. We'd like to thank Aisling for taking the time to visit us and share her knowledge and experience.



# St. Julie's Represented at **Liverpool Cenotaph**

Student President Grace and Vice President Rebecca, joined by Mrs Walker, represented St. Julie's on Sunday as they laid a poppy wreath at the City's ceremony of

remembrance at Liverpool Cenotaph outside St. George's Hall. We would like to thank them for performing this duty on behalf of the whole school community.



Spanish 'First Date' for Year 8!

Students in Year 8 stretched their immersive language skills this week by watching a comedy play performed entirely in Spanish! We welcomed Laura and Mario from Onatti Productions into school, who led students through a dynamic

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performance of 'Primera Cita', which follows the hilarious story of teenagers Carlos and Maria preparing for their first date. The actors used carefully structured

and paced delivery to maximise comprehension whilst still giving a natural delivery to the story that kept the students both engaged and entertained! The students found the experience really helpful. Thanks to the Onatti team for a great show!



### **PC Mark Gives Arresting Presentation!**

Students in Criminology have benefited from the real word experience of a serving Police Officer as PC Patterson spoke about the evidence chain. In a detailed presentation, PC Patterson described the procedures and techniques used as evidence makes its way from the crime scene to the courtroom, drawing on personal experience and referring to past cases. PC Patterson also gave some great insights into routes into careers in the Police Service. We'd like to thank him for giving his time and experience so generously.



### Year 7 Netballers Have a **Great Tournament!**

Congratulations to our Year 7 netball team who secured a strong third place at a City tournament on Wednesday. The competition, held at Bluecoat, saw schools from

across the City competing in a tournament format with some great netball played by all team!



# **Antibullying Ambassadors Receive Training Update**

As part of our continuing work with the Antibullying Alliance our Antibullying Ambassadors have been receiving training updates this week. The carefully devised programme equips young people to promote antibullying behaviour and messages among their peers.



# **Bromcom Student App Rollout Begins**

Parents will be familiar with the Bromcom Parent App, and this week we're rolling out the similar app designed for students. Students will need to check their school email

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for instruction on how to access and set up the app.



### **Liverpool ASD Training Team**

# **Liverpool City Council ASD Training Opportunities**

The ASD training team from Liverpool City Council are hosting a number of training events in the coming weeks.

Date: Monday 19th & 26th November

Time: 9.30am - 12 noon

Venue: Zoom

If you have early concerns about social communication and interaction or your child is awaiting assessment from the ASD pathway, the team would like to offer you the opportunity to attend the above workshop on Social Communication and Social Behaviour (Both session dates need to be attended). At this time the above workshop will be facilitated via a Zoom meeting. If you wish to attend please contact the team on the email below and they will forward a zoom invite via your email address. You can use a computer, tablet or phone to access zoom.

#### Email:

asdtrainingteam@liverpool.gov.uk

December 2nd, 4th, 5th, 10th, 11th, 12th, 13th 16th, 17th, 18th with sessions at 1-1:45 and 2-2:45pm.

The Liverpool ASD Training Team are providing a series of virtual drop in advisory sessions via zoom. They are for parent/carers wishing to talk in a private one to one setting about any questions or concerns they may have about their child. You do not require a diagnosis of

ASD to book your place. To book vour place please email asdtrainingteam@liverpool.gov.uk With a choice of your date and time and you will be emailed a zoom link.

### Virtual group drop-in advisory sessions

The Liverpool ASD Training Team are providing a series of virtual drop-in advisory sessions via zoom. They are for parent/carers wishing to talk in a group setting and who have questions or concerns about their child. You do not require a diagnosis of ASD to book your place.

#### **Dates and Times** 1pm - 2.30pm

19th November 2024 26th November 2024 27<sup>th</sup> November 2024 28th November 2024 3<sup>rd</sup> December 2024 6<sup>th</sup> December 2024

To book your place please email asdtrainingteam@liverpool.gov.uk

With a choice of your date and you will be emailed a zoom link.

For more information about our service please view the Liverpool Local offer Page / Liverpool ASD training team for future training and Workshops.



# **Performing Arts Students Enjoy Dear Evan Hansen!**

This week, 50 Performing Arts students went to the Liverpool Empire to watch the Olivier, Tony and Grammy award winning Best Musical, Dear Evan Hansen, which tells the story of Evan, a teenage boy who suffers with social anxiety and struggles to fit in. He makes the mistake of continuing with a lie that

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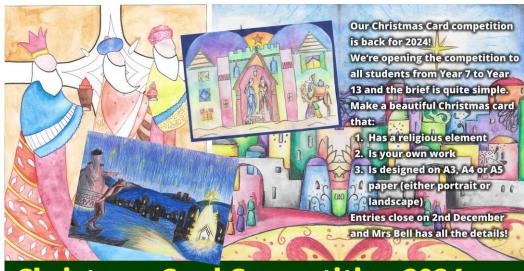
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# **Christmas Card Competition 2024**

eventually spirals out of control, but allows him to befriend others along the way and connect with people. It was a fantastic production with students enjoying the pitch perfect singing, intricate choreography and powerful ensemble work. The show was particularly valuable to Year 12 and 13 who will study it as part of their A-Level drama course.



# The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.



### **SEND Homework Club**

We're introducing a homework club specifically for our students with SEND needs. Students in KS3 are welcome on Mondays from 3:15-4:00pm and students in KS4 are welcome on Wednesdays at the same time. The club is based in the Stars room and students are welcome to just turn up on the appropriate day!



### **Register As An Alumnus**

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our

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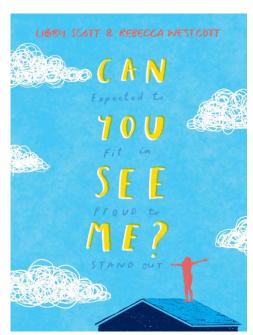
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newsletter, you can <u>fill in the</u> <u>registration form here</u>.



# Recommended Read for November

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'Can You See Me? By Libby Scott and Rebecca Westcott.

Tally is **eleven years old** and she's iust like her friends. Well, sometimes she is. If she tries really hard to be. Because there's something that makes Tally **not** the same as her friends. Something she can't cover up, no matter how hard she tries: Tally is **autistic**. Tally's autism means there are things that **bother** her even though she wishes they didn't. It means that some people misunderstand, her and feel frustrated by her. People think that because Tally's autistic, she doesn't realise what they're thinking, but Tally sees and hears and notices - all of it. And, honestly? That's not the easiest thing to live with.

### **Dangerous parking**

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



## Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays.

You can contact the service on **0151 233 3916**.

### **SENISS Helpline: 07591837693**

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm Alternatively, you can email your concern to seniss@liverpool.gov.uk

# Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm Alternatively, you can email your concern to

epsadmin@liverpool.gov.uk

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### **ASD Training Team:**

07522800193/07515501854 Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm Alternatively, you can email your concern to

ASDtrainingteam@liverpool.gov.uk Children's Occupational Therapy Service

Please contact the Children's https://learnliveuk.com/network-railsecondary-school-safetytalk/Occupational Therapist who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk **Liverpool Sensory Service** Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

sensoryservice@liverpool.gov.uk

### **Hub Of Hope**

The Hub of Hope is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

#### **Parent Chat Live**

Action for Children Parent Chat is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen. take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

### **Liverpool Citizens Support** Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are more details available here.

#### **Domestic Abuse:**

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of local and national helplines, including a vital resource for adults '#lt's abuse'.
- The Bright Sky app is an excellent resource for victims of domestic abuse.
- The Hideout resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

### **Mental Well-being Support**

Children and young people, parents and carers in crisis can call the Alder Hey CAMHS crisis care line 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550 They should only present to

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Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

**Anxiety UK –** Charity providing support if you have been diagnosed with anxiety

Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35 Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns https://www.mentalhealth.org.uk/

MIND – Meeting mental health needs Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout Immediate support by text for people of all ages. https://giveusashout.org/

Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team
Phone:0800 068 4141 (Mon – Fri,
10.00am – 5.00pm, 7.00pm 10.00pm, weekends, 2.00pm5.00pm)
Rethink Mental Illness – supporting
mental health all ages.
Phone:0300 5000 927 (Mon -Fri,
9.30am-4.00pm)
Samaritans – supporting those
experiencing feelings of despair
Phone: 116 123 (free 24 hour
helpline)

#### **Kooth Guidance for Adults**

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, available here, gives more information about the kinds of services that young people can access and explains about how the system works.

### Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <a href="https://www.office.com">https://www.office.com</a> and sign in using their school email address and password and then look for the 'Install and more' option.