



# St. Julie's Catholic High School

# Weekly Newsletter

Week Beginning 19<sup>th</sup> January

## Forthcoming Dates for your Diary

**20<sup>th</sup> January**  
Humanutopia  
Workshop with Year 8

**22<sup>nd</sup> January**  
Year 11 Parents' Evening  
3:45-6:45pm

**12<sup>th</sup> February**  
Careers Fair



### Brilliant Club Fires Up For 2026!

On Wednesday we welcomed Marvis Adesina into school to introduce our latest cohort of Year 7 and 8 students into the Brilliant Club! The Scholars' Programme is an aspirational study programme that pairs students with PhD Researchers to work through programmes of high level study that introduce higher level learning concepts that students can apply throughout their future learning.



### MVP Programme Resumes for 2026

Our Year 10 Mentors in Violence Prevention have begun their 2026 work with a training session from Mia Magee from the Merseyside Youth Association. The session on Wednesday afternoon prepared the students for testing their skills in the field with the delivery of lessons to Year 7 students the following day during PSHE.



### Celebrating 175 Years of Notre Dame Education in Liverpool!

We are delighted to announce that a whole-school Celebration Mass will take place at the Metropolitan Cathedral on **Wednesday, 25th March 2026, at 1:00 pm**. The Mass will be presided over by Archbishop John Sherrington and will bring together representatives from all Notre Dame schools across the UK,

## Your list of contacts at St. Julie's

You can click any of the hyperlinked names below to send an email.

### Progress Leaders

Year 7: [Miss O Knisz](#)  
Year 8: [Mrs J Navarro](#)  
Year 9: [Miss C Corrigan](#)  
Year 10: [Miss V Homer](#)  
Year 11: [Mr M Mottram](#)  
Sixth Form: [Mrs R Lyons](#)

### Curriculum Leaders

English: [Mrs D Walker](#)  
Maths: [Miss M Naylor](#)  
Science: [Mr J Magor](#)  
RE: [Mrs H Dunleavy](#)  
MFL: [Mrs R Buckton](#)  
Humanities: [Miss J Rimmer](#)  
Performing Arts (including PE): [Miss A Douglas](#)  
Art and Technology: [Mrs A Bell](#)  
Social Sciences and Computing: [Mrs K Byrne](#)

SENDCo: [Miss S Jackson](#)  
Safeguarding: [Safeguarding Team](#)

### Why not visit our Websites?

[St. Julie's Main Website](#)  
[Chaplaincy Website](#)  
Chaplaincy Instagram: stjulies125  
[Wellbeing Website](#)  
[Careers Website](#)

the Congregational Leadership Team, the Sisters of Notre Dame, Parish Priests, governors, staff and members of the Archdiocese.

This landmark anniversary provides a profound opportunity to honour the extraordinary contribution of the Sisters of Notre Dame, whose unwavering commitment to Catholic education has transformed countless lives and continues to inspire our mission today. It is a moment to reflect upon their enduring legacy and to reaffirm our shared dedication to sustaining their vision for generations to come.

All students (Years 7 to 13) will be transported by coach (free of charge) to the Cathedral and will return to school before 3:00 pm.

In the weeks leading up to this significant occasion, students will engage in a series of enriching activities designed to celebrate the work and legacy of the Sisters of Notre Dame and to highlight the importance of nurturing the whole child as an exceptional citizen in today's modern world.

These activities will include form-time assemblies exploring key themes and historical insights into the global mission of the Sisters of Notre Dame; year-group assemblies focusing on Notre Dame's values, legacy, and its role in empowering women; commemorative items, including 175th-anniversary badges and bookmarks for all students and a Notre Dame celebration cake to mark this special milestone!

Looking ahead, during the summer term we will also host an Alumni Afternoon for former students. This event will feature refreshments, a formal service, and an opportunity to reconnect and network with fellow St. Julie's alumni. Further details will be shared closer to the date.



### Now Festival Rehearsals Underway!

This week, St Julie's have begun rehearsals for the annual Now Festival which will take place at the Liverpool Epstein Theatre on the 9th February. With the theme of **Environment**, St Julie's have decided to focus on a home environment and explore what happens behind closed doors.

*Once Upon a Time is how we'll open our play,  
But it's not a children's story you'll hear today.*

*There isn't a princess locked in a tower, or a knight to save the day,  
No superhero in a cape, no dragon to slay.*

*You see this story is about Iris, just turned 13.*

*And her sister Ella, a typical teen.  
If this was a fairy tale, it's the perfect princesses they'd be,  
Girls with good grade and in top sets, is what people would see.  
Smart uniform, neat hair, immaculately dressed.*

*Even for a fictional story, it's hard not to be impressed.*

*But what if I told you, that fiction isn't what you're about to see.  
And this picture-perfect family is not meant to be.*

*You see behind ever smile, there's a story to hear and feel*

*And this story we're going to tell you, this story is real.*

*Despite what you first see, there is something much more,  
And I guess it's true what they say, you never know what's happens, behind a closed door.*

## Your list of contacts at St. Julie's

You can click any of the hyperlinked names below to send an email.

### Progress Leaders

Year 7: [Miss O Knisz](#)  
Year 8: [Mrs J Navarro](#)  
Year 9: [Miss C Corrigan](#)  
Year 10: [Miss V Homer](#)  
Year 11: [Mr M Mottram](#)  
Sixth Form: [Mrs R Lyons](#)

### Curriculum Leaders

English: [Mrs D Walker](#)  
Maths: [Miss M Naylor](#)  
Science: [Mr J Magor](#)  
RE: [Mrs H Dunleavy](#)  
MFL: [Mrs R Buckton](#)  
Humanities: [Miss J Rimmer](#)  
Performing Arts (including PE): [Miss A Douglas](#)  
Art and Technology: [Mrs A Bell](#)  
Social Sciences and Computing: [Mrs K Byrne](#)

SENDCo: [Miss S Jackson](#)  
Safeguarding: [Safeguarding Team](#)

### Why not visit our Websites?

[St. Julie's Main Website](#)  
[Chaplaincy Website](#)  
Chaplaincy Instagram: stjulies125  
[Wellbeing Website](#)  
[Careers Website](#)

## THE CAMPAIGN TO STOP CHILD CRIMINAL EXPLOITATION.

### Child Exploitation And County Lines Month of Action

From the 6<sup>th</sup> January to the 27<sup>th</sup> January Merseyside Police are operating a major initiative with a month of action against County Lines and Child Exploitation. At St Julie's we're supporting the initiative with our Safeguarding Team undertaking bespoke training with Merseyside Police and information being delivered to students through morning assemblies.



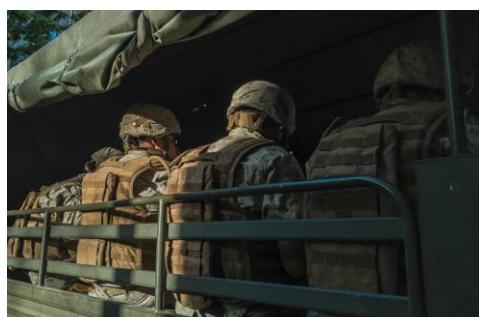
### Careers Fair Coming Soon!

We have partnered with Careers Connect to offer a Careers Fair on Thursday 12th February. A range of employers, apprenticeship providers, Further Education and Higher Education providers will be in attendance on the day to provide information, advice and guidance to students across all year groups. This will be an excellent opportunity for students to ask questions, learn about career and training pathways; local labour market information and skills required for their career of choice.



### UCAS Applications Complete!

Year 13 students are breathing a sigh of relief this week as it marks the end of the UCAS application process. Our applicants are currently preparing for interviews and applicant events for subjects ranging from teaching to paramedic science. We'd like to thank subject teachers and form tutors; Liverpool Aspire and HE+ for their support throughout the process. We'd also like to congratulate all our students on their diverse and exciting offers which include independent providers for Performing Arts, Oxford, Queens Belfast and University of Liverpool to name but a few and wish them the best of luck with their mock exams.



### Year 9 Careers Talk - The British Army

This week, Year 9 students took part in an engaging careers presentation delivered by representatives from the British Army. Students learned about the wide range of diverse roles available, including technical, medical, engineering, logistics, IT, and leadership pathways. Short video clips helped bring these careers to life and showed the many different routes students can take. The presentation also highlighted opportunities to study for funded degrees and apprenticeships, as

## Your list of contacts at St. Julie's

You can click any of the hyperlinked names below to send an email.

### Progress Leaders

Year 7: [Miss O Knisz](#)

Year 8: [Mrs J Navarro](#)

Year 9: [Miss C Corrigan](#)

Year 10: [Miss V Homer](#)

Year 11: [Mr M Mottram](#)

Sixth Form: [Mrs R Lyons](#)

### Curriculum Leaders

English: [Mrs D Walker](#)

Maths: [Miss M Naylor](#)

Science: [Mr J Magor](#)

RE: [Mrs H Dunleavy](#)

MFL: [Mrs R Buckton](#)

Humanities: [Miss J Rimmer](#)

Performing Arts (including PE): [Miss A Douglas](#)

Art and Technology: [Mrs A Bell](#)

Social Sciences and

Computing: [Mrs K Byrne](#)

SENDCo: [Miss S Jackson](#)

Safeguarding: [Safeguarding Team](#)

## Why not visit our Websites?

[St. Julie's Main Website](#)

[Chaplaincy Website](#)

Chaplaincy Instagram:

stjulies125

[Wellbeing Website](#)

[Careers Website](#)

well as the chance to gain transferable skills, professional qualifications, and experience of teamwork, leadership, and problem-solving. Students learned about working both in the UK and overseas, including humanitarian, peacekeeping, and support roles, and how the Army can offer structured career progression and personal development. The session encouraged students to think more broadly about future pathways, training, and the skills employers value in the modern workplace. We'd like to thank our representatives for coming in, and look forward to seeing them again at our Whole School Careers Fair on 12<sup>th</sup> February.



### National Apprenticeship Week - looking ahead

In preparation for NAW, KPMG are offering a live session where they'll show attendees how a KPMG apprenticeship works. By joining the webinar, students will:

- Hear the real story: listen to KPMG's current apprentices talk about their transition from school to the office, including the challenges they faced and the socials they love.
- Meet their support network: discover the support they'll receive to help them balance their professional qualifications with their daily role.
- Navigate the application process: get direct advice from KPMG's recruitment team on what they look for and how students can best showcase their skills.
- Explore their options: from Audit and Tax, to Business Services and Technology, find out which business areas match their interests.

[Click here](#) to register.

## NATIONAL APPRENTICESHIP WEEK 2026

### National Apprenticeship Week Parent/Carer Webinar

#### Webinar

NavigATE are offering a special parent and carer webinar on 9th February from 6.30 - 7.30pm. The session is designed to help parents and carers feel confident supporting the young people in their lives as they explore these options. [Click here](#) to register.

### Sixth Form Applications

Following a busy and successful Sixth Form Open Evening, The Sixth Form team is in the process of collating applications received to date. Students will shortly be informed of their interview time. More information will follow!



### The Great Big Dance Off!

This week, Key Stage 3 students attended an audition for this year's Great Big Dance Off competition team. With 90 students in attendance, it was fantastic to see the passion and enthusiasm students have for dance. Well done to all students who auditioned. The team will be announced on Friday.

## Your list of contacts at St. Julie's

You can click any of the hyperlinked names below to send an email.

### Progress Leaders

Year 7: [Miss O Knisz](#)  
Year 8: [Mrs J Navarro](#)  
Year 9: [Miss C Corrigan](#)  
Year 10: [Miss V Homer](#)  
Year 11: [Mr M Mottram](#)  
Sixth Form: [Mrs R Lyons](#)

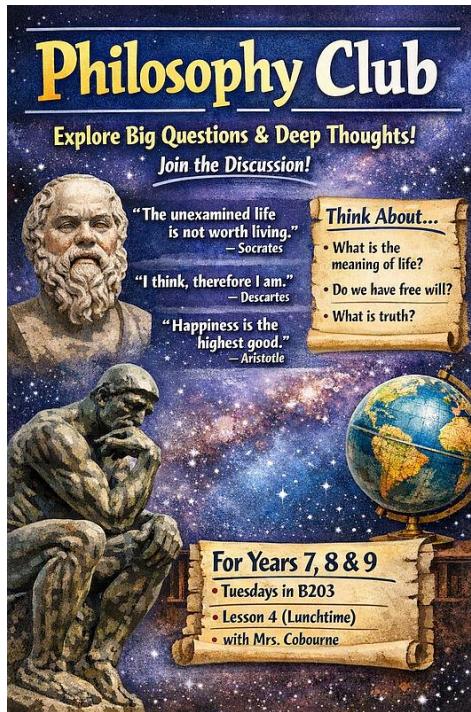
### Curriculum Leaders

English: [Mrs D Walker](#)  
Maths: [Miss M Naylor](#)  
Science: [Mr J Magor](#)  
RE: [Mrs H Dunleavy](#)  
MFL: [Mrs R Buckton](#)  
Humanities: [Miss J Rimmer](#)  
Performing Arts (including PE): [Miss A Douglas](#)  
Art and Technology: [Mrs A Bell](#)  
Social Sciences and Computing: [Mrs K Byrne](#)

SENDCo: [Miss S Jackson](#)  
Safeguarding: [Safeguarding Team](#)

### Why not visit our Websites?

[St. Julie's Main Website](#)  
[Chaplaincy Website](#)  
Chaplaincy Instagram: [stjulies125](#)  
[Wellbeing Website](#)  
[Careers Website](#)



### Philosophy Club

We're inviting students to explore the big questions in our Tuesday Philosophy Club! The club meets on Tuesdays in B203 during Period 4 lunchtime and is open to students in Years 7, 8 and 9. Students can find out more information from Mrs Cobourne.

### Year 11 Parents' Evening

On Thursday 22<sup>nd</sup> January we will be holding our Year 11 Parents' Evening, at which results from the recent mock exams will be distributed. Appointment booking will open around a week before the event and can be made through the Bromcom My Child At School app or [website](#).

# NATIONAL SATURDAY CLUB

### National Saturday Club Opportunities in Liverpool

The National Saturday Club is an established UK-wide network, that gives 13—16-year-olds the unique opportunity to study subjects they love for FREE, on a Saturday at their local university, college or cultural institution. The Club provides a welcoming space for

young people to build their skills, develop their confidence, and discover pathways to further study and future creative careers. With a particular focus on engaging young people from disadvantaged backgrounds and underrepresented communities the National Saturday Club's established model has proven impact. The organisation are launching two new clubs in Liverpool this year:

- [Film&Screen Saturday Club](#) at Let's Make Films.
- [Society&Change Saturday Club](#) at National Museums Liverpool.

Follow the links for further information.

### Information Services

#### Vacancy

Are you versatile, highly organised and enthusiastic? We're looking to appoint a new member of staff to join our Information Services team. The team has a broad remit, covering IT, exams, student data and staff cover arrangements. You can [find out more in the vacancy page on our website](#).



#### Logging into GCSEPod

[Click here for the quick guide](#) to helping your child log into GCSEPod, a fast paced, easily accessible and carefully curated set of revision guides, available right on their phones.

## Your list of contacts at St. Julie's

You can click any of the hyperlinked names below to send an email.

### Progress Leaders

Year 7: [Miss O Knisz](#)  
Year 8: [Mrs J Navarro](#)  
Year 9: [Miss C Corrigan](#)  
Year 10: [Miss V Homer](#)  
Year 11: [Mr M Mottram](#)  
Sixth Form: [Mrs R Lyons](#)

### Curriculum Leaders

English: [Mrs D Walker](#)  
Maths: [Miss M Naylor](#)  
Science: [Mr J Magor](#)  
RE: [Mrs H Dunleavy](#)  
MFL: [Mrs R Buckton](#)  
Humanities: [Miss J Rimmer](#)  
Performing Arts (including PE): [Miss A Douglas](#)  
Art and Technology: [Mrs A Bell](#)  
Social Sciences and Computing: [Mrs K Byrne](#)

SENDCo: [Miss S Jackson](#)  
Safeguarding: [Safeguarding Team](#)

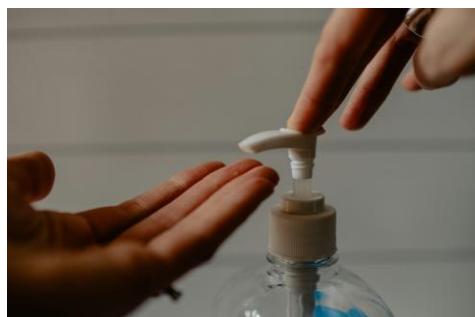
## Why not visit our Websites?

[St. Julie's Main Website](#)  
[Chaplaincy Website](#)  
Chaplaincy Instagram: stjulies125  
[Wellbeing Website](#)  
[Careers Website](#)



### Responsible Parking

Please [click here to read a copy of a letter](#) circulated by Mrs McCourt last week referring to parking and stopping whilst picking up and dropping off students.



### Healthy Schools and Controlling Infection

As we enter the period of seasonal illnesses we're working hard as a school to manage infectious diseases within the school community and following relevant guidelines. You can help to keep your child healthy by [considering this government advice](#). Most mild illnesses - such as a runny nose, sore throat, or slight cough - do **not** require time off school, unless your child has a temperature. There's [more guidance on that here](#). It's always helpful to book medical appointments outside of school hours where possible. Where this isn't possible, they should bring their child to school before, and return after, if they are well enough. Pupils can attend appointments in their school uniform.

Vaccinations are a key line of defence against flu and other preventable illnesses. When children and young people receive all the recommended vaccines in the national immunisation programme, it helps protect their health and support the wellbeing of the whole school community.

School Age Immunisation Services (SAIS), commissioned by NHS England, deliver these free vaccinations in schools. This autumn, all school children in England (from reception to year 11) will be offered a [flu vaccination](#) at school. There's more information about vaccination programmes in secondary schools [here](#).



### Punctuality Procedures at St Julie's

At St Julie's, we believe punctuality is crucial for a successful and positive school day. Arriving on time ensures every pupil is ready to learn and minimises disruption for all.

#### Why Is Punctuality So Important?

- Sets good routines for life
  - Ensures no learning is missed
  - Minimises disruption for others
- You can read our [punctuality procedures in detail here](#).

100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

### The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full

## Your list of contacts at St. Julie's

You can click any of the hyperlinked names below to send an email.

### Progress Leaders

Year 7: [Miss O Knisz](#)  
Year 8: [Mrs J Navarro](#)  
Year 9: [Miss C Corrigan](#)  
Year 10: [Miss V Homer](#)  
Year 11: [Mr M Mottram](#)  
Sixth Form: [Mrs R Lyons](#)

### Curriculum Leaders

English: [Mrs D Walker](#)  
Maths: [Miss M Naylor](#)  
Science: [Mr J Magor](#)  
RE: [Mrs H Dunleavy](#)  
MFL: [Mrs R Buckton](#)  
Humanities: [Miss J Rimmer](#)  
Performing Arts (including PE): [Miss A Douglas](#)  
Art and Technology: [Mrs A Bell](#)  
Social Sciences and Computing: [Mrs K Byrne](#)

SENDCo: [Miss S Jackson](#)  
Safeguarding: [Safeguarding Team](#)

### Why not visit our Websites?

[St. Julie's Main Website](#)  
[Chaplaincy Website](#)  
Chaplaincy Instagram: stjulies125  
[Wellbeing Website](#)  
[Careers Website](#)

weeks of schools – that's 60 lessons! Remember, school attendance matters.



### Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).

### Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



## Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

### SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm  
Alternatively, you can email your concern to [seniss@liverpool.gov.uk](mailto:seniss@liverpool.gov.uk)

### Educational Psychology Service

#### Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm  
Alternatively, you can email your concern to [epsadmin@liverpool.gov.uk](mailto:epsadmin@liverpool.gov.uk)

### ASD Training Team:

07522800193/07515501854

Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm  
Alternatively, you can email your concern to

[ASDtrainingteam@liverpool.gov.uk](mailto:ASDtrainingteam@liverpool.gov.uk)

### Children's Occupational Therapy Service

Please contact the Children's <https://learnliveuk.com/network-rail-secondary-school-safety-talk/> Occupational Therapist who is supporting the child for advice or alternatively for general enquiries please email [chot@liverpool.gov.uk](mailto:chot@liverpool.gov.uk)

### Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries

# Your list of contacts at St. Julie's

You can click any of the hyperlinked names below to send an email.

## Progress Leaders

Year 7: [Miss O Knisz](#)  
Year 8: [Mrs J Navarro](#)  
Year 9: [Miss C Corrigan](#)  
Year 10: [Miss V Homer](#)  
Year 11: [Mr M Mottram](#)  
Sixth Form: [Mrs R Lyons](#)

## Curriculum Leaders

English: [Mrs D Walker](#)  
Maths: [Miss M Naylor](#)  
Science: [Mr J Magor](#)  
RE: [Mrs H Dunleavy](#)  
MFL: [Mrs R Buckton](#)  
Humanities: [Miss J Rimmer](#)  
Performing Arts (including PE): [Miss A Douglas](#)  
Art and Technology: [Mrs A Bell](#)  
Social Sciences and Computing: [Mrs K Byrne](#)

SENDCo: [Miss S Jackson](#)  
Safeguarding: [Safeguarding Team](#)

## Why not visit our Websites?

[St. Julie's Main Website](#)  
[Chaplaincy Website](#)  
Chaplaincy Instagram: stjulies125  
[Wellbeing Website](#)  
[Careers Website](#)

please email  
[sensoryservice@liverpool.gov.uk](mailto:sensoryservice@liverpool.gov.uk)

## Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

## Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

## Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

## Neglect

Everyone deserves to feel safe, cared for, and to have their basic needs met. Being taken care of means that someone is giving us what we need physically and emotionally, as well as making sure

individuals are getting an education and access to things like the doctor when needed. If you are struggling; or you think someone you know is being neglected, then it's important to get support. Click here [Neglect | Childline](#) to learn more about accessing support; the types of support you could access. This page contains a contact number: 0800 1111; a contact form and offers different ways of obtaining help including a 1-2-1 chat with a counsellor [Get Support | Childline](#)

## Young Carers Support

Barnardo's Action with Young Carers offers assessments and support for young carers. You can find out more from their [information leaflet](#) or [at the website](#).

## Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults [#It's abuse](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the [safeguarding@stjulies.org.uk](mailto:safeguarding@stjulies.org.uk) email address being the best way to make contact out of hours.

## RASA (Rape and Sexual Abuse)

**Merseyside** is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558

## Your list of contacts at St. Julie's

You can click any of the hyperlinked names below to send an email.

### Progress Leaders

Year 7: [Miss O Knisz](#)  
Year 8: [Mrs J Navarro](#)  
Year 9: [Miss C Corrigan](#)  
Year 10: [Miss V Homer](#)  
Year 11: [Mr M Mottram](#)  
Sixth Form: [Mrs R Lyons](#)

### Curriculum Leaders

English: [Mrs D Walker](#)  
Maths: [Miss M Naylor](#)  
Science: [Mr J Magor](#)  
RE: [Mrs H Dunleavy](#)  
MFL: [Mrs R Buckton](#)  
Humanities: [Miss J Rimmer](#)  
Performing Arts (including PE): [Miss A Douglas](#)  
Art and Technology: [Mrs A Bell](#)  
Social Sciences and Computing: [Mrs K Byrne](#)  
SENDCo: [Miss S Jackson](#)  
Safeguarding: [Safeguarding Team](#)

## Why not visit our Websites?

[St. Julie's Main Website](#)  
[Chaplaincy Website](#)  
Chaplaincy Instagram: stjulies125  
[Wellbeing Website](#)  
[Careers Website](#)

1801, email [referrals@rasamerseyside.org](mailto:referrals@rasamerseyside.org) or visit our website [www.rasamerseyside.org](http://www.rasamerseyside.org)

### Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

**Anxiety UK** – Charity providing support if you have been diagnosed with anxiety

**Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)**

**CALM** – Campaign against living Miserably, for Men ages 15-35

**Phone: 0800 58 58 58 (daily 5pm-midnight)**

**Mental Health Foundation** – support for mental health concerns

<https://www.mentalhealth.org.uk/>

**MIND** – Meeting mental health needs

**Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)**

**No Panic** – support line for panic attacks and OCD

**Phone: 0844967 4848 (daily 10.00am-10.00pm)**

### Give Us A Shout

Immediate support by text for people of all ages.

<https://giveusashout.org/>

Text 'SHOUT' to 85258

**PAPYRUS** – Suicide prevention team  
**Phone:0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm- 5.00pm)**

**Rethink Mental Illness** – supporting mental health all ages.

**Phone:0300 5000 927 (Mon -Fri, 9.30am-4.00pm)**

**Samaritans** – supporting those experiencing feelings of despair

**Phone: 116 123 (free 24 hour helpline)**

### Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

### Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <https://www.office.com> and sign in using their school email address and password and then look for the 'Install and more' option.

### Resources for Parents in Knowsley

[Advanced Solutions](#): 0151 486 1788

Listening Ear: St Nicholas Centre, 70 Church Road, Halewood, L26 6LB

0151 488 6648

Children in care (under 18?) Polaris Knowsley. [EHWB@coreassets.com](mailto:EHWB@coreassets.com)  
07967 381 035

[Knowsley CAMHS](#) 0151 351 8610

[Kooth](#)

[Mental Health Support Teams](#)

[Zuntold](#)

Domestic Abuse

[Merseyside Domestic Violence Service](#) 0780 272 2703 [mdvs.org](http://mdvs.org)

[Ruby Project](#) [ruby@pss.org.uk](mailto:ruby@pss.org.uk)

Family support [Family First](#)

[Knowsley Family Info](#)

[PSS Prisoner Family Service](#)

## Your list of contacts at St. Julie's

You can click any of the hyperlinked names below to send an email.

### Progress Leaders

Year 7: [Miss O Knisz](#)  
Year 8: [Mrs J Navarro](#)  
Year 9: [Miss C Corrigan](#)  
Year 10: [Miss V Homer](#)  
Year 11: [Mr M Mottram](#)  
Sixth Form: [Mrs R Lyons](#)

### Curriculum Leaders

English: [Mrs D Walker](#)  
Maths: [Miss M Naylor](#)  
Science: [Mr J Magor](#)  
RE: [Mrs H Dunleavey](#)  
MFL: [Mrs R Buckton](#)  
Humanities: [Miss J Rimmer](#)  
Performing Arts (including PE): [Miss A Douglas](#)  
Art and Technology: [Mrs A Bell](#)  
Social Sciences and Computing: [Mrs K Byrne](#)

SENDCo: [Miss S Jackson](#)  
Safeguarding: [Safeguarding Team](#)

### Why not visit our Websites?

[St. Julie's Main Website](#)  
[Chaplaincy Website](#)  
Chaplaincy Instagram:  
stjulies125  
[Wellbeing Website](#)  
[Careers Website](#)

[Lee Cooper Foundation](#)

[Healthy Knowsley](#)