



# St. Julie's Catholic High School

## Weekly Newsletter

Week Beginning 19th April 2021

### Forthcoming Dates for your Diary

**27<sup>th</sup>, 28<sup>th</sup> and 29<sup>th</sup> April**  
Humanutopia Workshops

**28<sup>th</sup> April**  
Year 11 and 13 Formal Assessments Begin

**19<sup>th</sup> May**  
Year 10 Mock Examinations Begin



### St Julie's Joins National Mourning

In line with advice from the UK Government and Buckingham Palace following last Friday's news about the death of the Duke of Edinburgh, our school community has not joined in a large scale memorial service, but has lowered our Union Flag which all students pass on their way into school each day. The national silence will be held at 3pm on Saturday, and we invite all who wish to participate to do so safely from home.



### Improving Gender Balance

We're proud to be supporting the 'Improving Gender Balance' project led by the Institute of Physics. Science education is popular and well supported at St. Julie's, and our students have achieved the Ogden Trust's Schools' Physicist of the Year award several times over the last decade. We look forward to working with the IoP in further raising engagement.



### Former Student Leads BBC Drama

It's great to see former student Katherine Rose Morley back on our screens in a leading role in the fourth series of [BBC Drama 'The Syndicate'](#). Katherine trained at the Guildhall School of Music and Drama in London, and has previously appeared opposite fellow former student Jodie Comer in the award winning BBC Drama '13'.

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## Covid Home Testing

The next set of home testing kits have been issued to students today, and students participating in home testing should **continue to test twice weekly**.

## Year 10 Mock Examinations

This week Mrs McCourt has circulated a letter to parents of students in Year 10 with information about the forthcoming mock examinations, a copy of which can be [found here](#).



## New Base for Mental Health Support

During the Easter break we carried out some remodelling to create a new base for Dr. Jade Adams-White, our school Mental Health Practitioner, in a location that is very central in the school building and easily accessible by all students.



## Humanutopia: Who Am I Now?

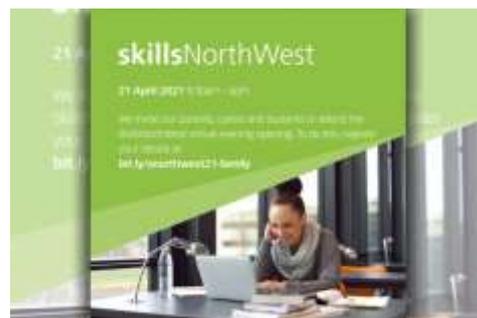
Following the hugely successful sessions in Autumn, we're delighted to be welcoming the team from Humanutopia back into school to work with students in Years 8, 9 and 10. Copies of letters to parents of students in [Year 8](#), [Year 9](#) and [Year 10](#) can be found by clicking on the relevant link.

## JCQ Guidance for Parents and Students – Summer 2021

We've received the latest guidance from JCQ provided for students and their parents for those involved in qualification in the Summer 2021 awards season. A copy of the guidance [can be found here](#).

## Key Stage 3 Students Work To Bronze Award

Year 7 and 8 pupils have watched the live version of 'Legally Blonde the Musical' this week in preparation for their Bronze Arts Award unit of work for Term 3. It's time to create their own class musical full of song, dance and drama. Look out for their performances at the end of term!



## Skills North West Event

Skills North West is the region's largest jobs and careers event taking place virtually on 21 April 2021. This free, virtual, twilight event brings young people from the region into contact with employers, training providers, colleges, universities and professional bodies. The event helps young people transition into the world of further study, work or training by identifying their ideal career pathway. The event will run from 4-6pm. You can register for the event [here](#).

During the event there will be live chat opportunities for parents and students to contact exhibitors and providers.

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## Liverpool JMU Scholarships

As one of LJMU's partner schools our Year 13 students have been invited to apply for one of their generous scholarships. Any Year 13 student who has applied to LJMU this year is invited to complete the application form. LJMU takes a range of things into account when allocating scholarships including widening participation diversity criteria and engagement in outreach programmes offered by LJMU to schools and colleges. Successful applicants could receive up to an extra £1,000 to £5,000 depending on their circumstances and the scholarship applied for. More details can be found at the [JMU website](#).



## Volunteer Expo Online

Volunteer Expo Online is the new, national event to celebrate the power of volunteering. It is a chance for you to find volunteering opportunities to suit them, learn more about the issues you care about, and network with peers to turn your passion for change into action! During the Covid-19 pandemic, volunteering has been more important than ever in supporting those in need. The event takes place online on Friday 7th and Saturday 8th May 2021 and tickets are completely free. You can [find more information and register here](#).

## Year 11 and 13 Formal Assessment Timetable

The final timetable for Formal Assessments for students in Years 11 and 13 has now been published and a copy is [available to view here](#).

## New DfE/NSPCC helpline for victims of abuse in Educational settings

Everyone will no doubt be aware of the media coverage related to peer-on-peer abuse within educational establishments linked to the social media campaign '#everyonesinvited'. This has led the [Government to launch a review into sexual abuse within schools](#).

In this last week the Government has also launched a [new helpline, 'Abuse in Education'](#) which will be run by the NSPCC from the 1st April.



Any child, young person or adult victim of abuse can reach the 'Report Abuse in Education Helpline' by telephoning 0800 136 663, on Monday to Friday 8am - 10pm, or 9am - 6pm at weekends. It can also be contacted by email at [help@nspcc.org.uk](mailto:help@nspcc.org.uk).

The NSPCC's guidance about sexual abuse can be found [here](#). The NSPCC guidance for adults about non-recent abuse can be found [here](#). (Non-recent child abuse, sometimes called historical abuse, is when an adult was abused as a child or young person under the age of 18.)

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### In School Stars!

Congratulations to all of our 'in school stars' this week who have gone above and beyond and impressed their teachers. Many thanks to Antonella for sharing her photos with us this week.



### Careers Subject Focus: PE, Psychology and H&S Care

Are you a people person? Check out this week's careers focus on PE, Psychology and Health & Social Care! By clicking below you can learn more about jobs that use these subjects and watch interviews and clips with people who work as personal trainers, horse riding trainers, counsellors or maybe a criminal psychologist.

[PE](#)

[Psychology](#)

[Health and Social Care](#)

Don't forget that we've also got loads of subject specific careers information on the [subject pages of our Careers Website!](#)



### LJMU Outreach Online

LJMU Outreach team provides comprehensive support to St Julie's

Students each year; offering a range of activities for different key stages. [This link](#) will take you to the Outreach page and contains a list of pre-recorded sessions for students and parents to watch on demand. Presentations include EPQ, Student Finance, how to apply for competitive degree subjects and options after GCSE to name but a few.



### University of Liverpool

#### Virtual Events Update

The University of Liverpool virtual events calendar has been updated. Please [click here](#) to view.

Presentations for you to access include choosing a university, preparing for results day and why you should consider studying at Liverpool.

#### Careers Advice for Parents and Caregivers

The ever changing world of qualifications and career options for young people can be tricky to navigate. This week our careers focus is on parents and caregivers. If you [click here](#), you'll be taken to the CEIAG website where you'll find a number of useful links and that have been produced to support parents and carers with a number of areas. From helping children develop employability skills to choosing between an apprenticeship or university; to learning about the different qualifications needed to the future of work 2020- 2030 – your support and guidance is here.

- [Different qualifications – a guide](#)
- [Apprenticeship v university](#)
- [Parents' Guide to Gap Years](#)
- [The Future of Work 2020-2030](#)

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- [Helping your child choose a career](#)
- [Overcoming gender stereotypes in work](#)
- [Helping your child develop employability skills](#)

### Careers Updates

As well as the posts in this newsletter we've got links to great sixty second interviews about subjects and careers sectors. Find out more in the latest posts at our [dedicated careers site](#).



### SEND Support Helplines

Helplines for Settings and Families  
In response to the current coronavirus pandemic, Liverpool Local Authority's SEND Support Services would like to offer advice and support to our settings and families during this difficult time.

#### SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday:

9am – 4pm, Friday: 9am – 12pm

Alternatively, you can email your concern to

[seniss@liverpool.gov.uk](mailto:seniss@liverpool.gov.uk)

#### Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm

Alternatively, you can email your concern to

[epsadmin@liverpool.gov.uk](mailto:epsadmin@liverpool.gov.uk)

#### ASD Training Team:

07522800193/07515501854

Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm

Alternatively, you can email your concern to

[ASDtrainingteam@liverpool.gov.uk](mailto:ASDtrainingteam@liverpool.gov.uk)

### Children's Occupational Therapy Service

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email [chot@liverpool.gov.uk](mailto:chot@liverpool.gov.uk)

**Liverpool Sensory Service**

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

[sensoryservice@liverpool.gov.uk](mailto:sensoryservice@liverpool.gov.uk)

### Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

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An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

### Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse have increased during periods of lockdown. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital

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resource for adults '[#It's abuse](#)'.

- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the [safeguarding@stjulies.org.uk](mailto:safeguarding@stjulies.org.uk) email address being the best way to make contact out of hours.

### Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

**Anxiety UK** – Charity providing support if you have been diagnosed with anxiety  
**Phone: 03444 775 774 (mon to Fri 9.30am-5.30pm)**

**CALM** – Campaign against living Miserably, for Men ages 15-35  
**Phone: 0800 58 58 58 (daily 5pm-midnight)**

**Mental Health Foundation** – support for mental health concerns  
<https://www.mentalhealth.org.uk/>

**MIND** – Meeting mental health needs  
**Phone: 0300 123 3393 (mon-Fri, 9.00am-6.00pm)**

**No Panic** – support line for panic attacks and OCD  
**Phone: 0844967 4848 (daily 10.00am-10.00pm)**

**Give Us A Shout**  
Immediate support by text for people of all ages.  
<https://giveusashout.org/>  
**Text 'SHOUT' to 85258**

**PAPYRUS** – Suicide prevention team  
**Phone: 0800 068 4141 (mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)**

**Rethink Mental Illness** – supporting mental health all ages.  
**Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)**

**Samaritans** – supporting those experiencing feelings of despair  
**Phone: 116 123 (free 24 hour helpline)**

### Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

### Covid Reporting

Please continue to review the [information sent out each week in the bulletin](#) with regard to the importance of notifying school immediately if your child tests positive for COVID-19. Please continue to contact school in any of the normal ways - the main switchboard (0151 428 6421) during working hours; or [reception@stjulies.org.uk](mailto:reception@stjulies.org.uk) or [safeguarding@stjulies.org.uk](mailto:safeguarding@stjulies.org.uk) for out of hours notifications. School have taken all reasonable steps to raise awareness of this. Thank you.

### Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers at home at no cost. You can find out more about how to complete the installation in this [remote learning guide](#).

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The image shows a screenshot of a COVID-19 risk assessment document. The document is titled 'COVID-19 (coronavirus) assessment' and is intended for parents/carers. It is organized into a grid with four main columns: 'What to do?', 'How to do it?', 'When to do it?', and 'By whom?'. Each cell in the grid contains specific instructions and details regarding the assessment process, including the roles of staff and parents, the frequency of reviews, and the importance of communication. The document is presented in a clear, structured format with icons and bold text to highlight key points.

## Covid-19 Information and Risk Assessment

All parent/carers can access the school's Covid-19 risk assessment [here](#).