



# St. Julie's Catholic High School

## Weekly Newsletter

Week Beginning 19<sup>th</sup> May 2025

### Forthcoming Dates for your Diary

**23<sup>rd</sup> May**

Year 13 Leavers Service

**23<sup>rd</sup> May**

Students finish for half term break at 1:30pm

**2<sup>nd</sup> June**

Students return to school

**12<sup>th</sup> June**

Year 8 Parents' Evening

**19<sup>th</sup> June**

Year 8 Options Evening



### Congregational SND Leadership Team Visit St Julie's!

On Friday this week we were honoured to welcome the Congregational Leadership Team of the Sisters of Notre Dame, accompanied by Sister Mary O'Brien, into school to meet with our staff and students. The visiting delegation of eight sisters spent the morning with us and we were delighted that they were able to make time to visit.



### Boccia Wins for Year 7!

Congratulations to our two teams from Year 7 who contested the LSSP Boccia Tournament, taking first and fourth place! The tournament saw twelve teams from schools across the city competing in the precision ball sport that is a popular event at the Paralympic Games. We'd like to give a special mention to Phoebe who won a 'Fair Play' award for the best shot in the whole tournament!



### Fundraising for the Teenage Cancer Trust Raises £1200!

On Thursday this week students in Year 7 took the field in a sponsored run to raise funds for the Teenage Cancer Trust. Our intrepid students braved the heat to run circuits of the playing field, fully living up to the expectations of their generous sponsors! Thank you to everyone who took part in the event, and to

**ST. JULIE'S  
STUDENTS  
WHO ARRIVE  
ON TIME  
HAVE  
HIGHER  
READING  
ABILITY**



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everyone who kindly agreed to sponsor a runner.



We followed up the sponsored run with a charity cake sale during break time on Friday, and the combined total from all of our fundraising efforts this week was a massive £1206.42! Thank you to everybody who bought a cake in support of the groundbreaking work of this important charity.



### Faye's Four Finals!

Everyone loves a nailbiting final, but Faye in Year 10 has contested FOUR football finals over the last two weeks! Honours over the fortnight include a win against Preston North End in the Lancashire FA Cup Final, a win against Stockport County in the Alan Darby County Cup, a win against Sale for the Manchester County Cup and a loss against Stockport County in the league play off. Congratulations to Faye for some fantastic football!



### First Rate, 'First Take' Performances!

Merseyside Youth Association have been commissioned to produce an educational resource based on sleep and how the lack of sleep can affect a young person's health and well-being. After an exceptional performance in this year's Now Festival, MYA selected St Julie's students to feature in this short film. Today we welcomed First Take Film Company into school who worked with students on the script, directed the dialogue and taught students about the art of acting for camera. After an afternoon of filming, students were delighted to receive gift vouchers for their performance and are excited that First Take Film Company have asked for them to send through head shots for future projects.



### Year 12 Drama Students Visit Playhouse

This week, Y12 drama students headed to the Liverpool Playhouse Theatre to see the psychological thriller, 'The Girl on the Train.' This fast paced and gripping story had year 12 on the edge of their seats and has already proven to have inspired ideas for their own devised performances, which they will be showcasing in July.

### Important Events for Year 8 Students

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On Thursday 12<sup>th</sup> June we will be hosting our Year 8 Parents' Evening. Details of how to book appointments will follow, but they need to be made using the My Child At School app, or My Child At School web portal. The following week, on Thursday 19<sup>th</sup> June, we will be hosting our Year 8 Options Evening, and look forward to seeing you there!



### Taking the LSSP Sport Challenge

This week a group of students tested their physical and team work skills at the LSSP Sports Challenge hosted at Wavertree Tennis Centre. The challenge on Wednesday was designed to create a fun and engaging experience of different and new sports for each of the students. This included taekwondo, zorb football and team building activities. Thanks to LSSP for hosting a wonderful event.



### An Audience With The President!

This week Performing Arts students headed to the theatre for the much anticipated trip of Hamilton. The musical is a multi award-winning masterpiece by Lin-Manuel Miranda, and tells the story of America's Founding Father Alexander Hamilton, an immigrant from the West Indies who became George Washington's right-hand

man during the Revolutionary War and helped shape the very foundations of the America we know today. The score blends hip-hop, jazz, blues, rap, R&B and Broadway - the story of America then, as told by America now. Students were mesmerised by the acting, singing and dancing and have firmly placed it in the number 1 position as 'Theatre Trip of the Year' so far!



### Being Prepared!

Students have been doing fantastic work in public examinations this week, and they have been well supported by staff in school! Masterclasses and pre-exam revision and strategy sessions have been the order of the day, and this A Level English group got some gifts as mementos in their revision sessions! All exam candidates are benefitting from a free exam breakfast in the school dining room as part of our commitment to wellbeing of students during the exhausting exam season.





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Careers: eSports Festival Coming To Liverpool!

An exciting e-sports festival is coming to Liverpool in July. The event will have a strong focus on careers in gaming.

Students can:

- Enter Rocket League or Valorant tournaments (online qualifiers in June)
- Attend and watch live matches on the main stage
- Explore a Games Zone full of interactive tech, VR, sim racing and games
- Visit the Level Up Zone – talks and workshops about careers in games & esports
- Meet real teams, streamers and games industry professionals in the Expo

Under 14s go free

Full details: [www.horizonevent.gg](#)



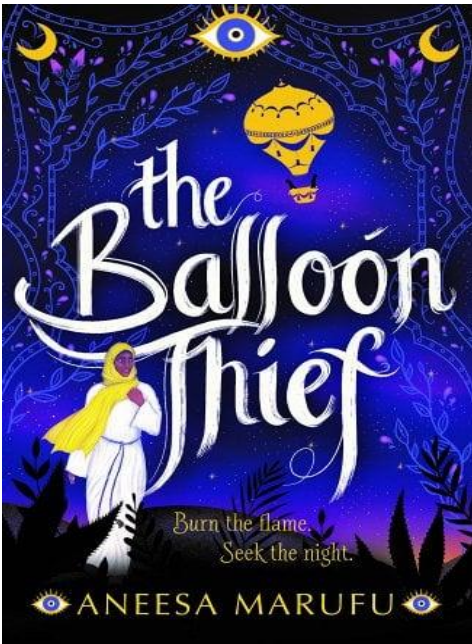
GCSE Revision Materials

Please [click here for a copy of a letter circulated by Miss Gawley](#) recently with details of revision materials aimed at students taking GCSE exams this summer.

100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that’s over 90% must be pretty good. With attendance that’s really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that’s 60 lessons! Remember, school attendance matters.



Recommended Read for May

If you’re stuck for reading inspiration why not take a look at our recommended read? This month we’re suggesting ‘The Balloon Thief’ by Aneesa Marufu.

*For Khadija, the only escape from her father’s arranged betrothal is the sky. When she spots a rogue hot air balloon fighting against its ropes, she leaps at the chance for adventure. Khadija soon finds an unlikely ally in a poor glassmaker’s apprentice, Jacob. But Jacob is a hāri, and Khadija a Ghadaean. The hāri are oppressed and restless – their infamous terrorist group, the Hāreef, have a new fearsome leader. And the ruling Ghadaeans are brutal in their repression. Soon, a deadly revolution threatens their friendship and their world. The Hāreef use forbidden magic,*

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*summoning jinn – wicked spirits made of fire – to enact their revenge, forcing Jacob and Khadija to choose what kind of a world they want to save...*



### Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).

### Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



### Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

#### SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm

Alternatively, you can email your concern to [seniss@liverpool.gov.uk](mailto:seniss@liverpool.gov.uk)

#### Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm

Alternatively, you can email your concern to

[epsadmin@liverpool.gov.uk](mailto:epsadmin@liverpool.gov.uk)

#### ASD Training Team:

07522800193/07515501854

Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm

Alternatively, you can email your concern to

[ASDtrainingteam@liverpool.gov.uk](mailto:ASDtrainingteam@liverpool.gov.uk)

#### Children's Occupational Therapy Service

Please contact the Children's

<https://learnliveuk.com/network-rail-secondary-school-safety-talk/OccupationalTherapist> who is

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supporting the child for advice or alternatively for general enquiries please email [chot@liverpool.gov.uk](mailto:chot@liverpool.gov.uk)

### Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email [sensoryservice@liverpool.gov.uk](mailto:sensoryservice@liverpool.gov.uk)

### Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

### Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

### Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

### Young Carers Support

Barnardo's Action with Young Carers offers assessments and support for young carers. You can find out more from their [information leaflet](#) or [at the website](#).

### Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults [‘#It’s abuse’](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the [safeguarding@stjulies.org.uk](mailto:safeguarding@stjulies.org.uk) email address being the best way to make contact out of hours.

### RASA (Rape and Sexual Abuse)

**Merseyside** is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email [referrals@rasamerseyside.org](mailto:referrals@rasamerseyside.org) or visit our website [www.rasamerseyside.org](http://www.rasamerseyside.org)

### Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are



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struggling to keep themselves safe in the immediate moment.

**Anxiety UK** – Charity providing support if you have been diagnosed with anxiety  
**Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)**

**CALM** – Campaign against living Miserably, for Men ages 15-35  
**Phone: 0800 58 58 58 (daily 5pm-midnight)**

**Mental Health Foundation** – support for mental health concerns  
<https://www.mentalhealth.org.uk/>

**MIND** – Meeting mental health needs  
**Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)**

**No Panic** – support line for panic attacks and OCD  
**Phone: 0844967 4848 (daily 10.00am-10.00pm)**

**Give Us A Shout**  
Immediate support by text for people of all ages.  
<https://giveusashout.org/>  
**Text 'SHOUT' to 85258**

**PAPYRUS** – Suicide prevention team  
**Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)**

**Rethink Mental Illness** – supporting mental health all ages.  
**Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)**

**Samaritans** – supporting those experiencing feelings of despair  
**Phone: 116 123 (free 24 hour helpline)**

## Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

## Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <https://www.office.com> and sign in using their school email address and password and then look for the 'Install and more' option.

## Resources for Parents in Knowsley

[Advanced Solutions](#): 0151 486 1788

Listening Ear: St Nicholas Centre, 70 Church Road, Halewood, L26 6LB  
0151 488 6648

Children in care (under 18?) Polaris  
[Knowsley.EHWP@coreassets.com](mailto:Knowsley.EHWP@coreassets.com)  
07967 381 035

[Knowsley CAMHS](#) 0151 351 8610

[Kooth](#)

[Mental Health Support Teams](#)

[Zuntold](#)

Domestic Abuse  
[Merseyside Domestic Violence Service](#) 0780 272 2703 mdvs.org

[Ruby Project](#) [ruby@pss.org.uk](mailto:ruby@pss.org.uk)

Family support [Family First](#)

[Knowsley Family Info](#)

[PSS Prisoner Family Service](#)

[Lee Cooper Foundation](#)

[Healthy Knowsley](#)