



St. Julie's Catholic High School

Weekly Newsletter

Week beginning 20th April

Forthcoming Dates for your Diary

23rd April
Year 10 Parents' Evening

23rd April
Year 13 Year Group Photo

27th April
Year 11 Spanish Speaking Exams



Year 8 Student Raises Funds for Marie Curie

We would like to congratulate Bahiyiyh in Year 8 for a fantastic fundraising initiative for Marie Curie Cancer Care. Bahiyiyh wanted to do something positive for charity and held a cake sale outside her house! Her hugely successful efforts raised a massive £292, and during the Easter break she joined Mrs McCourt to visit the Marie Curie Centre in Woolton to present her cheque to the fundraising team! Very well done to her!



Welly Time for GCSE Geographers!

Our GCSE Geography students have been getting their boots wet as they investigated the River Alyn in a fieldwork trip this week. During the day they investigated lots of metrics including river width, depth, flow rate, pollution and the size of pebbles on the river bed, in order to better understand if and how rivers change as they flow downstream.



Sharpening Exam Skills in Past Paper Club!

From Monday 20th all of our Year 11 students are invited to join our Past Paper Club after school on Monday, Tuesday and Thursday from 3:05-4:30. Each day will have a different subject focus, with Maths on Mondays, Science on Tuesdays and English on Thursdays. During these sessions subject specialist staff will be on hand to support key

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areas of recalling prior knowledge, exam techniques, modelling of past exams questions and identifying and addressing gaps in knowledge. This is a great opportunity to build exam confidence and we encourage all of our Year 11 students to give the sessions a try.

Year 10 Parents Evening

Our evening for parents of students in Year 10 will take place on 23rd April and is a face to face event. Appointment bookings will open on Friday evening and can be made through the Bromcom My Child At School app or [My Child At School website](#).



Welcome to Mrs Farrer

We're delighted to welcome a new permanent teacher to our staff, as Mrs Farrer joins our Humanities team. Mrs Farrer is a highly experienced teacher of Geography with experience as an examiner in her subject. She is also a former student of St Julie's herself and is delighted to be returning back to our school community!



UNIVERSITY OF LIVERPOOL YEAR 11 BLACK SCIENCE BOOTCAMP 8-10TH JULY



Get ready for the ultimate summer adventure that will ignite your passion for science and Higher Education! Welcome to the Black Science Bootcamp! This is exclusively designed for Black students in Year 11 from Liverpool.

- Cutting edge science taught by world leading scientists in our state-of-the-art labs
- Inspiring university students as your mentors
- Talks from career experts and successful Black professionals

University of Liverpool Black Science Bootcamp

Applications are now open for this year's Black Science Boot Camp at

the University of Liverpool. The Camp is exclusively designed for Black students in Liverpool. The Year 10 Boot Camp will take place on **1st and 2nd July**. Students will be transported by coach, and lunch will be provided on both days. The Year 11 Boot Camp will take place on **8th, 9th and 10th July**. Lunch will be provided and students will be given details of the location to make their own way to campus.

Key information:

- Applications are now open
- Application deadline: **29th May**
- Year 10 dates: **1st–2nd July** (coach transport provided and lunch included)
- Year 11 dates: **8th–10th July** (lunch provided)

Application forms can be found here: Year 10: <https://gck.fm/rywio>
Year 11: <https://gck.fm/lvwnz>



Developing Leadership with Coach Rose

This week we were pleased to welcome Coach Phil Rose into school delivering our Level 1 and 2 Sports Leadership programme. Coach Rose is an inspirational former basketball player who has coached the game at all levels from beginners to professional. We're delighted to be able to draw on his talents as he works with our young leaders on basketball and cricket.

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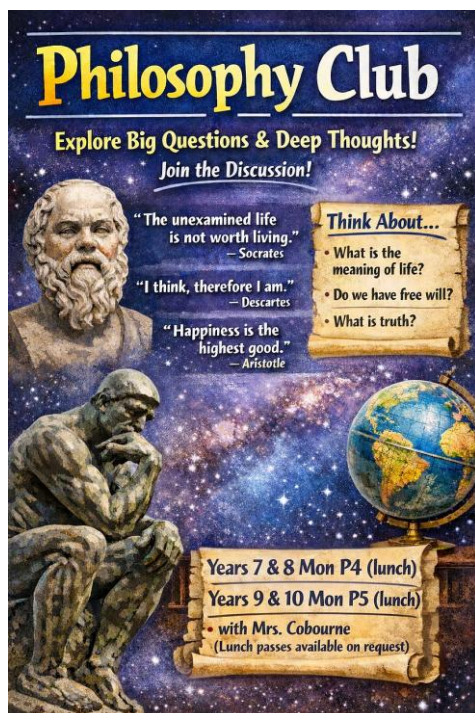
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Safeguarding: Reducing Ketamine Harm in Liverpool

Like many areas across the UK, Liverpool is seeing an increase in adults and young people attending specialist drug and alcohol treatment services and NHS services with problems related to ketamine use. Professor Matt Ashton and Liverpool City Council have developed a [comprehensive action plan](#), and a helpful [factsheet for parents](#).



New Timings for Philosophy Club

To line up with changes to the school timetable Philosophy Club has changed times, with Year 7 and 8 students welcome on Monday Period 4 and Year 9 and 10 students on Monday Period 5. Any deep thinkers who haven't dipped a toe in yet are welcome to come along and find out about Philosophy Club by turning up to a session!



University Admissions Tests

University applications are often subject to additional admissions tests as part of the process of awarding places. For many courses, such as STEM, Medicine, Veterinary and Dentistry, for example, additional tests are completed between June and September. These assessments, such as LNAT for Law, UCAT for medicine and the newer ESAT, TMUA and TARA for a range of academic subjects are designed to evaluate critical thinking, problem solving and subject-specific skills. Most of these tests take place in the months leading up to October, so Year 12 students should refer to the checklist and email from Mrs Jones to determine whether their course requires additional testing.



Oxbridge Residential Success

We'd like to congratulate two of our Year 12 students who return to us this week having successfully completed an Oxford Residential organised by Harry Doyle and Aspire Liverpool. Attending a residential gives students a valuable insight into academic life at a world-leading university, helping them to explore subjects in depth, experience tutorials, and grow in confidence. It also strengthens university applications by demonstrating commitment, intellectual curiosity and the ability to engage with learning beyond the school curriculum.

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Good Luck to Our Degree Apprenticeship Applicants!

Our Degree Apprenticeship applicants are currently preparing for and attending interviews across a range of employment sectors. As they progress through a highly competitive process involving multiple stages, we'd like to wish them good luck and congratulate them for successful applications made so far. These typically include submitting detailed application forms, completing online assessments, and attending interviews with employers - an experience that helps build confidence, professional communication skills, and a strong understanding of workplace expectations alongside academic study.



Careers: Fancy Something Different?

How about a career in TV, film or technical production with Warner Brothers? Would you like to [find out about apprenticeships](#) with them? If so, register for an online Webinar in the link below. Put the date in your diaries / phones/ planner and set a reminder so you don't forget.

What the Event will Cover:

- 1. The Truth** Find out what people actually do every day at a global media giant like WBD.
- 2. No Gatekeeping** The exact tips you need to make an application that doesn't get ignored.
- 3. Real Stories** Hear from current apprentices about how they landed the job.

The webinar takes place on 16th June at 6:30pm and you'll [need to sign up here to get the link.](#)

Year 11 Revision Techniques:

- Flashcards, mind-maps and notes.
- Learning posters and visual material.
- Keywords, phrases, themes or concepts.
- Teach someone else about it.
- Reinforce your memory-you could write key information over and over.
- Create a revision schedule.

If you would like any further support with revision techniques or an opportunity to revise quietly, please see Mr Mottram in B109 on Monday's during lunch time.

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	TIME
8:30AM-4PM	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	8AM-10AM
4PM-5PM	HOMEWORK	TV/ GAMING/ SOCIAL MEDIA	HOMEWORK	TV/ GAMING/ SOCIAL MEDIA	HOMEWORK	10AM-11AM
5PM-6PM	DINNER	DINNER	DINNER	DINNER	DINNER	11AM-1PM
6PM-7PM	REVISION - GEOGRAPHY	HOMEWORK	REVISION - HISTORY	REVISION - FRENCH	REVISION - SCIENCE	1PM-3PM
7PM-8PM	REVISION - MATHS	REVISION - ENGLISH	FREE TIME	HOMEWORK	FREE TIME	3PM-5PM



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Careers: In Person Work Experience in Law

Futures For All are pleased to invite applications from students in Liverpool for an opportunity to spend the day looking at legal practice and the insurance sector. Working in partnership with DWF Law LLP and Aviva Insurance, this one-day in person placement gives students an opportunity to take part in an immersive experience that will introduce them to different roles within insurance and how they work alongside the legal sector. This is an opportunity not to be missed for students aged 16-19 who have an interest in Law, Business or Finance, and particularly those who are considering a career that combines legal expertise with the insurance sector.

Date: Tuesday 23rd June
Time: 9.30am – 3.00pm (Lunch will be provided)
Venue: TBC, but City Centre
Dress Code: Business casual

For further details and how to apply, please click [here](#)



Help us shape a vision for young people in our Church!

The Archdiocese wants all young people to flourish and to know that

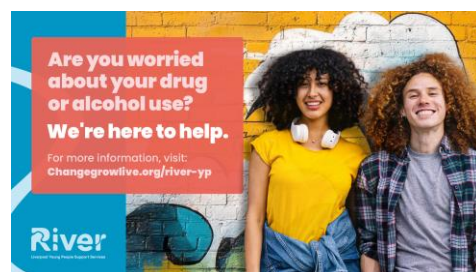
they are cherished by God and are a vital part of the Church and are inviting young people to some open meetings to explore how they can best accompany young people. Your voice is crucial.

What will happen: You will meet others and have your chance to share your experiences and ideas about how the Church might best respond to the needs of young people today. All feedback will be carefully listened to as part of a diocesan wide process planning youth ministry for the years ahead.

Who's invited: The Archdiocese want to hear from adults, young adults and 11-18 year olds. Please join us. (Under 18s must be accompanied by an adult.) Come to **ONE** of our open meetings.

MONDAY 20TH APRIL 7-
9.30pm St Joseph's Crow Orchard
Rd, Wrightington, Wigan WN6 9PA
TUESDAY 21ST APRIL 7 -
9.30pm St Monica's Fernhill
Road, Bootle, Merseyside, L20 9GA

The process is being facilitated by Danny Curtin, who worked in youth ministry and youth work in the Church for many years. For more information, contact Sarah McGeehan on s.mcgeehan@rcaol.org.uk or 07415099048



Support Services from River Young People

River Young People Support Services provides free and confidential support for young people impacted by drug or alcohol use. They work closely with schools to offer accessible, student-centred support and aim to make referrals

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and engagement as straightforward as possible, whether they are using substances themselves presently or in the past – or feel effected by someone else's substance misuse. You can find [more information here](#).



Responsible Parking

Please [click here to read a copy of a letter](#) circulated by Mrs McCourt last week referring to parking and stopping whilst picking up and dropping off students.



Punctuality Procedures at St Julie's

At St Julie's, we believe punctuality is crucial for a successful and positive school day. Arriving on time ensures every pupil is ready to learn and minimises disruption for all.

Why Is Punctuality So Important?

- Sets good routines for life
- Ensures no learning is missed
- Minimises disruption for others

You can read our [punctuality procedures in detail here](#).

100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.



Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.

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Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm
Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm
Alternatively, you can email your concern to epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854
Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm
Alternatively, you can email your concern to ASDtrainingteam@liverpool.gov.uk
Children's Occupational Therapy Service

Please contact the Children's <https://learnliveuk.com/network-rail-secondary-school-safety->

talk/Occupational Therapist who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk
Liverpool Sensory Service
Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email sensoryservice@liverpool.gov.uk

Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

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Neglect

Everyone deserves to feel safe, cared for, and to have their basic needs met. Being taken care of means that someone is giving us what we need physically and emotionally, as well as making sure individuals are getting an education and access to things like the doctor when needed. If you are struggling; or you think someone you know is being neglected, then it's important to get support. Click here [Neglect | Childline](#) to learn more about accessing support; the types of support you could access. This page contains a contact number: 0800 11111; a contact form and offers different ways of obtaining help including a 1-2-1 chat with a counsellor [Get Support | Childline](#)

Young Carers Support

Barnardo's Action with Young Carers offers assessments and support for young carers. You can find out more from their [information leaflet](#) or [at the website](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults ['#It's abuse'](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the

safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

RASA (Rape and Sexual Abuse) Merseyside is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email referrals@rasamerseyside.org or visit our website www.rasamerseyside.org

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550 They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety
Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk/>

MIND – Meeting mental health needs
Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD
Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout
Immediate support by text for people of all ages.
<https://giveusashout.org/>
Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team
Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm -

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10.00pm, weekends, 2.00pm-5.00pm)
Rethink Mental Illness – supporting mental health all ages.
Phone:0300 5000 927 (Mon -Fri, 9.30am-4.00pm)
Samaritans – supporting those experiencing feelings of despair
Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <https://www.office.com> and sign in using their school email address and password and then look for the 'Install and more' option.

Resources for Parents in Knowsley

[Advanced Solutions](#): 0151 486 1788

Listening Ear: St Nicholas Centre,
70 Church Road, Halewood, L26 6LB
0151 488 6648

Children in care (under 18?) Polaris
Knowsley.EHWP@coreassets.com
07967 381 035

[Knowsley CAMHS](#) 0151 351 8610

[Kooth](#)

[Mental Health Support Teams](#)

[Zuntold](#)

Domestic Abuse
[Merseyside Domestic Violence Service](#) 0780 272 2703 mdvs.org

[Ruby Project](#) ruby@pss.org.uk

Family support [Family First](#)

[Knowsley Family Info](#)

[PSS Prisoner Family Service](#)

[Lee Cooper Foundation](#)

[Healthy Knowsley](#)