



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 20th October 2025

Forthcoming Dates for your Diary

21st October
Open Mic Night

22nd October
Battle of the Bands

23rd October
Year 9 Parents' Evening
3:45-6:00pm

24th October
INSET Day
Students do not attend



Year 7 Welcome Mass

On Thursday evening, we celebrated our Y7 Welcome Mass in school. The Mass was a formal welcome to all our new students and their families into the St. Julie's community and it was lovely to see so many parents and carers join us for the celebration. Students led the reading and music and a special thanks to Fr Ed for being our celebrant. You can see photos from the Mass in the [full story on our website](#).



LSSP Tournament Win for Footballers!

Congratulations to our team of Y9 and 10 footballers who took victory the LSSP tournament at Simpson's Playing Fields last week. The tournament drew teams from schools across the city, and our players contested four fixtures on the day. Congratulations to Ella for scoring the critical tournament winning goal against Calderstones!



St Julie's Hosts VAWG Forum Meeting

On Thursday this week we were proud to host the latest meeting for the Violence Against Women and Girls Forum. The forum draws representation from across many sectors on Merseyside, and speakers on the day included Jo Richmond from Liverpool City Council, Mala Saikia from Savera UK, a charity working to end honour

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based violence, and Danny Galvin from Merseyside Police. The meeting concluded with attendees watching a performance of the hard hitting 'Wrong Place, Wrong Time' by our own drama group in the theatre.



Year 11 Student Makes Small Screen Debut!

Congratulations to Yasmin in 11 Rigby who is hitting our screens soon in the third series of Jamie Johnson FC, a production for CBBC. Yasmin is playing Penny, a keen footballer who is determined to fulfil her goals! Filming for the series took place last summer at Leeds Beckett University and the new series has launched this week. You'll need to stay tuned to see Yasmin, whose character makes her appearance slightly later in the series. She answered a call for audition through her theatrical agent and went through several rounds of auditions before winning the part. Yasmin's next theatrical appearance is a little closer to home - she'll be treading the boards at St Julie's in the Christmas production of Annie!



St Julie's Performers Take Powerful Performance to St Anselm's College

On Tuesday, performers from St Julie's had the privilege of taking their award-winning

production, 'Wrong Place, Wrong Time', to St Anselm's College. The powerful performance, which tackles the hard-hitting issue of gang crime in Liverpool, was met with an incredibly positive response from both students and staff. The cast delivered a moving and thought-provoking piece that sparked important conversations among the audience. It was great to see the performance resonate so deeply beyond our own school community. Adding to the special occasion was a reunion with a familiar face, Mr Willis, whose support and encouragement meant a great deal to the students.



Bringing the Cheer with LSSP!

On Friday we sent a group of Year 7, 8 and 9 students to become a Cheerleading Squad for the day! Our students joined learners from 10 other schools across the city at the developmental workshop organised by the Liverpool School Sports Partnership and hosted at Holly Lodge. The students had lots of fun as they worked through the rigorous disciplines needed to execute the exciting moves safely. Thanks to the LSSP and our hosts for a great day!



Responsible Parking

Please [click here to read a copy of a letter](#) circulated by Mrs McCourt this week referring to parking and stopping whilst picking up and dropping off students.



Mission Day

On Friday, all Year 7 students participated in a Mission day led by Ellie and Lauren from Animate, the Archdiocese Youth Ministry Team.

The purpose of the day was to help Y7 settle further in to life at St Julie's by focusing on the importance of our Notre Dame Values as foundations for the future.

Students completed a variety of individual and group activities to help them question and reflect on the qualities we need to strengthen and help us grow as a school community.

Lots of smiles seemed to suggest that the students enjoyed it too!

Thanks to Animate for a great day!



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Year 7 Netballers in Home Wins!

On Tuesday our Year 7 netballers contested home fixtures against visitors from St. Edward's, with emphatic wins! Our players pressed the home advantage to the full with our A Team (pictured here in purple) winnings 12-1 and our B Team (in blue) finishing with a 14-1 victory. Congratulations to our players or their fantastic results!



Year 8 Netballers Compete at LSSP Tournament

On Thursday our team of Year 8 footballers took up an invitation to compete at the LSSP netball tournament hosted at Archbishop Beck. 15 teams from across the city competed and we're very proud of our players who finished with a fourth place in the tournament. Well done to all of them, and thanks for LSSP for a great tournament.



ESFA Cup Exit for U16 Team

Our Year 10 and 11 footballers have bowed out of the English Schools' Cup with a spirited performance culminating in a narrow defeat. Last week our team faced a side from Blessed Thomas Holford High School in Altrincham in the second round match. A goal from Faye and a brace from Imogen wasn't quite enough to get the team through, with a 4-3 score at the final whistle handing victory to our opponents. Well done to the team on a fantastic effort, and good luck to Blessed Thomas Holford as they progress in the competition.



Amazing Apprenticeship Webinars Throughout the year Amazing Apprenticeships runs a series of webinars for different audiences looking at different industry sectors. In the coming week, there's a webinar exploring British Army apprenticeships. It's on the 21st October from 6-7pm, and you can [get more details and register here](#).

Cleaning Vacancy

We're currently advertising a vacancy for a cleaning assistant. If you, or someone you know, are interested then details are [available here](#).

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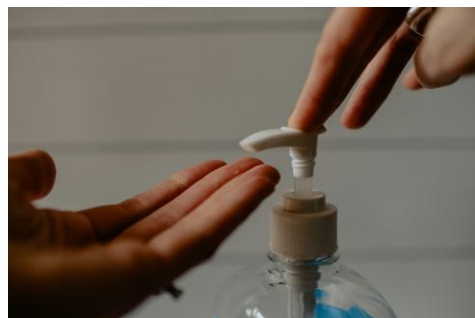
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Much Woolton Catholic Primary Open Evening

Our colleagues at Much Woolton Catholic Primary school are hosting some open evening events on Tuesday 4th and Thursday 6th November. Prebooking with the school is required and can be completed by phoning 0151 428 6114. If you have friends or family who may be interested do please let them know.



Healthy Schools and Controlling Infection

As we enter the period of seasonal illnesses we're working hard as a school to manage infectious diseases within the school community and following relevant guidelines. You can help to keep your child healthy by [considering this government advice](#). Most mild illnesses - such as a runny nose, sore throat, or slight cough - do **not** require time off school, unless your child has a temperature. There's [more guidance on that here](#). It's always helpful to book

medical appointments outside of school hours where possible. Where this isn't possible, they should bring their child to school before, and return after, if they are well enough. Pupils can attend appointments in their school uniform.

Vaccinations are a key line of defence against flu and other preventable illnesses. When children and young people receive all the recommended vaccines in the national immunisation programme, it helps protect their health and support the wellbeing of the whole school community. School Age Immunisation Services (SAIS), commissioned by NHS England, deliver these free vaccinations in schools. This autumn, all school children in England (from reception to year 11) will be offered a [flu vaccination](#) at school. There's more information about vaccination programmes in secondary schools [here](#).



Punctuality Procedures at St Julie's

At St Julie's, we believe punctuality is crucial for a successful and positive school day. Arriving on time ensures every pupil is ready to learn and minimises disruption for all.

Why Is Punctuality So Important?

- Sets good routines for life
 - Ensures no learning is missed
 - Minimises disruption for others
- You can read our [punctuality procedures in detail here](#).

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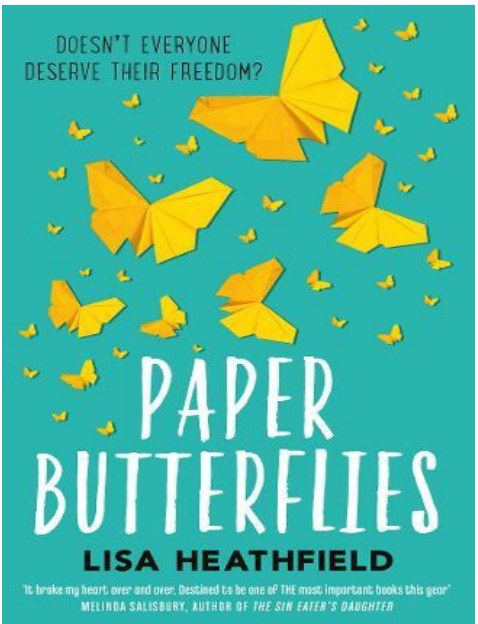
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100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.



Recommended Read for October

If you're stuck for reading inspiration why not take a look at our recommended read? This year's recommended reads are all coming from our students, and Lucy's recommendation for October is 'Paper Butterflies' by Lisa Heathfield.

Paper Butterflies

June's life at home with her stepmother and stepsister is a dark one—and a secret one. She is trapped like a butterfly in a net.

But then June meets Blister, a boy in the woods. In him she recognises the tiniest glimmer of hope that perhaps she can find a way to fly far, far away from her home and be free. Because every creature in this world deserves their freedom... But at what price?



Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.

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Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm
Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm
Alternatively, you can email your concern to epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854

Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm
Alternatively, you can email your concern to

ASDtrainingteam@liverpool.gov.uk

Children's Occupational Therapy Service

Please contact the Children's <https://learnliveuk.com/network-rail-secondary-school-safety-talk/> Occupational Therapist who is

supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk

Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

sensoryservice@liverpool.gov.uk

Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

Neglect

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Everyone deserves to feel safe, cared for, and to have their basic needs met. Being taken care of means that someone is giving us what we need physically and emotionally, as well as making sure individuals are getting an education and access to things like the doctor when needed. If you are struggling; or you think someone you know is being neglected, then it's important to get support. Click here [Neglect | Childline](#) to learn more about accessing support; the types of support you could access. This page contains a contact number: 0800 1111; a contact form and offers different ways of obtaining help including a 1-2-1 chat with a counsellor [Get Support | Childline](#)

Young Carers Support

Barnardo's Action with Young Carers offers assessments and support for young carers. You can find out more from their [information leaflet](#) or [at the website](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults [‘#It’s abuse’](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

RASA (Rape and Sexual Abuse) Merseyside is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email referrals@rasamerseyside.org or visit our website www.rasamerseyside.org

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety
Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk/>

MIND – Meeting mental health needs
Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD
Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout
Immediate support by text for people of all ages.
<https://giveusashout.org/>
Text ‘SHOUT’ to 85258

PAPYRUS – Suicide prevention team
Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm – 10.00pm, weekends, 2.00pm-5.00pm)

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Rethink Mental Illness – supporting mental health all ages.

Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)

Samaritans – supporting those experiencing feelings of despair

Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <https://www.office.com> and sign in using their school email address and password and then look for the 'Install and more' option.

Resources for Parents in Knowsley

[Advanced Solutions](#): 0151 486 1788

Listening Ear: St Nicholas Centre,
70 Church Road, Halewood, L26 6LB
0151 488 6648

Children in care (under 18?) Polaris
Knowsley.EHWP@coreassets.com
07967 381 035

[Knowsley CAMHS](#) 0151 351 8610

[Kooth](#)

[Mental Health Support Teams](#)

[Zuntold](#)

Domestic Abuse
[Merseyside Domestic Violence Service](#) 0780 272 2703 mdvs.org

[Ruby Project](#) ruby@pss.org.uk

Family support [Family First](#)

[Knowsley Family Info](#)

[PSS Prisoner Family Service](#)

[Lee Cooper Foundation](#)

[Healthy Knowsley](#)