



St. Julie's Catholic High School

Weekly Newsletter

Week Beginning 20th November 2023

Forthcoming Dates for your Diary

27th November
Year 11 Mock Examinations begin

14th December
Year 7 Parents' Evening



Odd Things Are Happening!

Our Year 7 Students turned out in force for Odd Socks Day this week! The event occurs annually and is held in support of the Anti Bullying Alliance's work on diversity, and this year's campaign: 'make a noise about bullying'. Students got creative with their choices, including some inventive work on pair sharing amongst friends! You can read more about the campaign on the [official ABA site](#).



ESFA Cup Progress for U14s!

On Thursday our U14 footballers played against Upton Hall in Round 3 of the ESFA Cup. All players made fantastic contributions and came away with a 3-0 victory. Goals were scored by Faye, Libby and Savannah. Faye netted an excellent long range goal from just in front of the halfway line.

JUNIOR ✠1804 SOCIETY

Junior 1804 Society Convene

This week our newly elected Junior 1804 Society met for the first time as a cohort. At St Julie's we value student voice - it is integral to whole school improvement; develops students' listening and debating skills and it allows students to represent their form and year group. We value the views and opinions of students and actively seek to listen

**ST. JULIE'S
STUDENTS
WHO ARRIVE
ON TIME
HAVE
HIGHER
READING
ABILITY**

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to them and work with them to ensure high standards of provision for all students. The main method of gaining the views and opinions of students is through the School Council system - 1804 Society - and for this reason we invited students to apply for a role which interested them and then peers were required to vote prior to half term.

The 1804 Society is integral to the daily life at St Julie's because these students genuinely shape the future of the school and leave a lasting legacy. The 1804 Society gets its title from the year in which the Sisters of Notre Dame were founded. As such, the 1804 Society is a link in a chain to those who have gone before. Members are called upon to embrace what it is to have a Notre Dame education and to pass on the baton of the Spirit of St. Julie to those who follow. The 1804 Society is to be a living embodiment of the school motto which calls on all of our community to "Serve the good God well with much liberty of spirit." As well as this general expectation, there are specific ways in which members can serve the community through a variety of leadership roles.

Mrs Jones and Mrs Wallace would like to thank all the staff and students involved in the voting process and wish our new Junior 1804 the best of luck in their new roles.

Student President:

Anna

Deputy SP:

Beth, Lilly Jai

Diversity:

Kelcy, Abi, Ruby

Service:

Kaitlyn, Heidi, Ellie Mae

Celebration:

Olivia, Isabelle, Grace



Live simply, sustainably and in solidarity

In our society, we consume and throw away SO much. Our 'throwaway' culture makes OUR lives easier, but what impact is it having on the environment e.g. oceans...?

Tip: Live Simply

Mend what you can, recycle or reuse items instead of automatically throwing them away. Be less wasteful!

Prayer:

O Lord, help us turn from the selfish consumption of resources meant for all and to see the impacts of our choices on the poor and vulnerable.

Amen



U13 Footballers Progress Two Rounds in a Week!

Congratulations to our U13 footballers who contested both rounds 2 and 3 of the Schools' Cup last week, progressing to the fourth round. On Wednesday the team played their second round match against Oldershaw Academy, with a comprehensive 7-0 win. The next round saw double digits as the team put a massive TEN goals past Bishop Heber in a 10-4 victory.

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The team face Upton Hall in the fourth round, and we wish them the best of luck.



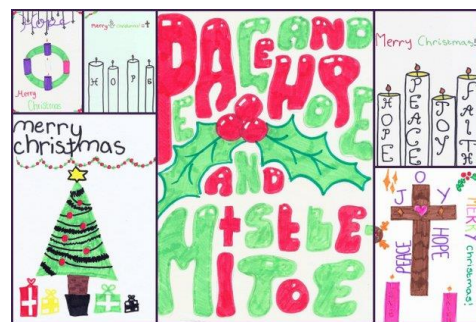
A Taste of Industry

Students in Year 11 got a taste of the wider world today as we invited a panel from the world of industry to carry out mock interviews. Our guests represented many different industrial sectors and many of them were St Julie's students themselves who we were very proud to welcome back. Our students gained valuable experience in understanding the structure and tone of formal interviews as well as the pressures of having to think on their feet! Thank to you all of our interviewers for their time and generous support.



The Children's Commissioner for England, Dame Rachel de Souza, has launched **The Big Ambition**, a national survey of children and young people across England. **The Big Ambition** aims to hear from children across England on what they think is important! In the lead up to the next General Election, the Children's

Commissioner wants to take children's thoughts, opinions and ideas to decision-makers, to make sure that the Government hears young people's voices on what they think needs to be done to make children's lives better in England. Students are invited to share their views by completing this survey, which can also be completed by adults on behalf of their children. **The Big Ambition** survey will be open until Friday 15th December - [click here to watch a short video](#) about it all.



Christmas Card

Competition Winners

Our winners are in, and the designs are being printed onto Christmas cards that will soon be winging their way to Christians in the Holy Land.



Applications for Sixth Form Now Open!

The application window for students wishing to enrol at St. Julie's Sixth Form in September 2024 is now open. Students currently attending St Julie's can [apply here](#), and external candidates can [apply here](#).

White Ribbon Day

Wear a white ribbon in your hair on Friday 24th November 2023 and support the end of male based violence towards women and girls.



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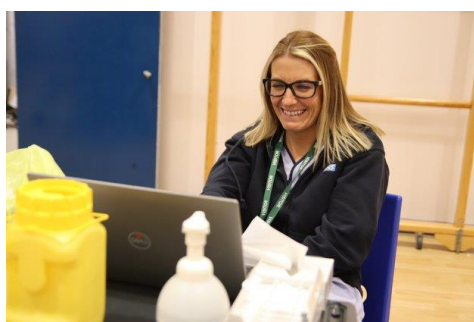
Unbeaten Start For Year 7 Netballers!

Congratulations to our Year 7 Netballers who contested their first competitive fixture this week! Our Green team won their match against a team from Rainhill with a 2-1 scoreline, while the Pink team held their opponents to a draw. Well done to all of the players!



A Welcoming Face for Children In Need

Our staff in the main school office co-ordinated to show their support for the BBC's Children in Need campaign, with matching t-shirts across the team!



Immunisations Team Serve and Protect!

We'd like to say thank you to the team of nurses from the School Immunisations and Vaccination Service who worked hard this work administering flu vaccines to hundreds of our students as we enter the flu season. Our students

were magnificent in their co-operation and maturity throughout the day.

Year 7 Parents' Evening

Year 7 Parents evening is taking place on Thursday 14th Dec 3.30pm - 6.30pm. This is a face to face event. The booking system goes live to parents on Wednesday 29th Nov and is left open until Wednesday 13th Dec. Further details on how to log on to make your appointments will follow.



Faith In Action Award

Our Chaplain is launching the Faith In Action Award after half term. FAITH IN ACTION is a nationally recognised award that encourages young people to take their service of others into their wider community and accept greater responsibility for their faith in action. Participants collect credits of service in their parish and / or school and the wider community ('home' and 'away'). There are four levels of award: Pin - Discovery, Bronze - Service, Silver - Leadership and Gold - Innovation, but as some primaries work towards Pin, our students will begin with bronze. Each year, participants can build on their previous level achievements to help them become confident young leaders. More information about each award level can be [found here](#) or [email our chaplain](#).

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slower speeds, safer streets

Brake road safety week: let's talk about speed

Dear Parents/Guardians,

Sunday 19th November is a day of Remembrance for all who have tragically lost their lives or been severely injured in road collisions - there is a memorial in St Johns Gardens behind St Georges Hall. Sadly, too many people are continuing to be affected directly or indirectly by deaths or serious injuries on our roads. This year the road safety charity "Brake" is focusing National Road Safety Week (19th November - 25th November) on speed and the consequences of driving too fast for the prevailing conditions. It is a fact that the speed of a vehicle involved in a collision can have a direct correlation on the severity of injuries.

As a driver of any vehicle, you have a responsibility to drive within the set speed limits and to take into consideration the prevailing road and weather conditions.

There are several factors that will affect the stopping distance of a vehicle

- The speed you are travelling will affect how long it takes to bring your car to a halt – the faster you drive, the greater the stopping distance.
- The weather and road surface conditions will affect how quickly the vehicle can stop if it is wet or icy as it will take longer.
- The type of vehicle, size, age, condition of tyres and how well maintained it is may also impact the stopping distance.

- Any distraction to the driver may affect the length of time it takes to react and apply the brakes.

Children find it difficult to judge the speed of vehicles so please be aware especially when driving near schools or residential areas of the city. Allow pedestrians time to cross at junctions and crossings but most important THINK about the speed you are travelling and have this conversation with other drivers. The Highway is for all Road Users consider your speed...

Road Safety Team Liverpool City Council



English Stars of the Week

Congratulations to our stars of the week in English who have impressed their teachers with their work and effort this week.

In Year 7:

Daisy for great verbal responses.
Millicent
Amelia for excellent effort
Connie for her conscientiousness

In Year 8:

Eva for demonstrating a desire to succeed.
Faith
Isabella for engagement in all lessons.

In Year 9

Paighton for engaging with all of her work/focused.
Isabella for dedication & attainment.
Daisy for engaging with all of her work/focused.
Josie Mary for a consistently excellent attitude to learning, effort and attainment
Darcey for being always engaged in the lesson and valuable contributions to the learning of all

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In Year 10

Rubie for excellent effort and clear progress

Ruby for 100% effort at all times

Isabella

Rosie for great verbal responses.

Charlotte

Annie for great verbal responses

when discussing Jekyll and Hyde

In Year 11

Emma for completing extra revision.

Alyce

Ruby for an excellent attitude to learning

Mil for a great analytical response to the poem, Follower

In Sixth Form:

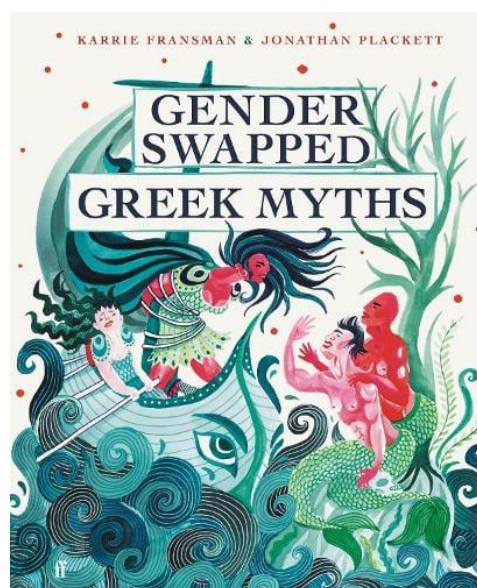
Erin

Lilla

Marlen for a committed and proactive attitude

Term Dates for Future Academic Years

We have recently updated the list of term dates and school holidays on our website. Dates for the next five academic years are available, up to Summer 2029.



Recommended Read for November

If you're stuck for inspiration for a read why not dip into our recommended read for the month?

For November we're recommending 'Gender Swapped Greek Myths' by Karrie Fransman and Jonathan Plackett.

Imagine a world where seductive male sirens lure brave heroines to their death, where Icara and her mother fly too close to the sun, and where beautiful men are forced to wed underworld queens...

For thousands of years, Greek myths have been told and retold. In these stories, brutality and bravery are reserved for men, while women are wicked witches or helpless maidens. Today, these myths continue to shape our ideas about justice, tragedy and what makes a hero's journey. Karrie and Jonathan love these stories, and have found a way to breathe new life into them by making one crucial change...

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



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Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays.

You can contact the service on **0151 233 3916**.

SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.
Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm
Alternatively, you can email your concern to seniss@liverpool.gov.uk

Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.
Monday to Friday: 9am – 4.30pm
Alternatively, you can email your concern to epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854
Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm
Alternatively, you can email your concern to ASDtrainingteam@liverpool.gov.uk

Children's Occupational Therapy Service

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk

Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is

supporting the child for advice or alternatively for general enquiries please email sensoryservice@liverpool.gov.uk

Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you

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know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults '[#It's abuse](#)'.
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the safeguarding@stjulies.org.uk email address being the best way to make contact out of hours.

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety
Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35
Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns
<https://www.mentalhealth.org.uk/>

MIND – Meeting mental health needs
Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD
Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout
Immediate support by text for people of all ages.
<https://giveusashout.org/>
Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team
Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)

Rethink Mental Illness – supporting mental health all ages.
Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)

Samaritans – supporting those experiencing feelings of despair
Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers at home at no cost. You can find out more about how to complete the installation in this [remote learning guide](#).