



# St. Julie's Catholic High School

## Weekly Newsletter

Week Beginning 21<sup>st</sup> April 2025

### Forthcoming Dates for your Diary

21<sup>st</sup> April  
Easter Monday

22<sup>nd</sup> April  
All students return to school



### Celebrating Success at Notre Dame Awards Evening!

On Wednesday this week we celebrated the achievements of students from across all of the year groups as at our annual Notre Dame awards evening! The evening brought a mixed programme of entertainment with a dynamic dance and powerful song performances from our choir and a soloist as we applauded the tremendous achievements of our students with presentations by our Chair of Governors. You can [read more in the full story on our website](#).



### Letter from the Headteacher

Please [click here to access a copy of a letter](#) circulated today by Mrs McCourt marking the end of term and celebrating some of the landmark achievements from the previous term.



### Lenten Services Round Off The Term

On Friday we ended the term with a whole school service in the Sports Hall. Our Chaplain led the very full congregation through a service both reflective and celebratory, telling the Easter story through the modernised context of a rolling news channel. Our service featured performances throughout from our very talented performers. You can

**ST. JULIE'S  
STUDENTS  
WHO ARRIVE  
ON TIME  
HAVE  
HIGHER  
READING  
ABILITY**

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see some pictures in the [full story on our website](#). We wish you all a very happy Easter.



### Maximising Potential: A fantastic session with Jasper from Maximise Training

Today Year 13 had the opportunity to take part in an inspiring and high-energy session with Jasper from Maximise Training, and it was nothing short of amazing! We were pleased to welcome Jasper back to St Julie's as his expertise is second to none. Jasper shared top tips on revision, exam planning, and how to make the most of the time students have left in school before the exams begin. He encouraged the girls to be creative in their approach to studying, offering practical exam tips and stressing the importance of goal-setting to stay on track. Along with these valuable insights, Jasper also emphasised the significance of taking some time out for self-care, highlighting the need to consider their own mental health during the exam period, and the importance of looking after their sleep and diet. Jasper was incredibly impressed by how engaged and motivated Year 13 s were throughout the session. He praised their enthusiasm, energy and welcoming attitude. His straight-talking style combined with his infectious enthusiasm and interesting life stories is sure to help the girls embrace a positive, "can-do" attitude toward their exams and school over the coming weeks. We'd like to thank Jasper for his time and look forward to seeing him again next year.



### Apprenticeship Workshop for Year 10

On Tuesday students in Year 10 participated in an apprenticeship workshop from the ASK Apprenticeship programme. We welcomed in Gary King to lead the workshop, which gave students the opportunity to find out about different routes after school including A Levels, Apprenticeships and T Levels. Our students were very enthusiastic and asked lots of very good questions to make informed choices in the future.



### Merit Cup Assemblies

Throughout this week assemblies have been celebratory with the awarding of the Merit Cup for each year group! Individual and collective achievements in attendance, punctuality, conduct and being a living example of the school values have been rewarded with both chocolate and points! The points tally up to produce an overall form winner who gets to enjoy the Merit Winners' Breakfast Banquet! Congratulations to all of our winning students for their achievements throughout the term.



# Sixth Form spotlight!

In this week's edition, we showcase three subjects that inspire critical thinking, communication, and cultural awareness.

In *English Combined Language and Literature* and *English Literature*, students explore a rich variety of texts, develop analytical and creative writing skills, and learn how language shapes the world — preparing them for careers in journalism, law, publishing, teaching, and beyond. Texts studied range from *The Kite Runner* to *The Great Gatsby*; *Othello* to Browning and *A Streetcar Named Desire* to *Tess of the D'Urbervilles*. If you want to know more about the benefits of studying English, [click here](#)

*A level Spanish* offers students the chance to master a global language, understand Hispanic cultures, and enhance communication skills, leading to opportunities in translation, international business, travel, and diplomacy. Fluency in a foreign language will open doors to top universities in the UK and will increase your employment opportunities in Britain, as well as in the Spanish-speaking world.

*Philosophy and Ethics* challenges students to question ideas, evaluate moral issues, and build reasoned arguments, supporting careers in law, politics, education, and social work. To learn more about what you can do with an A level in Philosophy and Ethics, [click here](#).

Across each of these subjects, students gain valuable transferrable skills such as analysis, communication, cultural literacy, empathy, and critical problem-solving — skills that will serve them in any future path.

## Extra-Curricular

Don't miss out on all that we can offer in enrichment and extra-curricular opportunities – these are the things that make you stand out from the crowd in interviews. [Check out our Aspire programme here!](#)



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## Fundraising Cake Sale for Lourdes Pilgrims

On Monday we enjoyed some tasty treats courtesy of our two aspiring pilgrims, Lucy and Julia. The break time bake sale was raising funds for their forthcoming pilgrimage to Lourdes, and the popular event raised an impressive £143.68 for their travel expenses! Thank you to everybody who came along and bought a cake.



## Forensic Workshop for Young Scientists

Science students from across the year groups got a taste of crime scene investigation in a forensic science workshop led by Gill from The Education Group. The sessions began with some discussion of theory and principles before they were put into practice with a small scale crime scene simulation. The test scene made use of many of the principles discussed, including footprint, fingerprint and DNA analysis, allowing students to follow logical scientific processes to correctly identify their criminal perpetrator! Well done to all of the students involved for their excellent engagement in the sessions.



## Breakfast Banquet for Merit Cup Winners!

Congratulations to all of our merit cup winning forms who celebrated their success at the winners' breakfast banquet on Friday morning. The event is always hugely popular with students and our kitchen team once again rose to the occasion splendidly with a magnificent feast to satisfy all tastes. Congratulations to our winners!



## Thank You From Antibullying Alliance

We're proud to have received a fundraising certificate from the Antibullying Alliance. In the correspondence that came with the certificate, the ABA reminded us that:

*Bullying continues to affect over one in five children each year, impacting their mental health, education, and long-term opportunities. Vulnerable groups, such as children from disadvantaged backgrounds and those with disabilities, are especially at risk.*

*Thanks to schools like yours:*

- Over 7.5 million children participated in [Anti-Bullying Week](#) and [Odd Socks Day](#), promoting kindness and inclusion.
- More than 20,000 professionals received



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*training to better support children affected by bullying.*

- *Young people have been empowered to lead the fight against bullying through our youth advocacy programmes.*

*Your contribution has played a key part in this important work.*

Thank you to everybody who contributed to our activities in school that helped to fund raise!



### Strong Third for League Netballers!

A huge well done to our Year 7 Netball team who came third in their league on Monday. They showed amazing teamwork and commitment and worked extremely hard in all of their games. We'd like to give a special mention to Daisy, Ruby and Grace who were named as players of the matches.



### Revision Masterclass in RE

This week Year 11 students gathered for an RE revision masterclass! More revision sessions are scheduled for the Easter Break and a structured programme of lessons will follow after the break in preparation for the exams.



### Textiles Students Recycle In Style

Year 7 textile students have completed their tote bags as part of their Environmental Technology unit of work. They have used recycled fabrics to create a tote bag with an environmental slogan raising awareness of a range of important issues. They then applied their knowledge of embroidery and embellishment techniques to decorate them.



### Year 10 Students Get A Taste For Law!

This week a group of students in Year 10 took place in a Law Taster Day at Liverpool John Moores University. They listened to experienced solicitors and law students about their career pathways and options in school to support their future career. They also had the opportunity to visit areas of the Law Department in LJMU and take part in a mock trial. Thanks to Liverpool JMU for a great day!

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## Congratulations to Liverpool Feds Footballers!

A huge congratulations to Niah in Year 11 and Yasmin in Year 10 for their win with Liverpool Feds at the County Final on Thursday evening. The fixture was contested under the lights at Walton Hall Park, the home of Everton's WSL team. With a thumping 11-1 rout over Widnes based Pex Hill FC, maybe some of the players will return there one day as professionals!



## GCSE Revision Materials

Please [click here for a copy of a letter](#) circulated by Miss Gawley recently with details of revision materials aimed at students taking GCSE exams this summer.

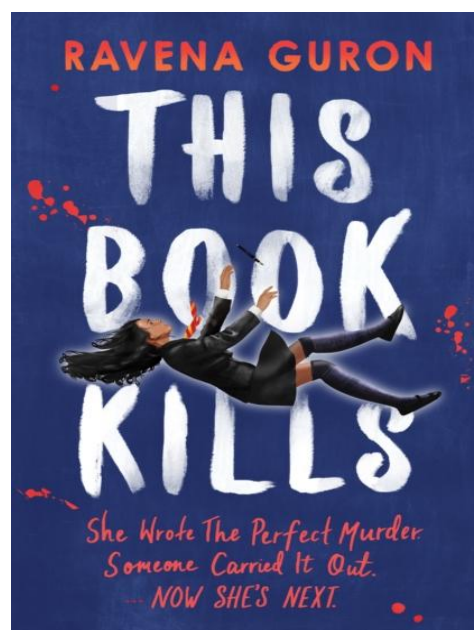
100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

## The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.

## Careers: Tesco Stronger Starts

Are you wondering what to do after Year 11? Might a Level 2 apprenticeship with Tesco in which you will earn over £22,000 a year with a permanent role at the end of it interest you? The 12 month apprenticeship is based in store and apprentices will spend time doing a range of activities such as marketing, business and technology. [Find out more here.](#)



## Recommended Read for April

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'This Book Kills' by Ravena Guron.

*When Hugh Henry Van Boren, one of the most popular and richest kids in Jess Choudhary's school, is found dead, the student body is left reeling and wondering who the murderer could be... Jess, a student*



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*under strict instructions to keep her record clean or risk losing her scholarship, finds herself at the centre of the investigation when it's revealed that Hugh died in the exact same way as a character in a short story she wrote.*

*And then Jess receives an anonymous text thanking her for the inspiration. With time running out, Jess knows if she doesn't solve this mystery, she'll finally have something in common with Hugh Henry.*

*She'll be dead too.*



### Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).

# Support Over Easter

Support can be accessed via the following organisations, support is also available on the wellbeing site under the Pastoral Support tab on the main school website.



Monday - Wednesday 9.30am - 8pm Thursday:  
2pm - 8pm and Friday: 9.30am - 4pm.



[www.kooth.com](http://www.kooth.com)



[www.sldas.org.uk](http://www.sldas.org.uk)

**We Wish all our students a very restful Easter break and will see you all on Tuesday 22nd April 2025**



[safeguarding@stjulies.org.uk](mailto:safeguarding@stjulies.org.uk)



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## Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



## Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

### SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm  
Alternatively, you can email your concern to [seniss@liverpool.gov.uk](mailto:seniss@liverpool.gov.uk)

### Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then

please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm  
Alternatively, you can email your concern to [epsadmin@liverpool.gov.uk](mailto:epsadmin@liverpool.gov.uk)

### ASD Training Team:

07522800193/07515501854  
Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm  
Alternatively, you can email your concern to [ASDtrainingteam@liverpool.gov.uk](mailto:ASDtrainingteam@liverpool.gov.uk)  
**Children's Occupational Therapy Service**

Please contact the Children's <https://learnliveuk.com/network-rail-secondary-school-safety-talk/OccupationalTherapist> who is supporting the child for advice or alternatively for general enquiries please email [chot@liverpool.gov.uk](mailto:chot@liverpool.gov.uk)

### Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

[sensoryservice@liverpool.gov.uk](mailto:sensoryservice@liverpool.gov.uk)

## Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

## Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If



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appropriate, they may suggest ideas for where to get extra support.

## Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

## Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults [‘#It’s abuse’](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the [safeguarding@stjulies.org.uk](mailto:safeguarding@stjulies.org.uk) email address being the best way to make contact out of hours.

**RASA (Rape and Sexual Abuse) Merseyside** is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558

1801, email [referrals@rasamerseyside.org](mailto:referrals@rasamerseyside.org) or visit our website [www.rasamerseyside.org](http://www.rasamerseyside.org)

## Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550 They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

**Anxiety UK** – Charity providing support if you have been diagnosed with anxiety  
**Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)**

**CALM** – Campaign against living Miserably, for Men ages 15-35  
**Phone: 0800 58 58 58 (daily 5pm-midnight)**

**Mental Health Foundation** – support for mental health concerns  
<https://www.mentalhealth.org.uk>

**MIND** – Meeting mental health needs  
**Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)**

**No Panic** – support line for panic attacks and OCD  
**Phone: 0844967 4848 (daily 10.00am-10.00pm)**

**Give Us A Shout**  
Immediate support by text for people of all ages.  
<https://giveusashout.org/>  
**Text ‘SHOUT’ to 85258**

**PAPYRUS** – Suicide prevention team  
**Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)**

**Rethink Mental Illness** – supporting mental health all ages.  
**Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)**

**Samaritans** – supporting those experiencing feelings of despair

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Phone: 116 123 (free 24 hour helpline)

### Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

### Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <https://www.office.com> and sign in using their school email address and password and then look for the 'Install and more' option.

### Resources for Parents in Knowsley

[Advanced Solutions](#): 0151 486 1788

Listening Ear: St Nicholas Centre, 70 Church Road, Halewood, L26 6LB  
0151 488 6648

Children in care (under 18?) Polaris  
[Knowsley.EHWP@coreassets.com](mailto:Knowsley.EHWP@coreassets.com)  
07967 381 035

[Knowsley CAMHS](#) 0151 351 8610

[Kooth](#)

[Mental Health Support Teams](#)

[Zuntold](#)

Domestic Abuse  
[Merseyside Domestic Violence Service](#) 0780 272 2703 [mdvs.org](http://mdvs.org)

[Ruby Project](#) [ruby@pss.org.uk](mailto:ruby@pss.org.uk)

Family support [Family First](#)

[Knowsley Family Info](#)

[PSS Prisoner Family Service](#)

[Lee Cooper Foundation](#)

[Healthy Knowsley](#)