



# St. Julie's Catholic High School

## Weekly Newsletter

Week Beginning 22<sup>nd</sup> April 2024

### Forthcoming Dates for your Diary

23<sup>rd</sup> April  
Shakespeare Day

25<sup>th</sup> April  
Year 10 Online  
Parents' Evening

# THROUGH THEIR EYES

## POETRY COMPETITION FOR 11-18 YEAR-OLDS

### Young Writers Selected for Publication

Congratulations to our sixteen talented young writers who have been selected for publication in the Young Writers 'Through Their Eyes' poetry competition. Students were challenged to write from the point of view of another person, place or thing. Our poets rose to the challenge and responded very well with ideas ranging from the Sun, a broken pencil, the god Apollo, a field, the school clock and a cat's eyes! Congratulations to Sasha, Jessica, Faith, Indiana, Alex, Ava, Emily, Lexi, Maddie, Freyja, Ella, Abigail, Lily Rose, Ava and Maizie!



### Year 12 Students Get a Taste of Oxford!

Prior to the Easter break Jemima and Amy visited Oxford University for a residential opportunity offered by Liverpool Aspire. During their time there they attended three academic classes based on their future interests in addition to visiting the Natural History and Ashmolean Museums. You can read more in the [full story on our website!](#)



### Former Student Included in Football Black List

Former WSL and England Football Player, and former student of St Julie's, Fern Whelan, has been honoured with recognition in the Football Blacklist. The list was conceived in 2008 by journalists Rodney Hinds and Leon Mann to recognise the most dedicated and influential individuals in Football from the black community.

**ST. JULIE'S STUDENTS WHO ARRIVE ON TIME HAVE HIGHER READING ABILITY**

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Following a hugely successful career ending at Brighton after extended spells with Everton, Fern was included in the 2023 list for her work in football governance, having taken a high profile role with the Professional Footballers Association as its first Equality, Diversity and Inclusion women's football executive.

Fern's work includes developing players at both ends of their career, supporting young professionals as they take the first steps in their careers, and helping to improve diversity in coaching, management, administration and other back room roles as players hang up their boots.

Congratulations to Fern on this prestigious honour.



### St. Julie's Students at ASD Support Launch Event

Students who have been participating in an extensive Pupil Voice project about autism support celebrated at a launch event at Liverpool Lighthouse this week. Liverpool City Council have been partnering with the Liverpool Parent Carer Forum and Alder Hey as part of the National Autism in Schools Project. The students have been part of a team who have developed an awareness video which was launched at the event. They also got the opportunity to meet Olympic Athlete Kiera Byland who has represented GB at the Special Olympics in Los Angeles and Abu Dhabi, winning six gold medals, and who herself has autism and dyspraxia. Well done to all of the students involved!

## Live simply, sustainably and in solidarity

### Focus: Live sustainably

We used to be happy to wait for deliveries, but now we want same-day delivery. This usually means items gets moved in smaller quantities with vehicles making single deliveries. We have the concept of 'free' delivery, which is a selling point but it's not really free in the sense of what it costs to the environment!

### Tip: Live sustainably

When you're shopping online, combine your orders into a single shipment by clicking the "fewest packages/deliveries possible" option. While you're at it, choose the slowest shipping option (instead of one-day).

**Lord, help me to make good choices when I purchase items – whether it is how a company treats its workers down to how it reaches my hands. Amen.**



### Silence For Hillsborough Anniversary

On Monday the 15<sup>th</sup> April our sacred time chime sounded an extra time as our school community joined the City in a one minute silence held in classrooms in respectful memory of the victims and relatives impacted by the Hillsborough Stadium disaster of 1989.

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# UCAS

### UCAS Launch!

Year 12 assembly this week focused on the university application process. Our low NEET figures (0%) year on year reflect the personalised support we offer our sixth form students, and whilst we acknowledge that some students will apply for degree apprenticeships or enter employment, the vast majority progress to Higher Education. Students were introduced to the UCAS process, the journey of an application and how they can begin to prepare for their next steps over the coming weeks by researching courses and universities. Every Sixth Form student has a Unifrog account, and they can use the platform to shortlist potential courses and institutions using their search tools. Click here to learn more about Unifrog Unifrog - The universal destinations platform and here to learn more about UCAS <https://www.ucas.com/>.

# 1804 SOCIETY

### 1804 Society applications open!

Prior to half term Mrs Lyons delivered an assembly to Year 12 student about our 1804 Society. The prestigious 1804 Society is integral to the daily life at St Julie's because these students genuinely shape the future of the school and leave a lasting legacy. The 1804 Society gets its title from the year in which the Sisters of Notre Dame were founded. As such, the 1804 Society is a link in a chain to those who have gone before. Members are called upon to embrace what it

is to have a Notre Dame education and to pass on the baton of the Spirit of St. Julie to those who follow.

The 1804 Society is to be a living embodiment of the school motto which calls on all of our community to "Serve the good God well with much liberty of spirit." As well as this general expectation, there are specific ways in which members can serve the community through a variety of leadership roles. A new 1804 Society is elected each year by nominations from staff and students and members are expected to be role models in all strands of the school Mission Statement. Any student in Year12 who wants to apply to be a member of our new 1804 Society for September should speak to Mrs Lyons for an application form!

### Easter Careers Experience

During the Easter holiday a number of Year 12 students took part in a range of careers based activities which offered them an insight to the world of work. Students interested in pursuing a career in Law attended a two day 'Step into Law' event in Liverpool City centre where they learnt more about the profession from a range of Liverpool law firms and explored different routes into Law. Students were given the opportunity to participate in a talent development session in addition to learning about what they can do to enhance their university applications. Our budding Criminologists attended a Criminal Justice System Day which showcased different careers, the courts and introduced the students to court advocacy work. One of our BioGrad students completed her placement within the organisation where she was able to meet employers, students and complete practical experiments which allowed her to link classroom learning to hands-on tasks. The students spoke very positively about their different experiences and now feel better equipped to make informed decisions about their next steps.

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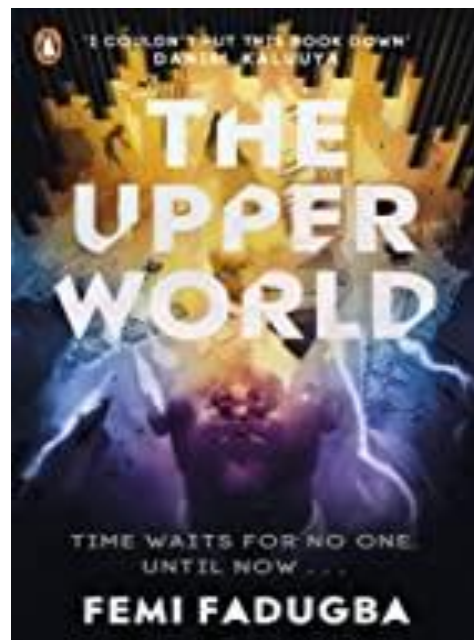
### Year 9 Vaccinations

We'd like to offer some words of praise to our Year 9 students who received a visit from the Schools' Immunisation service this week who administered some meningitis vaccines. The students conducted themselves brilliantly well with great maturity and minimal fuss. Thank you to all of the students for their co-operation.



### Award Winning NOW Festival Performance available for viewing

The MYA Raise team have now published their recording of the award winning performance of '1 in 4' from this year's NOW Festival. The hard hitting performance is being toured around schools later this year, and the video is [available for viewing now on YouTube](#).



### Recommended Read for April

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'The Upper World' by Femi Fadugba.

***One glimpse of a terrifying future. One chance to change everything.***

*After suffering a knock to the head, 15-year-old Esso experiences a chilling vision: that night he will witness the violent deaths of everyone he knows. He writes off the out-of-body experience as a strange dream - until a series of frightening coincidences prove that the vision is just hours away from coming true.*

*There is only one person who can help him rewrite the future.*

*The trouble is, she hasn't been born yet....*

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## Applications for Sixth Form Now Open!

The application window for students wishing to enrol at St. Julie's Sixth Form in September 2024 is now open. Students currently attending St Julie's can [apply here](#), and external candidates can [apply here](#).

## Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



## Education Welfare Helpline

New for September 2023 is an Education Welfare

Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays.

You can contact the service on **0151 233 3916**.

### SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday:

9am – 4pm, Friday: 9am – 12pm

Alternatively, you can email your

concern to [seniss@liverpool.gov.uk](mailto:seniss@liverpool.gov.uk)

### Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or

managing their behaviour then

please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm

Alternatively, you can email your

concern to

[epsadmin@liverpool.gov.uk](mailto:epsadmin@liverpool.gov.uk)

### ASD Training Team:

07522800193/07515501854

Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm

Alternatively, you can email your

concern to

[ASDtrainingteam@liverpool.gov.uk](mailto:ASDtrainingteam@liverpool.gov.uk)

### Children's Occupational Therapy Service

Please contact the Children's

[https://learnliveuk.com/network-rail-secondary-school-safety-](https://learnliveuk.com/network-rail-secondary-school-safety-talk/OccupationalTherapist)

talk/Occupational Therapist who is

supporting the child for advice or

alternatively for general enquiries

please email [chot@liverpool.gov.uk](mailto:chot@liverpool.gov.uk)

### Liverpool Sensory Service

Please contact the Sensory

Specialist Teacher who is

supporting the child for advice or

alternatively for general enquiries

please email

[sensoryservice@liverpool.gov.uk](mailto:sensoryservice@liverpool.gov.uk)

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### Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

### Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

### Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

### Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital

resource for adults ['#It's abuse'](#).

- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the [safeguarding@stjulies.org.uk](mailto:safeguarding@stjulies.org.uk) email address being the best way to make contact out of hours.

### Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

**Anxiety UK** – Charity providing support if you have been diagnosed with anxiety  
**Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)**

**CALM** – Campaign against living Miserably, for Men ages 15-35  
**Phone: 0800 58 58 58 (daily 5pm-midnight)**

**Mental Health Foundation** – support for mental health concerns  
<https://www.mentalhealth.org.uk/>

**MIND** – Meeting mental health needs  
**Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)**

**No Panic** – support line for panic attacks and OCD  
**Phone: 0844967 4848 (daily 10.00am-10.00pm)**

### Give Us A Shout

Immediate support by text for people of all ages.  
<https://giveusashout.org/>

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## Text 'SHOUT' to 85258

**PAPYRUS** – Suicide prevention team  
**Phone:0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)**

**Rethink Mental Illness** – supporting mental health all ages.

**Phone:0300 5000 927 (Mon -Fri, 9.30am-4.00pm)**

**Samaritans** – supporting those experiencing feelings of despair

**Phone: 116 123 (free 24 hour helpline)**

## Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

## Microsoft Office 365

### Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers at home at no cost. You can find out more about how to complete the installation in this [remote learning guide](#).