# St. Julie's Catholic High School Weekly Newsletter

Week Beginning 22nd September 2025

#### Forthcoming Dates for your Diary

25<sup>th</sup> September Year 9 and 10 Study Support Evening

#### 2<sup>nd</sup> October

Year 11 Prefect Inauguration Ceremony

#### 17th October

Year 7 Retreat Day Rescheduled from previously published date

# ST. JULIE'S STUDENTS WHO ARRIVE ON TIME HAVE HIGHER READING ABILITY







#### A Warm Welcome At Open Evening!

On Thursday evening we opened our doors to students in Years 5 and 6 and their families to help them find out what it's like to experience life at St. Julie's! Guests got the chance to explore our building, talk to our teaching staff, hear an informative presentation from our Headteacher and most importantly meet our students! Thank you to everybody who came to see us, and to our wonderful student guides and staff for making a memorable evening. See photos here!



# Extra Curricular Programme Starts With Gusto!

Our extra-curricular programme for this year has had a flying start with a brilliant turnout for Drama club! Drama is just one of the many clubs and classes available from our Performing Arts Department, but we've got a fantastic programme with something to suit every taste! You can find the full programme of clubs for the first half term here.



# County Call Up for Year 10 Footballer!

Congratulations to Amelia in 10
Therese who has earned a call-up
to represent Merseyside at County
Level Football! Amelia's
goalkeeping prowess will see her
pull on the gloves for Merseyside in
the English Schools' Football
Association National Cup, Northern
Counties League and Northern
Counties League Cup. We're

You can click any of the hyperlinked names below to send an email.

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incredibly proud of Amelia for making the squad and we know she'll be working hard to compete for a regular starting spot in the team. We're looking forward to letting you know how she gets on through the season!



#### **Punctuality to school**

We have had a very positive start to the new academic year. One of the changes we introduced and communicated to parents relates to punctuality. In the past, we had very few students arriving at school after 9:00 a.m. However, there was a cluster of students arriving between 8:45 and 9:00 a.m. This was having a negative impact, disrupting the reading programme, assemblies, Sacred Time, and additional support sessions for students.

In July 2025, the governing body ratified an adjustment to the procedure for students arriving late to school. Please see below an extract from the *Behaviour for Learning* policy.

This information was shared with all parents and carers in July via letter, MCAS, the website, the newsletter, and text message. It was also highlighted to all students during assemblies in July and repeated in September 2025. As a result of this adjustment, the number of students arriving late to school (after 8:45 a.m.) has reduced by over 70%. Typically, we collect between 8 and 10 phones each morning out of 1100 students. Some schools have chosen to confiscate phones from every child on arrival, but we do not believe this approach is appropriate or necessary. We want to continue working in partnership with families. Thank you for your ongoing support. As stated above, this minor amendment has had a major impact on improving punctuality.

Behaviour for Learning policy - extract. Ratified by governors in July 2025 and shared with parent/carers.

Punctuality and Behaviour All pupils are expected to arrive on time for AM registration. Pupils who arrive late during this period will have their phones confiscated upon arrival and will be supervised in the canteen until the start of period 1. This procedure ensures that late arrivals receive the day's key messages without disrupting sacred time and form time for others. All pupils who are late will be issued a 15-minute detention at the end of the school dav. after which their phones will be returned. We ask parents and carers to support these expectations by encouraging punctuality and reinforcing the importance of arriving at school on time. Persistent lateness will be monitored and addressed in line with our wider attendance and behaviour procedures.

Students who refuse to cooperate when staff ask for phones or other items to be confiscated will be passed to the Progress Leader and will be sanctioned. In some cases, they will be referred to a member of the Leadership Team. Refusal to co-operate with any member of school staff is a serious offence and sanctions may range from detention to exclusion.



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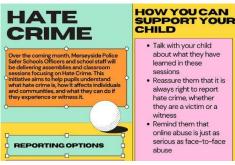
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### Performers are Getting Expressive in Extra-Curricular Time!

The Performing Arts Department has been buzzing this week with a host of pre-school and after school activities including drama classes, dance and street dance classes, badminton, choir practice and the all important rehearsals for our Christmas production of Annie! Well done to all of the students for embracing the available programmes!



# Merseyside Police Hate Crime Sessions

Over the coming month Merseyside Police Safer Schools Officers are focusing on Hate Crime, and they have <u>published some</u> <u>information</u> for students and parents.

The assemblies and classroom sessions aim to help pupils to understand what hate crime is, how it affects individuals and communities and what to do if they experience or witness it.



#### Punctuality Procedures at St Julie's

At St Julie's, we believe punctuality is crucial for a successful and positive school day. Arriving on time ensures every pupil is ready to learn and minimises disruption for all.

#### Why Is Punctuality So Important?

- Sets good routines for life
- Ensures no learning is missed
- Minimises disruption for others You can read our <u>punctuality</u> <u>procedures in detail here</u>.

100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

# The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.

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#### Recommended Read for September

If you're stuck for reading inspiration why not take a look at our recommended read? This year's recommended reads are all coming from our students, and Leah's recommendation for September is 'The Island at the End of Everything' by Kiran Millwood Hargrave.

## The island at the end of everything

Kiran Millwood Hargrave is the new big gun in children's fiction ... This is an enchanting book by a writer who fully deserves the fuss that's being made of her.' TELEGRAPH

Amihan lives on Culion Island, where some of the inhabitants – including her mother – have leprosy.

Ami loves her home – with its blue seas and lush forests, Culion is all she has ever known. But the arrival of malicious government official Mr Zamora changes her world forever: islanders untouched by sickness are forced to leave. Banished across the sea, she's desperate to return, and finds a strange and fragile hope in a colony of butterflies. Can they lead her home before it's too late?



#### Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can fill in the registration form here.

#### **Dangerous parking**

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



Education Welfare Helpline

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New for September 2023 is an **Education Welfare** 

Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on 0151 233 3916.

#### **SENISS Helpline: 07591837693**

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am - 4pm, Friday: 9am - 12pm Alternatively, you can email your concern to seniss@liverpool.gov.uk

#### **Educational Psychology Service** Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies. Monday to Friday: 9am - 4.30pm Alternatively, you can email your concern to

epsadmin@liverpool.gov.uk

#### ASD Training Team:

07522800193/07515501854 Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am - 12pm Alternatively, you can email your concern to

#### ASDtrainingteam@liverpool.gov.uk Children's Occupational Therapy Service

Please contact the Children's https://learnliveuk.com/network-railsecondary-school-safetytalk/Occupational Therapist who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk **Liverpool Sensory Service** 

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

sensoryservice@liverpool.gov.uk

#### **Hub Of Hope**

The Hub of Hope is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

#### **Parent Chat Live**

Action for Children Parent Chat is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen. take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

#### **Liverpool Citizens Support** Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are more details available here.

#### **Young Carers Support**

Barnardo's Action with Young Carers offers assessments and support for young carers. You can find out more from their information leaflet or at the website.

#### **Domestic Abuse:**

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the

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pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of <u>local and national</u> <u>helplines</u>, including a vital resource for adults <u>'#It's</u> <u>abuse'</u>.
- The <u>Bright Sky app</u> is an excellent resource for victims of domestic abuse.
- The <u>Hideout</u> resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the <a href="mailto:safeguarding@stjulies.org.uk">safeguarding@stjulies.org.uk</a> email address being the best way to make contact out of hours.

RASA (Rape and Sexual Abuse) Merseyside is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email

referrals@rasamerseyside.org or visit our website

www.rasamerseyside.org

#### **Mental Well-being Support**

Children and young people, parents and carers in crisis can call the Alder Hey CAMHS crisis care line 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550 They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

**Anxiety UK –** Charity providing support if you have been diagnosed with anxiety

Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

**CALM** – Campaign against living Miserably, for Men ages 15-35

Phone: 0800 58 58 58 (daily 5pm-midnight)

Mental Health Foundation – support for mental health concerns <a href="https://www.mentalhealth.org.uk/">https://www.mentalhealth.org.uk/</a>

MIND – Meeting mental health needs Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout Immediate support by text for people of all ages.

https://giveusashout.org/

Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team Phone:0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm -10.00pm, weekends, 2.00pm-5.00pm)

**Rethink Mental Illness** – supporting mental health all ages.

Phone:0300 5000 927 (Mon -Fri, 9.30am-4.00pm)
Samaritans – supporting those experiencing feelings of despair

Phone: 116 123 (free 24 hour helpline)

#### **Kooth Guidance for Adults**

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, available here, gives more information about the kinds of services that young people can access and explains about how the system works.

#### Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <a href="https://www.office.com">https://www.office.com</a> and sign in using their school email address and password and then look for the 'Install and more' option.

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# Resources for Parents in Knowsley

Addvanced Solutions: 0151 486

1788

Listening Ear: St Nicholas Centre, 70 Church Road, Halewood, L26 6LB

0151 488 6648

Children in care (under 18?) Polaris Knowsley.EHWB@coreassets.com 07967 381 035

Knowsley CAMHS 0151 351 8610

Kooth

Mental Health Support Teams

**Zuntold** 

Domestic Abuse

Merseyside Domestic Violence
Service 0780 272 2703 mdvs.org

Ruby Project ruby@pss.org.uk

Family support Family First

**Knowsley Family Info** 

PSS Prisoner Family Service

Lee Cooper Foundation

**Healthy Knowsley**