



# St. Julie's Catholic High School

## Weekly Newsletter

Week beginning 23<sup>rd</sup> March

### Forthcoming Dates for your Diary

#### 25<sup>th</sup> March

Notre Dame Anniversary Celebration at the Cathedral

#### 26<sup>th</sup> March

Notre Dame Awards Evening

#### 27<sup>th</sup> March

Students Finish for Easter Break

**Students leave at 1:15pm**



### Year 10 Mentors at MVP Graduation!

On Tuesday, our Year 10 MVP mentors marked the culmination of their work in promoting violence prevention across the school. Over the past few months, they have worked closely with Year 7 forms, delivering important sessions on topics including the bystander approach, healthy relationship expectations, homophobia and the impact of labelling. The group visited St George's Hall, where they joined students from other schools involved in the programme to celebrate their achievements, and you can [read more about their day here](#).



### Year 7 Athletes at City Competition

Congratulations to our team of Year 7 athletes who represented St. Julie's at an athletics competition on Tuesday. The event saw teams from twenty eight local schools gather at the Greenbank Sports Academy and our team put in some fantastic performances to achieve an impressive fourth place in the final standings. You can [read more about their results here!](#)



### Girls Research Association Goes Live!

On Wednesday we saw the 'go live' event for the Girls Research Association, an initiative co-ordinated by the Girls' School Association that sees students in Year 7 spending the next eight months researching a topic that, this year, will fall under the broad umbrella of 'Equality'. The launch event was a live webinar with presentations from leading lights in

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Safeguarding: [Safeguarding Team](#)

[Team](#)

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the project. We wish our six students the very best of luck in their endeavours!



## Performers Return to VAWG Conference

After the success of last week's performance, St Julie's drama students returned to Anfield once again to perform 'Wrong Place, Wrong Time' at the all boys Violence Against Women and Girls Conference. This was a powerful and impactful event with the girls performance prompting many boys to reflect on how women and girls might feel in situations that they may not have previously considered. Our student encouraged the boys to think about how, 'your voice is the most powerful weapon you have, far more powerful than any gun or knife'.



## Levelling Up with University of Liverpool Mentors

On Wednesday we were delighted to welcome Oilly and Shriya from the University of Liverpool into school delivering the 'Levelling Up: STEM' programme. This is a new mentoring programme offering *free* tuition and guidance to A Level students across Merseyside studying Physics, Chemistry or

Mathematics from the School of Physical Sciences.

Fully trained undergraduate mentors deliver eight structured sessions across the year, with each session taking place over a three week period and hosted within our school. The programme combines subject-specific tutoring - designed to revisit key foundational content already covered in the curriculum - with flexible mentoring sessions where pupils can ask questions about university life, UCAS applications, budgeting and more. Students also receive pre-session materials, as well as optional self-study tasks between sessions, which mentors review and discuss during the following meeting.



## Letter From The Headteacher

Please [click here](#) for a copy of a letter circulated by Mrs McCourt to all parents with information about the forthcoming celebration of 175 years of Notre Dame teaching in Liverpool.



## Students Get 'On Set' at Prima Facie

This week, Performing Arts students were given an unforgettable opportunity at the Liverpool Playhouse, attending an exclusive

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## Humanities

- Know the specification. As not everything is included in the final exam, you need to know everything!
- GCSE Pod has videos for every section of the History course.
- Seneca learning offers a comprehensive guide to GCSE History and Geography, including specifications and popular revision courses. It provides a structured approach to help you achieve high marks.
- Consider using timelines, flash cards and retrieval practice to enhance your memory retention. Avoid passive techniques like re-reading your notes, as they are less effective.
- [Save my exams](#) provides clear and concise revision notes. These notes are aligned with exam board specifications, ensuring you focus on the necessary content.
- It's important to complete as many practice questions as possible. Any practice papers you attempt will be marked by your teachers. [Revision World - GCSE and A-Level Revision Resources](#)

### Subject Revision Focus Slides

Every week we're sharing a different subject focus with our Year 11 students. This week we're looking at Humanities.

workshop as part of the *Prima Facie* tour.

The excitement was even greater as Jodie Comer, St Julie's own, returned home for the final leg of the tour, making the experience feel truly special.

In collaboration with Everyone's Invited and the Schools Consent Project, the workshop explored powerful themes from *Prima Facie*. Students were encouraged to reflect, ask questions, and challenge misconceptions in a safe, supportive environment. Throughout the experience, students:

- Watched a filmed performance of *Prima Facie* in the classroom
- Took part in an interactive workshop at the Playhouse with exclusive access to the show's set
- Explored important conversations around consent and its role in society
- Reflected on the impact they want to have on the world
- Took part in a Q+A with the show's creative team to gain insight into the many roles involved in theatre-making

It was a thought-provoking and inspiring experience, leaving students with a deeper

understanding of both the arts and the world around them.



### LJMU Lecture for Criminology Students

On Wednesday morning Criminology students enjoyed a fascinating lecture from Dr Lizz Peatfield, a Senior Lecturer at the Dept of Criminal Justice at LJMU. Dr. Peatfield drew on her wealth of knowledge and experience to deliver a compelling university-style lecture on the benefits of studying Criminal Justice and Criminology as well as tips and insights into routes into courses. Thank you to Dr. Peatfield for making the time to visit us this morning and delivering such an engaging lecture.



**Floral Tribute In St. Julie's Peace Garden**

On Thursday afternoon, beneath clear skies, floral tributes that have been laid in our Chapel in memory of Miss Knisz were reverently transferred to our Peace Garden where a team of students carefully created a beautiful floral display.

The Knisz family have now set a date for the funeral which will be taking place during the Easter holidays. They have expressed to us that they would strongly value student representation at the service but this will, by necessity, be limited in number. In respect of the family's wishes we as a school are helping to practically manage this, and assure parents that a separate memorial service will take place in due course that all members of our school community will be able to participate in.

We would like to thank everybody who has posted a message in our online book of condolence. Tributes will shortly be collected and prepared for presentation to the Knisz family and to help manage this we will be closing the book of condolence at midnight on Sunday 22<sup>nd</sup> March. If you would like to [leave a tribute](#) please do so before this time.



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## Vacancy for School Cleaning Assistant

We're currently advertising a vacancy for a cleaning assistant, if you or anyone you know might be interested you can [find out more information here](#).



## Year 13 Performers Take Final Bow

This week Year 13 Drama students took their final bow on the Dorothy Stang Theatre stage.

Presenting an evening of naturalism, inspired by Russian practitioner Stanislavski's training methods, Year 13 performed extracts from plays for their scripted examination. They worked to produce authenticity on stage, and they did not disappoint. The four plays showcased the students' talent, passion and dedication and had their audience on the edge of their seats. Congratulations to Lucy, Ava, Brooke, Emer, Heidi, Chloe and Emma for a wonderful final performance.



## GCSE Drama Students in Exam Performance

Congratulations to our GCSE Drama students, who delivered an outstanding scripted exam performance in front of an audience of an examiner, parents, and friends. Students demonstrated confidence, strong characterisation, and a clear understanding of their

scripts, bringing each performance to life with skill and emotion. It was a fantastic celebration of their hard work and progress. Well done to all involved on such an impressive achievement!



## Musicians Light Up The Stage in Music Exam Performance

On Thursday evening our Performing Arts Music students took centre stage for their exam performance. With pieces spanning three centuries there was something for everyone in the appreciative audience who responded warmly to the fantastic talent on show. Well done to all of the performers, and to the extended Performing Arts team who have worked so hard to prepare the students to deliver a polished show. You can [see photos here](#)!



## Sixth Form Students Hear International Speaker

On Monday students from the Year 13 Philosophy and Ethics group visited an event at Bellerive to hear international Pax Christi speaker Nicholas Paz. Professor Paz is a director of the Catholic Nonviolence Initiative, and spoke about his experiences with violence and difference approaches to conflict resolution. The students completed an exercise which explored the idea

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of teamwork and encouraged pupils to think about how many groups may be manipulated into feeling like they are in competition with one another - rather than recognising our shared goals and values as a whole human race. The pupils found this really beneficial and also made a great Philosophy connection as Nicholas is a Philosophy Professor in Spain.



## Help us shape a vision for young people in our Church!

The Archdiocese wants all young people to flourish and to know that they are cherished by God and are a vital part of the Church and are inviting young people to some open meetings to explore how they can best accompany young people. Your voice is crucial.

**What will happen:** You will meet others and have your chance to share your experiences and ideas about how the Church might best respond to the needs of young people today. All feedback will be carefully listened to as part of a diocesan wide process planning youth ministry for the years ahead.

**Who's invited:** The Archdiocese want to hear from adults, young adults and 11-18 year olds. Please join us. (Under 18s must be accompanied by an adult.) Come to **ONE** of our open meetings.

MONDAY 20TH APRIL 7-9.30pm St Joseph's Crow Orchard Rd, Wrightington, Wigan WN6 9PA

TUESDAY 21ST APRIL 7 - 9.30pm St Monica's Fernhill Road, Bootle, Merseyside, L20 9GA

The process is being facilitated by Danny Curtin, who worked in youth

ministry and youth work in the Church for many years. For more information, contact Sarah McGeehan on [s.mcgeehan@rcaol.org.uk](mailto:s.mcgeehan@rcaol.org.uk) or 07415099048



## Students Experience 'Dear England'

Performing Arts students enjoyed a trip to the Liverpool Empire Theatre to watch *Dear England*, a powerful production from the National Theatre.

The play explored the journey of the England men's football team under manager Gareth Southgate, focusing on themes of resilience, identity, and teamwork.

Students were captivated by the innovative staging, dynamic performances, and the way the production blended sport with storytelling. The visit offered valuable insight into how contemporary theatre can tackle real-world topics in a creative and engaging way.



## Students Take Inspiration From GB's Finest

On Thursday a group of 32 students went to the British Gymnastics Championships at the M&S Bank Arena. The students were left astonished by the incredible displays of athleticism and artistry from elegant floor and beam

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performances to strength and precision on vault, pommel and bars. This was a fantastic experience for our students and proved a great source of inspiration!



### The CAYP Webinar Series

## Free Online Webinar for Parents

CAYP Psychology are running a free webinar for parents on Tuesday 24th March 2026 from 8:00-9:00pm. The session is going to explore what may be driving ongoing difficulties with focus, emotional regulation and impulsive behaviour in children and young people. You can [find out more about the event and book your place here](#).

Are you curious about the HPV vaccine?  
Do you want to know more?

**NHS**  
Mersey Care  
NHS Foundation Trust

Tuesday, 24 March  
7pm to 7.20pm

10 minute presentation  
10 minute questions and answers

Join our short webinar and speak directly to a healthcare professional

The HPV vaccine is safe, quick and protects young people against several cancers.

To register for the webinar, please complete the registration form: [bit.ly/hpv-registration](https://bit.ly/hpv-registration)

## HPV Vaccine Webinar

The Mersey Care School Aged Immunisation Team is inviting parents and carers to a short online information session about the **HPV vaccine**, which is offered to all young people in Year 8. The session is designed to help you feel confident and informed about the HPV vaccine. If you are curious about the vaccine, want to know more, or would like the chance to speak directly to a healthcare

professional, this webinar is a great opportunity.

**Click here to book your place:**

[HPV Information Webinar and registration – Fill in form](#)

**The Neurodiverse Family Support Network**

## Specialist support & information event

SUNDAY 22<sup>ND</sup>  
MARCH 2026 11-2  
THE PALM HOUSE,  
SEFTON PARK

## Neurodiverse Family Support Network Information Event

The Neurodiverse Family Support Network are hosting a support and information event at Sefton Park Palm House on Sunday 22<sup>nd</sup> March from 11am to 2pm. Parents, carers and professionals are invited to go along, meet with and speak to specialist services and activity providers working with early years right up to adulthood. It's a free event and you don't need to register in advance.



Featuring expert contributions from over 80 education practitioners

**UniTasterDays.com**

## Students' Guide to University 2026

The key higher education facts for students thinking about university

Produced in collaboration with HELQA

## UniTasterDays Publish 2026 Guide

The 'Students' Guide to University' by UniTasterDays has been published and is a valuable read for

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anyone starting on the road to applications. You can [get it here](#).



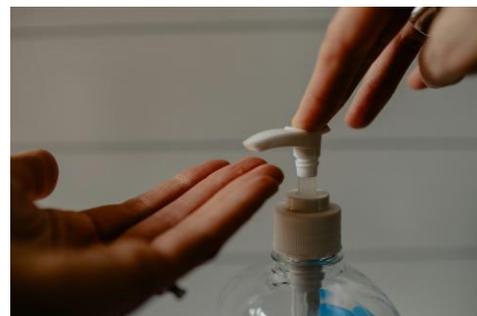
## Support Services from River Young People

River Young People Support Services provides free and confidential support for young people impacted by drug or alcohol use. They work closely with schools to offer accessible, student-centred support and aim to make referrals and engagement as straightforward as possible, whether they are using substances themselves presently or in the past – or feel effected by someone else's substance misuse. You can find [more information here](#).



## Responsible Parking

Please [click here to read a copy of a letter](#) circulated by Mrs McCourt last week referring to parking and stopping whilst picking up and dropping off students.



## Healthy Schools and Controlling Infection

As we enter the period of seasonal illnesses we're working hard as a school to manage infectious

diseases within the school community and following relevant guidelines. You can help to keep your child healthy by [considering this government advice](#). Most mild illnesses - such as a runny nose, sore throat, or slight cough - do **not** require time off school, unless your child has a temperature. There's [more guidance on that here](#). It's always helpful to book medical appointments outside of school hours where possible. Where this isn't possible, they should bring their child to school before, and return after, if they are well enough. Pupils can attend appointments in their school uniform.

Vaccinations are a key line of defence against flu and other preventable illnesses. When children and young people receive all the recommended vaccines in the national immunisation programme, it helps protect their health and support the wellbeing of the whole school community. School Age Immunisation Services (SAIS), commissioned by NHS England, deliver these free vaccinations in schools. This autumn, all school children in England (from reception to year 11) will be offered a [flu vaccination](#) at school. There's more information about vaccination programmes in secondary schools [here](#).



## Punctuality Procedures at St Julie's

At St Julie's, we believe punctuality is crucial for a successful and positive school day. Arriving on time ensures every pupil is ready to learn and minimises disruption for all.

### Why Is Punctuality So Important?

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- Sets good routines for life
- Ensures no learning is missed
- Minimises disruption for others

You can read our [punctuality procedures in detail here](#).

100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

## The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.



## Register As An Alumnaus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).

## Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



## Education Welfare

### Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays. You can contact the service on **0151 233 3916**.

### SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm

Alternatively, you can email your concern to [seniss@liverpool.gov.uk](mailto:seniss@liverpool.gov.uk)

### Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice,

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support or practical strategies.

Monday to Friday: 9am – 4.30pm

Alternatively, you can email your concern to

[epsadmin@liverpool.gov.uk](mailto:epsadmin@liverpool.gov.uk)

### ASD Training Team:

07522800193/07515501854

Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm

Alternatively, you can email your concern to

[ASDtrainingteam@liverpool.gov.uk](mailto:ASDtrainingteam@liverpool.gov.uk)

### Children's Occupational Therapy Service

Please contact the Children's

[https://learnliveuk.com/network-rail-](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist)

[secondary-school-safety-](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist)

[talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is

supporting the child for advice or

alternatively for general enquiries

please email [chot@liverpool.gov.uk](mailto:chot@liverpool.gov.uk)

### Liverpool Sensory Service

Please contact the Sensory

Specialist Teacher who is

supporting the child for advice or

alternatively for general enquiries

please email

[sensoryservice@liverpool.gov.uk](mailto:sensoryservice@liverpool.gov.uk)

### Hub Of Hope

[The Hub of Hope](#) is the UK's

leading mental health support

database. It is provided by national

mental health charity, Chasing the

Stigma, and brings local, national,

peer, community, charity, private

and NHS mental health support and

services together in one place for

the first time.

### Parent Chat Live

[Action for Children Parent Chat](#) is a

free and confidential live chat with a

qualified parenting coach in the UK.

Staff are there to talk about family

life, caring for children or managing

your wellbeing as a parent. The

chat service is a safe space for a

parent to share their concerns.

There will be someone to listen,

take time to understand a parent's

situation, and work with the parent

to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

### Liverpool Citizens Support Scheme

If you find yourself in crisis you can

apply for support to get food and

basic necessities for you and your

family including gas and electric

vouchers (urgent needs) and

furniture and household essentials

(home needs).

An emergency or crisis might be a

fire or flood, or you have had to

move due to violence or fear of

violence, or you are leaving care or

prison and need support to stay in

the community. There are [more](#)

[details available here](#).

### Neglect

Everyone deserves to feel safe,

cared for, and to have their basic

needs met. Being taken care of

means that someone is giving us

what we need physically and

emotionally, as well as making sure

individuals are getting an education

and access to things like the doctor

when needed. If you are struggling;

or you think someone you know is

being neglected, then it's important

to get support. Click here [Neglect |](#)

[Childline](#) to learn more about

accessing support; the types of

support you could access. This

page contains a contact number:

0800 1111; a contact form and

offers different ways of obtaining

help including a 1-2-1 chat with a

counsellor [Get Support | Childline](#)

### Young Carers Support

Barnardo's Action with Young

Carers offers assessments and

support for young carers. You can

find out more from their [information](#)

[leaflet](#) or [at the website](#).

### Domestic Abuse:

There is clear evidence that

nationally and locally the frequency

of incidences of domestic abuse

increased during and following the

pandemic. If you or someone you

know is suffering from domestic

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### Progress Leaders

Year 7: [Miss C Corrigan](#)

Year 8: [Mrs J Navarro](#)

Year 9: [Miss C Corrigan](#)

Year 10: [Miss V Homer](#)

Year 11: [Mr M Mottram](#)

Sixth Form: [Mrs R Lyons](#)

### Curriculum Leaders

English: [Mrs D Walker](#)

Maths: [Miss M Naylor](#)

Science: [Mr J Magor](#)

RE: [Mrs T Hyland-Williams](#)

MFL: [Mrs R Buckton](#)

Humanities: [Miss J Rimmer](#)

Performing Arts (including PE): [Miss A Douglas](#)

Art and Technology: [Mrs A Bell](#)

Social Sciences and

Computing: [Mrs K Byrne](#)

SENDCo: [Miss S Jackson](#)

Safeguarding: [Safeguarding Team](#)

[Team](#)

## Why not visit our Websites?

[St. Julie's Main Website](#)

[Chaplaincy Website](#)

Chaplaincy Instagram:

stjulies125

[Wellbeing Website](#)

[Careers Website](#)

abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults [‘#It’s abuse’](#).
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the [safeguarding@stjulies.org.uk](mailto:safeguarding@stjulies.org.uk) email address being the best way to make contact out of hours.

### **RASA (Rape and Sexual Abuse)**

**Merseyside** is a specialist service providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email

[referrals@rasamerseyside.org](mailto:referrals@rasamerseyside.org) or visit our website

[www.rasamerseyside.org](http://www.rasamerseyside.org)

### **Mental Well-being Support**

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550

They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

**Anxiety UK** – Charity providing support if you have been diagnosed with anxiety

**Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)**

**CALM** – Campaign against living Miserably, for Men ages 15-35

**Phone: 0800 58 58 58 (daily 5pm-midnight)**

**Mental Health Foundation** – support for mental health concerns  
[https://www.mentalhealth.org.uk/](https://www.mentalhealth.org.uk)

**MIND** – Meeting mental health needs  
**Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)**

**No Panic** – support line for panic attacks and OCD

**Phone: 0844967 4848 (daily 10.00am-10.00pm)**

### **Give Us A Shout**

Immediate support by text for people of all ages.

<https://giveusashout.org/>

**Text ‘SHOUT’ to 85258**

**PAPYRUS** – Suicide prevention team

**Phone:0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)**

**Rethink Mental Illness** – supporting mental health all ages.

**Phone:0300 5000 927 (Mon -Fri, 9.30am-4.00pm)**

**Samaritans** – supporting those experiencing feelings of despair

**Phone: 116 123 (free 24 hour helpline)**

### **Kooth Guidance for Adults**

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

### **Microsoft Office 365**

#### **Licensing**

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <https://www.office.com> and sign in using their school email address and password and then look for the 'Install and more' option.

### **Resources for Parents in Knowsley**

## Your list of contacts Your list of contacts at St. Julie's

You can click any of the hyperlinked names below to send an email.

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[Chaplaincy Website](#)  
Chaplaincy Instagram: stjulies125  
[Wellbeing Website](#)  
[Careers Website](#)

[Advanced Solutions](#): 0151 486 1788

Listening Ear: St Nicholas Centre,  
70 Church Road, Halewood, L26 6LB  
0151 488 6648

Children in care (under 18?) Polaris  
Knowsley.EHWP@coreassets.com  
07967 381 035

[Knowsley CAMHS](#) 0151 351 8610

[Kooth](#)

[Mental Health Support Teams](#)

[Zuntold](#)

Domestic Abuse  
[Merseyside Domestic Violence Service](#) 0780 272 2703 mdvs.org

[Ruby Project](#) ruby@pss.org.uk

Family support [Family First](#)

[Knowsley Family Info](#)

[PSS Prisoner Family Service](#)

[Lee Cooper Foundation](#)

[Healthy Knowsley](#)