



# St. Julie's Catholic High School

## Weekly Newsletter

Week Beginning 23rd May 2022

### Forthcoming Dates for your Diary

27<sup>th</sup> June  
Year 13 Leavers' Celebration

Students in Years 7 to 12 finish at 1:30pm.



### Congratulations to Merseyside Champion!

Congratulations to talented athlete Georgina in Year 7 who is the U13 Merseyside Champion at 800m! Georgina ran for Liverpool Harriers AC in the Merseyside County Track and Field Championships held at Wavertree athletics ground on the 15th May. Georgina's winning run of 2:31.57 was almost a clear three seconds ahead of her nearest rival and almost a full six seconds ahead of the third placed runner. This is a fantastic result and we're all very proud of Georgina's performance!



### Congratulations to Year 8 Gymnast

Congratulations to Megan in Year 8 who has had a great showing at a gymnastics competition in Bolton last weekend. Megan's excellent performances earned her a first place on the Floor leading an overall third place in the entire competition. Well done to her for a fantastic result!



### Sweet Treats Raise Funds for Dementia Friends

Congratulation to Alesha in Year 9 who has spearheaded a fundraising cake sale in support of 'Dementia Friends' that took place in our STARS room this week. Dementia Friends is an initiative led by the Alzheimer's Society to promote awareness and foster social inclusion for people living with

### Access to the school building for students

We would like to remind parents that the opening time of the school building for students is 8am.

**Students will not have access to the building before 8am.** This information has been shared with students.

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[Barwise](#)

Year 9: [Mrs J Navarro](#)

Year 10: [Miss C Corrigan](#)

Year 11: [Mrs C Maguire](#)

Sixth Form: [Mrs R Lyons](#)

SENCO: [Mrs G Dooley](#)

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dementia. The sale recognises dementia awareness week, and we'd like to thank everybody who showed their support by buying a cake!

## Year 13 Leavers'

### Ceremony

On Friday 27<sup>th</sup> June our Year 13 students will participate in their Leavers' Mass. To allow staff members to join the celebration, **teaching for other students in Years 7 to 12 will finish at 1:30pm and students will be dismissed for the day.**



## Helping Your Child Manage Exam Stress

We've shared lots of material about supporting your child through the stressful exam period, but [this page from Young Minds](#) is a quick and helpful read with top tips.



## Year 12 Round Off Exam Performances!

Our Year 12 Drama students have completed their exam performances with the final group performance taking place this week. The illness delayed staging of "Spice Up Your Life" - a play about a group of old school friends reuniting for a Spice Girls reunion tour - drew an exclusive and enthusiastic audience who gave fantastic support to the students rewarding their hard work in preparation.



## Lolly Ice Sales Raise Over £200

Thanks to the success of our first fundraising lolly ice sale students decided to keep going and have now raised a remarkable £236.21 for Children In Need. The sale was in celebration of the Notre Dame value of 'Joy', because everybody loves a lolly ice on a hot day!



## A Taste of University with LJMU

Liverpool John Moores University are opening registrations from Year 12 students for their 2022 Summer University programme. This exciting event will give student the opportunity to experience what university is like with taster lectures, seminars and live the life of an LJMU student for a few days. During the LJMU Summer University students will:

- Attend live lectures and seminars with LJMU academics
- Sample university life in Liverpool
- Complete interactive tasks arranged by our tutors
- Have opportunities to further enhance their university and career preparation
- Stay in student accommodation
- Speak to current LJMU students about their experiences

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- Take part in fun activities outside of the academic workshops

Students who fully complete the Post 16 (Yr 12) Summer University may be eligible for a reduced offer if they apply to LJMU for 2023 entry.

[Click here to register your interest in the LJMU Summer University 2022](#)



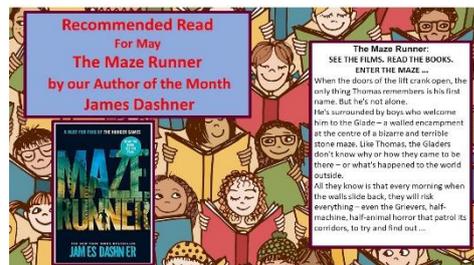
### National University Week 2022

[National University Week](#) is taking place from 23-27 May and is aimed at students considering University as their next step, but are unsure of how to choose the right course and the right place to study.

The live event, managed by [careemap.co.uk](#), features some fantastic sessions lined up over the week from UCAS, Prospects and The Student Room giving application advice, plus great sessions with Nottingham Trent University, College of Fashion & Design, and the University of Liverpool to name a few, all delivering live session with Q&A to answer those burning questions on anything to do with University life. You can get more information about the events [here](#).

### Careers Updates

This week we've got updated information on Construction apprenticeships as well as some great opportunities for free webinars on access Medicine and Dentistry courses. All the information and more is on our [Careers Website](#).



### Recommended Read for May

This month's recommended read is 'The Maze Runner' from our author of the month, James Dashner.

### SEE THE FILMS. READ THE BOOKS.

#### ENTER THE MAZE ...

*When the doors of the lift crank open, the only thing Thomas remembers is his first name. But he's not alone.*

*He's surrounded by boys who welcome him to the Glade - a walled encampment at the centre of a bizarre and terrible stone maze. Like Thomas, the Gladers don't know why or how they came to be there - or what's happened to the world outside.*

*All they know is that every morning when the walls slide back, they will risk everything - even the Grievers, half-machine, half-animal horror that patrol its corridors, to try and find out ...*

### Parking

Can we please remind people that:

- There is no on-site parking for parents or carers
- Parking is not allowed on the yellow 'zig-zags' in Woolton Street or on double yellow lines, including those on Speke Road between Watergate Lane and Manor Road
- Please also do not use parking facilities reserved for the use of other organisations, such as Woolton Day Nursery

All local schools and nurseries have asked their School Liaison Police Officers to support in ensuring that no young person is put at risk of harm by illegal or inappropriate parking. There is ample free, safe and legal parking available on High Street, a two minute walk from the

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school which pupils can reach without crossing any roads.



### SEND Support Helplines

Helplines for Settings and Families  
In response to the current coronavirus pandemic, Liverpool Local Authority's SEND Support Services would like to offer advice and support to our settings and families during this difficult time.

#### SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm  
Alternatively, you can email your concern to [seniss@liverpool.gov.uk](mailto:seniss@liverpool.gov.uk)

#### Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm  
Alternatively, you can email your concern to  
[epsadmin@liverpool.gov.uk](mailto:epsadmin@liverpool.gov.uk)

#### ASD Training Team:

07522800193/07515501854  
Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm  
Alternatively, you can email your concern to  
[ASDtrainingteam@liverpool.gov.uk](mailto:ASDtrainingteam@liverpool.gov.uk)

#### Children's Occupational Therapy Service

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email [chot@liverpool.gov.uk](mailto:chot@liverpool.gov.uk)

#### Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

[sensoryservice@liverpool.gov.uk](mailto:sensoryservice@liverpool.gov.uk)

### Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

### Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

### Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse have increased during periods of lockdown. If you or someone you know is suffering from domestic

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abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults '[#It's abuse](#)'.
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.
- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the [safeguarding@stjulies.org.uk](mailto:safeguarding@stjulies.org.uk) email address being the best way to make contact out of hours.

### Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

**Anxiety UK** – Charity providing support if you have been diagnosed with anxiety  
**Phone: 03444 775 774 (mon to Fri 9.30am-5.30pm)**

**CALM** – Campaign against living Miserably, for Men ages 15-35  
**Phone: 0800 58 58 58 (daily 5pm-midnight)**

**Mental Health Foundation** – support for mental health concerns  
<https://www.mentalhealth.org.uk/>

**MIND** – Meeting mental health needs  
**Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)**

**No Panic** – support line for panic attacks and OCD

**Phone: 0844967 4848 (daily 10.00am-10.00pm)**

### Give Us A Shout

Immediate support by text for people of all ages.

<https://giveusashout.org/>

**Text 'SHOUT' to 85258**

**PAPYRUS** – Suicide prevention team  
**Phone: 0800 068 4141 (mon – Fri, 10.00am – 5.00pm, 7.00pm - 10.00pm, weekends, 2.00pm-5.00pm)**

**Rethink Mental Illness** – supporting mental health all ages.

**Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)**

**Samaritans** – supporting those experiencing feelings of despair  
**Phone: 116 123 (free 24 hour helpline)**

### Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

### Covid Reporting

Please continue to review the [information sent out each week in the bulletin](#) with regard to the importance of notifying school immediately if your child tests positive for COVID-19. Please continue to contact school in any of the normal ways - the main switchboard (0151 428 6421) during working hours; or [reception@stjulies.org.uk](mailto:reception@stjulies.org.uk) or [safeguarding@stjulies.org.uk](mailto:safeguarding@stjulies.org.uk) for out of hours notifications. School have taken all reasonable steps to raise awareness of this. Thank you.

### Microsoft Office 365

#### Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers at home at no cost. You can find out more about how to

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complete the installation in this [remote learning guide](#).

COVID-19 (coronavirus) absence: A quick guide for parents / carers			What to do if...	Action needed	Back to school
<p><b>What to do if...</b></p> <p><b>any child has COVID-19 (coronavirus) symptoms</b></p>	<p><b>Action needed</b></p> <ul style="list-style-type: none"> <li>Child should get a test</li> <li>When household self-isolates while waiting for test results</li> <li>Inform school immediately about test results</li> </ul>	<p><b>Back to school</b></p> <ul style="list-style-type: none"> <li>When child's test comes back negative and child is well enough</li> </ul>	<p><b>if a child has been identified as a close contact of somebody with symptoms or confirmed COVID-19 (coronavirus)</b></p>	<p><b>Action needed</b></p> <ul style="list-style-type: none"> <li>Child should get a test</li> <li>Child should self-isolate for 14 days (or advised by NHS, 10 and 10 days - even if they test negative after 14 days)</li> <li>Do not be reassured that the child is safe until they have had a test</li> <li>Do not take unauthorised leave from home</li> <li>Consider quarantine requirements and COV advice when leaving home</li> <li>Proceed as normal to school as per attendance policy</li> <li>Returning from a destination where quarantine is needed:             <ul style="list-style-type: none"> <li>Child should attend school for 14 days - even if they test negative before that 14 days</li> </ul> </li> </ul>	<p><b>Back to school</b></p> <ul style="list-style-type: none"> <li>When the child has completed 14 days of self-isolation, even if they test negative during those 14 days</li> <li>When the quarantine period of 14 days has been completed, even if they test negative during those 14 days</li> <li>When school / other agencies inform you that quarantine is no longer needed and your child can return to school again</li> <li>When conditions allow, as suitable your situation, are met</li> </ul>
<p><b>any child tests positive for COVID-19 (coronavirus)</b></p>	<p><b>Action needed</b></p> <ul style="list-style-type: none"> <li>Child should get a test</li> <li>When household self-isolates while waiting for test results</li> <li>When household self-isolates for 10 days from the day of test (no symptoms - unless symptoms occur) - inform school immediately about test results</li> </ul>	<p><b>Back to school</b></p> <ul style="list-style-type: none"> <li>When child feels better and has been advised a fever for at least 48 hours</li> <li>They can return to school after 10 days even if they have a cough or loss of smell / taste. These symptoms can last for several weeks since the infection is gone</li> </ul>	<p><b>if my child has travelled and has to self-isolate as part of a period of quarantine</b></p>	<p><b>Action needed</b></p> <ul style="list-style-type: none"> <li>Do not take unauthorised leave from home</li> <li>Consider quarantine requirements and COV advice when leaving home</li> <li>Proceed as normal to school as per attendance policy</li> <li>Returning from a destination where quarantine is needed:             <ul style="list-style-type: none"> <li>Child should attend school for 14 days - even if they test negative before that 14 days</li> </ul> </li> </ul>	<p><b>Back to school</b></p> <ul style="list-style-type: none"> <li>When the quarantine period of 14 days has been completed, even if they test negative during those 14 days</li> </ul>
<p><b>somebody in my household has COVID-19 symptoms</b></p>	<p><b>Action needed</b></p> <ul style="list-style-type: none"> <li>Child should get a test</li> <li>When household self-isolates while waiting for test results</li> <li>When household member tests positive, and child does not have COVID-19 symptoms</li> <li>Inform school immediately about test results</li> </ul>	<p><b>Back to school</b></p> <ul style="list-style-type: none"> <li>When household member test is negative, and child does not have COVID-19 symptoms</li> </ul>	<p><b>if we have received advice from a medical professional that my child must resume attending</b></p>	<p><b>Action needed</b></p> <ul style="list-style-type: none"> <li>Child should attend school</li> <li>Contact school as advised by attendance officer / pastoral staff</li> <li>Child should attend until you are advised that restrictions are lifted and attending is advised again</li> </ul>	<p><b>Back to school / other agencies inform you that restrictions have been lifted and your child can return to school again</b></p>
<p><b>somebody in my household has tested positive for COVID-19 (coronavirus)</b></p>	<p><b>Action needed</b></p> <ul style="list-style-type: none"> <li>Child should attend school for 10 days from the day of test (no symptoms - unless symptoms occur) - inform school immediately about test results</li> </ul>	<p><b>Back to school</b></p> <ul style="list-style-type: none"> <li>When child has completed 10 days of self-isolation, even if they test negative during the 14 days</li> </ul>	<p><b>if I am not sure who should get a COVID-19 (coronavirus)</b></p>	<p><b>Action needed</b></p> <ul style="list-style-type: none"> <li>Only people with symptoms need to get a test</li> <li>People without symptoms are not advised to get a test, even if they are a close contact of someone who tests positive</li> </ul>	<p><b>Back to school / other agencies inform you that restrictions have been lifted and your child can return to school again</b></p>

## Covid-19 Information and Risk Assessment

All parent/carers can access the school's Covid-19 risk assessment [here](#).