St. Julie's Catholic High School Weekly Veusletter

Week Beginning 23rd June 2025

Forthcoming Dates for your Diary

26th June Open Evening

26th June Year 11 Prom

27th June Staff INSET Day Students do not attend school

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St Julie's Footballers in National Win!

Congratulations to Faye, Katie and Yas in Y10 who were part of the winning Liverpool team that lifted the ESFA National Plate at the Sixways Stadium! The three students were named in the side lining up against a team from East Riding, and played important roles in the 6-4 victory, including a staggering free kick from distance from Faye. We also offer congratulations to Scarlett, Maisie and Freya in Year 8 who were part of the team that reached the U13 final in the same tournament but took an unfortunate loss to Sheffield. Well done to all of our players!. Read more, and see the goal here!



Year 11 Sign Off!

On Monday the majority of Year 11 students completed their last GCSE exam of the season, and enjoyed some celebratory shirt signing in the aftermath! Congratulations to all of our Year 11 students for their hard work and outstanding conduct during the stressful exam season. We look forward to seeing them reaping the rewards on results day!



English Students Hit the West End!

On Thursday the year 12 Combined English students travelled to London to watch the acclaimed West End Production of 'The Great Gatsby'. They were also joined by Year 11 students Eva and Lillia who are looking forward to studying Combined English from September at St Julie's Sixth Form. The show has been a sell-out on Broadway in

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St. Julie's Main Website Chaplaincy Website Chaplaincy Instagram: stjuliesl25 Wellbeing Website Careers Website New York for many years, and this is the first time is has been shown in the UK. Students study F.Scott Fitzgerald's 1920s text as part of their course, and they were blown away by the production.



Book Fair Takes To The Great Outdoors!

This week saw the return of the Scholastic book fair to St Julie's, offering students the chance to snap up some of the latest and hottest titles in fiction for young adults. The very warm weather this week saw us take the fair outdoors thanks to the wonderful support of our Sixth Form volunteers. Well done to Freya and Abigail, our winners of the Book Fair competition! Thanks to everyone who shopped - we hope you love reading your new books! The book fair will return again next year. In the meantime, why not check out some of our excellent library books in B001? If you are looking for ageappropriate

recommendations, <u>School Reading</u> <u>List</u> is a great place to check.



Year 10 Performers Give Dramatic Exam Performances!

This week, audiences gathered for the first of two evenings of Y10 GCSE Devised performances that showcase students creativity, script writing and acting. The first performance was a thought provoking story of Alzheimer's which saw flashbacks from present day right back to WW2. The sensitive performance moved the audience to tears. The second performance was a stark contrast in genre, as we headed to an all girls boarding school in Derry, Ireland. This fast paced, laugh out loud play was highly entertaining. Well done to all students who performed. Next up...night two next Wednesday!



Year 8 Options Evening

Thank you to all parents and carers who were able to join students in Year 8 for our Options Information Evening this week. The evening offered a great chance to speak to staff and find out more about studying some of our GCSE subjects is really like and the benefits that each subject can bring to career development. We hope you found the evening to be useful and informative. A copy of the options booklet issued to students can be found here.



Students Slug It Out in Interform Rounders!

On Thursday this week students in Years 7 and 8 took advantage of the fabulous weather to face off in the Inter-Form Rounders Competition! The competition was staged in support of National Sports Week promoted by the Youth Sports Trust and saw 120 students

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being active for the day! Thanks to our PE team for keeping the exciting day running smoothly and fairly, and well done to our winning teams, 7D and 8T!



Year 10 Make Strong Start **To Mocks**

With this week seeing the completion of Year 11 public examinations it has been the turn of students in Year 10 to step up with their mock exams. The students have been tremendous throughout the week and we commend them for their mature approach to the examinations process.



Girls Out Loud Mentors Visit

On Tuesday this week students taking part in the Girls Out Loud mentoring programme enjoyed a visit from their 'Big Sisters' who spent the afternoon with their respective mentees. Thanks to all of the big sister volunteers for their commitment to our students!



University of Leeds offers UCAT support

The University of Leeds have begun their targeted support sessions for students preparing to take the UCAT (University Clinical Aptitude Test) – an admissions test required for many medical, dental, and healthcare-related degree programmes. The sessions will focus on test structure, strategies, and practice techniques to build confidence and improve performance. The UCAT testing window opens on 17th June for students to book and secure their testing date - good luck to all students taking the UCAT!



You can find out more about what it means to be a member of our welcoming Notre Dame community at our Open Evening event on Thursday 26th June from 4-6pm.

are naming St. Julie's as their first choice school for their daughter's secondary education.

The evening will give you a great opportunity to find out why record numbers of parents When you tour our school, meet our staff and talk to some of our current students, we hope to be your first choice too!

www.stjulies.org.uk

Open Evening

On Thursday 26th June we open our doors for Open Evening. If you know someone who might like to come please encourage them to pre-register at our website now!

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Support for competitive applications – Cambridge Outreach

This week we welcomed Tess from the University of Cambridge Outreach Team who is working closely with students applying to competitive and higher-tariff universities. Her expertise and tailored advice is always invaluable in helping students navigate the challenges of top-tier applications. We'd like to thank Tess for her advice and guidance.



Year 7 Charity Bingo

On Monday 30th June, students in Year 7 are going to be participating in Bingo to raise funds for Teenage Cancer Trust. This will be at the cost of £2.50 where they will receive bingo tickets and a raffle ticket, where they can win some prizes! You can pay for this on Parent Pay and the cut off date is the 23rd June.



YPAS Coffee Morning

The Young Persons' Advisory Service are hosting a drop in coffee morning at their South Hub in Lyndene Road on 2nd July from 10am - 12pm. The drop in event gives parents and carers the chance to meet with two parenting practitioners, discuss any concerns, get information and guidance and see what parenting support YPAS can offer families. No booking is required, just drop in.

100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.

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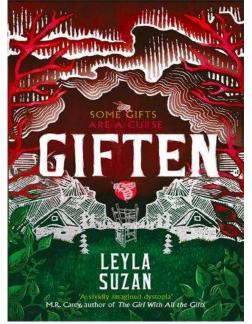
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Recommended Read for June

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'Giften' by Leyla Suzan.

A BLIGHTED LAND

Ever since The Darkening, survival has been a struggle. The people of the Field toil on parched earth, trying to forge a life amid dwindling resources.

A GIFT

As one of the Giften, Ruthie is a saviour to her isolated community: her hands hold the rare ability to raise food from dead soil. But she is also its greatest danger.

A SINISTER REGIME

In the City lurks a dark army, intent on hunting Giften to harness their power, destroying all who stand in their way. With the threat growing ever stronger, Ruthie and her friends must leave behind all they have ever known and embark on a quest that will pitch them towards the City, and unknowable danger. One way or another, a battle is coming.



Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can <u>fill in the</u> registration form here.

Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



Education Welfare Helpline

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SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm Alternatively, you can email your concern to seniss@liverpool.gov.uk Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies. Monday to Friday: 9am – 4.30pm Alternatively, you can email your concern to

epsadmin@liverpool.gov.uk

ASD Training Team:

07522800193/07515501854 Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm Alternatively, you can email your concern to

ASDtrainingteam@liverpool.gov.uk Children's Occupational Therapy Service

Please contact the Children's https://learnliveuk.com/network-railsecondary-school-safetytalk/Occupational Therapist who is supporting the child for advice or alternatively for general enquiries please email chot@liverpool.gov.uk **Liverpool Sensory Service** Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

sensoryservice@liverpool.gov.uk

Hub Of Hope

The Hub of Hope is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and services together in one place for the first time.

Parent Chat Live

Action for Children Parent Chat is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are more details available here.

Young Carers Support

Barnardo's Action with Young Carers offers assessments and support for young carers. You can find out more from their <u>information</u> <u>leaflet</u> or <u>at the website</u>.

Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the

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- Merseyside Police provide a range of <u>local and national</u> <u>helplines</u>, including a vital resource for adults <u>'#lt's</u> <u>abuse'</u>.
- The <u>Bright Sky app</u> is an excellent resource for victims of domestic abuse.
- The <u>Hideout</u> resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the <u>safeguarding@stjulies.org.uk</u> email address being the best way to make contact out of hours. **RASA (Rape and Sexual Abuse) Merseyside** is a specialist service

providing support to anyone who has been impacted by any form of sexual violence at any time in their lives. You can call us on 0151 558 1801, email

referrals@rasamerseyside.org or visit our website www.rasamerseyside.org

Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550 They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

Anxiety UK – Charity providing support if you have been diagnosed with anxiety Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)

CALM – Campaign against living Miserably, for Men ages 15-35

Phone: 0800 58 58 58 (daily 5pmmidnight)

Mental Health Foundation – support for mental health concerns https://www.mentalhealth.org.uk/

MIND – Meeting mental health needs Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)

No Panic – support line for panic attacks and OCD Phone: 0844967 4848 (daily 10.00am-10.00pm)

Give Us A Shout

Immediate support by text for people of all ages.

https://giveusashout.org/ Text 'SHOUT' to 85258

PAPYRUS – Suicide prevention team Phone:0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm -10.00pm, weekends, 2.00pm-5.00pm) Rethink Mental Illness – supporting mental health all ages. Phone:0300 5000 927 (Mon -Fri, 9.30am-4.00pm) Samaritans – supporting those experiencing feelings of despair Phone: 116 123 (free 24 hour helpline)

Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, <u>available here</u>, gives more information about the kinds of services that young people can access and explains about how the system works.

Microsoft Office 365 Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <u>https://www.office.com</u> and sign in using their school email address and password and then look for the 'Install and more' option.

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Resources for Parents in

Knowsley

Addvanced Solutions: 0151 486 1788 Listening Ear: St Nicholas Centre, 70 Church Road, Halewood, L26 6LB 0151 488 6648

Children in care (under 18?) Polaris

Knowsley.EHWB@coreassets.com 07967 381 035

Knowsley CAMHS 0151 351 8610

<u>Kooth</u>

Mental Health Support Teams

Zuntold

Domestic Abuse <u>Merseyside Domestic Violence</u> Service 0780 272 2703 mdvs.org

Ruby Project ruby@pss.org.uk

Family support Family First

Knowsley Family Info

PSS Prisoner Family Service

Lee Cooper Foundation

Healthy Knowsley