



# St. Julie's Catholic High School

## Weekly Newsletter

Week Beginning 23<sup>rd</sup> September 2024

### Forthcoming Dates for your Diary

**24<sup>th</sup> September**  
Year 7 Retreat Day

**26<sup>th</sup> September**  
Year 9 and 10 Study Support Evening  
5:00pm

**26<sup>th</sup> September**  
European Languages Day



### Open Evening At St. Julie's!

Our school was bustling with curious visitors on Thursday evening as we opened our doors for the second open evening of the year. Guests from Years 4, 5 and 6 got a wonderful opportunity to tour our building, meet our staff and most importantly talk to some of our students! We hope they enjoyed the evening as much as we did – you can see some photos from the event in the [full story on our website](#).



### Publication for Young Writers!

Congratulations to our 32 young writers selected for publication in 'Mission Chaos' - the latest writing competition from Young Writers. The students were challenged to maximise the economy of their language, writing an engaging and dramatic very short story set in a dystopian world. They rose to the challenge brilliantly!



### U14 Footballers Lead a Rout in ESFA Cup

This week our U14 footballers recorded an emphatic victory against a team from Holy Family in the first round of the English Schools' Cup. The weather for the fixture was glorious and so was the result! St Julie's dominated the scoring and the match ending 7-0 with goals 4 goals from Grace Y9, 2

**ST. JULIE'S  
STUDENTS  
WHO ARRIVE  
ON TIME  
HAVE  
HIGHER  
READING  
ABILITY**

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goals from Luella Y8 and 1 goal from Imogen Y9. The player of the match was given to Scarlett Y8 for her consistent runs up and down the wing bagging two assists. Well done to all of the players involved as we look forward to our second round match. Y8: Jessie, Luella, Scarlett, Freya, Annabelle, Sharnie, Maisie, Y9: Amelia, Faith, Ella, Paige, Imogen, Grace



## Students Doff Their Caps to Peaky Blinders!

This week GCSE and A Level Dance students headed to the Liverpool Empire to see Rambert Dance Company's 'Peaky Blinders: The Redemption of Thomas Shelby'. The show is a new dance theatre production, delving into the story of Tommy Shelby written by the creator of the global hit television series. The spectacular dramatisation and breathtaking dance was heightened by the live band being brought out of the pit and on to the stage. Students were incredibly impressed by the dancers' technique and stamina across the stunning 2 hour show.



## Netball Club Nets a Huge Crowd!

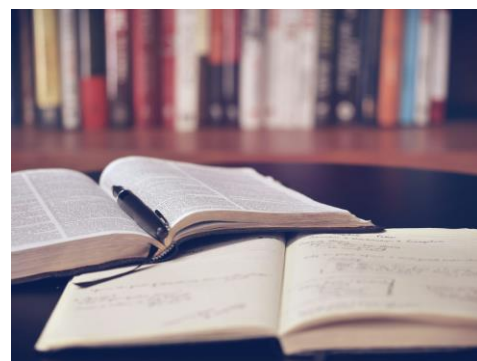
Not to be outdone by the strong numbers for Badminton Club, last week's netball club saw 51 students attending! All of our after school

clubs offer a great way to have fun with new people - if you're interested in joining just pop along!



## St Julie's Alumnus Directs Music at Centenary Celebration!

Congratulations to former student Stephen Mannings who recently led the music at the 100th Anniversary of the Consecration of Liverpool Cathedral. Stephen was a student at Saint Julie's from 2002-2003 studying Business Studies, French and Religious Education, then graduating from Bangor University with a BA in Business and an MA in Business and Marketing, followed by a Master's Degree in Music from the University of Liverpool. Having built up a career in Music as a professional musician, both freelance and in post, Stephen is now Director of Music at Liverpool Cathedral and recently led the music to celebrate the 100th Anniversary of the Consecration of Liverpool Cathedral. This was another high point in a year which saw him being invited to the King Charles' first Garden Party year for his contribution to Music and Culture. Congratulations Stephen!



## Year 9 and 10 Study Support Evening

Each year, Progress Leaders from Year 9 and 10 lead a study support

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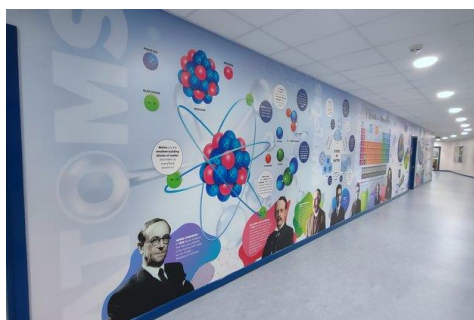
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evening for parents/carers with children in these year groups. It will be in the form of a presentation delivered by Progress Leaders and the Head of Middle School. The topics covered in this year's sessions will include:

- Revision techniques
- Stress management
- How parents/carers can help their child through the GCSE's

The presentation will take place in the Dorothy Stang Theatre on Thursday 26th September 2024 at 5:00pm. All attendees will receive a pack of resources with this information in it. If you are unable to attend, your daughter will be given this pack in school, so nobody misses out on them. We look forward to seeing you there!



## New Knowledge Wall for Science Department

Following wall art installations across several corridors in the summer, the installation in the Science Department is now complete and looks fantastic! Guests at our open evening were among the first to enjoy the completed installation which spans all of the disciplines within Science.



## RAF Air Cadets Visit St. Julie's

This week Year 8 welcomed Sergeant Cheliotis and Sergeant

Pinto from 2359 Woolton Squadron of the Royal Air Force Air Cadets. The Sergeants spoke to a special assembly of Year 8 students introducing the opportunities that the Air Cadets offer and giving details of their latest recruitment event. You can find out more about what goes on there and how to join at the [2359 Squadron website!](#)



## Free Month Long Defence Course

MMA Defence are running month long self-defence courses for students of secondary school age, as well as their siblings and parents, which are free of charge.

### Where and when are the courses?

The next course is running for the whole month of October 24.

There are a maximum capacity of 40 participants for each month. If more than that want to attend, then they will be added into the following months course.

The courses will be run at;

- Holly Lodge Academy, 140 Mill Lane, West Derby, L12 7LE
- Woolton High School, Woolton Hill Road, Woolton, L25 6JA

The sessions are from 7pm till 8pm Monday through to Thursday. And also on a Saturday morning from 11am till 12:15pm.

No equipment or special clothing is needed. All the month-long sessions will be free of charge. For more information and to register your interest please [visit the MMA Defence website.](#)

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## Congratulations to Our Mathematicians!

Well done to the following students will be receiving a certificate for this week as they have achieved the most XP (Sparx experience) points for the week of 10/09-17/09:

### Year 7

1. Alice S
2. Lily B
3. Francesca P

### Year 8

1. Elsie-Mae D
2. Emilie W
3. Ella H

### Year 9

1. Ella B
2. Heidi J
3. Aynur F

### Year 10

1. Ellie M
2. Charlotte L
3. Lucie B

### Year 11

1. Maya L
2. Princess F
3. Jessica G



## PSHE With The Learning Foundry

Year 12 enjoyed a presentation delivered by Tammy from The Learning Foundry during PSHE on

Monday this week. Students were able to learn about the different apprenticeships, study programmes and support offered at their city centre campus and were made aware of the varied training opportunities they offer. The Learning Foundry's study programmes support employability, tackle skills gaps and reduce skills shortages, supporting everyone into meaningful work and training. We'd like to thank Tammy for her time this morning and for looking after our former students whom she has expertly guided onto apprenticeships in property and estates. We're pleased to hear they're doing so well in the world of work! For more information click here: [www.thelearningfoundry.co.uk](http://www.thelearningfoundry.co.uk)



## Careers Notice: British Army Interactive Event

The Army are hosting a special one off event at the Army Careers Centre in Liverpool to offer a more in-depth look at the Army and give you another chance to meet serving soldiers and take part in some hands on tasks. You'll need to move fast though – the event is on Saturday 19<sup>th</sup>! [More info here.](#)

## Careers Notices: Updates from Liverpool City Region Careers Hub

### Opportunity for 13-18/25-year-olds to join the Youth Combined Authority

This is an exciting opportunity for those aged between 13 and 18 (or 13 and 25 if you have special educational needs and or a disability) and live in the Liverpool City Region to have a say on key issues in the region such as: Employment / Energy / Transport /

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Culture / Economic growth. Find out more and apply [here](#)

### Supported internships - Liverpool City Council

Supported internships are work-based study programmes for 16 to 24-year-olds with SEND. Find out how to apply for an internship or offer one [here](#)

### Voices of the Future: A Career in Speech and Language Therapy Webinar - 13<sup>th</sup> November at 9.15am

Royal College of Speech and Language Therapists invite to all careers advisers, leaders, teachers, students, career changers, and those interested in learning about a career as a Speech and Language Therapist. The webinar will conclude with a Q&A session, featuring four distinguished speakers: a Speech and Language Therapist, a recent postgraduate student, and two lecturers. Find out more and register [here](#).



### Liverpool City Region

#### Parent Sessions

Liverpool City Region Careers Hub are running a series of online sessions for parents and carers. This series, Creating Careers Pathways: Parent & Carer Information Sessions, will explore Apprenticeship and Technical Education (ATE) routes in the Liverpool City Region (LCR), designed to give you the information you need to effectively inform and prepare your young person for their best next step.

Each session will give you a look at pathways into careers in some of the LCR's largest sectors, the skills you might need to

succeed in these industries and give you the chance to hear from real-life employers, ask questions, and explore some of the open and upcoming opportunities.

#### [Apprenticeship and Technical Education Overview](#)

##### October 15th, 6-7pm

Do you know what ATE routes are available out there? From apprenticeships to T-levels, we will explore the different post-16 pathways, as well as how to find and apply for opportunities in the LCR.

#### [Digital & Creative Sector Session](#)

##### October 23rd, 6-7pm

From games to cyber, the LCR Digital and Creative Sector is booming, and offers a wide range of exciting jobs – from the Baltic Triangle to Daresbury Sci-Tech, digital, creative and tech roles could be the ideal next step for your young person. A hugely diverse industry, the LCR is also home to a thriving gaming sector, developing some of the biggest games in the world.

#### [Energy and Net Zero Jobs](#)

##### November 6th, 6-7pm

The LCR is committed to being net zero carbon by 2035 and to do this, we need to continue to grow new green skills and reduce our carbon footprint – meaning careers in clean growth and renewable energy are vitally important. From working on electric vehicles to retrofitting our homes to make them more energy efficient, there's lots of careers in the LCR that help futureproof our planet.

#### [Advanced Manufacturing Sector Session](#)

##### November 21st, 6-7pm

The Advanced Manufacturing sector in the LCR is large and diverse – with automotive, aerospace, chemical, pharmaceutical, food and drink and engineering and machining just some of the sub-sectors which employ

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thousands of people. Home to some of the biggest companies in the world, a career in the advanced manufacturing sector could be the perfect next step for your young person.

## SEND Parent Support Drop In



### Knowsley SEND Parent Support Drop In

Knowsley Borough are delivering parenting support drop in sessions for parents of children aged 0-25 years. No appointment is necessary.

### Northwood Family Hub at The Pride, 2 Simonswood Lane, Northwood, L33 5YP

Every 2nd Thursday of the month  
9.30am-12noon Thursday 12th September  
Thursday 10th October  
Thursday 14th November  
Thursday 12th December

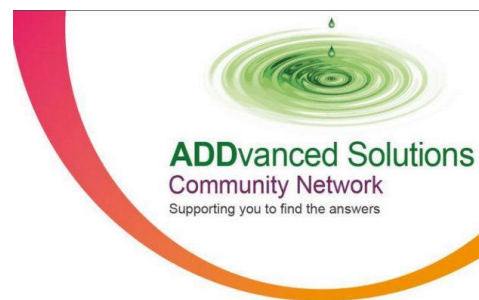
### Hilltop Children's Centre, Bedford Close, Huyton, L36 1XH

Every 3rd Wednesday of the month  
9.30am-12noon Wednesday 18th September  
Wednesday 16th October  
Wednesday 20th November  
Wednesday 18th December

### New Hutte Children & Family Hub, Litchfield Road, Halewood, L26 1TT

Every 4th Wednesday of the month  
9.30am-12noon Wednesday 25th September  
Wednesday 23rd October  
Wednesday 27th November

For any further information please call a member of the parenting team on: 07792540131/ 0738514 6408.



## ADDvanced Solutions Events

ADDvanced Solutions Community Network is an open access offer that supports the emotional health and wellbeing of neurodivergent children and young people, their families and the professionals that work with them. Below you will find the learning programmes and workshops for Knowsley and Liverpool families. No diagnosis or referral is needed to access ADDvanced Solutions Community Network.

[Autum events for LIVERPOOL](#)

[Autumn events for KNOWSLEY](#)

100%	0 days	0 lessons missed
99%	1 day	6 lessons missed
98%	3 days	18 lessons missed
97%	1 week	30 lessons missed
96%	1.5 weeks	45 lessons missed
94%	2 weeks	60 lessons missed
93%	2.5 weeks	75 lessons missed
92%	3 weeks	90 lessons missed
90%	3.5 weeks	105 lessons missed

## The Importance of Attendance

In a world where we face a constant barrage of performance statistics it can be easy to think that a figure that's over 90% must be pretty good. With attendance that's really not the case, as you can see in the table above. A student with 94% attendance has missed two full weeks of schools – that's 60 lessons! Remember, school attendance matters.

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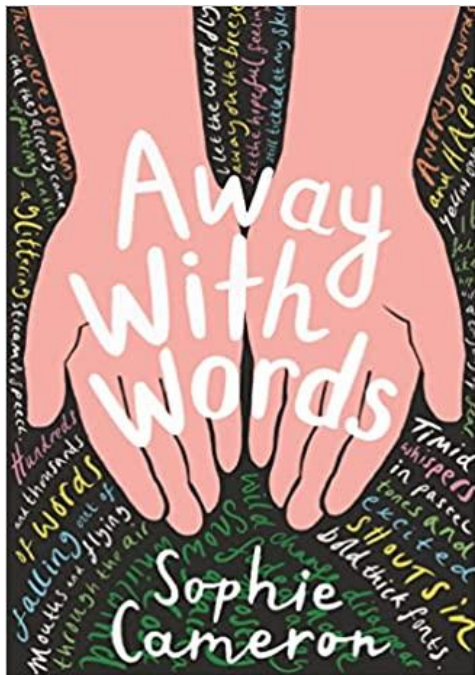
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### Register As An Alumnus

Are you a former pupil at St. Julie's? Would you like to join our register of alumni? We're always happy to hear from former students, and we'd love to hear about your progress and life experiences that might be helpful in guiding and inspiring our current students. Even if you'd just like to keep in touch and receive our newsletter, you can [fill in the registration form here](#).



### Recommended Read for September

If you're stuck for reading inspiration why not take a look at our recommended read? This month we're suggesting 'Away With Words' By Sophie Cameron.

*Gala and her dad, Jordi, have just moved from home in Cataluña to a town in Scotland, to live with Jordi's boyfriend Ryan. Gala doesn't speak much English, and feels lost, lonely and unable to be her usual funny self. Until she befriends Natalie, a girl with selective mutism. The two*

*girls find their own ways to communicate, which includes collecting other people's discarded words. They use the words to write anonymous supportive poems for their classmates, but then someone begins leaving nasty messages using the same method – and the girls are blamed. Gala has finally started adapting to her new life in Scotland and is determined to find the culprit. Can she and Natalie show the school who they really are?*

### Dangerous parking

Please can all parents be reminded not to park on double yellow lines, zig zag markings or drop their daughter off on the pelican crossing. We are very concerned about the safety of all students. Road safety awareness is delivered through our PSHE programme but it is essential that we work in partnership to maintain the safety of all students. Police Community Support Officers will continue to visit the area and issue fixed penalty notices for obstructing driveways and parking illegally. We have also communicated road safety concerns with local councillors and the highway agencies. The safety of students and pedestrians is paramount.



### Education Welfare Helpline

New for September 2023 is an Education Welfare Helpline. This is available to all parents with attendance queries and is available 9am - 5pm weekdays.

You can contact the service on **0151 233 3916**.

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### SENISS Helpline: 07591837693

If your child has special educational needs and you are wanting to know more on how to support their learning at home then please ring for professional advice, support or practical strategies.

Monday: 1pm – 4pm, Wednesday: 9am – 4pm, Friday: 9am – 12pm  
Alternatively, you can email your concern to [seniss@liverpool.gov.uk](mailto:seniss@liverpool.gov.uk)

### Educational Psychology Service Helpline: 0151 233 5978

If you are concerned about your child's emotional wellbeing or managing their behaviour then please ring for professional advice, support or practical strategies.

Monday to Friday: 9am – 4.30pm  
Alternatively, you can email your concern to [epsadmin@liverpool.gov.uk](mailto:epsadmin@liverpool.gov.uk)

### ASD Training Team:

07522800193/07515501854  
Advice and strategies for families of children and young people with autism or social communication needs.

Monday to Friday: 9am – 12pm  
Alternatively, you can email your concern to [ASDtrainingteam@liverpool.gov.uk](mailto:ASDtrainingteam@liverpool.gov.uk)  
**Children's Occupational Therapy Service**

Please contact the Children's [https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational Therapist](https://learnliveuk.com/network-rail-secondary-school-safety-talk/Occupational%20Therapist) who is supporting the child for advice or alternatively for general enquiries please email [chot@liverpool.gov.uk](mailto:chot@liverpool.gov.uk)

### Liverpool Sensory Service

Please contact the Sensory Specialist Teacher who is supporting the child for advice or alternatively for general enquiries please email

[sensoryservice@liverpool.gov.uk](mailto:sensoryservice@liverpool.gov.uk)

### Hub Of Hope

[The Hub of Hope](#) is the UK's leading mental health support database. It is provided by national mental health charity, Chasing the Stigma, and brings local, national, peer, community, charity, private and NHS mental health support and

services together in one place for the first time.

### Parent Chat Live

[Action for Children Parent Chat](#) is a free and confidential live chat with a qualified parenting coach in the UK. Staff are there to talk about family life, caring for children or managing your wellbeing as a parent. The chat service is a safe space for a parent to share their concerns. There will be someone to listen, take time to understand a parent's situation, and work with the parent to find possible solutions. If appropriate, they may suggest ideas for where to get extra support.

### Liverpool Citizens Support Scheme

If you find yourself in crisis you can apply for support to get food and basic necessities for you and your family including gas and electric vouchers (urgent needs) and furniture and household essentials (home needs).

An emergency or crisis might be a fire or flood, or you have had to move due to violence or fear of violence, or you are leaving care or prison and need support to stay in the community. There are [more details available here](#).

### Domestic Abuse:

There is clear evidence that nationally and locally the frequency of incidences of domestic abuse increased during and following the pandemic. If you or someone you know is suffering from domestic abuse then the following resources will be of use:

- Merseyside Police provide a range of [local and national helplines](#), including a vital resource for adults '[#It's abuse](#)'.
- The [Bright Sky app](#) is an excellent resource for victims of domestic abuse.



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- The [Hideout](#) resources provide support for children who have witnessed or suffered from domestic abuse

Members of the Safeguarding Team are in school every day during lockdown and can be contacted in the usual way, with the [safeguarding@stjulies.org.uk](mailto:safeguarding@stjulies.org.uk) email address being the best way to make contact out of hours.

### Mental Well-being Support

Children and young people, parents and carers in crisis can call the **Alder Hey CAMHS crisis care line** 24 hours a day, seven days a week on 0151 293 3577 or freephone 0808 196 3550. They should only present to Accident Emergency Department if they need medical treatment or are struggling to keep themselves safe in the immediate moment.

**Anxiety UK** – Charity providing support if you have been diagnosed with anxiety  
**Phone: 03444 775 774 (Mon to Fri 9.30am-5.30pm)**

**CALM** – Campaign against living Miserably, for Men ages 15-35  
**Phone: 0800 58 58 58 (daily 5pm-midnight)**

**Mental Health Foundation** – support for mental health concerns  
<https://www.mentalhealth.org.uk/>

**MIND** – Meeting mental health needs  
**Phone: 0300 123 3393 (Mon-Fri, 9.00am-6.00pm)**

**No Panic** – support line for panic attacks and OCD  
**Phone: 0844967 4848 (daily 10.00am-10.00pm)**

**Give Us A Shout**  
Immediate support by text for people of all ages.  
<https://giveusashout.org/>  
**Text 'SHOUT' to 85258**

**PAPYRUS** – Suicide prevention team  
**Phone: 0800 068 4141 (Mon – Fri, 10.00am – 5.00pm, 7.00pm -**

**10.00pm, weekends, 2.00pm-5.00pm)**

**Rethink Mental Illness** – supporting mental health all ages.

**Phone: 0300 5000 927 (Mon -Fri, 9.30am-4.00pm)**

**Samaritans** – supporting those experiencing feelings of despair

**Phone: 116 123 (free 24 hour helpline)**

### Kooth Guidance for Adults

Kooth is a free, online self-referral counselling service for young people that has had some really positive feedback. The guide for adults, [available here](#), gives more information about the kinds of services that young people can access and explains about how the system works.

### Microsoft Office 365

#### Licencing

All students at St. Julie's are licenced to install the Microsoft Office 365 suite on up to five computers or mobile devices at home at no cost. Students can visit <https://www.office.com> and sign in using their school email address and password and then look for the 'Install and more' option.